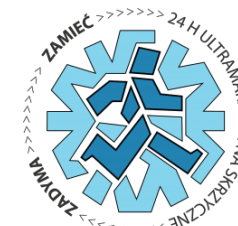


## ZAWIERUCHA

Organizator: Fundacja Aktywne Beskidy  
Data: 2023-01-21  
Miejsce: Szczyrk  
Dystans: 27 km  
Klasyfikacja wg czasów brutto.

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE



**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

### ZAWIERUCHA, OPEN

| M-ce | Nazwisko i imię       | Nr  | Klub                        | M-scowość            | Kraj | Kat.   | M. kat | K/M  | 7.5km    | 13.5km   | 13.51km  | 21km     | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|-----|-----------------------------|----------------------|------|--------|--------|------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | STASZYK MICHAŁ        | 237 |                             | ŚLOTWINA             | POL  | OPEN M | 1      | M 1  | 01:11:16 | 01:50:03 | 01:50:30 | 02:56:14 | 03:29:54.25 | 03:29:57.95 | 7:46   | 7.7  |
| 2    | PERYKASZA PAWEŁ       | 234 | GRUPALUKTRANS.PL            | KRAKÓW               | POL  | OPEN M | 2      | M 2  | 01:20:10 | 01:58:25 | 01:58:48 | 03:19:24 | 03:52:48.70 | 03:52:50.55 | 8:37   | 7    |
| 3    | KOŁODZIEJ ROMAN       | 219 |                             | KARŁOWICE            | POL  | OPEN M | 3      | M 3  | 01:16:06 | 01:56:06 | 01:56:36 | 03:18:40 | 03:55:06.90 | 03:55:09.45 | 8:42   | 6.9  |
| 4    | BŁYSZCZEK PIOTR       | 205 |                             | SOSNOWIEC            | POL  | OPEN M | 4      | M 4  | 01:16:09 | 01:55:10 | 01:55:37 | 03:20:53 | 03:57:18.50 | 03:57:20.30 | 8:47   | 6.8  |
| 5    | HORAWA JAKUB          | 214 |                             | ŻARKI                | POL  | OPEN M | 5      | M 5  | 01:16:02 | 02:02:45 | 02:03:04 | 03:21:43 | 04:04:26.75 | 04:04:30.75 | 9:03   | 6.6  |
| 6    | CABAN MATEUSZ         | 207 | OGÓRY                       | OŚWIĘCIM             | POL  | OPEN M | 6      | M 6  | 01:18:07 | 02:02:30 | 02:02:55 |          | 04:11:43.10 | 04:11:47.35 | 9:19   | 6.4  |
| 7    | NOSALIK MAREK         | 229 | MTA                         | ŻYWIEC               | POL  | OPEN M | 7      | M 7  | 01:16:02 | 02:02:17 | 02:02:45 | 03:36:06 | 04:19:35.20 | 04:19:38.00 | 9:36   | 6.2  |
| 8    | WOŁK MARIUSZ          | 242 | #ZALINIAMETYTEAM            | RAWA MAZOWIECKA      | POL  | OPEN M | 8      | M 8  | 01:27:31 | 02:15:48 | 02:17:39 | 03:45:36 | 04:26:05.30 | 04:26:08.95 | 9:51   | 6.1  |
| 9    | BUCKI PIOTR           | 206 | OGÓRY                       | ANDRYCHÓW            | POL  | OPEN M | 9      | M 9  | 01:21:23 | 02:09:19 | 02:10:43 | 03:30:16 | 04:34:17.30 | 04:34:20.95 | 10:09  | 5.9  |
| 10   | ŻUROWSKI MARCIN       | 246 |                             | KICIN                | POL  | OPEN M | 10     | M 10 | 01:30:46 | 02:16:51 | 02:21:30 | 03:52:18 | 04:35:49.80 | 04:35:54.75 | 10:12  | 5.9  |
| 11   | KLONOWSKI KAMIL       | 218 | KLONO TEAM                  | MIKOŁÓW              | POL  | OPEN M | 11     | M 11 | 01:32:36 | 02:21:24 | 02:21:55 | 03:58:27 | 04:45:43.60 | 04:45:50.90 | 10:34  | 5.7  |
| 12   | BAK TYMOTEUSZ         | 201 | MERCE.COM                   | GLIWICE              | POL  | OPEN M | 12     | M 12 | 01:34:03 | 02:26:07 | 02:28:10 | 04:04:46 | 04:52:47.95 | 04:52:50.35 | 10:50  | 5.5  |
| 13   | PASTUSZKA MICHAŁ      | 233 | FORBET RUNNERS              | SOSNOWIEC            | POL  | OPEN M | 13     | M 13 | 01:18:45 | 02:00:03 | 02:00:36 | 03:43:39 | 04:59:11.85 | 04:59:17.65 | 11:04  | 5.4  |
| 14   | WYKA MARIUSZ          | 244 | LEGIA                       | JAWORZNO             | POL  | OPEN M | 14     | M 14 | 01:37:46 | 02:32:38 | 02:38:27 | 04:21:32 | 05:04:41.50 | 05:04:46.45 | 11:17  | 5.3  |
| 15   | LANGE SZYMON          | 222 | WSK- WOJOWNICY SASKIEJ KAWY | ŚREM                 | POL  | OPEN M | 15     | M 15 | 01:29:24 | 02:21:54 | 02:22:27 | 04:02:15 | 05:05:19.75 | 05:05:26.65 | 11:18  | 5.3  |
| 16   | WALCZAK AGNIESZKA     | 241 | PKO BANK POLSKI             | BOLESŁAW             | POL  | OPEN K | 1      | K 1  | 01:39:03 | 02:32:32 | 02:35:32 | 04:18:30 | 05:06:40.35 | 05:06:45.95 | 11:21  | 5.3  |
| 17   | NAWROCKI NORBERT      | 228 |                             | KATOWICE             | POL  | OPEN M | 16     | M 16 | 01:37:50 | 02:28:14 | 02:28:52 | 04:18:32 | 05:08:06.40 | 05:08:13.10 | 11:24  | 5.3  |
| 18   | NAGAS PAWEŁ           | 227 | EDEN RACING                 | MYSŁOWICE            | POL  | OPEN M | 17     | M 17 | 01:38:08 | 02:31:59 | 02:32:23 | 04:21:39 | 05:13:10.40 | 05:13:10.40 | 11:35  | 5.2  |
| 19   | NOWAK KATARZYNA       | 230 |                             | GLIWICE              | POL  | OPEN K | 2      | K 2  | 01:38:02 | 02:37:30 | 02:45:27 | 04:21:26 | 05:13:02.75 | 05:13:11.60 | 11:35  | 5.2  |
| 20   | GRABSKI MICHAŁ        | 212 |                             | GLIWICE              | POL  | OPEN M | 18     | M 18 | 01:37:55 | 02:37:30 | 02:45:27 | 04:19:57 | 05:13:04.50 | 05:13:13.05 | 11:35  | 5.2  |
| 21   | ŁOSKA TOMASZ          | 224 |                             | ŁAZISKA GÓRNE        | POL  | OPEN M | 19     | M 19 | 01:39:48 | 02:32:11 | 02:34:16 | 04:22:02 | 05:16:01.25 | 05:16:08.55 | 11:42  | 5.1  |
| 22   | ŚLOSARCZYK PIOTR      | 238 |                             | TYCHY                | POL  | OPEN M | 20     | M 20 | 01:31:08 | 02:22:20 | 02:23:08 | 04:18:58 | 05:20:06.90 | 05:20:13.05 | 11:51  | 5.1  |
| 23   | KACZMARCZYK SEBASTIAN | 215 | EDEN RACING                 | SIEMIANOWICE ŚLĄSKIE | POL  | OPEN M | 21     | M 21 | 00:35:59 | 01:32:29 | 01:33:02 | 03:25:52 | 04:21:30.75 | 05:21:30.75 | 9:41   | 6.2  |
| 24   | WOŚ KRZYSZTOF         | 243 | SCUDERIA BEBOKI             | KATOWICE             | POL  | OPEN M | 22     | M 22 | 01:38:38 | 02:35:46 | 02:45:25 | 04:28:05 | 05:22:21.40 | 05:22:32.15 | 11:56  | 5    |
| 25   | ZANTO GRZEGORZ        | 245 |                             | LEGNICA              | POL  | OPEN M | 23     | M 23 | 01:38:27 | 02:43:24 | 02:44:03 | 04:32:47 | 05:39:13.20 | 05:39:21.40 | 12:33  | 4.8  |
| 26   | STACHOŃ ŁUKASZ        | 236 |                             | RUDA ŚLĄSKA          | POL  | OPEN M | 24     | M 24 | 01:40:27 | 02:38:00 | 02:38:41 | 04:44:16 | 05:47:10.25 | 05:47:20.00 | 12:51  | 4.7  |
| 27   | TERESIŃSKI TOMASZ     | 240 | PRZEDWOJEWSKI TEAM          | CZĘSTOCHOWA          | POL  | OPEN M | 25     | M 25 | 01:38:20 | 02:41:05 | 02:41:48 | 04:46:14 | 05:51:23.55 | 05:51:30.00 | 13:00  | 4.6  |
| 28   | LEPIARZ SZYMON        | 223 | NEVER GIVE UP               | KRAKÓW               | POL  | OPEN M | 26     | M 26 | 01:48:20 | 02:54:35 | 02:55:17 | 05:01:02 | 06:03:56.70 | 06:04:01.15 | 13:28  | 4.5  |
| 29   | GACH ANDRZEJ          | 211 |                             | SOSNOWIEC            | POL  | OPEN M | 27     | M 27 | 01:51:21 | 02:57:20 | 03:07:52 | 05:05:14 | 06:11:56.55 | 06:12:02.50 | 13:46  | 4.4  |
| 30   | RĄB ŁUKASZ            | 235 |                             | WARSZAWA             | POL  | OPEN M | 28     | M 28 | 02:27:45 | 03:23:56 | 03:31:59 | 05:17:30 | 06:15:21.10 | 06:15:21.10 | 13:54  | 4.3  |
| 31   | GROMADZKA JUSTYNA     | 213 | KOBIETY WATAHY              | BYTOM                | POL  | OPEN K | 3      | K 3  | 01:52:44 | 02:55:52 | 03:07:56 | 05:08:50 | 06:20:23.10 | 06:20:29.80 | 14:05  | 4.3  |
| 32   | BINIENDA AGNIESZKA    | 204 | KOBIETY WATAHY              | ZABRZE               | POL  | OPEN K | 4      | K 4  | 01:52:28 | 02:55:52 | 03:07:56 | 05:08:35 | 06:20:23.70 | 06:20:30.10 | 14:05  | 4.3  |
| 33   | TEREBECKI KAMIL       | 239 | DRUZYNA PIERSCIENIA         | BRZÓZÓW              | POL  | OPEN M | 29     | M 29 | 02:02:07 | 03:14:26 | 03:30:57 | 05:44:39 | 06:57:35.75 | 06:57:40.90 | 15:27  | 3.9  |
| 34   | PABICH HONORATA       | 231 | MAM_NA_WSZYSTKO_WYBIE GANE  | WROCŁAW              | POL  | OPEN K | 5      | K 5  | 01:55:00 | 03:09:39 | 03:40:20 | 05:54:05 | 07:19:00.80 | 07:19:09.30 | 16:15  | 3.7  |
| 35   | FERFECKI MAREK        | 210 |                             | RUDZICA              | POL  | OPEN M | 30     | M 30 | 01:58:34 | 03:11:41 | 03:37:48 |          | 07:18:59.65 | 07:19:10.00 | 16:15  | 3.7  |
|      | KLONOWSKI CEZARY      | 217 |                             | POZNAN               | POL  | OPEN M |        |      | DNF      | 03:09:06 | DNF      | DNF      | DNF         | DNF         | -      | -    |
|      | CZEPIEL DANIEL        | 208 |                             | WROCŁAW              | POL  | OPEN M |        |      | 01:56:13 | 03:10:39 | DNF      | DNF      | DNF         | DNF         | -      | -    |
|      | PASIERBEK AGNIESZKA   | 232 |                             | KATOWICE             | POL  | OPEN K |        |      | 01:59:01 | DNF      | DNF      | DNF      | DNF         | DNF         | -      | -    |

**ZAWIERUCHA, OPEN K**

| M-ce | Nazwisko i imię     | Nr  | Klub                       | M-scowość | Kraj | Kat.   | M. kat | K/M | 7.5km           | 13.5km   | 13.51km  | 21km     | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|----------------------------|-----------|------|--------|--------|-----|-----------------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | WALCZAK AGNIESZKA   | 241 | PKO BANK POLSKI            | BOLESŁAW  | POL  | OPEN K | 1      | K 1 | 01:39:03        | 02:32:32 | 02:35:32 | 04:18:30 | 05:06:40.35 | 05:06:45.95 | 11:21  | 5.3  |
| 2    | NOWAK KATARZYNA     | 230 |                            | GLIWICE   | POL  | OPEN K | 2      | K 2 | 01:38:02        | 02:37:30 | 02:45:27 | 04:21:26 | 05:13:02.75 | 05:13:11.60 | 11:35  | 5.2  |
| 3    | GROMADZKA JUSTYNA   | 213 | KOBIETY WATAHY             | BYTOM     | POL  | OPEN K | 3      | K 3 | 01:52:44        | 02:55:52 | 03:07:56 | 05:08:50 | 06:20:23.10 | 06:20:29.80 | 14:05  | 4.3  |
| 4    | BINIENDA AGNIESZKA  | 204 | KOBIETY WATAHY             | ZABRZE    | POL  | OPEN K | 4      | K 4 | 01:52:28        | 02:55:52 | 03:07:56 | 05:08:35 | 06:20:23.70 | 06:20:30.10 | 14:05  | 4.3  |
| 5    | PABICH HONORATA     | 231 | MAM_NA_WSZYSTKO_WYBIE GANE | WROCLAW   | POL  | OPEN K | 5      | K 5 | 01:55:00        | 03:09:39 | 03:40:20 | 05:54:05 | 07:19:00.80 | 07:19:09.30 | 16:15  | 3.7  |
|      | PASIERBEK AGNIESZKA | 232 |                            | KATOWICE  | POL  | OPEN K |        |     | 01:59:01<br>DNF | DNF      | DNF      | DNF      | DNF         | DNF         | -      | -    |

**ZAWIERUCHA, OPEN M**

| M-ce | Nazwisko i imię       | Nr  | Klub                        | M-scowość            | Kraj | Kat.   | M. kat | K/M  | 7.5km           | 13.5km          | 13.51km  | 21km     | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|-----|-----------------------------|----------------------|------|--------|--------|------|-----------------|-----------------|----------|----------|-------------|-------------|--------|------|
| 1    | STASZYK MICHAŁ        | 237 |                             | SŁOTWINA             | POL  | OPEN M | 1      | M 1  | 01:11:16        | 01:50:03        | 01:50:30 | 02:56:14 | 03:29:54.25 | 03:29:57.95 | 7:46   | 7.7  |
| 2    | PERYKASZA PAWEŁ       | 234 | GRUPALUKTRANS.PL            | KRAKÓW               | POL  | OPEN M | 2      | M 2  | 01:20:10        | 01:58:25        | 01:58:48 | 03:19:24 | 03:52:48.70 | 03:52:50.55 | 8:37   | 7    |
| 3    | KOŁODZIEJ ROMAN       | 219 |                             | KARŁOWICE            | POL  | OPEN M | 3      | M 3  | 01:16:06        | 01:56:06        | 01:56:36 | 03:18:40 | 03:55:06.90 | 03:55:09.45 | 8:42   | 6.9  |
| 4    | BŁYSZCZEK PIOTR       | 205 |                             | SOSNOWIEC            | POL  | OPEN M | 4      | M 4  | 01:16:09        | 01:55:10        | 01:55:37 | 03:20:53 | 03:57:18.50 | 03:57:20.30 | 8:47   | 6.8  |
| 5    | HORAWA JAKUB          | 214 |                             | ŻARKI                | POL  | OPEN M | 5      | M 5  | 01:16:02        | 02:02:45        | 02:03:04 | 03:21:43 | 04:04:26.75 | 04:04:30.75 | 9:03   | 6.6  |
| 6    | CABAN MATEUSZ         | 207 | OGÓRY                       | OŚWIĘCIM             | POL  | OPEN M | 6      | M 6  | 01:18:07        | 02:02:30        | 02:02:55 |          | 04:11:43.10 | 04:11:47.35 | 9:19   | 6.4  |
| 7    | NOSALIK MAREK         | 229 | MTA                         | ŻYWIEC               | POL  | OPEN M | 7      | M 7  | 01:16:02        | 02:02:17        | 02:02:45 | 03:36:06 | 04:19:35.20 | 04:19:38.00 | 9:36   | 6.2  |
| 8    | WÓŁK MARIUSZ          | 242 | #ZALINIAMIETYTEAM           | RAWA MAZOWIECKA      | POL  | OPEN M | 8      | M 8  | 01:27:31        | 02:15:48        | 02:17:39 | 03:45:36 | 04:26:05.30 | 04:26:08.95 | 9:51   | 6.1  |
| 9    | BUCKI PIOTR           | 206 | OGÓRY                       | ANDRYCHÓW            | POL  | OPEN M | 9      | M 9  | 01:21:23        | 02:09:19        | 02:10:43 | 03:30:16 | 04:34:17.30 | 04:34:20.95 | 10:09  | 5.9  |
| 10   | ŻUROWSKI MARCIN       | 246 |                             | KICIN                | POL  | OPEN M | 10     | M 10 | 01:30:46        | 02:16:51        | 02:21:30 | 03:52:18 | 04:35:49.80 | 04:35:54.75 | 10:12  | 5.9  |
| 11   | KLONOWSKI KAMIL       | 218 | KLONO TEAM                  | MIKOŁÓW              | POL  | OPEN M | 11     | M 11 | 01:32:36        | 02:21:24        | 02:21:55 | 03:58:27 | 04:45:43.60 | 04:45:50.90 | 10:34  | 5.7  |
| 12   | BAK TYMOTEUSZ         | 201 | MERCE.COM                   | GLIWICE              | POL  | OPEN M | 12     | M 12 | 01:34:03        | 02:26:07        | 02:28:10 | 04:04:46 | 04:52:47.95 | 04:52:50.35 | 10:50  | 5.5  |
| 13   | PASTUSZKA MICHAŁ      | 233 | FORBET RUNNERS              | SOSNOWIEC            | POL  | OPEN M | 13     | M 13 | 01:18:45        | 02:00:03        | 02:00:36 | 03:43:39 | 04:59:11.85 | 04:59:17.65 | 11:04  | 5.4  |
| 14   | WYKA MARIUSZ          | 244 | LEGIA                       | JAWORZNO             | POL  | OPEN M | 14     | M 14 | 01:37:46        | 02:32:38        | 02:38:27 | 04:21:32 | 05:04:41.50 | 05:04:46.45 | 11:17  | 5.3  |
| 15   | LANGE SZYMON          | 222 | WSK- WOJOWNICY SASKIEJ KAWY | ŚREM                 | POL  | OPEN M | 15     | M 15 | 01:29:24        | 02:21:54        | 02:22:27 | 04:02:15 | 05:05:19.75 | 05:05:26.65 | 11:18  | 5.3  |
| 16   | NAWROCKI NORBERT      | 228 |                             | KATOWICE             | POL  | OPEN M | 16     | M 16 | 01:37:50        | 02:28:14        | 02:28:52 | 04:18:32 | 05:08:06.40 | 05:08:13.10 | 11:24  | 5.3  |
| 17   | NAGAS PAWEŁ           | 227 | EDEN RACING                 | MYSŁOWICE            | POL  | OPEN M | 17     | M 17 | 01:38:08        | 02:31:59        | 02:32:23 | 04:21:39 | 05:13:10.40 | 05:13:10.40 | 11:35  | 5.2  |
| 18   | GRABSKI MICHAŁ        | 212 |                             | GLIWICE              | POL  | OPEN M | 18     | M 18 | 01:37:55        | 02:37:30        | 02:45:27 | 04:19:57 | 05:13:04.50 | 05:13:13.05 | 11:35  | 5.2  |
| 19   | ŁOSKA TOMASZ          | 224 |                             | ŁAZISKA GÓRNE        | POL  | OPEN M | 19     | M 19 | 01:39:48        | 02:32:11        | 02:34:16 | 04:22:02 | 05:16:01.25 | 05:16:08.55 | 11:42  | 5.1  |
| 20   | ŚLOSARZYK PIOTR       | 238 |                             | TYCHY                | POL  | OPEN M | 20     | M 20 | 01:31:08        | 02:22:20        | 02:23:08 | 04:18:58 | 05:20:06.90 | 05:20:13.05 | 11:51  | 5.1  |
| 21   | KACZMARCZYK SEBASTIAN | 215 | EDEN RACING                 | SIEMIANOWICE ŚLĄSKIE | POL  | OPEN M | 21     | M 21 | 00:35:59        | 01:32:29        | 01:33:02 | 03:25:52 | 04:21:30.75 | 05:21:30.75 | 9:41   | 6.2  |
| 22   | WOŚ KRZYSZTOF         | 243 | SCUDERIA BEBOKI             | KATOWICE             | POL  | OPEN M | 22     | M 22 | 01:38:38        | 02:35:46        | 02:45:25 | 04:28:05 | 05:22:21.40 | 05:22:32.15 | 11:56  | 5    |
| 23   | ZANTO GRZEGORZ        | 245 |                             | LEGNICA              | POL  | OPEN M | 23     | M 23 | 01:38:27        | 02:43:24        | 02:44:03 | 04:32:47 | 05:39:13.20 | 05:39:21.40 | 12:33  | 4.8  |
| 24   | STACHOŃ ŁUKASZ        | 236 |                             | RUDA ŚLĄSKA          | POL  | OPEN M | 24     | M 24 | 01:40:27        | 02:38:00        | 02:38:41 | 04:44:16 | 05:47:10.25 | 05:47:20.00 | 12:51  | 4.7  |
| 25   | TERESIŃSKI TOMASZ     | 240 | PRZEDWOJEWSKI TEAM          | CZĘSTOCHOWA          | POL  | OPEN M | 25     | M 25 | 01:38:20        | 02:41:05        | 02:41:48 | 04:46:14 | 05:51:23.55 | 05:51:30.00 | 13:00  | 4.6  |
| 26   | LEPIARZ SZYMON        | 223 | NEVER GIVE UP               | KRAKÓW               | POL  | OPEN M | 26     | M 26 | 01:48:20        | 02:54:35        | 02:55:17 | 05:01:02 | 06:03:56.70 | 06:04:01.15 | 13:28  | 4.5  |
| 27   | GACH ANDRZEJ          | 211 |                             | SOSNOWIEC            | POL  | OPEN M | 27     | M 27 | 01:51:21        | 02:57:20        | 03:07:52 | 05:05:14 | 06:11:56.55 | 06:12:02.50 | 13:46  | 4.4  |
| 28   | RĄB ŁUKASZ            | 235 |                             | WARSZAWA             | POL  | OPEN M | 28     | M 28 | 02:27:45        | 03:23:56        | 03:31:59 | 05:17:30 | 06:15:21.10 | 06:15:21.10 | 13:54  | 4.3  |
| 29   | TEREBECKI KAMIL       | 239 | DRUZYNA PIERSCIENIA         | BRZOSZÓW             | POL  | OPEN M | 29     | M 29 | 02:02:07        | 03:14:26        | 03:30:57 | 05:44:39 | 06:57:35.75 | 06:57:40.90 | 15:27  | 3.9  |
| 30   | FERFECKI MAREK        | 210 |                             | RUDZICA              | POL  | OPEN M | 30     | M 30 | 01:58:34        | 03:11:41        | 03:37:48 |          | 07:18:59.65 | 07:19:10.00 | 16:15  | 3.7  |
|      | KLONOWSKI CEZARY      | 217 |                             | POZNAN               | POL  | OPEN M |        |      | DNF             | 03:09:06<br>DNF | DNF      | DNF      | DNF         | DNF         | -      | -    |
|      | CZEPIEL DANIEL        | 208 |                             | WROCLAW              | POL  | OPEN M |        |      | 01:56:13<br>DNF | 03:10:39<br>DNF | DNF      | DNF      | DNF         | DNF         | -      | -    |