

| Msc. | Nr  | Imię i nazwisko                 | Nar. | Klub                                     | Miejscowość     | Rocznik | Kat. wiek. | msc. kat.wiek. | M  | K  | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|---------------------------------|------|--|-----------------|---------|------------|----------------|----|----|-------------|--------------|-----------------|
| 1    | 110 | Bartosz Tomaszewski             | POL  | Best Team Śrem                           | Śrem            | 1984    | M          | 1              | 1  |    | 00:15:24    | 00:15:24     | 04:17           |
| 2    | 22  | Przemysław Matkowski            | POL  |  | Zbrudzewo       | 1990    | M          | 2              | 2  |    | 00:16:17    | 00:16:17     | 04:31           |
| 3    | 24  | Aleksandra Matkowska            | POL  |  | Zbrudzewo       | 1990    | K          | 1              |    | 1  | 00:16:26    | 00:16:26     | 04:34           |
| 4    | 182 | Martyna Chraniuk                | POL  |  | Ostróda         | 1992    | K          | 2              |    | 2  | 00:18:03    | 00:18:03     | 05:01           |
| 5    | 18  | Sylwia Drymel                   | POL  |  | Śrem            | 1972    | K          | 3              |    | 3  | 00:18:33    | 00:18:33     | 05:09           |
| 6    | 143 | Radosław Woźniczka              | POL  | JÓZEFIŃSKA TEAM                          | Kraków          | 1974    | M          | 3              | 3  |    | 00:19:14    | 00:19:14     | 05:21           |
| 7    | 50  | Waldemar Rojtek                 | POL  | Biegam bo lubię                          | Wągrowiec       | 1970    | M          | 4              | 4  |    | 00:19:22    | 00:19:22     | 05:23           |
| 8    | 68  | Jarosław Płuciniczak            | POL  |  | Bodzewko Drugie | 1990    | M          | 5              | 5  |    | 00:19:33    | 00:19:33     | 05:26           |
| 9    | 113 | Stanisław Budny                 | POL  |  | Ostrów Wlkp     | 2008    | M          | 6              | 6  |    | 00:19:42    | 00:19:42     | 05:28           |
| 10   | 163 | Marcin Dudziński                | POL  |  | Mosina          | 1978    | M          | 7              | 7  |    | 00:19:47    | 00:19:47     | 05:30           |
| 11   | 40  | Maria Rybarczyk                 | POL  |  | Wronki          | 1980    | K          | 4              |    | 4  | 00:21:33    | 00:21:33     | 05:59           |
| 12   | 42  | Piotr Żuberek                   | POL  | KB Maniac Poznań                         | Dachowa         | 1971    | M          | 8              | 8  |    | 00:21:34    | 00:21:34     | 05:59           |
| 13   | 100 | Karol Rudek                     | POL  | OBY DO METY                              | Ruda Śląska     | 1990    | M          | 9              | 9  |    | 00:21:46    | 00:21:46     | 06:03           |
| 14   | 111 | Aleksander Pogorzelski          | POL  | olki biegają                             | Kościan         | 1965    | M          | 10             | 10 |    | 00:22:19    | 00:22:19     | 06:12           |
| 15   | 141 | Agnieszka Michałowska-Dudzińska | POL  |  | Śrem            | 1978    | K          | 5              |    | 5  | 00:23:12    | 00:23:12     | 06:27           |
| 16   | 207 | Anna Matyja                     | POL  | #śremchodzi                              | Śrem            | 1970    | K          | 6              |    | 6  | 00:24:12    | 00:24:12     | 06:43           |
| 17   | 77  | Robert Ledzion                  | POL  |  | Szczecin        | 1970    | M          | 11             | 11 |    | 00:24:44    | 00:24:44     | 06:52           |
| 18   | 82  | Jakub Żurawski                  | POL  |  | Poznań          | 1974    | M          | 12             | 12 |    | 00:25:13    | 00:25:13     | 07:00           |
| 19   | 195 | Leszek Mielcarek                | POL  | niezrzeszony                             | Bytom           | 1955    | M          | 13             | 13 |    | 00:25:53    | 00:25:53     | 07:11           |
| 20   | 191 | Magda Matysiak                  | POL  | Śrem                                     | Śrem            | 1984    | K          | 7              |    | 7  | 00:26:57    | 00:26:57     | 07:29           |
| 21   | 114 | Franciszek Budny                | POL  |  | Ostrów Wlkp     | 2011    | M          | 14             | 14 |    | 00:29:53    | 00:29:53     | 08:18           |
| 22   | 164 | Wiktoria Dudzińska              | POL  |  | Mosina          | 2007    | K          | 8              |    | 8  | 00:31:00    | 00:31:00     | 08:37           |
| 23   | 76  | Dagmara Ledzion                 | POL  |  | Szczecin        | 1973    | K          | 9              |    | 9  | 00:31:10    | 00:31:10     | 08:39           |
| 24   | 208 | Zbigniew Gorzach                | POL  |  | Ciechanów       | 1961    | M          | 15             | 15 |    | 00:34:32    | 00:34:32     | 09:36           |
| 25   | 60  | Arkadiusz Kownacki              | POL  | Wataha Łączy Nas Bieganie/Drużyna Szpiku | Witkowo         | 1967    | M          | 16             | 16 |    | 00:46:37    | 00:46:37     | 12:57           |
| 26   | 124 | Joanna Drewniak                 | POL  |  | Rzeszow         | 1982    | K          | 10             |    | 10 | 00:54:23    | 00:54:23     | 15:06           |