

komunikat nieoficjalny Bieg na Królową Bonę 6 sierpnia 2023

| OPEN | nr | Nazwisko | Imię | czas | kat. | M-c kat. | Miasto / klub |
|-------------|-----------|-----------------|-------------|-------------|-------------|-----------------|----------------------|
| 1 | 221 | Wojciechowski | Maciej | 31:10,0 | M6 | 1 | Mundur/Szczytno |
| 2 | 214 | Michajłow | Robert | 34:53,0 | M7 | 1 | Myszyniec |
| 3 | 157 | Zieliński | Patryk | 35:40,0 | M4 | 1 | Łomża |
| 4 | 6 | Bruliński | Kamil | 36:28,0 | M4 | 2 | Łomża |
| 5 | 92 | Nowak | Mateusz | 36:35,0 | M3 | 1 | Mundur/Zbójna |
| 6 | 106 | Pruszko | Adam | 37:08,0 | M7 | 2 | Łomża |
| 7 | 68 | Kuśmirak | Leszek | 37:11,0 | M9 | 1 | Łapy |
| 8 | 16 | Chrapowicz | Paweł | 37:30,0 | M6 | 2 | Konopki Młode |
| 9 | 208 | Dobrzyński | Henryk | 37:34,0 | M9 | 2 | Gdańsk |
| 10 | 47 | Izdębski | Michał | 37:51,0 | M4 | 3 | Warszawa |
| 11 | 56 | Kapelewski | Dariusz | 37:52,0 | M6 | 3 | Łomża |
| 12 | 146 | Wrzosek | Robert | 38:35,0 | M2 | 1 | Piątnica |
| 13 | 19 | Ciołek | Adam | 38:48,0 | M1 | 1 | Pniewo |
| 14 | 215 | Mielniekiewicz | Weronika | 38:52,0 | K4 | 1 | Murzynowo |
| 15 | 103 | Pogorzelski | Kamil | 39:00,0 | M2 | 2 | Białystok |
| 16 | 116 | Skłodowski | Henryk | 39:03,0 | M8 | 1 | Dąbrowa |
| 17 | 155 | Zduniak | Piotr | 39:11,0 | M5 | 1 | Drażdzewo |
| 18 | 216 | Mówiński | Karol | 39:23,0 | M4 | 4 | Myszyniec |
| 19 | 159 | Żebrowski | Marek | 39:28,0 | M8 | 2 | Rzekuń |
| 20 | 3 | Baczewski | Janusz | 39:44,0 | M4 | 5 | Mundur/Zambrów |
| 21 | 99 | Pędzisz | Michał | 39:48,0 | M6 | 4 | Warszawa |
| 22 | 213 | Majewski | Zdzisław | 39:57,0 | M10 | 1 | Rzekuń |
| 23 | 222 | Zdunek | Józef | 40:08,0 | M8 | 3 | Szczytno |
| 24 | 22 | Pawlak | Mateusz | 40:10,0 | M2 | 3 | Łomża |
| 25 | 179 | Grygo | Jakub | 41:08,0 | M2 | 4 | Łomża |
| 26 | 39 | Górny | Artur | 41:37,0 | M6 | 5 | Łomża |
| 27 | 38 | Górny | Tomasz | 41:45,0 | M5 | 2 | Łomża |
| 28 | 29 | Fabiszewski | Krzysztof | 42:10,0 | M7 | 3 | Mundur/Łomża |
| 29 | 50 | Jasiek | Rafał | 42:47,0 | M3 | 2 | Mundur/Łomża |
| 30 | 176 | Dudziński | Paweł | 42:48,0 | M3 | 3 | Mundur/Czarnocin |
| 31 | 207 | Chorażewicz | Eugeniusz | 43:31,0 | M8 | 4 | Myszyniec |
| 32 | 33 | Gacki | Krzysztof | 43:40,0 | M10 | 2 | Pisz |
| 33 | 212 | Kleszczewski | Karol | 44:04,0 | M4 | 6 | Augustów |
| 34 | 79 | Merchel | Mirosław | 44:24,0 | M6 | 6 | Kruki |
| 35 | 218 | Szulga | Piotr | 44:35,0 | M4 | 7 | Augustów |
| 36 | 175 | Chojnowski | Michał | 44:47,0 | M3 | 4 | Łomża |
| 37 | 107 | Ptak | Damian | 44:54,0 | M3 | 5 | Kuzie |
| 38 | 144 | Wąsiewicz | Diana | 44:57,0 | K3 | 1 | Łomża |
| 39 | 203 | Jakubowski | Wiesław | 45:07,0 | M8 | 5 | Pijawne Polskie |
| 40 | 9 | Ceran | Justyna | 45:53,0 | K5 | 1 | Łomża |
| 41 | 217 | Sierocki | Jan | 46:19,0 | M9 | 3 | Augustów |
| 42 | 220 | Wieczorek | Andrzej | 46:45,0 | M7 | 4 | Ełk |
| 43 | 51 | Jasińska-Żok | Anna | 47:07,0 | K5 | 2 | Łomża |
| 44 | 148 | Zabielski | Karol | 47:33,0 | M3 | 6 | Piątnica |
| 45 | 190 | Rypińska | Dominika | 47:39,0 | K2 | 1 | Ostrów Mazowiecka |
| 46 | 219 | Wasilewska | Ewa | 47:39,0 | K6 | 1 | Mundur/Białystok |
| 47 | 75 | Łapiński | Krzysztof | 47:40,0 | M7 | 5 | Łapy |
| 48 | 205 | Truchan | Wiesław | 47:45,0 | M10 | 3 | Żytkiejmy |
| 49 | 130 | Szmit | Jarosław | 47:59,0 | M8 | 6 | Łomża |
| 50 | 118 | Sokół | Przemysław | 48:01,0 | M3 | 7 | Białystok |
| 51 | 81 | Modzelewski | Robert | 48:02,0 | M5 | 3 | Mundur/Zambrów |

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|----|-----|--------------|------------|----------|-----|----|--------------------|
| 52 | 128 | Szelągowski | Adam | 48:26,0 | M4 | 8 | Łomża |
| 53 | 198 | Jakubowska | Anna | 48:54,0 | K7 | 1 | Pijawne Polskie |
| 54 | 211 | Faltyn | Paweł | 48:58,0 | M5 | 4 | Komorowo |
| 55 | 35 | Gałązka | Krzysztof | 49:26,0 | M6 | 7 | Stare Chojny |
| 56 | 105 | Prusinowski | Roland | 50:12,0 | M3 | 8 | Łomża |
| 57 | 10 | Chełstowski | Bogusław | 50:35,0 | M8 | 7 | Łomża |
| 58 | 125 | Strękowski | Tomasz | 50:37,0 | M4 | 9 | Łomża |
| 59 | 4 | Bało | Jarosław | 50:39,0 | M4 | 10 | Orla |
| 60 | 143 | Wawryła | Przemysław | 50:47,0 | M2 | 5 | Wyszków |
| 61 | 85 | Mościcki | Zenon | 51:28,0 | M11 | 1 | Rutki |
| 62 | 193 | Tyszko | Michał | 51:51,0 | M1 | 2 | Lutostań |
| 63 | 194 | Tyszko | Paweł | 52:13,0 | M1 | 3 | Lutostań |
| 64 | 195 | Tyszko | Marcin | 52:14,0 | M4 | 11 | Lutostań |
| 65 | 120 | Staniurska | Ewa | 53:09,0 | K6 | 2 | Łomża |
| 66 | 134 | Szymański | Paweł | 53:32,0 | M7 | 6 | Zbójna |
| 67 | 5 | Baranowska | Marta | 54:20,0 | K3 | 2 | Leszczyciół Nowiny |
| 68 | 76 | Masiuk-Plona | Małgorzata | 55:33,0 | K7 | 2 | Łomża |
| 69 | 54 | Kacki | Mariusz | 55:38,0 | M5 | 5 | Łomża |
| 70 | 67 | Kurpiewska | Dorota | 55:45,0 | K6 | 3 | Pisz |
| 71 | 61 | Korzeniecka | Beata | 58:42,0 | K7 | 3 | Zbójna |
| 72 | 36 | Gierwatowska | Ewa | 01;00:01 | K8 | 1 | Gmina/Gielczyn |
| 73 | 138 | Tercjak | Dariusz | 01;01:23 | M3 | 9 | Łomża |
| 74 | 206 | Bałulis | Daiwa | 01;01:32 | K2 | 2 | Suwałki |
| 75 | 46 | Izdebska | Karolina | 01;02:30 | K4 | 2 | Warszawa |
| 76 | 184 | Nowakowski | Czesław | 01;03:17 | M11 | 2 | Warszawa |
| 77 | 64 | Kryszylowicz | Jacek | 01;03:51 | M5 | 6 | Szczytno |
| 78 | 119 | Stachacz | Mirosław | 01;04:06 | M8 | 8 | Ostrołęka |
| 79 | 114 | Siedlecki | Stanisław | 01;05:58 | M10 | 4 | Ostrołęka |
| 80 | 87 | Nadrowski | Tadeusz | 01;05:59 | M10 | 5 | Ostrołęka |
| 81 | 224 | Zubowicz | Janina | 01;07:37 | K9 | 1 | Sejny |
| 82 | 17 | Cieśluk | Gabrysia | 01;09:22 | K1 | 1 | Śliwno |
| 83 | 18 | Cieśluk | Krzysztof | 01;09:23 | M7 | 7 | Śliwno |
| 84 | 228 | Tońska | Natalia | 02;00:00 | K4 | 3 | Stary Cydzyn |
| 85 | 154 | Zduniak | Anna | 02;00:00 | K5 | 3 | Drażdzewo |
| 86 | 14 | Chojnowska | Anna | 02;00:00 | K7 | 4 | Łomża |
| 87 | 192 | Szymczuk | Małgorzata | 02;00:00 | K7 | 5 | Mundur/Szumowo |
| 88 | 111 | Rudnicka | Jadwiga | 02;00:00 | K9 | 2 | Białystok |
| 89 | 15 | Chojnowski | Michał | 02;00:00 | M1 | 4 | Łomża |