

MultiBieg - Biegę by pomóc!

Organizator: Multiplay Sp. z o.o. Sp.k.
 Miejsowość i data: Strzelce Opolskie, 01.06.2019
 Klasyfikacja: Bieg 10 km

| Miejsce | Numer startowy | Kraj | Nazwisko i imię | Rok ur. | Klub / Miejsowość | 1 okr. | 2 okr. | Czas brutto | Czas netto | Tempo | K | M | MGSO |
|---------|----------------|------|------------------------------|---------|--|----------|----------|-------------|------------|-------|---|----|------|
| 1 | 5 | POL | Baron Kamil | 1997 | Silesia Ring, Jasiona | 00:11:54 | 00:23:51 | 00:35:12 | 00:35:11 | 03:31 | | 1 | |
| 2 | 19 | POL | Dyczek Mariusz | 1979 | DYCUŚ TEAM, Dzdzieszowice | 00:11:55 | 00:24:00 | 00:35:53 | 00:35:52 | 03:35 | | 2 | |
| 3 | 85 | POL | Wojdyła Mateusz | 1987 | GMINA STRZELCE OPOLSKIE, Strzelce Opolskie | 00:11:55 | 00:24:28 | 00:37:16 | 00:37:16 | 03:43 | | 3 | 1 |
| 4 | 48 | POL | Marzec Grzegorz | 1974 | GMINA STRZELCE OPOLSKIE, Szczepanek | 00:12:38 | 00:25:23 | 00:37:53 | 00:37:51 | 03:47 | | 4 | 2 |
| 5 | 42 | POL | Koteluk Tomasz | 1973 | GMINA STRZELCE OPOLSKIE, Kalinowice | 00:12:34 | 00:25:21 | 00:37:58 | 00:37:57 | 03:47 | | 5 | 3 |
| 6 | 98 | POL | Czok Maria | 1984 | ALPIW SPORT HOKA ONE OWE TEAM, Strzelce Opolskie | 00:12:57 | 00:26:34 | 00:40:02 | 00:40:01 | 04:00 | 1 | | 1 |
| 7 | 84 | POL | Wodarczyk Marcin | 1984 | Poczolków | 00:12:56 | 00:26:34 | 00:40:03 | 00:40:02 | 04:00 | | 6 | |
| 8 | 82 | POL | Witczak Adam | 1984 | M.A.J. Corriere, Pyskowice | 00:12:58 | 00:27:20 | 00:41:48 | 00:41:48 | 04:10 | | 7 | |
| 9 | 105 | POL | Rzepczyński Tomasz | 1980 | Opole | 00:13:24 | 00:27:42 | 00:42:23 | 00:42:21 | 04:14 | | 8 | |
| 10 | 49 | POL | Miła Tomasz | 1991 | Kronospan Strzelce Opolskie, Izbicko | 00:13:28 | 00:28:17 | 00:43:31 | 00:43:29 | 04:21 | | 9 | |
| 11 | 26 | POL | Grzesiński Adam | 1975 | GMINA STRZELCE OPOLSKIE, Strzelce Opolskie | 00:13:59 | 00:28:36 | 00:43:43 | 00:43:39 | 04:22 | | 10 | 4 |
| 12 | 107 | POL | Kosztubajda Marek | 1988 | Dąbrówka | 00:14:28 | 00:29:41 | 00:44:31 | 00:44:29 | 04:27 | | 11 | |
| 13 | 9 | POL | Czernek Darek | 1979 | Gogolin biega, Gogolin | 00:14:08 | 00:29:22 | 00:44:35 | 00:44:33 | 04:27 | | 12 | |
| 14 | 27 | POL | Gulba Stanisław | 1966 | Jemielnica | 00:14:40 | 00:29:40 | 00:45:02 | 00:44:56 | 04:30 | | 13 | |
| 15 | 78 | POL | Wacławczyk Rafał | 1989 | Zakrzów | 00:14:19 | 00:29:40 | 00:45:11 | 00:45:09 | 04:31 | | 14 | |
| 16 | 268 | POL | Martyniuk Ryszard | 1984 | GMINA STRZELCE OPOLSKIE, Strzelce Opolskie | 00:14:25 | 00:29:38 | 00:45:30 | 00:45:24 | 04:32 | | 15 | |
| 17 | 16 | POL | Drozd Mirosław | 1972 | Kolka Team Opole, Opole | 00:14:41 | 00:29:49 | 00:45:37 | 00:45:32 | 04:33 | | 16 | |
| 18 | 93 | POL | Fijałkowski Tomasz | 1980 | GMINA STRZELCE OPOLSKIE, Strzelce Opolskie | 00:14:04 | 00:30:04 | 00:45:41 | 00:45:38 | 04:34 | | 17 | 5 |
| 19 | 75 | POL | Sznura Piotr | 1991 | LKS Jemielnica, Jemielnica | 00:15:15 | 00:30:59 | 00:46:12 | 00:46:04 | 04:37 | | 18 | |
| 20 | 51 | POL | Murawska Aneta | 1976 | GMINA STRZELCE OPOLSKIE, Strzelce Opolskie | 00:14:16 | 00:29:59 | 00:46:20 | 00:46:19 | 04:38 | 2 | | 2 |
| 21 | 59 | POL | Pietrzak Przemysław | 1977 | Krapkowice | 00:15:39 | 00:31:10 | 00:46:26 | 00:46:18 | 04:38 | | 19 | |
| 22 | 22 | POL | Fonfara Edward | 1964 | Jemielnica | 00:15:31 | 00:31:13 | 00:46:48 | 00:46:39 | 04:40 | | 20 | |
| 23 | 83 | POL | Włodarczyk Paweł | 1977 | KB ODRA OPOLE, Opole | 00:15:16 | 00:31:26 | 00:47:26 | 00:47:19 | 04:44 | | 21 | |
| 24 | 97 | POL | Klyssek Piotr | 1983 | Rodzinka, Suchodaniec | 00:15:38 | 00:31:46 | 00:47:34 | 00:47:29 | 04:45 | | 22 | |
| 25 | 8 | POL | Chudy Robert | 1977 | Dzdzieszowice | 00:15:29 | 00:31:24 | 00:47:35 | 00:47:32 | 04:45 | | 23 | |
| 26 | 99 | POL | Włodarczyk Maciej | 2004 | Strzelce Opolskie | 00:14:10 | 00:30:29 | 00:48:12 | 00:48:10 | 04:49 | | 24 | 6 |
| 27 | 33 | POL | Janicki Arkadiusz | 1979 | Niezrzeszony, Strzelce Opolskie | 00:15:14 | 00:31:11 | 00:48:19 | 00:48:14 | 04:49 | | 25 | 7 |
| 28 | 34 | POL | Janik Jerzy | 1954 | GMINA STRZELCE OPOLSKIE, Strzelce Opolskie | 00:15:41 | 00:32:04 | 00:48:50 | 00:48:46 | 04:53 | | 26 | 8 |
| 29 | 96 | POL | Walczyk Adam | 1969 | Januszkowice | 00:15:58 | 00:32:35 | 00:49:31 | 00:49:23 | 04:57 | | 27 | |
| 30 | 24 | POL | Gaida Magdalena | 1990 | Chorula | 00:16:41 | 00:33:20 | 00:49:33 | 00:49:25 | 04:57 | 3 | | |
| 31 | 41 | POL | Komada Mateusz | 1991 | Opole | 00:16:10 | 00:33:01 | 00:49:33 | 00:49:28 | 04:57 | | 28 | |
| 32 | 43 | POL | Kowalska-Jeszke Barbara | 1982 | Strzelce Opolskie | 00:15:56 | 00:32:46 | 00:49:37 | 00:49:34 | 04:57 | 4 | | 3 |
| 33 | 76 | POL | Szober Grzegorz | 1992 | GMINA STRZELCE OPOLSKIE, Strzelce Opolskie | 00:16:02 | 00:32:50 | 00:49:40 | 00:49:34 | 04:57 | | 29 | 9 |
| 34 | 45 | POL | Łuszczyna Agata | 1979 | Śmigłoteam, Strzelce Opolskie | 00:16:00 | 00:32:59 | 00:49:48 | 00:49:45 | 04:58 | 5 | | 4 |
| 35 | 55 | POL | Niezgoda Michał | 1992 | Krapkowice | 00:15:55 | 00:33:06 | 00:49:57 | 00:49:51 | 04:59 | | 30 | |
| 36 | 32 | POL | Jacek Dawid | 1988 | Gogolin biega, Leśnica | 00:15:56 | 00:33:02 | 00:50:18 | 00:50:14 | 05:01 | | 31 | |
| 37 | 68 | POL | Ślotosz Waldemar | 1971 | Kędzierzyn-Koźle | 00:15:41 | 00:32:36 | 00:50:36 | 00:50:34 | 05:03 | | 32 | |
| 38 | 94 | POL | Czaja Tobiasz | 1990 | Chorula | 00:15:51 | 00:32:58 | 00:50:42 | 00:50:37 | 05:04 | | 33 | |
| 39 | 35 | POL | Jeszke Arkadiusz | 1981 | Strzelce Opolskie | 00:16:23 | 00:33:14 | 00:50:47 | 00:50:40 | 05:04 | | 34 | 10 |
| 40 | 56 | POL | Nowojski Wojciech | 1993 | Strzelce Opolskie | 00:16:55 | 00:34:30 | 00:51:38 | 00:51:30 | 05:09 | | 35 | 11 |
| 41 | 67 | POL | Skóra Lekszek | 1975 | Gmina Izbicko w Biegu, Izbicko | 00:16:50 | 00:34:23 | 00:51:39 | 00:51:36 | 05:09 | | 36 | |
| 42 | 21 | POL | Emerling - Kaźmierczak Anita | 1975 | Chorula | 00:16:55 | 00:34:22 | 00:51:40 | 00:51:32 | 05:09 | 6 | | |
| 43 | 36 | POL | Kaźmierczyk Roman | 1973 | Krapkowice | 00:17:32 | 00:34:49 | 00:51:43 | 00:51:37 | 05:10 | | 37 | |

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|---------|----------------|------|----------------------------------|---------|--|----------|----------|-----------------|------------|-------|----|---|-------|
| 44 | 17 | POL | Drozd Przemysław | 1972 | Rajspport Active, Opole | 00:16:08 | 00:33:53 | 00:52:10 | 00:52:06 | 05:13 | | | 38 |
| 45 | 52 | POL | Murlowski Karol | 1993 | Gąsiorowice | 00:16:57 | 00:34:23 | 00:52:10 | 00:52:02 | 05:13 | | | 39 |
| 46 | 92 | POL | Grzegorzek Andrzej | 1976 | GMINA STRZELCE OPOLSKIE, Strzelce Opolskie | 00:16:40 | 00:34:36 | 00:53:00 | 00:52:55 | 05:17 | | | 40 12 |
| 47 | 70 | POL | Stańczyk Daniel | 1980 | Opole | 00:15:54 | 00:33:59 | 00:53:21 | 00:53:19 | 05:20 | | | 41 |
| 48 | 4 | POL | Bar Aleksandra | 1977 | GMINA STRZELCE OPOLSKIE, Strzelce Opolskie | 00:16:54 | 00:35:07 | 00:53:30 | 00:53:27 | 05:21 | 7 | | 5 |
| 49 | 25 | POL | Garus Łukasz | 1976 | KB ODRA OPOLE, Opole | 00:15:48 | 00:34:53 | 00:53:58 | 00:53:54 | 05:23 | | | 42 |
| 50 | 29 | POL | Hałas Małgorzata | 1986 | Dziewkowie | 00:17:31 | 00:36:08 | 00:54:01 | 00:53:57 | 05:24 | 8 | | 6 |
| 51 | 69 | POL | Sroka Paweł | 1981 | Opole | 00:16:42 | 00:34:50 | 00:54:10 | 00:54:03 | 05:25 | | | 43 |
| 52 | 103 | POL | Romanowicz Jarosław | 1973 | Strzelce Opolskie | 00:18:12 | 00:36:18 | 00:54:38 | 00:54:28 | 05:27 | | | 44 13 |
| 53 | 62 | POL | Rup Dariusz | 1977 | Opole | 00:16:48 | 00:35:13 | 00:54:47 | 00:54:42 | 05:28 | | | 45 |
| 54 | 91 | POL | Lisek Jozef | 1951 | GMINA STRZELCE OPOLSKIE, Strzelce Opolskie | 00:17:29 | 00:35:56 | 00:54:49 | 00:54:46 | 05:28 | | | 46 14 |
| 55 | 89 | POL | Jontza Adrian | 1978 | Roźniatów | 00:16:37 | 00:34:55 | 00:54:58 | 00:54:57 | 05:29 | | | 47 15 |
| 56 | 44 | POL | Lepich Tomasz | 1981 | Zakrzów | 00:17:59 | 00:37:00 | 00:56:09 | 00:56:02 | 05:36 | | | 48 |
| 57 | 110 | POL | Konefał Mateusz | 1988 | Krapkowie | 00:16:39 | 00:35:57 | 00:56:09 | 00:56:06 | 05:36 | | | 49 |
| 58 | 18 | POL | Dyczek Klaudia | 1980 | DYCUZUS TEAM, Zdzeszowice | 00:18:51 | 00:37:52 | 00:56:17 | 00:56:11 | 05:37 | 9 | | |
| 59 | 101 | POL | Klyssek Krzysztof | 1977 | Żedowice | 00:17:27 | 00:36:54 | 00:56:32 | 00:56:27 | 05:39 | | | 50 |
| 60 | 86 | POL | Wójcik Michał | 1982 | Opole | 00:17:50 | 00:36:47 | 00:56:34 | 00:56:31 | 05:39 | | | 51 |
| 61 | 50 | POL | Młynarczyk Edyta | 1993 | Falstart RUDNIKI, Rudniki | 00:18:06 | 00:37:12 | 00:56:35 | 00:56:31 | 05:39 | 10 | | |
| 62 | 81 | POL | Winicka Daria | 1979 | Pyskowie | 00:17:56 | 00:37:03 | 00:56:37 | 00:56:34 | 05:39 | 11 | | |
| 63 | 2 | POL | Banasik Wiesław | 1961 | Morsy na koksie, Zdzeszowice | 00:18:16 | 00:37:26 | 00:56:42 | 00:56:38 | 05:40 | | | 52 |
| 64 | 77 | POL | Świdzka Katarzyna | 1979 | Gmina Izbicko w Biegu, Wrocław | 00:18:52 | 00:37:54 | 00:56:59 | 00:56:54 | 05:41 | 12 | | |
| 65 | 31 | POL | Hudzik Marek | 1995 | Rozmierka | 00:17:11 | 00:37:15 | 00:57:02 | 00:56:55 | 05:42 | | | 53 16 |
| 66 | 23 | POL | Fortuna Marcin | 1982 | Śmigłoteam, Strzelce Opolskie | 00:16:26 | 00:35:28 | 00:57:34 | 00:57:30 | 05:45 | | | 54 17 |
| 67 | 57 | POL | Ochyra Mirosław | 1974 | Opole | 00:18:10 | 00:38:11 | 00:57:55 | 00:57:49 | 05:47 | | | 55 |
| 68 | 104 | POL | Frankowska Justyna | 1981 | Strzelce Opolskie | 00:19:34 | 00:39:27 | 00:58:09 | 00:58:00 | 05:48 | 13 | | 7 |
| 69 | 7 | POL | Barucha Andrzej | 1980 | Opole | 00:18:10 | 00:38:34 | 00:58:59 | 00:58:53 | 05:53 | | | 56 |
| 70 | 90 | POL | Szubrycht Beata | 1971 | Santander Runners Club, Strzelce Opolskie | 00:18:50 | 00:39:17 | 01:00:37 | 01:00:30 | 06:03 | 14 | | 8 |
| 71 | 40 | POL | Kołodziejczyk Marcin | 2000 | Grodków | 00:20:26 | 00:41:06 | 01:00:44 | 01:00:32 | 06:04 | | | 57 |
| 72 | 87 | POL | Zelmanowicz - Słapa Ewa | 1974 | Gmina Izbicko w Biegu, Izbicko | 00:19:28 | 00:40:24 | 01:01:14 | 01:01:11 | 06:07 | 15 | | |
| 73 | 64 | POL | Sabramowicz Piotr | 1952 | Gmina Izbicko w Biegu, Opole | 00:19:32 | 00:40:02 | 01:01:16 | 01:01:11 | 06:07 | | | 58 |
| 74 | 3 | POL | Bańska Kamila | 1998 | Ozimek | 00:19:35 | 00:40:25 | 01:01:38 | 01:01:31 | 06:09 | 16 | | |
| 75 | 60 | POL | Pluszczok Magdalena | 1986 | Gliwice | 00:19:54 | 00:41:05 | 01:01:59 | 01:01:54 | 06:11 | 17 | | |
| 76 | 109 | POL | Ludwig Karol | 1991 | Kurła jak ta meta?!, Zawadzkie | 00:21:25 | 00:42:39 | 01:02:40 | 01:02:30 | 06:16 | | | 59 |
| 77 | 58 | POL | Perdek Urszula | 1999 | Opole | 00:20:29 | 00:41:45 | 01:02:54 | 01:02:46 | 06:17 | 18 | | |
| 78 | 39 | POL | Kolek Roman | 1962 | Dyszka dla Serca, Jemielnica | 00:18:30 | 00:40:21 | 01:03:25 | 01:03:16 | 06:20 | | | 60 |
| 79 | 95 | POL | Walczyk Anna | 1975 | Januszkowice | 00:20:19 | 00:41:38 | 01:03:35 | 01:03:27 | 06:21 | 19 | | |
| 80 | 80 | POL | Wawrzaszek Anna | 1983 | Kędzierzyn-Koźle | 00:20:16 | 00:42:08 | 01:03:43 | 01:03:32 | 06:22 | 20 | | |
| 81 | 111 | POL | Wyleżał Piotr | 1979 | www.projektory.opole.pl, Kędzierzyn-Koźle | 00:20:19 | 00:41:33 | 01:03:43 | 01:03:32 | 06:22 | | | 61 |
| 82 | 53 | POL | Musielok-Weis Ewa | 1973 | Toszek | 00:18:56 | 00:40:35 | 01:03:59 | 01:03:56 | 06:23 | 21 | | |
| 83 | 10 | POL | Czok Jan Paweł | 1982 | Gmina Izbicko w Biegu, Izbicko | 00:20:48 | 00:43:31 | 01:05:50 | 01:05:46 | 06:34 | | | 62 |
| 84 | 14 | POL | Domeredzki Andrzej | 1968 | Strzelce Opolskie | 00:20:21 | 00:42:43 | 01:06:27 | 01:06:18 | 06:38 | | | 63 18 |
| 85 | 88 | POL | Znamirska-Potaczek Sylwia | 1975 | Kotórz Mały | 00:20:35 | 00:43:53 | 01:07:29 | 01:07:25 | 06:44 | 22 | | |
| 86 | 12 | POL | Dąbkowska Monika | 1992 | Strzelce Opolskie | 00:21:24 | 00:44:34 | 01:07:41 | 01:07:33 | 06:46 | 23 | | 9 |
| 87 | 11 | POL | Dąbkowska Iwona | 1971 | Strzelce Opolskie | 00:21:56 | 00:45:07 | 01:08:18 | 01:08:10 | 06:49 | 24 | | 10 |
| 88 | 30 | POL | Hellmann Wioletta | 1979 | Dyszka dla Serca, Jemielnica | 00:22:43 | 00:45:36 | 01:08:51 | 01:07:21 | 06:53 | 25 | | |
| 89 | 47 | POL | Malach Agnieszka | 1990 | Kurła jak ta meta?!, Strzelce Opolskie | 00:21:26 | 00:45:26 | 01:09:24 | 01:09:13 | 06:56 | 26 | | 11 |

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|---------|----------------|------|----------------------------|---------|--|----------|----------|-----------------|------------|-------|----|----|------|
| 90 | 28 | POL | Gwóźdź Dawid | 1991 | Kurła jak ta meta?!, Skorogoszcz | 00:21:26 | 00:45:26 | 01:09:25 | 01:09:14 | 06:56 | | 64 | |
| 91 | 20 | POL | Dziuron Marlena | 1992 | Kurła jak ta meta?!, Barut | 00:21:32 | 00:45:29 | 01:09:25 | 01:09:14 | 06:56 | 27 | | |
| 92 | 71 | POL | Swoboda Tomasz | 1989 | Kurła jak ta meta?!, Szymiszów | 00:21:30 | 00:45:27 | 01:09:25 | 01:09:15 | 06:56 | | 65 | 19 |
| 93 | 108 | POL | Każmierczak Marcin | 1986 | Kurła jak ta meta?!, Lubliniec | 00:21:33 | 00:45:27 | 01:09:25 | 01:09:14 | 06:56 | | 66 | |
| 94 | 1 | POL | Bagiński Łukasz | 1986 | Kurła jak ta meta?!, Lubliniec | 00:21:31 | 00:45:29 | 01:09:26 | 01:09:17 | 06:56 | | 67 | |
| 95 | 37 | POL | Kędzierski Zenon | 1951 | GMINA STRZELCE OPOLSKIE, Strzelce Opolskie | 00:25:10 | 00:51:04 | 01:18:54 | 01:18:45 | 07:53 | | 68 | 20 |
| 96 | 102 | POL | Niedźwiecka Monika | 1980 | Strzelce Opolskie | 00:23:50 | 00:50:41 | 01:19:56 | 01:19:47 | 07:59 | 28 | | 12 |
| 97 | 100 | POL | Romanowicz Adrianna | 1976 | Strzelce Opolskie | 00:23:50 | 00:50:42 | 01:19:57 | 01:19:47 | 07:59 | 29 | | 13 |
| DNF | 79 | POL | Walus Dominika | 1992 | Świętochłowice | 00:22:57 | 00:49:32 | | | | | | |
| DNS | 6 | POL | Barteczko Patrycja | 1983 | Gmina Izbicko w Biegu, Otmice | | | | | | | | |
| DNS | 46 | POL | Majewski Andrzej | 1987 | Kronospan Strzelce Opolskie, Strzelce Opolskie | | | | | | | | |
| DNS | 66 | POL | Schlappa Sebastian | 1976 | Gmina Izbicko w Biegu, Izbicko | | | | | | | | |