

41. Łowicki Półmaraton Jesieni



Organizator: Ośrodek Sportu i Rekreacji w Łowiczu

Data: 17 września 2023

Dystans: 21 KM

Miejscowość: Łowicz

| Msc. | Nr start. | Nazwisko Imię | Miasto | Team | Płeć | Kat | Msc Kat | 5km | 10km | 15km | Wynik brutto |
|------|-----------|-----------------------------|------------------------|---|------|-----|---------|----------|----------|----------|--------------|
| 1 | 370 | Wychowatek Jan | Łódź | PLANBIEGANIE.PL | M | M30 | 1 | 00:18:51 | 00:36:49 | 00:55:07 | 01:13:51 |
| 2 | 210 | Osmulski Tomasz | Łódź | team OSMO | M | M40 | 1 | 00:18:52 | 00:36:50 | 00:55:28 | 01:14:39 |
| 3 | 51 | Duda Seweryn | Głowno | | M | M40 | 2 | 00:19:49 | 00:39:00 | 00:58:52 | 01:18:58 |
| 4 | 33 | Ciećwierz Mariusz | Czerwińsk Nad Wisłą | NO PAIN TEAM | M | M30 | 2 | 00:21:19 | 00:41:11 | 01:01:19 | 01:21:16 |
| 5 | 199 | Modzelewski Maciej | Łowicz | VELO Łowicz | M | M30 | 3 | 00:21:11 | 00:41:13 | 01:01:43 | 01:21:30 |
| 6 | 267 | Rybus Kamil | Bocheń | VELO Łowicz | M | M30 | 4 | 00:21:12 | 00:41:13 | 01:01:39 | 01:21:53 |
| 7 | 342 | Włocha Dominika | Łódź | UKS Orientuś Łódź | K | K20 | 1 | 00:21:20 | 00:41:26 | 01:01:47 | 01:22:12 |
| 8 | 1 | Adamczewski Konrad | Łódź | Orange Polska | M | M40 | 3 | 00:21:34 | 00:42:03 | 01:03:27 | 01:24:54 |
| 9 | 46 | Derendarz Paweł | Łódź | KP Running Team | M | M30 | 5 | 00:21:27 | 00:42:14 | 01:03:56 | 01:25:41 |
| 10 | 203 | Niwińska Aleksandra | Błonie | LKS Olymp Błonie | K | K30 | 1 | 00:22:07 | 00:43:23 | 01:05:12 | 01:26:37 |
| 11 | 265 | Ruta Maciej | Łódź | ŁódźRunCrew/JAKOTEAM | M | M40 | 4 | 00:22:17 | 00:43:05 | 01:04:46 | 01:26:52 |
| 12 | 120 | Kisiel Tomasz | Rosanów | Team OSMO | M | M20 | 1 | 00:20:22 | 00:41:39 | 01:03:53 | 01:26:59 |
| 13 | 233 | Pietrzak Adam | Łowicz | SEBA-TEAM | M | M40 | 5 | 00:22:45 | 00:43:58 | 01:05:24 | 01:27:10 |
| 14 | 330 | TWOROŻYŃSKA EDYTA | ŁÓDŹ | LodzRunCrew/JAKOTeam | K | K30 | 2 | 00:22:05 | 00:43:20 | 01:05:15 | 01:27:15 |
| 15 | 5 | Ambroziak Zbigniew | Łowicz | SebaTeam Łowicz | M | M50 | 1 | 00:22:50 | 00:44:03 | 01:05:52 | 01:28:07 |
| 16 | 100 | Janus Michał | Łódź | | M | M30 | 6 | 00:22:17 | 00:43:44 | 01:05:55 | 01:28:38 |
| 17 | 164 | Lewiak Michał | Łódź | Heineken Running Team | M | M30 | 7 | 00:22:34 | 00:43:46 | 01:05:33 | 01:28:39 |
| 18 | 25 | Brzeziński Aleksander | Łódź | OLI I POLI KONTRA RESZTA ŚWIATA! | M | M30 | 8 | 00:22:51 | 00:44:59 | 01:06:51 | 01:28:40 |
| 19 | 72 | Gładysz Anastazja | Nowy Krępiec | | K | K30 | 3 | 00:22:28 | 00:44:06 | 01:06:14 | 01:28:40 |
| 20 | 173 | Ławrenin Anna | Łódź | team OSMO | K | K20 | 2 | 00:22:04 | 00:44:00 | 01:06:28 | 01:29:02 |
| 21 | 112 | Kamiński Tomasz | Gąbin | Gąbin Biega | M | M30 | 9 | 00:23:44 | 00:45:47 | 01:08:03 | 01:30:27 |
| 22 | 152 | Kubas Łukasz | PABIANICE | | M | M30 | 10 | 00:23:04 | 00:44:49 | 01:07:30 | 01:31:06 |
| 23 | 126 | Kolos Tomasz | Łowicz | Seba Team Łowicz | M | M30 | 11 | 00:22:51 | 00:44:24 | 01:07:15 | 01:31:28 |
| 24 | 169 | Lisiecki Dominik | Starowa Góra (Rzgów) | | M | M40 | 6 | 00:23:20 | 00:45:58 | 01:09:06 | 01:31:46 |
| 25 | 236 | Piorun Dawid | Łowicz | PIORUN TEAM | M | M30 | 12 | 00:23:04 | 00:45:08 | 01:08:16 | 01:31:49 |
| 26 | 271 | Shumik Alena | Brest | | K | K30 | 4 | 00:23:07 | 00:45:41 | 01:08:55 | 01:31:54 |
| 27 | 143 | Kraszpulska Magdalena | Łowicz | | K | K30 | 5 | 00:23:37 | 00:46:08 | 01:09:10 | 01:32:26 |
| 28 | 198 | Młotkiewicz Wiktor | Warta | RAJSPORT ACTIVE | M | M20 | 2 | 00:22:40 | 00:45:08 | 01:08:17 | 01:32:30 |
| 29 | 15 | BASSENDOWSKI PIOTR | ŁÓDŹ | ŁÓDZKI BIEGACZ | M | M40 | 7 | 00:22:24 | 00:44:19 | 01:07:43 | 01:32:42 |
| 30 | 145 | Kroc Mirosław | Skierniewice | | M | M40 | 8 | 00:23:42 | 00:46:39 | 01:10:22 | 01:34:15 |
| 31 | 55 | DURYS JAROSŁAW | ŻYCHLIN | OSP KRSG ŻYCHLIN | M | M40 | 9 | 00:22:44 | 00:45:32 | 01:09:31 | 01:34:24 |
| 32 | 379 | Ziemiański Adam | Łódź | SNG WILD DUCKS | M | M30 | 13 | 00:22:16 | 00:44:29 | 01:09:17 | 01:35:01 |
| 33 | 228 | Pietrasiak Janusz | Łódź | RysioTeam | M | M50 | 2 | 00:22:56 | 00:45:39 | 01:10:14 | 01:35:26 |
| 34 | 105 | Juraś Michał | Skierniewice | | M | M30 | 14 | 00:26:01 | 00:49:17 | 01:12:31 | 01:35:36 |
| 35 | 222 | Pawlik Marta | Aleksandrów Łódzki | | K | K30 | 6 | 00:24:16 | 00:47:32 | 01:11:43 | 01:36:39 |
| 36 | 323 | Topolski Marcin | Jadowniki | Brzeski Klub Biegacza CZARNA PERŁA | M | M40 | 10 | 00:24:36 | 00:48:14 | 01:12:24 | 01:36:53 |
| 37 | 30 | Cander Katarzyna | Moszczenica | | K | K40 | 1 | 00:24:42 | 00:48:22 | 01:12:25 | 01:36:56 |
| 38 | 130 | Koprowski Łukasz | Łódź | Olimpijska Akademia Biegania Piotr Kedzia | M | M40 | 11 | 00:24:15 | 00:48:21 | 01:13:23 | 01:37:06 |
| 39 | 149 | Krupiński Marek | Warszawa | Team ZabieganeDni/ ForBET Runners | M | M20 | 3 | 00:23:29 | 00:47:58 | 01:12:30 | 01:37:21 |
| 40 | 150 | Kruszyński Daniel | Łódź | ŁÓDŹRUNCREW/JAKOTEAM | M | M30 | 15 | 00:24:30 | 00:47:32 | 01:12:12 | 01:37:40 |
| 41 | 2 | Adamkiewicz Michał | Łódź | | M | M30 | 16 | 00:24:30 | 00:47:33 | 01:12:12 | 01:37:44 |
| 42 | 6 | Ambroziak SYLWIA | Łowicz | KS Dynamic | K | K40 | 2 | 00:24:35 | 00:48:21 | 01:13:23 | 01:38:02 |
| 43 | 185 | Marciniak Jarosław | Łowicz | | M | M40 | 12 | 00:25:07 | 00:48:59 | 01:13:24 | 01:38:08 |
| 44 | 9 | Aniszewski Bartłomiej | Łódź | | M | M30 | 17 | 00:23:53 | 00:48:23 | 01:13:33 | 01:38:25 |
| 45 | 238 | Piórkowski Jarosław | Skierniewice | Iepi bałwana | M | M20 | 4 | 00:24:30 | 00:48:22 | 01:13:09 | 01:38:28 |
| 46 | 175 | Łomnicki Dariusz | Płock | Płock Biega No Age Limit | M | M50 | 3 | 00:24:30 | 00:48:21 | 01:13:08 | 01:38:30 |
| 47 | 165 | Lewiński Łukasz | Pabianice | AKS Wataha Pabianice | M | M40 | 13 | 00:26:38 | 00:51:14 | 01:15:40 | 01:39:35 |
| 48 | 114 | Kania Marcin | Strzyżów | | M | M20 | 5 | 00:26:41 | 00:51:13 | 01:15:45 | 01:39:59 |
| 49 | 310 | Szewczyk Jarosław | Nowy Bedoń | | M | M40 | 14 | 00:26:47 | 00:51:18 | 01:15:28 | 01:40:03 |
| 50 | 65 | Gala Grzegorz | Sochaczew | | M | M40 | 15 | 00:26:10 | 00:49:51 | 01:14:37 | 01:40:05 |
| 51 | 88 | Holinko Edmund | Radom | | M | M60 | 1 | 00:26:18 | 00:50:47 | 01:15:36 | 01:40:09 |
| 52 | 307 | Szczytkowska Julia | Łódź | | K | K20 | 3 | 00:24:36 | 00:49:40 | 01:15:09 | 01:40:11 |
| 53 | 243 | Podrażka Dariusz | Parma | LKS DAR Placencja | M | M40 | 16 | 00:25:23 | 00:49:50 | 01:15:34 | 01:41:04 |
| 54 | 44 | Dąbrowski Filip | Głowno | Łódź Run Crew / JakoTeam | M | M30 | 18 | 00:25:36 | 00:50:32 | 01:16:02 | 01:41:06 |
| 55 | 156 | Kujawski Arkadiusz | Łódź | RYSIOTEAM | M | M50 | 4 | 00:25:05 | 00:48:59 | 01:14:57 | 01:41:19 |
| 56 | 121 | Kisielewski Łukasz | Łódź | Arkadiusz Gardzielewski Running Team | M | M30 | 19 | 00:25:35 | 00:50:00 | 01:15:26 | 01:41:45 |
| 57 | 4 | Albiński Tomasz | Warszawa | Running Frogs | M | M40 | 17 | 00:24:42 | 00:48:37 | 01:14:48 | 01:41:50 |
| 58 | 299 | Strzyżewski Przemysław | Gniezno | | M | M40 | 18 | 00:25:33 | 00:49:43 | 01:15:00 | 01:42:01 |
| 59 | 18 | Biernacki Krzysztof | Bednary | | M | M30 | 20 | 00:25:19 | 00:48:59 | 01:14:23 | 01:42:05 |
| 60 | 202 | Nita Michał | Łódź | team OSMO | M | M30 | 21 | 00:24:27 | 00:49:19 | 01:15:26 | 01:42:09 |
| 61 | 147 | Król Robert | Stryków | | M | M30 | 22 | 00:26:48 | 00:51:43 | 01:15:46 | 01:42:12 |
| 62 | 40 | Czarnecki Patryk | Żychlin | Domin Team | M | M30 | 23 | 00:26:57 | 00:51:57 | 01:17:02 | 01:42:13 |
| 63 | 327 | Trzewikowska Paulina | Łódź | TEAM OSMO | K | K40 | 3 | 00:25:22 | 00:50:23 | 01:16:21 | 01:42:27 |
| 64 | 387 | Wojda Zbigniew | Łowicz | | M | M50 | 5 | 00:27:20 | 00:52:21 | 01:17:37 | 01:42:54 |
| 65 | 375 | Zajac Antoni | Skierniewice | Szkoła Główna Służby Pożarniczej | M | M20 | 6 | 00:25:32 | 00:49:41 | 01:14:41 | 01:43:13 |
| 66 | 368 | Wróbel Rafał | czatolin | Akademia Pożarnicza | M | M30 | 24 | 00:25:32 | 00:49:51 | 01:16:25 | 01:43:18 |
| 67 | 176 | Łuczak Radosław | Łódź | | M | M40 | 19 | 00:24:30 | 00:49:37 | 01:17:03 | 01:43:25 |
| 68 | 38 | Cywka Waldemar | Radom | Biegiem Radom! | M | M40 | 20 | 00:27:20 | 00:52:14 | 01:17:30 | 01:43:29 |
| 69 | 270 | Saladra Przemysław | Łódź | | M | M30 | 25 | 00:26:36 | 00:51:25 | 01:17:22 | 01:43:31 |
| 70 | 104 | Jucha Michał | Łódź | RYSIOTEAM | M | M40 | 21 | 00:26:22 | 00:51:28 | 01:17:09 | 01:43:41 |
| 71 | 78 | Górecki Przemysław | Zgierz | | M | M40 | 22 | 00:25:29 | 00:50:37 | 01:17:06 | 01:43:48 |
| 72 | 99 | Jankowski Adam | Aleksandrów Łódzki | | M | M30 | 26 | 00:25:05 | 00:49:17 | 01:15:00 | 01:43:48 |
| 73 | 325 | Torzewski Janusz | Warszawa | Bemowo Biega | M | M50 | 6 | 00:27:00 | 00:52:14 | 01:17:32 | 01:43:51 |
| 74 | 302 | Suliński vel Sulewski Piotr | Łódź | | M | M40 | 23 | 00:26:27 | 00:51:56 | 01:18:10 | 01:43:53 |

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|----|----|-------------------|---------------------|---|-----|----|----------|----------|----------|----------|
| 75 | 45 | Derczyński Marcin | Łódź (Łódź-Bałuty) | M | M50 | 7 | 00:26:23 | 00:51:42 | 01:17:36 | 01:43:55 |
| 76 | 63 | Gajda Piotr | Grodzisk Mazowiecki | M | M40 | 24 | 00:27:55 | 00:52:54 | 01:18:01 | 01:43:55 |

41. Łowicki Półmaraton Jesieni



Organizator: Ośrodek Sportu i Rekreacji w Łowiczu
 Data: 17 września 2023
 Dystans: 21 KM
 Miejscowość: Łowicz

| Msc. | Nr start. | Nazwisko Imię | Miasto | Team | Płeć | Kat | Msc Kat | 5km | 10km | 15km | Wynik brutto |
|------|-----------|--------------------------|------------------------|----------------------------------|------|-----|---------|----------|----------|----------|--------------|
| 77 | 304 | Szajewski Jarosław | Sochaczew | | M | M40 | 25 | 00:25:15 | 00:49:26 | 01:16:22 | 01:43:56 |
| 78 | 259 | Rudnicka Agnieszka | Warka | | K | K40 | 4 | 00:26:45 | 00:52:06 | 01:18:17 | 01:44:08 |
| 79 | 73 | Głowacki Tomasz | Łódź | mBank | M | M40 | 26 | 00:26:49 | 00:52:07 | 01:17:52 | 01:44:19 |
| 80 | 284 | Sobczak Adam | Łódź | LDZRUNCREW/JakoTeam | M | M30 | 27 | 00:25:38 | 00:50:48 | 01:16:58 | 01:44:40 |
| 81 | 247 | Polko Adam | Dąbrowa Górnicza | | M | M40 | 27 | 00:27:01 | 00:52:21 | 01:18:32 | 01:44:48 |
| 82 | 209 | Osiński Paweł | Łódź | | M | M20 | 7 | 00:25:48 | 00:49:55 | 01:15:40 | 01:44:53 |
| 83 | 161 | Lavryk Volodymyr | Łowicz | | M | M30 | 28 | 00:26:23 | 00:51:15 | 01:17:06 | 01:44:59 |
| 84 | 60 | GADOMSKA ANNA | LIDZBARK WARMIŃSKI | PZU SPORT TEAM | K | K40 | 5 | 00:27:20 | 00:53:25 | 01:19:44 | 01:45:49 |
| 85 | 300 | Stsoulny Rafał | Zgierz | SNG WILD DUCKS | M | M40 | 28 | 00:28:03 | 00:53:13 | 01:18:38 | 01:45:52 |
| 86 | 94 | Jakubaszek Grzegorz | Trojanów | | M | M30 | 29 | 00:27:59 | 00:52:46 | 01:18:26 | 01:45:59 |
| 87 | 123 | Knychak Darek | Warszawa | PZU Sport Team | M | M50 | 8 | 00:27:32 | 00:53:33 | 01:19:52 | 01:46:20 |
| 88 | 234 | Pietrzyk Przemysław | Łódź | | M | M30 | 30 | 00:27:14 | 00:52:52 | 01:19:08 | 01:46:38 |
| 89 | 331 | Ucziwek Szymon | Łódź | | M | M40 | 29 | 00:27:47 | 00:54:10 | 01:20:49 | 01:46:54 |
| 90 | 106 | Jurkiewicz Marek | Wólka Kozodawska | | M | M50 | 9 | 00:24:53 | 00:50:28 | 01:17:58 | 01:47:12 |
| 91 | 281 | Skrzek Stanisław | Łódź | | M | M60 | 2 | 00:28:03 | 00:54:27 | 01:21:16 | 01:47:15 |
| 92 | 240 | Pisera Dariusz | Łyszkowice | FUNDACJA BIEGAMY POLESIE | M | M50 | 10 | 00:27:10 | 00:53:01 | 01:19:38 | 01:47:15 |
| 93 | 280 | Skowron Arkadiusz | Łódź | | M | M40 | 30 | 00:28:10 | 00:54:19 | 01:20:54 | 01:47:24 |
| 94 | 287 | Sója Paweł | Warszawa | | M | M60 | 3 | 00:28:02 | 00:53:59 | 01:20:42 | 01:48:18 |
| 95 | 219 | Papiernik Kacper | Bełchów | Fundacja Biegamy Polesie | M | M20 | 8 | 00:26:59 | 00:52:30 | 01:19:38 | 01:48:20 |
| 96 | 57 | Eljasz Robert | ŁÓDŹ | | M | M50 | 11 | 00:27:41 | 00:54:13 | 01:21:28 | 01:48:33 |
| 97 | 101 | Jarosz Michał | ŁÓDŹ | CLARIANT | M | M40 | 31 | 00:26:23 | 00:51:36 | 01:20:16 | 01:48:50 |
| 98 | 260 | Rudnicki Maciej | Warka | | M | M50 | 12 | 00:28:24 | 00:55:01 | 01:22:04 | 01:49:01 |
| 99 | 393 | Miazek Łukasz | Kuznecin | | M | M40 | 32 | 00:27:16 | 00:53:55 | 01:22:15 | 01:49:23 |
| 100 | 332 | Ulicki Radosław | Łowicz | | M | M50 | 13 | 00:29:03 | 00:55:25 | 01:22:24 | 01:49:25 |
| 101 | 64 | Gajewski Mariusz | Łowicz | | M | M40 | 33 | 00:27:55 | 00:54:51 | 01:22:04 | 01:49:27 |
| 102 | 295 | Stańczak Edmund | Płock | | M | M70 | 1 | 00:27:51 | 00:54:38 | 01:21:54 | 01:49:31 |
| 103 | 229 | Pietrucha Piotr | Łódź | | M | M50 | 14 | 00:27:55 | 00:53:50 | 01:21:07 | 01:49:38 |
| 104 | 250 | Ptak Marcin | Łódź | | M | M40 | 34 | 00:27:03 | 00:54:06 | 01:22:45 | 01:49:49 |
| 105 | 316 | Świeca Renata | Radziwiłłów Mazowiecki | | K | K30 | 7 | 00:28:18 | 00:54:49 | 01:22:14 | 01:49:51 |
| 106 | 226 | Pawłowski Łukasz | Łowicz | Velo Łowicz | M | M30 | 31 | 00:26:57 | 00:53:23 | 01:21:22 | 01:49:52 |
| 107 | 3 | Adamkiewicz Natalia | Łódź | Łódzki Oddział Wojewódzki NFZ | K | K30 | 8 | 00:27:20 | 00:53:39 | 01:21:36 | 01:49:55 |
| 108 | 256 | Roszkowski Tomasz Michał | Warszawa | Ja0306 Biega Ku Realizacji Celów | M | M30 | 32 | 00:28:05 | 00:55:58 | 01:23:46 | 01:50:00 |
| 109 | 357 | Wojda Robert | Łowicz | | M | M40 | 35 | 00:29:28 | 00:56:16 | 01:23:01 | 01:50:08 |
| 110 | 174 | Łebski Jakub | Łowicz | | M | M40 | 35 | 00:28:58 | 00:55:50 | 01:22:38 | 01:50:08 |
| 111 | 172 | Lus Tomasz | Łowicz | mmtidea | M | M30 | 33 | 00:30:24 | 00:58:42 | 01:25:42 | 01:50:34 |
| 112 | 133 | Korczak Wincenty | Antoniówka | Biegiem Radom! | M | M60 | 4 | 00:29:34 | 00:57:06 | 01:24:48 | 01:50:47 |
| 113 | 167 | Lipski Paweł | Łódź | ŁódźRunCrew/JAKOteam | M | M40 | 37 | 00:27:50 | 00:55:31 | 01:21:55 | 01:50:55 |
| 114 | 19 | Bińkowski Leon | Radom | Biegiem Radom! | M | M60 | 5 | 00:28:53 | 00:55:52 | 01:23:24 | 01:50:57 |
| 115 | 381 | Zychowicz Monika | Radom | Biegiem Radom! | K | K40 | 6 | 00:29:33 | 00:57:04 | 01:24:48 | 01:51:16 |
| 116 | 364 | Wódka Franciszek | Kutno | | M | M70 | 2 | 00:26:23 | 00:52:07 | 01:19:52 | 01:51:21 |
| 117 | 197 | Miziołek Michał | Kutno | | M | M30 | 34 | 00:29:13 | 00:56:15 | 01:24:15 | 01:51:38 |
| 118 | 294 | Stankiewicz Piotr | Marki | | M | M30 | 35 | 00:27:32 | 00:53:41 | 01:21:32 | 01:51:39 |
| 119 | 220 | Pasek Karol | Warszawa | PZU SPORT TEAM | M | M30 | 36 | 00:27:53 | 00:54:39 | 01:22:12 | 01:51:46 |
| 120 | 177 | Łuczka Sylwia | Tomaszów Mazowiecki | Vege Runners | K | K30 | 9 | 00:27:07 | 00:54:27 | 01:23:08 | 01:52:01 |
| 121 | 10 | Antosik Rafał | Łowicz | Fighter Łowicz | M | M40 | 38 | 00:28:54 | 00:55:44 | 01:23:26 | 01:52:07 |
| 122 | 93 | Jagoda Grzegorz | Łódź | | M | M40 | 39 | 00:26:46 | 00:53:41 | 01:22:30 | 01:52:24 |
| 123 | 277 | Skierski Henryk | Łowicz | | M | M70 | 3 | 00:29:11 | 00:55:49 | 01:23:24 | 01:52:40 |
| 124 | 12 | Balwierz Adam | Łódź | ŁódźRunCrew/JAKOteam | M | M40 | 40 | 00:30:19 | 00:58:11 | 01:25:08 | 01:52:47 |
| 125 | 95 | Jakubczyk Szymon | Łódź | RAZEM TRENUJEMY SPORT | M | M20 | 9 | 00:26:02 | 00:52:19 | 01:23:05 | 01:52:56 |
| 126 | 345 | Wielichowski Michał | Łódź | Aflfarm Active Team | M | M20 | 10 | 00:28:00 | 00:55:19 | 01:23:38 | 01:53:02 |
| 127 | 200 | Mucha Marcin | Różyce | | M | M30 | 37 | 00:27:11 | 00:53:38 | 01:22:09 | 01:53:22 |
| 128 | 377 | Zakrzewski Michał | Łódź | SNG WILD DUCKS | M | M40 | 41 | 00:28:35 | 00:56:10 | 01:24:21 | 01:53:39 |
| 129 | 7 | Andrzejczak Tomasz | Wola Żaradzińska | | M | M40 | 42 | 00:26:23 | 00:53:38 | 01:22:06 | 01:53:47 |
| 130 | 208 | Opalski Kacper | Łowicz | ŁAS | M | M20 | 11 | 00:30:41 | 00:58:26 | 01:26:02 | 01:54:06 |
| 131 | 70 | Gędek Marzena | Łowicz | GoszczyckiTeam Łowicz | K | K40 | 7 | 00:28:01 | 00:55:02 | 01:23:37 | 01:54:10 |
| 132 | 336 | Wandachowicz Mariusz | Łódź | Łódź Kocha Sport | M | M40 | 43 | 00:29:34 | 00:57:30 | 01:25:54 | 01:54:16 |
| 133 | 312 | Szulowska Ania | Łyszkowice | Fundacja Biegamy Polesie | K | K40 | 8 | 00:28:26 | 00:55:49 | 01:24:03 | 01:54:18 |
| 134 | 221 | Paśka Marek | Łoś | Running Moose | M | M40 | 44 | 00:29:13 | 00:57:07 | 01:25:35 | 01:54:23 |
| 135 | 23 | Bogdan Jarosław | Zofiówka | | M | M40 | 45 | 00:29:34 | 00:57:00 | 01:25:02 | 01:54:32 |
| 136 | 320 | Tomala Manuela | Łódź | | K | K30 | 10 | 00:28:59 | 00:56:38 | 01:25:23 | 01:54:45 |
| 137 | 144 | Krawczyk Beata | Łódź | Piechotę po schodach | K | K30 | 11 | 00:27:51 | 00:55:42 | 01:25:04 | 01:55:05 |
| 138 | 159 | Kutkowski Karol | Łowicz | SPRZĘT-POŻ ŁOWICZ | M | M30 | 38 | 00:30:06 | 00:58:03 | 01:26:41 | 01:55:14 |
| 139 | 59 | Frączkowski Krzysztof | Rogozino | Płock Biega No Age Limit | M | M60 | 6 | 00:28:32 | 00:55:53 | 01:24:40 | 01:55:24 |
| 140 | 340 | Wicińska-Reus Dominika | Łódź | PGE Obrót Run | K | K40 | 9 | 00:29:44 | 00:58:19 | 01:27:34 | 01:55:47 |
| 141 | 348 | Wiktorska Anna | Gańków Duży | | K | K40 | 10 | 00:28:57 | 00:57:03 | 01:25:49 | 01:55:49 |
| 142 | 188 | Marczak Albert | Kozłów Biskupi | Olympus Polska | M | M30 | 39 | 00:28:57 | 00:55:45 | 01:24:36 | 01:56:24 |
| 143 | 111 | Kałużny Rafał | Konstantynów Łódzki | | M | M30 | 40 | 00:28:52 | 00:57:07 | 01:26:23 | 01:56:42 |
| 144 | 333 | URBANEK KAMIL | Łowicz | | M | M40 | 46 | 00:28:24 | 00:54:47 | 01:22:46 | 01:57:03 |
| 145 | 180 | makowski roman | PABIANICE | | M | M40 | 47 | 00:29:32 | 00:57:54 | 01:27:20 | 01:57:08 |
| 146 | 334 | Urbański Michał | Łódź | | M | M40 | 48 | 00:28:17 | 00:55:09 | 01:23:50 | 01:57:13 |
| 147 | 158 | Kuprianowicz Katarzyna | Warszawa | Szkoła Główna Służby Pożarniczej | K | K20 | 4 | 00:28:26 | 00:56:30 | 01:26:26 | 01:57:13 |
| 148 | 231 | PIETRZAK PIOTR | Łódź | | M | M50 | 15 | 00:27:23 | 00:53:35 | 01:21:26 | 01:57:15 |
| 149 | 48 | Dominiań Andrzej | Łódź | | M | M70 | 4 | 00:27:37 | 00:55:22 | 01:24:53 | 01:57:22 |
| 150 | 50 | Dróżka Piotr | Warszawa -Łowicz | W pogoni za szczęściem | M | M30 | 41 | 00:28:58 | 00:57:10 | 01:26:41 | 01:57:53 |
| 151 | 361 | Wotos Paweł | Słupno | BIEGAJ Z DYMKIEM | M | M50 | 16 | 00:29:30 | 00:57:26 | 01:27:02 | 01:58:03 |

41. Łowicki Półmaraton Jesieni



Organizator: Ośrodek Sportu i Rekreacji w Łowiczu
Data: 17 września 2023
Dystans: 21 KM
Miejscowość: Łowicz

| Msc. | Nr start. | Nazwisko Imię | Miasto | Team | Płeć | Kat | Msc Kat | 5km | 10km | 15km | Wynik brutto |
|------|-----------|--------------------------------|-------------------------|---|------|-----|---------|----------|----------|----------|--------------|
| 153 | 246 | Polak Jacek | Piłaszów (woj. łódzkie) | Goszczycki Team | M | M40 | 49 | 00:31:43 | 01:00:31 | 01:29:33 | 01:58:14 |
| 154 | 390 | Kurek Grażyna | Łowicz | | K | K40 | 12 | 00:28:45 | 00:57:10 | 01:27:18 | 01:58:26 |
| 155 | 249 | Przybyszewski Radosław | Skierniewice | | M | M40 | 50 | 00:30:31 | 00:59:09 | 01:28:12 | 01:58:27 |
| 156 | 14 | Barzyk Mateusz Barzyk | Piotrków Trybunalski | Kuźnia Triathlonu | M | M40 | 51 | 00:30:42 | 00:59:45 | 01:29:24 | 01:58:37 |
| 157 | 194 | Mikołajczyk Marta | warka | | K | K70 | 1 | 00:30:04 | 00:58:33 | 01:27:53 | 01:58:38 |
| 158 | 215 | Pagas Artur | Warszawa | | M | M50 | 17 | 00:27:23 | 00:55:15 | 01:26:30 | 01:58:41 |
| 159 | 262 | Rudzki Karol | Łódź | | M | M30 | 42 | 00:26:29 | 00:53:38 | 01:27:16 | 01:59:01 |
| 160 | 328 | Trzonek Jarosław | Łódź | | M | M30 | 43 | 00:29:08 | 00:56:45 | 01:27:47 | 01:59:11 |
| 161 | 274 | Sikora Katarzyna | Łowicz | | K | K40 | 13 | 00:31:04 | 00:59:52 | 01:28:57 | 01:59:12 |
| 162 | 359 | WOJNIŁOWICZ-POKUSIŃSKA Wioleta | Łódź | | K | K30 | 12 | 00:29:08 | 00:56:45 | 01:27:47 | 01:59:17 |
| 163 | 136 | Kosiorek Daniel Kosiorek | Łowicz | VELO Łowicz | M | M30 | 44 | 00:26:47 | 00:52:21 | 01:23:46 | 01:59:25 |
| 164 | 26 | Buchla Aleksandra | Warszawa | | K | K20 | 5 | 00:31:10 | 01:00:02 | 01:29:13 | 01:59:49 |
| 165 | 275 | Sikorski Mateusz | Sochaczew | OCR SOCHACZEW | M | M30 | 45 | 00:28:57 | 00:56:37 | 01:27:34 | 01:59:54 |
| 166 | 363 | Woźniak Przemysław | Bielice | Run Team Bielice | M | M30 | 46 | 00:29:00 | 00:56:37 | 01:27:34 | 01:59:55 |
| 167 | 237 | Piórkowska Anna | Skierniewice | Iepi bałwana | K | K20 | 6 | 00:31:36 | 01:01:08 | 01:30:39 | 02:00:05 |
| 168 | 110 | Kalinowski Andrzej | Warszawa | | M | M40 | 52 | 00:33:00 | 01:02:47 | 01:32:05 | 02:00:15 |
| 169 | 193 | Michalak Remigiusz | Żychlin | ROZBIEGANI - ŻYCHLIN | M | M40 | 52 | 00:30:43 | 00:59:07 | 01:30:29 | 02:00:15 |
| 170 | 84 | Guzek Cezary | Łowicz | | M | M40 | 54 | 00:27:23 | 00:55:12 | 01:26:07 | 02:00:26 |
| 171 | 43 | Czerwiński Piotr | Łowicz | Seba Team Łowicz | M | M50 | 18 | 00:29:10 | 00:56:57 | 01:28:20 | 02:00:33 |
| 172 | 392 | Karwat Cezary | Skierniewice | | M | M40 | 55 | 00:29:11 | 00:58:16 | 01:29:09 | 02:00:37 |
| 173 | 362 | Wołos Igor | Słupno | Biegaj z Dymkiem | M | M16 | 1 | 00:29:29 | 00:57:14 | 01:27:13 | 02:00:54 |
| 174 | 118 | Kijewski Marceli | Łódź | Rossmann | M | M20 | 12 | 00:31:34 | 01:00:52 | 01:30:30 | 02:00:55 |
| 175 | 285 | Soczyński Bartłomiej | Łódź | | M | M40 | 56 | 00:27:38 | 00:57:05 | 01:28:05 | 02:00:56 |
| 176 | 138 | kotowicz tadeusz | otwock | | M | M70 | 5 | 00:30:48 | 01:00:01 | 01:30:19 | 02:00:57 |
| 177 | 52 | DUDAS WIESŁAW | Łódź | ATLAS RUNNING TEAM | M | M60 | 7 | 00:29:07 | 00:58:07 | 01:28:54 | 02:01:04 |
| 178 | 98 | Janik Aleksandra | Łódź | Clariant | K | K20 | 7 | 00:31:12 | 01:00:23 | 01:30:43 | 02:01:22 |
| 179 | 371 | Wysocki Dominik | Łowicz | | M | M30 | 47 | 00:30:04 | 00:58:28 | 01:29:28 | 02:01:29 |
| 180 | 225 | Pawłowski Andrzej | Skierniewice | ASW Tiger Skierniewice | M | M30 | 48 | 00:31:37 | 01:01:10 | 01:30:59 | 02:01:46 |
| 181 | 116 | Kawka Paweł | Dobroń | Akademiabiegacza.pl | M | M40 | 57 | 00:30:07 | 00:57:07 | 01:28:40 | 02:01:51 |
| 182 | 13 | Bartos Stefan | Łowicz | | M | M60 | 8 | 00:29:27 | 00:58:05 | 01:28:41 | 02:02:00 |
| 183 | 263 | Rukat Przemysław | Bełchów | Fundacja Biegamy Polesie | M | M30 | 49 | 00:27:56 | 00:56:10 | 01:26:29 | 02:02:02 |
| 184 | 394 | Petryna Małgorzata | Łódź | | K | K20 | 8 | 00:32:32 | 01:02:42 | 01:32:22 | 02:02:22 |
| 185 | 365 | Wójkowska-Durys Monika | Łódź | | K | K40 | 14 | 00:30:03 | 00:59:37 | 01:30:11 | 02:02:38 |
| 186 | 67 | Gałąj Bartłomiej | Łowicz | Polska Wytwórnia Papierów Wartościowych | M | M40 | 58 | 00:32:00 | 01:01:36 | 01:31:49 | 02:02:56 |
| 187 | 182 | Malanowski Radosław | Łódź | ESPONTANI SPORT GRUP ŁÓDŹ | M | M40 | 59 | 00:30:54 | 01:00:00 | 01:30:12 | 02:03:06 |
| 188 | 241 | Pochwała Justyna | Łowicz | Natalia Tomasiak Górski Styl Team | K | K40 | 15 | 00:30:58 | 01:00:44 | 01:31:38 | 02:03:10 |
| 189 | 66 | Galas Stanisław | Mysłaków | | M | M50 | 19 | 00:29:22 | 00:57:27 | 01:28:55 | 02:03:13 |
| 190 | 335 | Wałędzia Łukasz | Łowicz | | M | M30 | 50 | 00:28:28 | 00:56:04 | 01:27:18 | 02:03:39 |
| 191 | 124 | Kolasa Andrzej | Warszawa-Wesoła | Klub J.Słowackiego | M | M70 | 6 | 00:31:04 | 01:00:56 | 01:32:02 | 02:04:19 |
| 192 | 127 | Kołosowski Sławomir | Borowiny | | M | M50 | 20 | 00:28:54 | 00:58:05 | 01:29:56 | 02:04:30 |
| 193 | 322 | Tomaszkiewicz Wojciech | Łowicz | | M | M30 | 51 | 00:28:59 | 00:57:39 | 01:28:56 | 02:04:32 |
| 194 | 372 | Zabost Justyna | Chąsno | | K | K30 | 13 | 00:31:11 | 01:00:43 | 01:31:45 | 02:04:47 |
| 195 | 380 | Zwoliński Paweł | Łowicz | Drużyna Pajcy | M | M40 | 60 | 00:31:11 | 01:00:43 | 01:31:45 | 02:04:47 |
| 196 | 315 | Ślesiński Arkadiusz | Warszawa | | M | M40 | 61 | 00:30:26 | 00:59:34 | 01:30:36 | 02:04:48 |
| 197 | 388 | Popowski Dominik | Sochaczew | | M | M20 | 13 | 00:29:28 | 00:57:41 | 01:29:37 | 02:05:05 |
| 198 | 317 | Tartanus Marcin | Polesie 63 | Fundacja Biegamy Polesie | M | M40 | 62 | 00:27:19 | 00:55:53 | 01:30:00 | 02:05:13 |
| 199 | 82 | Grzymalska Amanda | Łódź | Rossmann | K | K30 | 14 | 00:31:35 | 01:01:00 | 01:32:56 | 02:05:33 |
| 200 | 244 | Podśedek Dariusz | Łódź | | M | M50 | 21 | 00:33:18 | 01:08:10 | 01:51:01 | 02:05:50 |
| 201 | 303 | Sut Przemysław | Mysłaków | FOX-y RUN Mysłaków | M | M30 | 52 | 00:31:46 | 01:02:01 | 01:33:41 | 02:06:03 |
| 202 | 268 | Rykała Elżbieta | Łyszkowice | FUNDACJA BIEGAMY POLESIE | K | K50 | 1 | 00:30:52 | 01:00:58 | 01:32:35 | 02:06:10 |
| 203 | 358 | Wojech Robert | Zgierz | CLARIANT | M | M20 | 14 | 00:32:27 | 01:02:16 | 01:33:14 | 02:06:13 |
| 204 | 184 | Marat Krzysztof | Bełchów | | M | M40 | 63 | 00:29:04 | 00:57:24 | 01:30:42 | 02:06:44 |
| 205 | 252 | Retke Adam | Pajęczno | | M | M20 | 15 | 00:31:47 | 01:01:26 | 01:33:30 | 02:06:44 |
| 206 | 91 | Jachyra Zuzanna | Łowicz | | K | K30 | 15 | 00:31:10 | 01:01:45 | 01:33:40 | 02:06:49 |
| 207 | 186 | Marczak Sławek | Łódź | Biegający emeryt | M | M70 | 7 | 00:31:51 | 01:01:45 | 01:33:31 | 02:06:49 |
| 208 | 218 | Papiernik Zbigniew | Bełchów | Fundacja Biegamy Polesie | M | M50 | 22 | 00:29:27 | 00:58:51 | 01:32:46 | 02:06:49 |
| 209 | 205 | Nowak Adam Piotr | Skierniewice | | M | M60 | 9 | 00:31:27 | 01:01:46 | 01:33:28 | 02:07:16 |
| 210 | 166 | Lipska Daria | Łódź | ŁódźRunCrew/JAKOteam | K | K30 | 16 | 00:30:50 | 01:00:57 | 01:33:01 | 02:07:18 |
| 211 | 245 | Pokora Marek | Seligów | Biegam z Truwant | M | M20 | 16 | 00:27:36 | 00:57:04 | 01:30:57 | 02:07:25 |
| 212 | 108 | Kaczmarek Kasia | Marki | Markowi Biegacze | K | K30 | 17 | 00:31:20 | 01:01:42 | 01:33:58 | 02:07:52 |
| 213 | 296 | Stasiewicz Marek | Łódź | Orange Polska | M | M40 | 64 | 00:29:41 | 00:58:46 | 01:34:10 | 02:08:02 |
| 214 | 154 | Kuciński Łukasz | Warszawa | | M | M40 | 65 | 00:31:57 | 01:02:20 | 01:33:23 | 02:08:04 |
| 215 | 163 | Lewandowski Adam | Pabianice | | M | M30 | 53 | 00:32:39 | 01:03:36 | 01:36:21 | 02:08:28 |
| 216 | 239 | Piórkowski Leszek | Skierniewice | | M | M60 | 10 | 00:32:39 | 01:03:15 | 01:34:42 | 02:08:42 |
| 217 | 68 | Gałąj Krzysztof | Wyborów | | M | M20 | 17 | 00:29:19 | 01:00:00 | 01:33:13 | 02:09:03 |
| 218 | 355 | Włodarczyk Tomasz | Pabianice | | M | M40 | 66 | 00:33:11 | 01:04:37 | 01:36:48 | 02:09:21 |
| 219 | 329 | Trzoska Michał | Łowicz | | M | M30 | 54 | 00:28:28 | 00:57:36 | 01:31:22 | 02:09:24 |
| 220 | 75 | Golisz Ewa | Łowicz | | K | K50 | 2 | 00:31:06 | 01:00:51 | 01:32:56 | 02:09:38 |
| 221 | 396 | Osiński Stanisław | Warszawa | | M | M70 | 8 | 00:33:27 | 01:04:49 | 01:36:46 | 02:09:38 |
| 222 | 77 | Goszczycki Witold | ŁOWICZ | Goszczycki Team Łowicz | M | M50 | 23 | 00:33:03 | 01:05:04 | 01:36:47 | 02:09:44 |
| 223 | 134 | Kornacka Monika | Aleksandrów Łódzki | mBank | K | K40 | 16 | 00:30:49 | 01:01:43 | 01:35:12 | 02:10:36 |
| 224 | 16 | Begiert Justyna | Łask | | K | K30 | 18 | 00:32:30 | 01:04:09 | 01:36:45 | 02:10:58 |
| 225 | 17 | Begiert Dominik | Łask | | M | M40 | 67 | 00:32:30 | 01:04:09 | 01:36:45 | 02:10:58 |
| 226 | 71 | Gielniewski Radosław | Łowicz | Parkrun Łowicz | M | M40 | 68 | 00:28:49 | 00:58:03 | 01:30:52 | 02:11:38 |

| | | | | | | | | | | | |
|-----|-----|-------------------|------------|-------------|---|-----|----|----------|----------|----------|----------|
| 227 | 374 | Zagawa Karolina | Zielkowice | Velo Łowicz | K | K30 | 19 | 00:33:10 | 01:04:19 | 01:37:00 | 02:11:42 |
| 228 | 211 | Owczarek Jarosław | Parma | | M | M40 | 69 | 00:29:23 | 01:02:14 | 01:37:24 | 02:11:54 |

41. Łowicki Półmaraton Jesieni



Organizator: Ośrodek Sportu i Rekreacji w Łowiczu
Data: 17 września 2023
Dystans: 21 KM
Miejscowość: Łowicz

| Msc. | Nr start. | Nazwisko Imię | Miasto | Team | Płeć | Kat | Msc Kat | 5km | 10km | 15km | Wynik brutto |
|------|-----------|---------------------------|---------------------|---|------|-----|---------|----------|----------|----------|--------------|
| 229 | 37 | Cybulka Szymon | Łódź | | M | M50 | 24 | 00:32:06 | 01:03:31 | 01:36:58 | 02:11:56 |
| 230 | 190 | Maughfling DJ | Łowicz | | M | M50 | 25 | 00:34:18 | 01:06:30 | 01:39:23 | 02:12:05 |
| 231 | 353 | Wlazlak Wiesław | Strzelce Wielkie | | M | M60 | 11 | 00:28:13 | 00:59:04 | 01:33:07 | 02:12:42 |
| 232 | 386 | Szczypior Magda | Warszawa | | K | K40 | 17 | 00:34:35 | 01:06:09 | 01:38:18 | 02:12:42 |
| 233 | 286 | Sowiński Mariusz | Łask | Active Run Łask | M | M40 | 70 | 00:31:48 | 01:02:32 | 01:36:37 | 02:12:52 |
| 234 | 162 | Lebioda Eryk | Głowno | | M | M20 | 18 | 00:36:12 | 01:09:24 | 01:42:43 | 02:12:54 |
| 235 | 29 | Bzdurski Grzegorz | Łowicz | Velo Łowicz | M | M30 | 55 | 00:32:15 | 01:03:42 | 01:37:55 | 02:12:59 |
| 236 | 196 | Miszczak Anna | Pabianice | Afiofarm Active Team | K | K30 | 20 | 00:35:49 | 01:08:02 | 01:40:14 | 02:13:02 |
| 237 | 282 | Słoma Marek | Łowicz | | M | M30 | 56 | 00:32:38 | 01:04:07 | 01:37:39 | 02:13:24 |
| 238 | 160 | Lagarde Berenice | Łowicz | | K | K20 | 9 | 00:32:40 | 01:04:09 | 01:37:42 | 02:13:24 |
| 239 | 308 | Szczytkowski Romuald | Łódź | Forever Young | M | M50 | 26 | 00:30:08 | 00:59:38 | 01:32:23 | 02:13:34 |
| 240 | 76 | Gordinowicz Anna | Warszawa | | K | K40 | 18 | 00:33:44 | 01:05:23 | 01:38:02 | 02:13:37 |
| 241 | 141 | Kowalik Mateusz | Łągiewniki Nowe | | M | M20 | 19 | 00:32:27 | 01:02:25 | 01:36:38 | 02:13:56 |
| 242 | 255 | Rolewski Radosław | Nieźwiada | | M | M40 | 71 | 00:30:06 | 01:01:01 | 01:35:47 | 02:13:57 |
| 243 | 351 | Witczak Marlena | Stryje Paskowe | EM-WIT | K | K30 | 21 | 00:32:30 | 01:04:20 | 01:38:26 | 02:14:22 |
| 244 | 178 | Maczuga-Paciorek Monika | Bełchów | FUNDACJA BIEGAMY POLESIE | K | K30 | 22 | 00:31:13 | 01:03:06 | 01:37:48 | 02:14:23 |
| 245 | 289 | Spychalski Tomasz | Rąbień | | M | M40 | 72 | 00:30:53 | 01:00:42 | 01:35:53 | 02:14:30 |
| 246 | 153 | Kubiak Michał | Łowicz | | M | M30 | 57 | 00:33:05 | 01:04:37 | 01:38:22 | 02:14:32 |
| 247 | 343 | Wiecha Małgorzata | Łódź | UKS Orientus Łódź | K | K50 | 3 | 00:31:19 | 01:03:08 | 01:37:33 | 02:14:33 |
| 248 | 389 | Śmiałek Dariusz | Łowicz | | M | M40 | 73 | 00:33:23 | 01:04:30 | 01:36:36 | 02:15:04 |
| 249 | 8 | Andrzejczak Robert | Sochaczew | | M | M40 | 74 | 00:31:26 | 01:01:35 | 01:36:27 | 02:15:11 |
| 250 | 391 | Grózyński Łukasz | Rybno | | M | M30 | 58 | 00:31:27 | 01:01:35 | 01:37:50 | 02:15:11 |
| 251 | 32 | Chlebowska Iwona | Grodzisk Mazowiecki | Wolni Biegacze Slow Jogging | K | K30 | 23 | 00:42:49 | 01:25:38 | 02:03:42 | 02:15:31 |
| 252 | 212 | Pabin Mateusz | Grabów | | M | M20 | 20 | 00:28:21 | 00:59:59 | 01:38:05 | 02:15:36 |
| 253 | 311 | Szkobel Paulina | Łódź | | K | K30 | 24 | 00:33:07 | 01:06:00 | 01:40:37 | 02:16:11 |
| 254 | 113 | Kania Maciej | Łódź | Urząd Marszałkowski Województwa Łódzkiego | M | M40 | 75 | 00:26:15 | 00:55:45 | 01:37:18 | 02:16:29 |
| 255 | 155 | KUCZYŃSKI IGOR | WARSZAWA | APTEKARZ WARSZAWSKI | M | M50 | 27 | 00:31:11 | 01:04:16 | 01:39:20 | 02:16:41 |
| 256 | 80 | Górski Michał | Piaseczno | Brak | M | M40 | 76 | 00:34:24 | 01:06:33 | 01:40:07 | 02:16:48 |
| 257 | 89 | Ilski Wojciech | Łódź | Forever Young | M | M70 | 9 | 00:31:51 | 01:05:31 | 01:40:35 | 02:17:02 |
| 258 | 181 | Makowski Bogdan | Płock | Płock Biega No Age Limit | M | M60 | 12 | 00:31:36 | 01:03:33 | 01:38:50 | 02:17:04 |
| 259 | 187 | Marczak Grażyna | Warszawa | | K | K70 | 2 | 00:33:24 | 01:06:57 | 01:41:41 | 02:17:15 |
| 260 | 354 | Włodarczyk Andrzej | Krzyżanów | WKS 10PP RetroLiga | M | M30 | 59 | 00:31:45 | 01:03:14 | 01:38:40 | 02:17:23 |
| 261 | 42 | Czerwińska Michalina | Łowicz | | K | K20 | 10 | 00:32:32 | 01:04:18 | 01:40:29 | 02:17:34 |
| 262 | 61 | Gajda Paweł | Warszawa | WBD | M | M40 | 77 | 00:34:54 | 01:07:17 | 01:42:27 | 02:19:11 |
| 263 | 79 | Górecki Tomasz | Rawa Mazowiecka | | M | M40 | 78 | 00:34:16 | 01:06:16 | 01:40:54 | 02:19:13 |
| 264 | 344 | Wiecha Mariusz | Łódź | UKS Orientus Łódź | M | M50 | 28 | 00:31:31 | 01:04:29 | 01:42:43 | 02:20:07 |
| 265 | 369 | Wróblewska Agata | Warszawa | | K | K30 | 25 | 00:35:38 | 01:09:37 | 01:44:15 | 02:20:51 |
| 266 | 148 | Krukowski Łukasz | Łowicz | | M | M30 | 60 | 00:33:14 | 01:05:10 | 01:42:30 | 02:21:48 |
| 267 | 191 | Maughfling Pasenova Aneta | Łowicz | | K | K40 | 19 | 00:34:35 | 01:07:43 | 01:43:49 | 02:21:58 |
| 268 | 292 | Stanecki Maciej | Skierniewice | | M | M20 | 21 | 00:32:32 | 01:07:07 | 01:45:16 | 02:22:01 |
| 269 | 117 | Kazimierski Artur | Sochaczew | | M | M50 | 29 | 00:34:39 | 01:08:44 | 01:46:06 | 02:22:24 |
| 270 | 293 | Stanecki marcin | Skierniewice | | M | M40 | 79 | 00:33:53 | 01:07:46 | 01:43:37 | 02:22:40 |
| 271 | 11 | BAJERA Aneta | Łódź | | K | K30 | 26 | 00:33:19 | 01:06:56 | 01:43:49 | 02:23:04 |
| 272 | 399 | Ryński Sebastian | Łowicz | | M | M30 | 61 | 00:33:24 | 01:06:48 | 01:44:01 | 02:23:04 |
| 273 | 135 | Korsak Piotr | Łódź | | M | M40 | 80 | 00:33:19 | 01:06:56 | 01:43:51 | 02:23:05 |
| 274 | 20 | Błaszczak Paulina | Wróblew | | K | K20 | 11 | 00:32:11 | 01:06:42 | 01:45:07 | 02:23:27 |
| 275 | 140 | Kowalewska Martyna | Łódź | | K | K20 | 12 | 00:35:41 | 01:10:32 | 01:46:18 | 02:23:33 |
| 276 | 288 | Spała Kacper | Łódź | | M | M16 | 2 | 00:31:10 | 01:05:48 | 01:43:00 | 02:23:39 |
| 277 | 266 | Rybarczyk Robert | Warszawa | Orange Polska | M | M40 | 81 | 00:35:02 | 01:09:30 | 01:45:43 | 02:23:51 |
| 278 | 171 | Lus Stanisław | Łowicz | | M | M60 | 13 | 00:35:14 | 01:09:44 | 01:45:41 | 02:23:51 |
| 279 | 217 | Panuszewski Konrad | Łowicz | | M | M20 | 22 | 00:32:01 | 01:03:35 | 01:43:55 | 02:23:58 |
| 280 | 207 | Nowosiński Dominik | Aleksandrów Łódzki | | M | M16 | 3 | 00:33:04 | 01:06:37 | 01:44:56 | 02:23:59 |
| 281 | 102 | Jastrzebski Piotr | Zgierz | | M | M40 | 82 | 00:35:51 | 01:09:41 | 01:46:00 | 02:24:24 |
| 282 | 297 | Stępnik Paulina | Łódź | OLI I POLI KONTRA RESZTA ŚWIATA! | K | K30 | 27 | 00:33:24 | 01:08:22 | 01:46:51 | 02:25:02 |
| 283 | 107 | Kacprowska Kinga | Zielkowie | Hufiec Łowicz | K | K16 | 1 | 00:33:13 | 01:07:08 | 01:44:37 | 02:25:42 |
| 284 | 85 | Guzowski Kacper | Łowicz | | M | M30 | 62 | 00:30:41 | 01:03:33 | 01:47:23 | 02:25:57 |
| 285 | 383 | Żebracki Wojtek | Prudnik | | M | M30 | 63 | 00:36:23 | 01:10:19 | 01:46:45 | 02:26:07 |
| 286 | 179 | MAKOWSKI KAZIMIERZ | KSAWERÓW | | M | M70 | 10 | 00:34:32 | 01:09:39 | 01:47:41 | 02:26:47 |
| 287 | 129 | Kopertowski Łukasz | ŁÓDŹ | DELL RUNNING TEAM | M | M40 | 83 | 00:32:11 | 01:05:43 | 01:43:15 | 02:27:25 |
| 288 | 96 | Janeczek Edyta | Skierniewice | Tiger Skierniewice | K | K30 | 28 | 00:36:25 | 01:13:22 | 01:51:13 | 02:27:34 |
| 289 | 223 | Pawłowska Małgorzata | Skierniewice | ASW Tiger Skierniewice | K | K30 | 29 | 00:36:25 | 01:13:22 | 01:51:13 | 02:27:35 |
| 290 | 314 | Ślomp Łucja | Zgierz | Deaf Zgierz | K | K40 | 20 | 00:35:48 | 01:11:11 | 01:49:02 | 02:27:39 |
| 291 | 313 | Ślomp Grzegorz | Zgierz | Deaf Zgierz | M | M40 | 84 | 00:35:49 | 01:11:13 | 01:49:03 | 02:27:40 |
| 292 | 119 | Kiljanek Andrzej | Łowicz | Goszczycki Team Łowicz | M | M40 | 85 | 00:33:03 | 01:07:38 | 01:48:17 | 02:28:34 |
| 293 | 298 | Strycharski Paweł | Łowicz | | M | M50 | 30 | 00:35:00 | 01:10:07 | 01:47:29 | 02:28:48 |
| 294 | 349 | Wilczyński Stanisław | Łódź | niezrzeszony | M | M70 | 11 | 00:36:26 | 01:11:44 | 01:48:45 | 02:28:54 |
| 295 | 400 | Wolski Jakub | Łowicz | | M | M40 | 86 | 00:33:23 | 01:06:47 | 01:44:01 | 02:28:58 |
| 296 | 264 | Rusek Jacek | Łowicz | | M | M20 | 23 | 00:30:41 | 01:05:38 | 01:54:17 | 02:29:08 |
| 297 | 87 | Harusta Piotr | Łyszkowce | | M | M50 | 31 | 00:33:41 | 01:08:14 | 01:46:41 | 02:29:46 |
| 298 | 321 | Tomaszewska Krystyna | Wola Makowska | | K | K40 | 21 | 00:35:28 | 01:11:18 | 01:50:13 | 02:29:50 |
| 299 | 346 | Wieluńska Jolanta | Płock | Płock biega No Age Limit | K | K60 | 1 | 00:34:15 | 01:10:12 | 01:49:42 | 02:30:05 |
| 300 | 269 | Rzeźnicki Andrzej | Łódź | Biegacz Nowosolna | M | M70 | 12 | 00:36:17 | 01:10:59 | 01:50:01 | 02:30:50 |
| 301 | 49 | DRABIK MARCIN | Wrocław | | M | M50 | 32 | 00:34:36 | 01:09:49 | 01:50:44 | 02:31:04 |
| 302 | 36 | Con Jarosław | Łódź | | M | M30 | 64 | 00:34:41 | 01:11:17 | 01:50:35 | 02:31:36 |
| 303 | 251 | Reszka Krzysztof | Łódź | Esportani Sport Grup Łódź | M | M30 | 65 | 00:33:36 | 01:10:29 | 01:49:58 | 02:31:53 |

41. Łowicki Półmaraton Jesieni



Organizator: Ośrodek Sportu i Rekreacji w Łowiczu
Data: 17 września 2023
Dystans: 21 KM
Miejscowość: Łowicz

| Msc. | Nr start. | Nazwisko Imię | Miasto | Team | Płeć | Kat | Msc Kat | 5km | 10km | 15km | Wynik brutto |
|------|-----------|----------------------------|------------------------|-----------------------------|------|-----|---------|----------|----------|----------|--------------|
| 305 | 276 | Sikorski Marcin | Łódź | | M | M20 | 24 | 00:35:55 | 01:13:01 | 01:51:14 | 02:32:41 |
| 306 | 92 | Jagieluk Jacek | Łowicz | | M | M40 | 87 | 00:33:01 | 01:10:25 | 01:51:06 | 02:33:39 |
| 307 | 27 | BUTOWICZ ADAM | Szczecinek | | M | M60 | 14 | 00:32:28 | 01:06:36 | 01:45:39 | 02:34:02 |
| 308 | 373 | Zabrzewska Marta | Mysłaków | Hufiec Łowicz | K | K16 | 2 | 00:34:51 | 01:11:39 | 01:51:40 | 02:34:41 |
| 309 | 81 | Grzebisz Tomasz | Zgierz | | M | M40 | 88 | 00:33:00 | 01:09:13 | 01:51:59 | 02:35:22 |
| 310 | 139 | Kowalczyk Bogdan | Warszawa | Warszawa-Bródno | M | M60 | 15 | 00:35:46 | 01:12:23 | 01:52:01 | 02:35:24 |
| 311 | 183 | Marat Konstanty | Skierniewice | | M | M70 | 13 | 00:38:16 | 01:14:24 | 01:53:59 | 02:35:36 |
| 312 | 58 | Flis Artur | Michałowice | | M | M30 | 66 | 00:33:58 | 01:10:26 | 01:52:06 | 02:35:37 |
| 313 | 69 | Gazda Weronika | Warszawa | | K | K20 | 13 | 00:35:39 | 01:13:51 | 01:55:07 | 02:36:32 |
| 314 | 132 | Korc Anna | Aleksandrów Łódzki | | K | K40 | 22 | 00:36:10 | 01:14:28 | 01:57:08 | 02:36:47 |
| 315 | 232 | Pietrzak Anna | Aleksandrów Łódzki | | K | K50 | 4 | 00:36:11 | 01:14:32 | 01:57:16 | 02:37:07 |
| 316 | 341 | Widyński Dawid | Łowicz | Parkrun Park Miejski Łowicz | M | M30 | 67 | 00:37:52 | 01:14:26 | 01:53:44 | 02:37:45 |
| 317 | 86 | HARAJDA-TARNECKA Agnieszka | Rosanów | SNG WILD DUCKS | K | K40 | 23 | 00:35:04 | 01:13:14 | 01:55:45 | 02:38:30 |
| 318 | 62 | Gajda Emilia | Łowicz | | K | K30 | 31 | 00:36:14 | 01:14:50 | 01:56:55 | 02:38:35 |
| 319 | 366 | Wrochna Grzegorz | Piaseczno | | M | M40 | 89 | 00:36:16 | 01:14:51 | 01:56:56 | 02:38:35 |
| 320 | 279 | Skorupiński Paweł | Łowicz | Barlinek Team Forest Run | M | M50 | 33 | 00:37:46 | 01:16:31 | 01:58:59 | 02:39:33 |
| 321 | 278 | Skorupińska Anna | Łowicz | Barlinek Team Run Forest | K | K40 | 24 | 00:37:47 | 01:16:31 | 01:58:59 | 02:39:34 |
| 322 | 115 | Karwacka Monika | Koluszki | | K | K40 | 25 | 00:37:17 | 01:16:18 | 01:58:20 | 02:39:40 |
| 323 | 291 | Stanecka małgorzata | Skierniewice | | K | K40 | 26 | 00:39:22 | 01:18:19 | 01:59:57 | 02:39:50 |
| 324 | 382 | ŻACZEK Justyna | Łowicz | | K | K30 | 32 | 00:37:26 | 01:13:56 | 01:55:35 | 02:40:17 |
| 325 | 324 | Torzewska Agnieszka | Warszawa | | K | K40 | 27 | 00:35:48 | 01:14:56 | 01:58:58 | 02:42:03 |
| 326 | 24 | Borowiak Marcin | Łowicz | Fighter Łowicz | M | M40 | 90 | 00:32:41 | 01:08:14 | 01:52:12 | 02:42:15 |
| 327 | 347 | Wiktorek Jadwiga | Łódź | | K | K70 | 3 | 00:39:21 | 01:17:48 | 01:59:21 | 02:42:45 |
| 328 | 384 | Siewierski Tomasz | Łowicz | | M | M16 | 4 | 00:28:16 | 01:06:22 | 01:56:25 | 02:46:16 |
| 329 | 227 | Pełka Dawid | Kutno | Tour de Strzegocin | M | M20 | 25 | 00:35:36 | 01:12:19 | 01:55:55 | 02:46:25 |
| 330 | 189 | Martofel Michał | Kutno | | M | M20 | 26 | 00:39:34 | 01:19:01 | 02:00:20 | 02:47:12 |
| 331 | 157 | Kuliński Bartosz | Kutno | | M | M20 | 27 | 00:39:33 | 01:21:38 | 02:04:58 | 02:49:09 |
| 332 | 97 | Janeczek Renata | Klewków | | K | K50 | 5 | 00:34:49 | 01:12:35 | 01:59:41 | 02:50:08 |
| 333 | 168 | Lisiecka Karolina | Starowa Góra (Rzgów) | | K | K16 | 3 | 00:41:20 | 01:23:46 | 02:07:12 | 02:51:37 |
| 334 | 242 | Podedworny Artur | Lutomiersk | | M | M40 | 91 | 00:41:16 | 01:22:46 | 02:06:11 | 02:53:16 |
| 335 | 326 | Tryngiel-Gać Anna | Bełchów | MAG | K | K40 | 28 | 00:40:53 | 01:23:55 | 02:12:43 | 03:04:27 |