

# „XIX MARATON ODRZAŃSKI”

KĘDZIERZYN-KOŹLE, 24.10.2021 r.



Stowarzyszenie Rodzin Zastępczych  
"DOBRA RODZINA"



OPEN	IMIĘ	NAZWISKO	Miasto	Klub	M-ce	Kat.		POM_1	POM_2	POM_3	POM_4	POM_5	POM_6	POM_7	CZAS
1	MICHAŁ	BAK	CHEŁMCE	CZARNECKI RUN TEAM	M30	1		00:18:30	00:37:05	00:55:51	01:14:34	01:33:24	01:51:46	02:09:56	<b>02:27:22</b>
2	MATEUSZ	MRÓWKA	RADLIN	KWK MARCEL/RADLINIOKI W BIEGU	M20	1		00:18:30	00:37:06	00:55:51	01:14:34	01:33:24	01:51:47	02:09:56	<b>02:28:51</b>
3	TOMASZ	KOZŁOWICZ	WIELKA LIPA	OBORYGENI	M20	2		00:18:29	00:37:05	00:55:52	01:14:34	01:33:25	01:51:59	02:10:25	<b>02:28:58</b>
4	PIOTR	KUŁAK	KRAKÓW	AKTYWNI KAMIEŃSK	M30	2		00:18:57	00:37:58	00:56:58	01:15:55	01:34:55	01:54:14	02:13:50	<b>02:33:31</b>
5	MARCIN	GRZEGORZYCA	GIERAŁTOWICE	GIERAŁTOWICE	M30	3		00:19:59	00:40:12	01:00:11	01:20:14	01:40:25	02:00:29	02:20:37	<b>02:40:22</b>
6	STANISŁAW	PIELA	CIĘCINA		M30	4		00:20:10	00:40:30	01:00:59	01:21:11	01:41:24	02:01:40	02:22:02	<b>02:42:16</b>
7	PIOTR	BIELIŃSKI	<b>KĘDZIERZYN-KOŹLE</b>	KS KOZIOŁEK/ RYDZ TEAM	M30	5		00:22:22	00:44:40	01:05:46	01:26:50	01:48:07	02:09:24	02:30:28	<b>02:52:16</b>
8	GRZEGORZ	MACIOROWSKI	ZAWIDÓW	PGE ELEKTROWNIA TURÓW	M40	1	MPE/1	00:20:40	00:41:34	01:02:37	01:23:23	01:44:06	02:05:07	02:27:00	<b>02:52:19</b>
9	DAWID	FURMAN	BŁĄŻEJOWICE	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	M30	6		00:21:48	00:43:50	01:05:42	01:27:29	01:49:14	02:11:00	02:32:33	<b>02:53:35</b>
10	TOMASZ	PALT	KATOWICE		M40	2		00:21:42	00:43:33	01:05:45	01:27:48	01:49:35	02:11:34	02:33:37	<b>02:55:59</b>
11	ROBERT	PISKORZ	RADOM	TEAM ZALESICE	M40	3		00:22:14	00:44:39	01:06:52	01:28:51	01:50:49	02:12:50	02:34:59	<b>02:57:24</b>
12	MARCELI	KACZOR	LUBLINIEC	MAFIA TEAM LUBLINIEC	M40	4		00:21:29	00:43:33	01:05:44	01:27:48	01:50:15	02:12:42	02:35:11	<b>02:57:51</b>
13	PAWEŁ	POŚPIECH	SIEMIANOWICE ŚLĄSKIE	AUGUSTEAM	M20	3		00:22:14	00:45:01	01:07:39	01:30:14	01:52:43	02:14:51	02:36:44	<b>02:57:51</b>
14	MARIUSZ	MOGIELSKI	ŁOPUSZNO	ŁOPUSZNO	M40	5		00:22:28	00:44:59	01:07:14	01:29:35	01:51:39	02:13:23	02:35:29	<b>02:57:53</b>
15	DANIEL	STRAUB	STRUŻNICE		M20	4		00:20:50	00:42:11	01:03:42	01:25:17	01:47:19	02:10:05	02:33:32	<b>02:58:29</b>
16	MATEUSZ	SKUZA	WEJHEROWO	42.195 WEJHEROWO	M30	7		00:22:15	00:44:15	01:06:12	01:28:05	01:49:40	02:11:18	02:33:18	<b>02:59:00</b>
17	ARKADIUSZ	JAJUGA	ZDZIESZOWICE	ANTONTEAM	M50	1		00:22:13	00:44:32	01:06:52	01:29:15	01:51:41	02:13:57	02:36:27	<b>02:59:30</b>
18	DAWID	PALEJ	KATOWICE	POLSKIE SIECI ELEKTROENERGETYCZNE	M20	5	MPE/2	00:22:58	00:46:24	01:09:39	01:32:36	01:55:18	02:18:02	02:40:26	<b>03:02:11</b>
19	MARIUSZ	KOSMATY	OPOLE	ANTONTEAM	M50	2		00:22:30	00:45:00	01:07:39	01:30:31	01:53:29	02:16:34	02:39:59	<b>03:03:17</b>
20	ARTUR	SOCHACKI	RADOMSKO		M30	8		00:22:15	00:44:09	01:05:48	01:27:40	01:49:55	02:13:25	02:37:46	<b>03:04:24</b>

OPEN	IMIĘ	NAZWISKO	Miasto	Klub	M-ce	Kat.		POM_1	POM_2	POM_3	POM_4	POM_5	POM_6	POM_7	CZAS
21	WOJCIECH	SZYMURA	RYBNIK	SFW ENERGIA	M40	6	MPE/3	00:21:48	00:43:52	01:06:10	01:28:54	01:52:11	02:16:06	02:40:22	<b>03:04:45</b>
22	KELLI	SMITH	KĘDZIERZYN-KOŹLE		K30	1		00:23:41	00:47:35	01:10:58	01:34:21	01:57:25	02:20:16	02:42:43	<b>03:04:49</b>
23	ANDRZEJ	SKOWRON	ALEKSANDRÓW ŁÓDZKI		M40	7		00:22:24	00:45:01	01:07:38	01:30:22	01:53:30	02:17:17	02:41:29	<b>03:05:51</b>
24	PRZEMYSŁAW	ŚCISŁO	POLKOWICE		M50	3		00:22:18	00:44:43	01:07:02	01:29:27	01:52:09	02:15:08	02:39:22	<b>03:06:02</b>
25	MAREK	SZEWCZYK	ŁOMŻA	ŁOMŻA	M50	4		00:22:26	00:45:36	01:08:42	01:32:36	01:56:06	02:19:50	02:43:20	<b>03:06:34</b>
26	ALEKSANDRA	NIWIŃSKA	BŁONIE	LKS OLYMP BŁONIE	K30	2		00:23:22	00:47:00	01:10:40	01:34:12	01:57:27	02:20:39	02:43:54	<b>03:06:45</b>
27	MARCIN	ŁUKASZCZYK	BIŁGORAJ	CZARNECKI RUN TEAM	M40	8		00:23:48	00:47:34	01:10:57	01:34:20	01:57:35	02:20:48	02:44:02	<b>03:06:49</b>
28	ROBERT	BŹDZIUCH	BIŁGORAJ	HERBA TRIATHLON TEAM BIŁGORAJ	M40	9		00:23:47	00:47:34	01:10:57	01:34:20	01:57:35	02:20:48	02:44:03	<b>03:06:51</b>
29	GRZEGORZ	SZYMURA	LESZCZYNY	LESZCZYNY	M50	5		00:22:48	00:45:55	01:09:04	01:32:13	01:55:21	02:18:44	02:42:37	<b>03:07:16</b>
30	TADEUSZ	SAMBAK	JAWISZOWICE	ZADYSZKA OŚWIĘCIM	M50	6		00:22:48	00:45:55	01:09:25	01:33:01	01:56:39	02:20:10	02:43:45	<b>03:07:54</b>
31	ARTUR	OLBRICH	TWORKÓW	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	M30	9		00:23:20	00:47:01	01:10:29	01:33:58	01:57:25	02:20:16	02:43:45	<b>03:09:33</b>
32	ŁUKASZ	MACIEJEWSKI	SMOLEC	ZA10 SMOLEC / ARKADIUSZGARDZIELEWSKI RT	M40	10	MPE/4	00:23:47	00:47:32	01:10:55	01:34:12	01:57:25	02:20:30	02:44:19	<b>03:09:40</b>
33	MACIEJ	ROGOWSKI	TARNOWSKIE GÓRY	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M40	11		00:21:20	00:42:37	01:04:10	01:25:55	01:47:52	02:15:01	02:45:31	<b>03:09:51</b>
34	ZUZANNA	PALEJ	KATOWICE	INŻYNIERIA BIEGANIA	K20	1		00:23:20	00:46:58	01:10:31	01:34:07	01:57:53	02:21:54	02:46:14	<b>03:10:34</b>
35	ŁUKASZ	BUZE	KĘDZIERZYN-KOŹLE		M30	10	MPE/5	00:23:46	00:47:15	01:10:42	01:34:13	01:57:28	02:21:16	02:46:18	<b>03:13:07</b>
36	ANDRZEJ	OKŁA	BLIŻYN	CZARNECKI RUN TEAM	M60	1		00:24:09	00:48:47	01:13:40	01:38:22	02:02:40	02:26:50	02:51:21	<b>03:15:10</b>
37	MAŁGORZATA	RENCZ	ORZESZE		K40	1		00:23:53	00:47:53	01:12:03	01:36:24	02:00:51	02:25:19	02:50:22	<b>03:15:14</b>
38	LUKASZ	MATUSZYK	WROCLAW	140MINUT	M40	12		00:24:01	00:48:04	01:12:03	01:35:41	01:59:25	02:23:30	02:48:16	<b>03:15:59</b>
39	MAREK	NOWOSIELSKI	BIEGAM DLA MARCINKA	SANOK	M60	2		00:23:27	00:47:06	01:10:54	01:34:54	01:59:19	02:24:13	02:49:43	<b>03:16:01</b>
40	WOJCIECH	TOMASZEK	KĘDZIERZYN-KOŹLE		M40	13		00:23:42	00:47:37	01:11:11	01:34:58	01:59:12	02:24:03	02:50:10	<b>03:16:13</b>
41	ALAN	SZYWALSKI	GOGOLIN	MULTIFIT	M30	11		00:24:37	00:49:19	01:13:51	01:38:21	02:02:40	02:26:49	02:51:19	<b>03:16:44</b>
42	TOMASZ	BANASZKIEWICZ	KĘDZIERZYN-KOŹLE	PARKRUN KĘDZIERZYN-KOŹLE	M40	14		00:24:10	00:48:27	01:12:33	01:36:39	02:00:52	02:25:23	02:51:07	<b>03:17:01</b>
43	KATARZYNA	PARZYCH	RYBNIK	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K40	2		00:23:53	00:47:53	01:12:02	01:36:23	02:00:53	02:26:19	02:51:35	<b>03:17:09</b>
44	RADOSŁAW	DZIEDZIC	KĘDZIERZYN-KOŹLE	MEBLE DOM KOSZYKOWA 23	M40	15		00:24:36	00:49:30	01:14:09	01:38:42	02:03:14	02:27:57	02:52:56	<b>03:17:45</b>
45	ALEKSANDER	CZUK	ZABRZEG	TM IRON TEAM	M20	6		00:24:17	00:48:29	01:12:42	01:36:51	02:01:08	02:25:42	02:51:17	<b>03:18:30</b>
46	MAREK	ŁOBOS	GŁUCHOŁAZY		M50	7		00:22:15	00:44:38	01:07:07	01:30:49	01:55:44	02:21:58	02:50:14	<b>03:21:10</b>
47	ROBERT	ZIĘTERSKI	KŁODZKO	RNB TEAM POLANICA-ZDRÓJ	M40	16		00:24:41	00:49:28	01:14:13	01:39:08	02:04:43	02:30:29	02:56:22	<b>03:22:26</b>
48	KONRAD	DUPLA	WROCLAW		M40	17		00:25:20	00:50:19	01:15:38	01:41:00	02:06:31	02:32:17	02:58:32	<b>03:24:57</b>
49	GRZEGORZ	BULENDA	RACIBÓRZ	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	M50	8	MPE/6	00:25:28	00:50:25	01:15:39	01:41:00	02:06:18	02:31:26	02:57:59	<b>03:25:23</b>

OPEN	IMIĘ	NAZWISKO	Miasto	Klub	M-ce	Kat.		POM_1	POM_2	POM_3	POM_4	POM_5	POM_6	POM_7	CZAS
50	DAMIAN	HARNUS	KĘDZIERZYN-KOŹLE	PARKRUN KĘDZIERZYN-KOŹLE	M30	12		00:26:38	00:52:57	01:18:51	01:44:54	02:10:43	02:36:09	03:01:16	<b>03:25:36</b>
51	JACEK	KOWNACKI	WROCLAW		M40	18		00:25:06	00:50:26	01:15:40	01:41:02	02:06:24	02:32:30	02:59:12	<b>03:25:49</b>
52	TOMASZ	WIERCIOCH	KĘDZIERZYN-KOŹLE	PARKRUN KĘDZIERZYN-KOŹLE	M40	19	MPE/7	00:25:15	00:50:42	01:16:18	01:42:18	02:07:49	02:33:35	02:59:46	<b>03:25:52</b>
53	MARCIN	ZIELIŃSKI	DOBRZEŃ WIELKI	PGE ELEKTROWNIA OPOLE	M40	20	MPE/8	00:25:28	00:51:21	01:17:17	01:43:17	02:10:07	02:35:50	03:01:18	<b>03:25:54</b>
54	ANETA	RAJDA	KATOWICE	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	K40	3		00:25:05	00:50:29	01:16:02	01:41:51	02:07:56	02:34:05	03:00:29	<b>03:26:47</b>
55	JAKUB	MISTYGACZ	KRAPKOWICE	ACTIVDIAB	M30	13	MPE/9	00:25:04	00:50:24	01:15:47	01:41:22	02:07:17	02:33:43	03:00:37	<b>03:28:02</b>
56	KRZYSZTOF	SUDNIK	KNUROW		M30	14		00:25:52	00:51:44	01:17:43	01:43:33	02:09:20	02:35:31	03:02:12	<b>03:28:58</b>
57	DARIUSZ	NASTULA	PYSKOWICE		M30	15		00:26:06	00:52:00	01:17:29	01:43:36	02:09:30	02:35:21	03:02:03	<b>03:29:46</b>
58	JACEK	STAROSTKA	KĘDZIERZYN-KOŹLE	PARKRUN KĘDZIERZYN-KOŹLE	M40	21		00:27:04	00:53:49	01:20:13	01:46:27	02:11:58	02:37:33	03:03:38	<b>03:29:47</b>
59	JERZY MAREK	CHRUSZCZ	OPOLE		M60	3		00:26:23	00:52:35	01:18:14	01:43:30	02:09:37	02:35:41	03:02:40	<b>03:29:53</b>
60	DAREK	CZERNEK	GOGOLIN		M40	22		00:25:12	00:50:35	01:16:01	01:41:27	02:07:26	02:34:28	03:01:58	<b>03:30:43</b>
61	DAMIAN	KATRA	DĄBROWA NAMYSŁOWSKA	PGE ELEKTROWNIA OPOLE	M30	16	MPE/10	00:26:36	00:52:57	01:19:14	01:45:17	02:11:13	02:36:44	03:02:21	<b>03:30:50</b>
62	BARTŁOMIEJ	TRUSZCZYŃSKI	WAŁBRZYCH		M40	23		00:25:50	00:51:44	01:17:44	01:43:27	02:08:44	02:34:40	03:02:12	<b>03:30:54</b>
63	ADRIAN	JAROSZUK	KĘDZIERZYN-KOŹLE		M30	17		00:27:04	00:53:49	01:20:13	01:46:25	02:11:56	02:37:30	03:03:39	<b>03:31:50</b>
64	BEATA	SZATKA	GOGOLIN	DYCUŚ TEAM	K40	4		00:25:03	00:50:31	01:16:18	01:42:24	02:08:22	02:35:14	03:03:30	<b>03:32:23</b>
65	ANDRZEJ	PAŃGOWSKI	KIELCE	CENTRUM PRZYGOTOWAŃ DO MISJI ZAGRANICZNYCH	M40	24		00:25:12	00:50:47	01:16:09	01:41:34	02:07:09	02:33:47	03:04:14	<b>03:34:54</b>
66	EWA	GODLEWSKA	WOŁÓW	WOŁÓW BIEGA/MATNER TEAM	K40	5		00:24:09	00:48:47	01:13:40	01:40:05	02:07:39	02:35:31	03:05:25	<b>03:35:01</b>
67	SŁAWOMIR	RYCHLIK	CYNKÓW	A MOŻE SIĘ UDA	M30	18		00:25:20	00:50:20	01:15:38	01:41:02	02:07:33	02:35:16	03:05:46	<b>03:36:45</b>
68	ANDRZEJ	RADUCKI	WIELUŃ	WIELUŃ BIEGA	M40	25		00:27:43	00:55:13	01:22:35	01:49:58	02:17:14	02:44:39	03:12:15	<b>03:39:56</b>
69	MARIUSZ	ŚWIERCZEK	KĘDZIERZYN-KOŹLE	PARKRUN KĘDZIERZYN-KOŹLE	M40	26		00:24:06	00:48:34	01:14:34	01:40:44	02:07:44	02:36:41	03:09:06	<b>03:40:53</b>
70	WOJCIECH	PARZYCH	RYBNIK	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M40	27		00:27:56	00:56:00	01:23:37	01:51:09	02:18:41	02:46:47	03:15:52	<b>03:45:20</b>
71	SŁAWOMIR	JAROSZEWICZ	RACIBÓRZ	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	M50	9		00:27:30	00:55:19	01:23:08	01:51:05	02:19:14	02:47:56	03:17:27	<b>03:46:28</b>
72	MAREK	SMIECH	WIĘKSZYCE		M30	19		00:27:49	00:55:53	01:23:46	01:51:45	02:19:35	02:47:47	03:17:09	<b>03:47:03</b>
73	MICHAŁ	JANKOWSKI	OPOLE	MONAR ZBICKO	M30	20		00:27:14	00:54:08	01:20:12	01:46:51	02:13:57	02:43:09	03:15:38	<b>03:48:21</b>
74	ELŻBIETA	PRZYBYŁ	RADZIONKÓW	CIDRY LOTAJOM	K40	6		00:27:59	00:56:29	01:24:53	01:53:42	02:22:34	02:51:32	03:20:41	<b>03:49:06</b>
75	MAGDALENA	DUL	JELENIA GÓRA	ŚLĘZAK TEAM/ FAMILY TEAM	K30	3		00:25:45	00:51:43	01:18:26	01:45:17	02:13:36	02:43:33	03:16:06	<b>03:49:23</b>
76	BARTOSZ	NOWAK	DĄBROWA GÓRNICZA		M40	28		00:27:59	00:55:54	01:23:53	01:52:00	02:20:09	02:48:40	03:18:46	<b>03:49:39</b>
77	REMIGIUSZ	PIOTROWSKI	POLANICA ZDROJ	RNB TEAM POLANICA-ZDRÓJ	M40	29		00:26:37	00:53:40	01:21:07	01:48:35	02:16:25	02:45:50	03:18:10	<b>03:50:44</b>
78	BOGUSŁAW	KSIĄŻEK	WROCLAW	KELLER	M40	30		00:28:38	00:58:22	01:26:38	01:55:05	02:23:27	02:52:21	03:20:56	<b>03:51:07</b>

OPEN	IMIĘ	NAZWISKO	Miasto	Klub	M-ce	Kat.		POM_1	POM_2	POM_3	POM_4	POM_5	POM_6	POM_7	CZAS
79	JAROSŁAW	ROMAŃCZYK	OPOLE	HURAGAN	M40	31		00:28:37	00:58:22	01:26:39	01:55:05	02:23:28	02:52:21	03:20:56	<b>03:51:07</b>
80	DANIEL	POMIANEK	RZESZÓW		M20	7		00:28:11	00:56:55	01:25:29	01:54:09	02:23:06	02:52:17	03:22:20	<b>03:52:08</b>
81	MARIUSZ	KONIECZYŃSKI	KŁODZKO	RNB TEAM POLANICA-ZDRÓJ	M40	32		00:26:39	00:54:20	01:22:12	01:50:28	02:20:05	02:50:40	03:22:33	<b>03:52:32</b>
82	WOJCIECH	MICHALCZYK	RACIBÓRZ	EASYRUN RACIBÓRZ	M50	10		00:27:26	00:55:11	01:23:01	01:50:44	02:19:18	02:49:01	03:20:40	<b>03:53:28</b>
83	MARIUSZ	JABŁOŃSKI	<b>KĘDZIERZYN-KOŹLE</b>	PARKRUN KĘDZIERZYN-KOŹLE	M30	21		00:28:58	00:58:11	01:27:44	01:57:11	02:26:56	02:56:42	03:25:48	<b>03:53:37</b>
84	MAREK	WÓJTOWICZ	KATOWICE		M50	11		00:28:01	00:57:25	01:26:37	01:55:50	02:24:49	02:54:04	03:23:44	<b>03:53:55</b>
<b>85</b>	<b>MAGDALENA</b>	<b>PANKIEWICZ</b>	<b>ZDZIESZOWICE</b>	<b>DYCZUŚ TEAM</b>	<b>K30</b>	<b>4</b>		00:25:14	00:50:41	01:16:18	01:43:08	02:13:30	02:46:47	03:21:08	<b>03:53:58</b>
86	ADAM	WITCZAK	PYSKOWICE	M.A.J. CORRERE	M30	22		00:24:18	00:48:31	01:13:09	01:39:57	02:14:13	02:48:56	03:22:04	<b>03:54:08</b>
87	DAMIAN	KACZKOWSKI	OPOLE	#KITETURAWA	M30	23		00:27:23	00:56:28	01:25:28	01:54:32	02:24:21	02:54:22	03:25:43	<b>03:56:14</b>
88	GRZEGORZ	RADOMSKI	MIKOŁÓW		M40	33		00:26:52	00:54:18	01:22:45	01:51:53	02:21:35	02:52:24	03:25:08	<b>03:56:48</b>
89	LESZEK	STACHOWIAK	JANOWIEC WIELKOPOLSKI	100 MARATHON CLUB POLAND	M50	12		00:29:04	00:58:42	01:27:48	01:56:57	02:25:48	02:55:24	03:25:47	<b>03:56:56</b>
<b>90</b>	<b>AGATA</b>	<b>KURPAS</b>	<b>ZDZIESZOWICE</b>	<b>MULTIFIT</b>	<b>K30</b>	<b>5</b>		00:27:35	00:55:08	01:23:11	01:50:56	02:19:28	02:51:15	03:24:35	<b>03:57:34</b>
91	BOGDAN	MAŁKOWSKI	MURÓW	PGE ELEKTROWNIA OPOLE	M50	13	MPE/11	00:27:23	00:55:07	01:22:36	01:51:56	02:20:51	02:50:54	03:24:06	<b>03:58:30</b>
92	KRZYSZTOF	RYZNER	JAROSŁAW	100 MCP	M60	4		00:28:36	00:58:19	01:27:45	01:57:12	02:26:59	02:57:02	03:28:18	<b>03:59:10</b>
<b>93</b>	<b>ALEKSANDRA</b>	<b>NOGALA</b>	<b>KĘDZIERZYN-KOŹLE</b>	<b>ANTONTEAM</b>	<b>K30</b>	<b>6</b>		00:29:52	00:59:42	01:30:08	02:00:18	02:30:23	03:00:14	03:30:19	<b>03:59:14</b>
94	KRZYSZTOF	BUDZIŃSKI	OPOLE	PGE ELEKTROWNIA OPOLE	M50	14	MPE/12	00:27:58	00:56:30	01:24:53	01:53:53	02:23:05	02:53:46	03:27:18	<b>04:00:52</b>
95	JERZY	JANIK	STRZELCE OPOLSKIE	GMINA STRZELCE OPOLSKIE	M60	5		00:28:37	00:58:18	01:27:43	01:57:11	02:26:58	02:57:02	03:28:19	<b>04:01:06</b>
96	STANISŁAW	GULBA	JEMIELNICA	FENIKS JEMIELNICA	M50	15		00:27:44	00:55:57	01:24:13	01:53:04	02:22:55	02:53:44	03:27:37	<b>04:02:16</b>
<b>97</b>	<b>JOLANTA</b>	<b>WITCZAK</b>	<b>LUSOWO</b>	<b>TARNOWO PODGÓRNE POZIOM BLIŻEJ</b>	<b>K50</b>	<b>1</b>		00:27:54	00:55:59	01:24:49	01:54:26	02:25:02	02:57:22	03:31:04	<b>04:04:28</b>
98	ADAM	POLCZYK	TARNOWSKIE GÓRY	SREBRNE MIASTO TARNOWSKIE GÓRY	M40	34		00:27:13	00:53:51	01:20:13	01:46:35	02:13:58	02:43:25	03:28:21	<b>04:06:05</b>
<b>99</b>	<b>MAŁGORZATA</b>	<b>GRUCHOT</b>	<b>GOGOLIN</b>	<b>WBO</b>	<b>K40</b>	<b>7</b>		00:27:59	00:56:30	01:24:53	01:54:39	02:25:59	02:57:54	03:31:41	<b>04:06:19</b>
100	GRZEGORZ	BARANEK	OSTRÓW WIELKOPOLSKI		M40	35		00:28:04	00:56:30	01:24:54	01:53:52	02:23:06	02:54:46	03:29:49	<b>04:09:13</b>
<b>101</b>	<b>MARIA</b>	<b>JAROSZEWICZ</b>	<b>RACIBÓRZ</b>	<b>KLUB BIEGAM BO LUBIĘ RACIBÓRZ</b>	<b>K50</b>	<b>2</b>		00:29:51	01:00:03	01:30:30	02:01:14	02:32:37	03:04:17	03:36:57	<b>04:09:22</b>
102	JAROSŁAW	PUCEK	SIEKIERKI WIELKIE		M40	36		00:31:47	01:03:23	01:34:30	02:05:02	02:35:29	03:06:22	03:37:50	<b>04:09:35</b>
103	PAWEŁ	ZAPAŁA	CHRÓŚCINA	TYMON TEAM CHRÓŚCINA	M40	37		00:29:04	00:58:43	01:27:49	01:56:45	02:26:37	02:58:54	03:33:57	<b>04:12:07</b>
104	ARTUR	SIELSKI	<b>KĘDZIERZYN-KOŹLE</b>		M50	16		00:29:43	00:59:11	01:29:21	01:59:48	02:30:22	03:01:12	03:33:56	<b>04:13:55</b>
105	DARIUSZ	KRAKOWIAK	<b>KĘDZIERZYN-KOŹLE</b>		M50	17		00:29:44	00:59:11	01:29:21	01:59:48	02:30:22	03:01:13	03:33:56	<b>04:13:56</b>
106	ALEKSANDER	JĘSIEK	LESZNO	CIESIÓŁKA TEAM LESZNO	M60	6		00:31:07	01:00:16	01:30:50	02:01:55	02:33:13	03:05:37	03:40:31	<b>04:13:58</b>
107	PIOTR	BOROWIAK	BYTOM		M40	38		00:31:04	01:02:35	01:34:28	02:06:18	02:38:04	03:10:40	03:42:41	<b>04:14:41</b>

OPEN	IMIĘ	NAZWISKO	Miasto	Klub	M-ce	Kat.		POM_1	POM_2	POM_3	POM_4	POM_5	POM_6	POM_7	CZAS
108	JACEK	KŁOSEK	RACIBÓRZ	100 MARATHON CLUB POLAND	M30	24		00:31:07	01:02:35	01:34:28	02:06:21	02:38:06	03:10:40	03:42:41	<b>04:14:42</b>
109	PIOTR	JAKUBCZYK	<b>KĘDZIERZYN-KOŹLE</b>	PARKRUN KĘDZIERZYN-KOŹLE	M40	39		00:31:06	01:02:35	01:34:28	02:06:20	02:38:05	03:10:40	03:42:42	<b>04:14:43</b>
110	BARTŁOMIEJ	CYBULSKI	<b>KĘDZIERZYN-KOŹLE</b>	TRIATHLON X TEAM	M40	40		00:27:40	00:55:31	01:23:27	01:51:22	02:22:52	02:59:21	03:38:31	<b>04:17:06</b>
111	<b>AGNIESZKA</b>	<b>ŻEGLEŃ</b>	<b>KĘDZIERZYN-KOŹLE</b>	<b>PARKRUN KĘDZIERZYN-KOŹLE</b>	<b>K30</b>	<b>7</b>		00:30:54	01:01:53	01:33:32	02:04:40	02:36:58	03:09:17	03:43:55	<b>04:18:03</b>
112	MARCIN	KUC	SIEMIANOWICE ŚLĄSKIE	AUGUSTEAM	M40	41		00:28:39	00:58:13	01:28:04	01:57:59	02:30:15	03:02:52	03:40:35	<b>04:18:59</b>
113	IRENEUSZ	BRYLA	DOMECKO	VICTORIA DOMECKO	M30	25		00:26:57	00:53:57	01:21:40	01:50:41	02:22:22	02:57:08	03:38:38	<b>04:20:16</b>
114	MARCIN	BORN	<b>KĘDZIERZYN-KOŹLE</b>	OSP KŁODNICA	M50	18		00:29:51	00:59:51	01:30:55	02:02:39	02:33:24	03:08:35	03:47:46	<b>04:22:53</b>
115	REMIGIUSZ	ROLNIK	MIKOŁÓW		M50	19		00:29:57	01:00:06	01:30:01	02:00:26	02:35:15	03:11:43	03:48:13	<b>04:23:58</b>
116	JÓZEF	LISEK	STRZELCE OPOLSKIE	GMINA STRZELCE OPOLSKIE	M70+	1		00:28:38	00:58:18	01:27:44	01:57:14	02:27:11	03:03:17	03:42:16	<b>04:24:33</b>
117	GRZEGORZ	TOMASZEK	<b>KĘDZIERZYN-KOŹLE</b>	PARKRUN KĘDZIERZYN-KOŹLE	M30	26		00:30:00	01:01:08	01:32:40	02:04:32	02:37:35	03:10:48	03:45:36	<b>04:24:58</b>
118	<b>KLAUDIA</b>	<b>RAUDZIS</b>	<b>OPOLE</b>		<b>K40</b>	<b>8</b>		00:31:03	01:02:13	01:34:10	02:06:20	02:39:21	03:14:31	03:51:51	<b>04:29:44</b>
119	SZYMON	WYSCHKA	KRAPKOWICE	BLAZA TEAM	M30	27		00:30:49	01:02:14	01:34:09	02:06:19	02:39:20	03:14:31	03:51:50	<b>04:29:45</b>
120	PAWEŁ	WOŹNIAK	ROZWADZA	BLAZA TEAM	M30	28		00:30:48	01:02:14	01:34:10	02:06:19	02:39:20	03:14:32	03:51:51	<b>04:29:45</b>
121	MARCIN	ANTKOWICZ	NYSA	PROZAK-TEAM NYSA	M40	42		00:28:41	00:58:05	01:29:08	02:01:56	02:36:46	03:11:51	03:51:55	<b>04:32:09</b>
122	ALEKSY	SZABLICKI	KATOWICE	WKB META LUBLINIEC	M60	7		00:30:54	01:01:55	01:34:03	02:07:20	02:41:49	03:17:16	03:54:59	<b>04:32:32</b>
123	ALEK RUNNER	SUSEŁ	RUDA ŚLĄSKA		M30	29		00:36:34	01:14:30	01:53:39	02:34:59	03:17:19	03:49:17	04:02:47	<b>04:37:55</b>
124	DAMIAN	MIKA	RACIBÓRZ	EKO OKNA RUNNER	M50	20		00:29:01	00:58:43	01:30:07	02:02:39	02:37:06	03:15:30	03:56:40	<b>04:39:34</b>
125	MATEUSZ	SZANGULEIT	STRZELCE OPOLSKIE		M30	30		00:29:28	00:59:45	01:29:39	02:01:04	02:35:19	03:12:54	03:56:39	<b>04:42:32</b>
126	<b>KATARZYNA</b>	<b>POLCZYK</b>	<b>TARNOWSKIE GÓRY</b>	<b>SREBRNE MIASTO TARNOWSKIE GÓRY</b>	<b>K40</b>	<b>9</b>		00:32:59	01:05:51	01:38:54	02:12:00	02:44:46	03:24:25	04:04:52	<b>04:45:10</b>
127	WIESŁAW	DUL	JELENIA GÓRA	FAMILY TEAM	M60	8		00:30:56	01:02:34	01:34:47	02:07:31	02:41:11	03:18:54	04:01:08	<b>04:45:10</b>
128	KAMIL	SZAROTA	ŚCINAWKA ŚREDNIA	RNB TEAM POLANICA-ZDRÓJ	M30	31		00:28:39	00:58:13	01:28:08	02:00:17	02:37:26	03:18:45	04:03:19	<b>04:45:10</b>
129	<b>PAULINA</b>	<b>KREKORA</b>	<b>KĘDZIERZYN-KOŹLE</b>		<b>K20</b>	<b>2</b>		00:31:12	01:02:30	01:35:05	02:08:38	02:45:23	03:27:23	04:09:55	<b>04:50:36</b>
130	ARTUR	KOCUBA	GŁUCHOŁAZY		M50	22		00:32:59	01:05:52	01:38:53	02:12:01	02:44:55	03:22:59	04:07:11	<b>04:54:21</b>
131	MAURICE	RICHARD	OPOLE		M60	9		00:27:52	00:56:23	01:25:04	01:54:26	02:25:21	03:01:34	03:50:28	<b>04:55:54</b>
132	CZESŁAW	PELC	RYBNIK	PĘDZIWIATR GLIWICE	M60	10		00:31:18	01:03:30	01:36:29	02:10:38	02:47:12	03:29:15	04:12:22	<b>04:57:14</b>
133	RYSZARD	ROPIAK	KURPIE MYSZYNIC	MYSZYNIC	M70+	2		00:36:43	01:16:04	01:54:21	02:34:24	03:16:32	04:00:26	04:14:35	<b>05:36:56</b>
134	KONRAD	STASZEWSKI	SOSNOWIEC		M30	32		00:33:03	01:10:59	01:50:47	02:31:53	03:14:16	03:58:18	04:47:09	<b>05:37:59</b>
135	KAROL	KUSTRA	NYSA	PROZAK-TEAM NYSA	M50	21		00:37:11	01:16:05	01:54:22	02:33:22	03:15:51	03:58:26	04:51:58	<b>05:43:44</b>
136	JAN	WOŚKO	KRAPKOWICE		M60	11		00:36:30	01:14:33	01:54:43	02:36:37	03:21:51	04:09:19	05:00:01	<b>05:47:26</b>

OPEN	IMIĘ	NAZWISKO	Miasto	Klub	M-ce	Kat.		POM_1	POM_2	POM_3	POM_4	POM_5	POM_6	POM_7	CZAS
137	KAZIMIERZ	JABŁOŃSKI	PRĄDY K/OPOLA	SPRINTER PRĄDY	M70+	3		00:36:43	01:14:33	01:54:54	02:38:41	03:30:16	04:21:26	05:13:19	<b>06:02:01</b>
138	PIOTR JERZY	SKRZYŃKOWSKI	OPOLE		M20			00:23:54	00:47:35	01:10:55	01:34:12	01:57:25	02:20:29	02:45:30	DNF
139	RAFAŁ	KĘDZIORA	KOZIEGŁOWY		M40			00:22:16	00:44:39	01:06:57	01:29:17	01:51:48	02:15:28	DNF	
140	PAWEŁ	KRUCZEK	WROCLAW	140MINUT	M30		MPE	00:23:49	00:47:36	01:11:10	01:35:04	02:00:57	DNF		
141	ADRIAN	PUŁA	TARNOWSKIE GÓRY	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M40			00:28:00	00:55:56	01:25:21	01:54:33	02:27:28	DNF		
142	JACEK KAZIMIERZ	MASZKOWSKI	POLSKA NOWA WIEŚ		M50			00:31:37	01:03:17	01:35:52	02:11:47	DNF			
143	DARIUSZ	ZAJDEL	ZAWADZKIE	ZAWADZKIE BIEGNIE	M60			00:29:36	01:03:10	DNF					