



City:	Mietków	Distance:	950m+45km+10,5km
Date:	08.06.2019	Organizer:	Platforma Sportów Wytrzymałościowych, Fundacja Pro Sport Pro Life

































1/4 IM

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
1	568	WILKOWIECKI Robert		POL GVT BMC	94	M / 1	00:12:21 / 3	00:02:07 / 1	01:07:10 / 2	00:00:32 / 1	00:37:03 / 2	01:59:13	00:00:00
2	505	TOCHOWICZ Kasper		POL TRIWISE	95	M / 2	00:14:36 / 8	00:02:24 / 3	01:06:26 / 1	00:00:38 / 2	00:37:41 / 5	02:01:45	00:02:31
3	754	CHMURA Maciej		POL GVT BMC	86	M / 3	00:12:21 / 2	00:02:15 / 2	01:09:21 / 5	00:00:44 / 3	00:38:15 / 9	02:02:56	00:03:43
4	443	RAJCA Michał		POL GVT BMC	90	M / 4	00:15:52 / 30	00:02:37 / 21	01:10:03 / 8	00:00:48 / 7	00:36:55 / 1	02:06:14	00:07:00
5	642	JAKIMIUK Daniel		POL TWISTER TEAM/ NATURAL EPO	93	M / 5	00:16:25 / 48	00:02:26 / 27	01:09:23 / 6	00:00:42 / 5	00:37:46 / 6	02:06:42	00:07:28
6	302	KULESZA Jakub		POL TRIATHLON CLUB	80	M / 6	00:14:52 / 11	00:02:38 / 5	01:10:32 / 9	00:00:41 / 4	00:39:18 / 11	02:08:00	00:08:47
7	686	KOWALCZYK Marek		POL REPREZENTACJA POLSKIEJ POLICJI	78	M / 7	00:15:32 / 21	00:02:43 / 15	01:11:07 / 13	00:01:01 / 11	00:39:42 / 12	02:10:04	00:10:51
8	2	PACHOLAK Marcin		POL LUFT TRI TEAM	88	M / 8	00:15:28 / 20	00:02:57 / 19	01:10:47 / 10	00:00:50 / 9	00:40:13 / 17	02:10:14	00:11:00
9	498	OLSZEWSKI Aleksander		POL GT RAT	86	M / 9	00:15:16 / 17	00:02:37 / 9	01:10:50 / 11	00:00:54 / 8	00:40:47 / 22	02:10:23	00:11:09
10	158	BIRECKI Jakub		POL GT KONA	87	M / 10	00:16:32 / 53	00:02:28 / 30	01:10:54 / 12	00:00:57 / 13	00:41:01 / 23	02:11:52	00:12:38
11	333	STAJNIAK Bartłomiej		POL TRIADA NAMYSŁÓW	91	M / 11	00:15:07 / 13	00:02:45 / 8	01:16:26 / 57	00:00:42 / 28	00:37:14 / 3	02:12:13	00:13:00
12	648	WOJCIK Jurek		POL TRIWISE	84	M / 12	00:16:08 / 38	00:03:01 / 34	01:08:55 / 3	00:01:01 / 6	00:44:25 / 78	02:13:29	00:14:16
13	24	LEWANDOWSKI Maciej		POL #DASHRADE TEAM	89	M / 13	00:16:16 / 43	00:02:34 / 26	01:13:38 / 28	00:00:55 / 19	00:40:46 / 20	02:14:08	00:14:55
14	611	RABENDA Marcin		POL OLAWA ZŁOTORYJA	75	M / 14	00:17:42 / 107	00:03:00 / 73	01:14:11 / 34	00:00:53 / 37	00:38:32 / 10	02:14:18	00:15:05
15	747	KOTFICA Paulina		POL GVT BMC	86	K / 1	00:14:41 / 9	00:02:27 / 4	01:12:10 / 19	00:00:52 / 10	00:44:20 / 74	02:14:30	00:15:16
16	476	KOBUSIŃSKI Adrian		POL FITSTYLE TEAM	87	M / 15	00:18:06 / 133	00:03:03 / 99	01:09:18 / 4	00:01:37 / 15	00:42:51 / 47	02:14:54	00:15:40
17	645	MUSIAŁ Dawid		POL HAGER SPORT TEAM	84	M / 16	00:16:33 / 55	00:03:02 / 45	01:12:58 / 24	00:00:53 / 20	00:41:37 / 28	02:15:02	00:15:48
18	570	MARKIEWICZ Marcin		POL ŻELAZNA ŚWIDNICA	72	M / 17	00:15:14 / 16	00:02:40 / 10	01:11:54 / 17	00:00:59 / 12	00:44:18 / 73	02:15:04	00:15:51
19	655	CEBERAK Bartosz		POL REPREZENTACJA KGP	88	M / 18	00:14:25 / 6	00:03:10 / 6	01:19:08 / 99	00:01:17 / 51	00:37:19 / 4	02:15:19	00:16:05
20	662	MANIAK Adam		POL JELCZ TRIATHLON PROJECT	79	M / 19	00:17:33 / 100	00:02:47 / 63	01:14:01 / 30	00:01:05 / 33	00:40:19 / 18	02:15:45	00:16:31
21	525	KRUPA Adam		POL	79	M / 20	00:16:10 / 39	00:03:05 / 38	01:13:23 / 27	00:01:08 / 22	00:42:23 / 43	02:16:08	00:16:55
22	487	MESSYASZ Krzysztof		POL KP PSP OŁAWA	81	M / 21	00:17:27 / 96	00:02:35 / 58	01:12:42 / 20	00:00:50 / 21	00:42:38 / 45	02:16:12	00:16:58
23	225	KRÓL Maciej		POL TRIWISE TRIATHLON TEAM	95	M / 22	00:15:46 / 27	00:03:15 / 31	01:12:55 / 21	00:00:46 / 17	00:43:46 / 62	02:16:28	00:17:14
24	10	JEDOWSKI Maciej		POL ENDURE TEAM	81	M / 23	00:15:59 / 33	00:03:11 / 35	01:11:34 / 15	00:01:15 / 14	00:44:43 / 88	02:16:42	00:17:28
25	297	ŁUKASZEWICZ Dawid		POL #NARTYOK.PL	87	M / 24	00:15:41 / 25	00:03:52 / 44	01:14:10 / 33	00:01:15 / 27	00:41:45 / 29	02:16:43	00:17:29
26	468	MROCZKOWSKI Karol		POL #DASHRADE TMTEAM	90	M / 25	00:14:45 / 10	00:03:11 / 11	01:15:35 / 47	00:01:05 / 26	00:42:09 / 38	02:16:45	00:17:31
27	458	KENDRA Pavlo		POL TMTEAM	91	M / 26	00:18:43 / 172	00:03:24 / 148	01:13:51 / 29	00:00:41 / 42	00:41:25 / 26	02:18:04	00:18:50

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
28	641	CHROBOT Mariusz		POL TRIMP - TRIATHLON IMPULSE	79	M / 27	00:19:05 / 195	00:02:44 / 137	01:11:50 / 16	00:00:56 / 25	00:43:33 / 58	02:18:07	00:18:53
29	34	WALKOWIAK Dariusz		POL ENERGIAPORT.PL	81	M / 28	00:17:18 / 88	00:03:33 / 77	01:12:07 / 18	00:01:07 / 23	00:44:13 / 68	02:18:18	00:19:04
30	560	SABAT Piotr		POL CKKTRENING.PL	83	M / 29	00:16:40 / 60	00:03:29 / 59	01:16:02 / 54	00:01:36 / 48	00:40:46 / 21	02:18:33	00:19:19
31	685	DOLEŻEK Krystian		POL KWP SZCZECIN	79	M / 30	00:16:04 / 34	00:03:00 / 33	01:14:56 / 40	00:01:12 / 29	00:43:43 / 61	02:18:55	00:19:42
32	683	SZUL Daniel		POL REPREZENTACJA KOMENDY GŁÓWNEJ POLICJI	82	M / 31	00:17:20 / 92	00:03:16 / 71	01:14:28 / 35	00:00:58 / 39	00:42:55 / 48	02:18:57	00:19:44
33	760	BORCZYK Janisz		POL OLIMPIUS		M / 32	00:15:26 / 19	00:02:34 / 12	01:14:02 / 31	00:01:20 / 18	00:45:40 / 106	02:19:01	00:19:48
34	70	SUCHECKI Łukasz		POL	91	M / 33	00:18:13 / 143	00:02:54 / 97	01:16:23 / 56	00:00:54 / 57	00:40:42 / 19	02:19:06	00:19:53
35	737	ŚMIGIELSKI Michał		POL TEAM PAPRY	85	M / 34	00:16:32 / 52	00:02:39 / 36	01:17:03 / 64	00:00:47 / 44	00:42:16 / 40	02:19:16	00:20:03
36	180	WOŁODKO Grzegorz		POL	77	M / 35	00:17:44 / 108	00:03:20 / 92	01:09:28 / 7	00:02:08 / 16	00:46:51 / 140	02:19:30	00:20:17
37	60	STODÓŁKA Szymon		POL LENIWIEC	86	M / 36	00:17:59 / 123	00:02:46 / 75	01:12:56 / 23	00:01:39 / 30	00:44:12 / 67	02:19:32	00:20:18
38	102	CHERNOBRIVENKO Sergey		POL GT RAT	87	M / 37	00:17:53 / 112	00:03:20 / 103	01:16:00 / 53	00:00:44 / 50	00:42:00 / 34	02:19:56	00:20:43
39	256	ŚRODA Michał		POL TMTEAM	85	M / 38	00:18:37 / 167	00:02:43 / 111	01:15:38 / 48	00:01:13 / 54	00:42:05 / 35	02:20:16	00:21:02
40	354	STWORA Dawid		POL POLICJA BIELSKO-BIAŁA	77	M / 39	00:18:26 / 158	00:02:36 / 89	01:18:52 / 94	00:00:37 / 72	00:39:58 / 13	02:20:28	00:21:15
41	235	PYKA Marek		POL CHOP ZE ŻELAZA TRI TEAM	77	M / 40	00:16:56 / 74	00:03:03 / 54	01:16:14 / 55	00:00:56 / 45	00:43:29 / 56	02:20:37	00:21:24
42	620	FOLGA Marek		POL TEAM KARASŃ	75	M / 41	00:16:06 / 36	00:03:54 / 56	01:16:59 / 63	00:01:21 / 55	00:42:20 / 42	02:20:39	00:21:25
43	453	WRZESZCZ Mariusz		POL	91	M / 42	00:16:47 / 64	00:02:39 / 41	01:15:31 / 46	00:00:45 / 35	00:44:59 / 92	02:20:40	00:21:26
44	730	CHOROLEWSKI Paweł		POL TRI DZIK	90	M / 43	00:15:32 / 22	00:02:43 / 16	01:16:40 / 61	00:00:47 / 36	00:45:07 / 94	02:20:49	00:21:35
45	512	GRYCMAN Łukasz		POL SPARTA ULTRA TEAM	78	M / 44	00:16:51 / 70	00:03:32 / 67	01:15:17 / 44	00:00:52 / 41	00:44:33 / 82	02:21:04	00:21:50
46	606	BIALEK Tomasz		POL TRIMP / GT RAT	84	M / 45	00:17:03 / 78	00:03:15 / 61	01:13:12 / 26	00:00:50 / 24	00:46:50 / 139	02:21:09	00:21:56
47	748	BOHATER Piotr		POL REPREZENTACJA KGP	78	M / 46	00:15:57 / 32	00:02:48 / 25	01:16:36 / 59	00:00:54 / 40	00:44:58 / 91	02:21:13	00:21:59
48	597	SAM Verheyden		POL TMTEAM	85	M / 47	00:16:06 / 35	00:02:38 / 23	01:18:58 / 97	00:00:56 / 58	00:42:43 / 46	02:21:20	00:22:07
49	79	MACIUSZEK Łukasz		POL	86	M / 48	00:17:56 / 117	00:02:58 / 81	01:18:07 / 77	00:01:07 / 65	00:41:13 / 25	02:21:20	00:22:07
50	729	KRAWCZYK Bernard		POL TRINERGY	77	M / 49	00:16:50 / 69	00:03:12 / 57	01:14:02 / 32	00:01:37 / 34	00:45:48 / 112	02:21:29	00:22:15
51	519	KARCH Tomasz		POL ŻELAZNA ŚWIDNICA	82	M / 50	00:15:38 / 24	00:02:38 / 17	01:20:13 / 131	00:01:11 / 63	00:41:56 / 31	02:21:35	00:22:22
52	348	KNURA Karol		POL	90	M / 51	00:16:56 / 73	00:02:55 / 51	01:17:17 / 67	00:01:16 / 56	00:43:26 / 53	02:21:49	00:22:36
53	346	RADECKI Maciej		POL GVT	82	M / 52	00:18:28 / 160	00:03:26 / 141	01:14:39 / 38	00:01:07 / 47	00:44:22 / 76	02:22:02	00:22:48
54	612	GRASZA Dariusz		POL GT RAT	75	M / 53	00:17:14 / 85	00:04:02 / 107	01:18:18 / 83	00:01:44 / 82	00:41:05 / 24	02:22:22	00:23:09
55	67	ŚWIERCZEWSKI Piotr		POL	74	M / 54	00:15:37 / 23	00:03:33 / 37	01:14:56 / 39	00:01:14 / 31	00:47:21 / 152	02:22:41	00:23:27
56	404	ZAŁUBSKI Jacek		POL JELCZ TRIATHLON PROJECT	85	M / 55	00:18:53 / 183	00:03:16 / 152	01:17:43 / 74	00:01:01 / 75	00:41:58 / 32	02:22:51	00:23:37
57	414	KURCZYCKI Michał		POL WANIEWSKI COACHING	79	M / 56	00:16:44 / 63	00:02:54 / 48	01:15:18 / 45	00:00:58 / 38	00:47:04 / 144	02:22:57	00:23:43
58	733	MAERTENS Martin		GER	92	M / 57	00:20:39 / 310	00:03:54 / 281	01:13:04 / 25	00:01:05 / 59	00:44:16 / 69	02:22:57	00:23:44
59	669	WILINSKI Lukasz		POL	82	M / 58	00:17:07 / 80	00:02:52 / 55	01:16:45 / 62	00:01:18 / 52	00:45:14 / 97	02:23:15	00:24:01
60	134	NOWOSIELSKI Andrzej		POL KONITEX ANDRZEJ NOWOSIELSKI SP.JW	70	M / 59	00:18:07 / 134	00:02:47 / 82	01:15:13 / 43	00:01:09 / 46	00:46:03 / 116	02:23:18	00:24:05

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
61	557	STRUK Maciej		POL AĘ TRI CLUB		79M40/19	M / 60	00:19:06 / 197	00:03:46 / 186	01:14:57 / 41	00:01:00 / 61	00:44:31 / 81	02:23:19	00:24:06
62	441	LEŚKO Paweł		POL SPORTS FREAKS POLAND		85M30/28	M / 61	00:17:55 / 114	00:03:29 / 114	01:12:56 / 22	00:01:06 / 32	00:48:03 / 170	02:23:28	00:24:15
63	145	STACH Łukasz		POL		86M30/29	M / 62	00:15:48 / 28	00:02:38 / 20	01:21:57 / 166	00:01:07 / 84	00:42:17 / 41	02:23:47	00:24:33
64	108	KUZYNIN Adam		POL EMPOL BIKE TEAM		74M40/20	M / 63	00:17:36 / 103	00:03:29 / 94	01:19:35 / 106	00:01:06 / 88	00:42:10 / 37	02:23:55	00:24:42
65	199	KOCENDA Wojciech		POL PRO-RUN WROCLAW		85M30/30	M / 64	00:19:02 / 191	00:03:02 / 145	01:20:49 / 140	00:00:55 / 118	00:40:11 / 15	02:23:59	00:24:45
66	558	MAŁECKI Mateusz		POL 111.KEGEL.PL		82M30/31	M / 65	00:22:02 / 417	00:03:52 / 358	01:15:05 / 42	00:01:11 / 92	00:41:54 / 30	02:24:03	00:24:50
67	559	MACIEJEWSKI Karol		POL GT RAT		82M30/32	M / 66	00:18:03 / 128	00:03:01 / 91	01:14:36 / 37	00:01:21 / 43	00:47:03 / 145	02:24:03	00:24:50
68	731	JANUSZ Izabela		POL		94K20/1	K / 2	00:16:19 / 46	00:02:58 / 39	01:17:36 / 73	00:00:59 / 49	00:46:14 / 122	02:24:06	00:24:52
69	218	WACHOWSKI Łukasz		POL SHOOTING DRILL ACADEMY		83M30/33	M / 67	00:19:21 / 215	00:03:03 / 169	01:16:38 / 60	00:01:24 / 71	00:44:07 / 64	02:24:32	00:25:19
70	507	ŚLIWA Krzysztof		POL NIEGRZECZNE MTB		81M30/34	M / 68	00:17:17 / 87	00:03:16 / 70	01:18:33 / 88	00:01:11 / 68	00:44:23 / 77	02:24:40	00:25:26
71	675	TRZUPEK Michał		POL KPP CZŁUCHÓW		82M30/35	M / 69	00:20:48 / 320	00:03:05 / 234	01:20:05 / 125	00:00:54 / 135	00:40:12 / 16	02:25:04	00:25:51
72	120	JUSZCZYŃSKI Robert		POL PAN		96M20/14	M / 70	00:15:41 / 26	00:03:12 / 28	01:19:30 / 105	00:01:07 / 62	00:45:44 / 108	02:25:13	00:26:00
73	403	JASICZEK Radek		POL GLKS ŻELAZNA ŚWIDNICA		79M40/21	M / 71	00:17:10 / 84	00:03:12 / 66	01:18:51 / 93	00:01:02 / 67	00:45:03 / 93	02:25:17	00:26:04
74	217	MARTYNOWSKI Łukasz		POL		82M30/36	M / 72	00:17:01 / 75	00:03:21 / 65	01:18:57 / 96	00:01:33 / 74	00:44:38 / 83	02:25:29	00:26:16
75	534	HAJNOS-MAŁECKA Maria		POL SLOWMOTION 111.KEGEL.PL		84K30/2	K / 3	00:17:03 / 77	00:03:10 / 60	01:20:02 / 121	00:01:12 / 83	00:44:07 / 65	02:25:34	00:26:20
76	260	KARPIEWSKI Łukasz		POL LAB. KROTOSZYN		88M30/37	M / 73	00:18:17 / 148	00:00:9 / 14	01:27:30 / 299	00:02:06 / 181	00:37:55 / 7	02:25:38	00:26:25
77	226	SŁOMCZYŃSKI Bartosz		POL GT KONA		78M40/22	M / 74	00:18:16 / 145	00:02:52 / 98	01:17:47 / 75	00:01:16 / 66	00:45:30 / 102	02:25:40	00:26:27
78	407	ZAWADZKI Tomasz		POL		84M30/38	M / 75	00:18:51 / 176	00:04:02 / 188	01:17:04 / 65	00:01:15 / 81	00:44:41 / 84	02:25:53	00:26:39
79	283	WOJCIESZKO Piotr		POL GVT		81M30/39	M / 76	00:18:26 / 157	00:03:05 / 122	01:20:14 / 133	00:01:10 / 103	00:43:26 / 54	02:26:21	00:27:07
80	365	JACHIMIAK Michał		POL		00M18/1	M / 77	00:18:18 / 150	00:02:57 / 106	01:19:48 / 114	00:01:46 / 100	00:43:36 / 59	02:26:25	00:27:11
81	161	DZIEMBOWSKI Łukasz		POL TMTEAM		84M30/40	M / 78	00:18:52 / 179	00:03:26 / 165	01:17:25 / 69	00:00:53 / 73	00:46:12 / 120	02:26:47	00:27:33
82	529	BORAL Hubert		POL WWW.EXPRESSION.PL WWW.POL-PAPIER.PL		82M30/41	M / 79	00:19:15 / 206	00:03:24 / 179	01:17:26 / 70	00:00:55 / 79	00:45:56 / 114	02:26:55	00:27:42
83	640	JANISZEWSKI Wojciech		POL TRIWISE		88M30/42	M / 80	00:16:12 / 40	00:03:35 / 50	01:23:01 / 192	00:01:07 / 119	00:43:01 / 50	02:26:56	00:27:42
84	538	WENDLAND Paweł		POL		80M30/43	M / 81	00:21:32 / 384	00:03:46 / 332	01:18:29 / 85	00:01:21 / 140	00:41:59 / 33	02:27:07	00:27:53
85	262	HADRYŚ Tomasz		POL TMTEAM		87M30/44	M / 82	00:18:25 / 155	00:03:24 / 138	01:22:06 / 171	00:01:06 / 139	00:42:07 / 36	02:27:07	00:27:54
86	31	DUDA Dorian		POL GT RAT		92M20/15	M / 83	00:19:08 / 199	00:03:13 / 168	01:18:10 / 79	00:01:06 / 85	00:45:33 / 105	02:27:09	00:27:56
87	122	ANDRZEJCZAK Adam		POL 3M TRIATHLON TEAM		85M30/45	M / 84	00:17:18 / 89	00:04:22 / 127	01:20:07 / 129	00:01:03 / 101	00:44:21 / 75	02:27:10	00:27:57
88	636	GRYSZLEWICZ Paweł		POL GVT		87M30/46	M / 85	00:17:58 / 120	00:03:01 / 85	01:17:50 / 76	00:01:12 / 64	00:47:18 / 149	02:27:19	00:28:06
89	644	ZADKA Paweł		POL OLEŚNICKA GRUPA TRIATHLONOWA		86M30/47	M / 86	00:18:15 / 144	00:03:29 / 131	01:19:11 / 102	00:01:17 / 93	00:45:16 / 99	02:27:28	00:28:14
90	530	SLIWA Maciej		POL FGPE TEAM		83M30/48	M / 87	00:17:42 / 106	00:03:20 / 88	01:18:50 / 92	00:01:55 / 89	00:45:45 / 110	02:27:31	00:28:18
91	660	KOCZAJEWSKI Seweryn		POL		76M40/23	M / 88	00:16:17 / 44	00:03:12 / 43	01:21:21 / 153	00:01:03 / 90	00:45:43 / 107	02:27:36	00:28:23
92	37	OLENDER Grzegorz		POL		78M40/24	M / 89	00:17:25 / 94	00:04:08 / 125	01:19:53 / 117	00:00:53 / 96	00:45:18 / 100	02:27:36	00:28:23
93	66	KUBICZEK Grzegorz		POL		85M30/49	M / 90	00:20:54 / 329	00:03:22 / 259	01:19:45 / 113	00:01:08 / 143	00:42:33 / 44	02:27:41	00:28:27

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
94	749	KOSICKI Radosław		POL		M / 91	00:17:04 / 79	00:03:16 / 62	01:19:36 / 107	00:01:01 / 78	00:46:47 / 138	02:27:43	00:28:30
95	279	KUBIAK Przemysław		POL PRO-RUN WROCLAW		72M40/25	00:20:10 / 271	00:03:47 / 238	01:18:12 / 80	00:01:21 / 112	00:44:30 / 80	02:28:00	00:28:46
96	688	CUPA Ireneusz		POL KWP BYDGOSZCZ		73M40/26	00:18:34 / 165	00:03:42 / 162	01:16:35 / 58	00:01:32 / 70	00:47:42 / 157	02:28:05	00:28:51
97	482	KONCZAK Waldek		POL VALDISPORT		82M30/50	00:14:52 / 12	00:03:15 / 13	01:19:48 / 115	00:00:47 / 60	00:49:28 / 223	02:28:10	00:28:56
98	665	WIŚNIEWSKI Krzysztof		POL KSP REPREZENTACJA KGP		89M30/51	00:17:25 / 93	00:04:16 / 128	01:22:14 / 175	00:01:14 / 142	00:43:03 / 51	02:28:12	00:28:58
99	212	BORKOWSKI Paweł		POL KOLARZ POLANICA		87M30/52	00:20:13 / 275	00:02:25 / 178	01:20:05 / 127	00:01:13 / 120	00:44:17 / 71	02:28:13	00:28:59
100	182	MATEUSIAK Tomasz		POL		79M40/27	00:20:13 / 276	00:04:25 / 288	01:18:43 / 91	00:01:16 / 130	00:43:37 / 60	02:28:14	00:29:01
101	325	LICHACZ Miłosz		POL		83M30/53	00:17:53 / 113	00:03:12 / 93	01:18:56 / 95	00:01:38 / 86	00:46:37 / 133	02:28:16	00:29:02
102	450	SZCZĘSNY Filip		POL GVT		75M40/28	00:19:39 / 232	00:03:44 / 209	01:18:08 / 78	00:01:20 / 102	00:45:31 / 103	02:28:21	00:29:08
103	387	KLAPUCH Michał		POL		80M30/54	00:17:59 / 121	00:03:31 / 121	01:20:03 / 122	00:01:23 / 104	00:45:33 / 104	02:28:29	00:29:15
104	309	HCAVATIK Jan		CZE RACING OLESNA		85M30/55	00:24:50 / 534	00:06:02 / 552	01:14:31 / 36	00:01:44 / 168	00:41:30 / 27	02:28:37	00:29:23
105	438	SURMAŃSKI Jacek		POL PANORAMA FIRM TRI TEAM		80M30/56	00:18:51 / 177	00:03:21 / 155	01:17:11 / 66	00:01:31 / 76	00:47:48 / 163	02:28:42	00:29:28
106	166	SEREDYŃSKI Przemysław		POL SZKROBASY		82M30/57	00:17:33 / 98	00:03:11 / 74	01:19:23 / 103	00:00:50 / 77	00:48:05 / 171	02:29:01	00:29:47
107	668	KORPECKI Krzysztof		POL		82M30/58	00:19:46 / 243	00:03:04 / 185	01:19:30 / 104	00:00:55 / 107	00:45:49 / 113	02:29:04	00:29:50
108	298	LIPUTA Grzesiek		POL BACKRUNNERS WROCLAW		89M30/59	00:20:37 / 303	00:04:36 / 322	01:18:30 / 86	00:02:33 / 155	00:43:05 / 52	02:29:20	00:30:06
109	27	PAPIERSKI Tomasz		POL		74M40/29	00:18:58 / 190	00:03:39 / 177	01:20:28 / 136	00:01:06 / 123	00:45:15 / 98	02:29:25	00:30:12
110	650	KIELAR Mirosław		POL GVT		78M40/30	00:17:33 / 99	00:03:18 / 78	01:19:44 / 111	00:01:07 / 87	00:47:46 / 161	02:29:28	00:30:14
111	509	ADAMIAK Jakub		POL LITWIN TRIATHLON TEAM		88M30/60	00:17:20 / 90	00:03:33 / 79	01:21:40 / 158	00:00:51 / 109	00:46:08 / 119	02:29:31	00:30:17
112	572	MARKOWSKI Wojciech		POL MARCUS TEAM		83M30/61	00:25:08 / 548	00:03:51 / 500	01:15:54 / 50	00:01:07 / 150	00:43:32 / 57	02:29:32	00:30:18
113	269	JANUSZKO Krzysztof		POL GLKS ŻELAZNA ŚWIDNICA		82M30/62	00:16:49 / 67	00:03:04 / 52	01:23:01 / 191	00:01:38 / 126	00:45:08 / 95	02:29:39	00:30:26
114	164	FUTOMA Rafał		POL FUTEREK TEAM		79M40/31	00:17:36 / 102	00:03:27 / 90	01:21:13 / 150	00:00:54 / 106	00:46:33 / 130	02:29:42	00:30:29
115	329	HALSKA Ania		POL ENDURE TEAM		84K30/3	00:17:29 / 97	00:03:46 / 105	01:22:05 / 170	00:01:13 / 127	00:45:11 / 96	02:29:44	00:30:30
116	659	FIEDOROW Szymon		POL		73M40/32	00:18:18 / 147	00:03:29 / 133	01:19:49 / 116	00:01:49 / 110	00:46:24 / 127	02:29:48	00:30:35
117	35	GRZEGORCZYK Patryk		POL		83M30/63	00:18:55 / 185	00:03:20 / 161	01:20:35 / 139	00:00:56 / 117	00:46:04 / 117	02:29:49	00:30:36
118	363	ŚWIĘCICKI Daniel		POL		79M40/33	00:18:11 / 139	00:04:57 / 197	01:23:17 / 200	00:01:12 / 178	00:42:15 / 39	02:29:51	00:30:38
119	104	SKOREK Magda		POL		84K30/4	00:18:27 / 159	00:02:53 / 112	01:21:16 / 152	00:00:50 / 111	00:46:39 / 135	02:30:05	00:30:52
120	357	KONDRACKI Łukasz		POL		83M30/64	00:16:14 / 41	00:03:22 / 47	01:21:23 / 154	00:01:23 / 98	00:47:45 / 160	02:30:07	00:30:53
121	591	KOWAL Boris		FRA		86M30/65	00:16:29 / 50	00:03:29 / 53	01:19:45 / 112	00:01:23 / 80	00:49:19 / 215	02:30:24	00:31:11
122	480	FOJTAR Zbigniew		POL EL TORO LOCO		72M40/34	00:16:38 / 59	00:04:39 / 109	01:18:28 / 84	00:02:19 / 91	00:48:28 / 185	02:30:32	00:31:18
123	277	BIRECKI Michał		POL GT KONA		94M20/16	00:17:59 / 122	00:03:01 / 86	01:15:58 / 52	00:01:11 / 53	00:52:24 / 314	02:30:33	00:31:20
124	682	SZELIŃSKI Adam		POL KGP		72M40/35	00:18:41 / 170	00:02:52 / 124	01:21:05 / 145	00:01:29 / 122	00:46:29 / 129	02:30:36	00:31:22
125	201	BIELAWSKI Damian		POL RAGABA MEBLE TEAM		80M30/66	00:17:10 / 83	00:03:45 / 83	01:19:59 / 119	00:01:20 / 94	00:48:26 / 184	02:30:39	00:31:25
126	29	GLÓD Mateusz		POL		79M40/36	00:19:34 / 228	00:03:50 / 211	01:19:40 / 109	00:02:56 / 149	00:44:42 / 86	02:30:42	00:31:28
127	755	ANTOSIEK Tomasz		POL TMTEAM		M / 122	00:20:06 / 268	00:03:34 / 223	01:20:31 / 138	00:00:58 / 141	00:45:45 / 111	02:30:53	00:31:39

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
128	434	KORZEŃ Artur		POL JELCZ TRIATHLON PROJECT	76M40/37	M / 123	00:19:35 / 229	00:03:46 / 208	01:23:10 / 196	00:01:25 / 187	00:42:58 / 49	02:30:53	00:31:40
129	147	TROKA Paweł		POL KPP CZŁUCHÓW	86M30/67	M / 124	00:15:07 / 14	00:02:33 / 7	01:28:12 / 324	00:00:42 / 161	00:44:26 / 79	02:30:59	00:31:46
130	595	LEŚNIAK Karolina		POL TMTEAM	83K30/5	K / 6	00:19:02 / 192	00:02:56 / 142	01:21:45 / 162	00:01:15 / 138	00:46:04 / 118	02:31:02	00:31:49
131	427	NOLBERT Adam		POL	70M40/38	M / 125	00:17:45 / 109	00:04:03 / 135	01:23:09 / 195	00:01:28 / 159	00:44:43 / 87	02:31:08	00:31:54
132	511	HARTMAN Patrycjusz		POL	82M30/68	M / 126	00:20:37 / 301	00:03:14 / 228	01:19:37 / 108	00:01:25 / 136	00:46:19 / 125	02:31:12	00:31:58
133	518	WYDMUCH Marek		POL	62M50/1	M / 127	00:17:08 / 82	00:03:38 / 76	01:20:28 / 137	00:01:32 / 99	00:48:39 / 189	02:31:25	00:32:11
134	417	ŁĄŻNIEWSKI Dawid		POL KUDOWIANKA CYKLON PROAL TEAM	87M30/69	M / 128	00:20:39 / 307	00:03:40 / 262	01:19:07 / 98	00:02:11 / 146	00:45:56 / 115	02:31:32	00:32:19
135	281	SZCZUROWSKI Mariusz		POL MIŁO3 BYTOM ODRZAŃSKI	84M30/70	M / 129	00:19:41 / 239	00:03:39 / 205	01:20:03 / 123	00:01:31 / 137	00:46:58 / 143	02:31:51	00:32:38
136	584	GŁÓWKA Paweł		POL TMTEAM	91M20/17	M / 130	00:20:46 / 318	00:03:05 / 230	01:20:13 / 132	00:01:13 / 144	00:46:40 / 136	02:31:57	00:32:43
137	45	MAREK Rafał		POL KT ŻYWIEC, SPPP BIELSKO-BIAŁA	92M20/18	M / 131	00:22:18 / 428	00:04:15 / 392	01:20:07 / 128	00:01:06 / 184	00:44:12 / 66	02:31:58	00:32:44
138	94	BOROWIK Marcin		POL	79M40/39	M / 132	00:20:03 / 264	00:03:51 / 236	01:19:42 / 110	00:01:09 / 134	00:47:16 / 147	02:32:00	00:32:47
139	278	GRYGIEL Leszek		POL PRO-RUN WROCŁAW	69M50/2	M / 133	00:21:02 / 347	00:03:37 / 290	01:18:42 / 90	00:01:21 / 133	00:47:21 / 151	02:32:02	00:32:49
140	501	PROMIRSKI Norbert		POL RH SWIM WROCŁAW	71M40/40	M / 134	00:21:23 / 372	00:03:07 / 278	01:22:49 / 189	00:00:54 / 191	00:43:51 / 63	02:32:04	00:32:50
141	129	PIĄTKOWSKI Marcin		POL GIRA SIĘ KRĘCI	83M30/71	M / 135	00:18:29 / 161	00:03:37 / 147	01:20:18 / 134	00:01:55 / 124	00:47:49 / 164	02:32:07	00:32:54
142	392	FONROBERT Dominik		POL GT RAT	77M40/41	M / 136	00:20:12 / 274	00:03:41 / 235	01:18:17 / 82	00:01:13 / 108	00:49:11 / 209	02:32:34	00:33:20
143	138	BARAN Jarosław		POL TRIACTIV RIDLEY	74M40/42	M / 137	00:19:18 / 210	00:03:08 / 171	01:21:06 / 147	00:01:02 / 129	00:48:10 / 174	02:32:44	00:33:30
144	495	WIŚNIEWSKI Piotr		POL GVT	72M40/43	M / 138	00:16:47 / 66	00:03:50 / 72	01:21:54 / 165	00:01:14 / 116	00:49:10 / 208	02:32:54	00:33:41
145	1	SIPURZYŃSKI Marcin		POL TMTEAM	81M30/72	M / 139	00:19:08 / 200	00:03:42 / 184	01:18:12 / 81	00:01:14 / 95	00:50:50 / 264	02:33:05	00:33:51
146	68	KRZESAJ Mariusz		POL MULTIFIT	85M30/73	M / 140	00:18:45 / 173	00:03:28 / 156	01:21:01 / 142	00:01:28 / 132	00:48:24 / 181	02:33:05	00:33:52
147	478	KAUCKA Alicja		POL	88K30/6	K / 7	00:18:43 / 171	00:03:31 / 160	01:22:37 / 184	00:01:07 / 148	00:47:09 / 146	02:33:07	00:33:53
148	676	ŁOZIŃSKI Wojciech		POL	77M40/44	M / 141	00:19:33 / 227	00:04:16 / 227	01:18:34 / 89	00:01:16 / 114	00:49:29 / 225	02:33:08	00:33:54
149	647	CHYLARECKI Robert		POL GVT	69M50/3	M / 142	00:19:19 / 211	00:03:15 / 174	01:20:21 / 135	00:01:10 / 121	00:49:38 / 232	02:33:42	00:34:28
150	670	KLIMCZAK Marcin		POL TMTEAM	75M40/45	M / 143	00:22:43 / 450	00:03:19 / 374	01:17:27 / 71	00:01:04 / 128	00:49:31 / 226	02:34:04	00:34:50
151	516	ZALEWSKI Igor		POL TRIATHLON CLUB WROCŁAW		M / 144	00:20:30 / 296	00:03:52 / 267	01:23:36 / 207	00:01:26 / 214	00:44:41 / 85	02:34:05	00:34:52
152	259	SZCZEPANIK Robert		POL	73M40/46	M / 145	00:21:22 / 371	00:05:33 / 405	01:27:41 / 302	00:01:51 / 338	00:37:59 / 8	02:34:26	00:35:12
153	332	DURMAJ Bartek		POL LITWIN TRIATHLON TEAM	84M30/74	M / 146	00:18:33 / 163	00:03:11 / 130	01:23:34 / 206	00:01:58 / 171	00:47:21 / 150	02:34:36	00:35:23
154	193	GORLOWSKI Emil		POL ŻELAZNA ŚWIDNICA	79M40/47	M / 147	00:20:19 / 283	00:03:05 / 212	01:19:10 / 100	00:00:31 / 105	00:51:38 / 288	02:34:42	00:35:29
155	452	RECZUCH Tomek		POL	76M40/48	M / 148	00:16:54 / 71	00:03:59 / 80	01:24:10 / 213	00:01:43 / 163	00:48:13 / 176	02:34:59	00:35:46
156	287	LASSOTA Artur		POL	69M50/4	M / 149	00:18:39 / 169	00:03:34 / 157	01:19:11 / 101	00:02:18 / 115	00:51:20 / 282	02:35:02	00:35:48
157	163	TACIAK Robert		POL WTT	85M30/75	M / 150	00:22:17 / 426	00:04:00 / 381	01:15:57 / 51	00:01:24 / 113	00:51:38 / 287	02:35:16	00:36:02
158	586	MASŁOWSKI Michał		POL TMTEAM	75M40/49	M / 151	00:17:46 / 110	00:03:50 / 126	01:25:09 / 236	00:01:19 / 190	00:47:23 / 153	02:35:26	00:36:12
159	384	KUBICKI Tomasz		POL KUBISIA TEAM OLEŚNICA ,OLEŚNICKA GRUPA TRIATHLONOWA	69M50/5	M / 152	00:18:24 / 152	00:03:46 / 153	01:22:52 / 190	00:01:15 / 156	00:49:16 / 212	02:35:32	00:36:19
160	143	CUBER Piotr		POL CTS/KSP	78M40/50	M / 153	00:21:02 / 348	00:03:38 / 291	01:24:52 / 228	00:01:48 / 248	00:44:17 / 70	02:35:37	00:36:23

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
161	46	IDZIKOWSKI Maciej		POL		90M20/19	M / 154	00:17:37 / 104	00:03:43 / 110	01:21:59 / 167	00:01:20 / 131	00:50:59 / 272	02:35:37	00:36:23
162	364	ŚWIĘCICKI Piotr		POL		80M30/76	M / 155	00:22:23 / 431	00:03:46 / 376	01:22:48 / 188	00:01:16 / 223	00:45:28 / 101	02:35:41	00:36:28
163	383	LACH Sebastian		POL UKS ZNICZ TRIATHLON		76M40/51	M / 156	00:20:19 / 282	00:03:55 / 258	01:21:41 / 159	00:01:54 / 185	00:47:53 / 166	02:35:41	00:36:28
164	581	TARNOWSKI Adrian		POL COLLINS AEROSPACE		94M20/20	M / 157	00:18:57 / 188	00:04:29 / 215	01:27:28 / 297	00:01:33 / 268	00:43:29 / 55	02:35:55	00:36:42
165	469	ŻURKOWSKI Daniel		POL GT RAT		88M30/77	M / 158	00:20:11 / 272	00:03:40 / 231	01:21:32 / 155	00:01:13 / 162	00:49:22 / 220	02:35:58	00:36:44
166	288	LIS Rafał		POL TRIATHLON CLUB WROCLAW		74M40/52	M / 159	00:19:54 / 255	00:04:13 / 249	01:21:05 / 146	00:01:51 / 166	00:48:58 / 199	02:36:01	00:36:47
167	204	NASKRĘTSKI Andrzej		POL		79M40/53	M / 160	00:18:34 / 166	00:03:44 / 166	01:24:20 / 216	00:01:08 / 182	00:48:21 / 179	02:36:06	00:36:53
168	318	NOWAKOWSKI Jakub		POL SWIMMINGLAB		93M20/21	M / 161	00:15:09 / 15	00:03:45 / 29	01:24:32 / 221	00:01:52 / 145	00:50:52 / 269	02:36:09	00:36:55
169	728	BANASIK Wojciech		POL		87M30/78	M / 162	00:18:02 / 127	00:04:01 / 144	01:22:29 / 182	00:01:24 / 147	00:50:16 / 250	02:36:12	00:36:58
170	528	BORAL Piotr		POL		81M30/79	M / 163	00:17:56 / 119	00:03:33 / 119	01:23:31 / 203	00:01:14 / 154	00:49:59 / 242	02:36:12	00:36:59
171	289	KWINTA Sławomir		POL GT RAT		77M40/54	M / 164	00:19:24 / 219	00:03:37 / 193	01:23:30 / 201	00:00:59 / 176	00:48:45 / 191	02:36:15	00:37:02
172	436	KOTRA Jacek		POL WATACHA		81M30/80	M / 165	00:17:41 / 105	00:03:50 / 123	01:24:31 / 220	00:01:29 / 177	00:48:47 / 194	02:36:18	00:37:05
173	306	LEWICKI Łukasz		POL JELCZ TRIATHLON PROJECT		79M40/55	M / 166	00:20:50 / 327	00:03:57 / 292	01:23:02 / 193	00:01:38 / 215	00:46:55 / 141	02:36:21	00:37:07
174	123	ŁESEJKO Mateusz		POL		79M40/56	M / 167	00:18:58 / 189	00:04:06 / 196	01:21:14 / 151	00:01:52 / 152	00:50:16 / 249	02:36:26	00:37:12
175	738	MICHALSKI Jakub		POL		94M20/22	M / 168	00:18:55 / 184	00:04:33 / 216	01:22:12 / 174	00:01:27 / 167	00:49:42 / 234	02:36:49	00:37:35
176	91	PIETRZYK Piotr		POL TRIFAMILY		84M30/81	M / 169	00:19:45 / 242	00:02:24 / 150	01:25:10 / 237	00:01:00 / 193	00:48:31 / 187	02:36:50	00:37:36
177	114	GÓRSKI Łukasz		POL		82M30/82	M / 170	00:18:22 / 151	00:03:26 / 134	01:25:09 / 235	00:00:57 / 186	00:49:03 / 202	02:36:56	00:37:43
178	605	KRUPINSKI Jakub		POL TMTEAM / EDI-TEAM		84M30/83	M / 171	00:19:49 / 245	00:03:43 / 220	01:27:47 / 309	00:01:21 / 273	00:44:18 / 72	02:36:57	00:37:44
179	744	RADKO Krystian		POL GVT		76M40/57	M / 172	00:17:55 / 116	00:03:29 / 115	01:17:33 / 72	00:01:25 / 69	00:56:41 / 447	02:37:02	00:37:49
180	300	WORONOWICZ Konrad		POL MORSY OŚNO LUBUSKIE		91M20/23	M / 173	00:18:56 / 186	00:03:10 / 146	01:24:22 / 217	00:00:57 / 174	00:49:38 / 231	02:37:02	00:37:49
181	23	RABSKI Tomek		POL		88M30/84	M / 174	00:19:39 / 234	00:04:32 / 253	01:25:19 / 240	00:01:13 / 235	00:46:23 / 126	02:37:06	00:37:52
182	419	LEWANDOWSKI Wojciech		POL TMTEAM		84M30/85	M / 175	00:19:22 / 217	00:03:46 / 198	01:25:25 / 244	00:02:25 / 241	00:46:12 / 121	02:37:10	00:37:56
183	62	SUCHY Przemek		POL TMT		77M40/58	M / 176	00:20:55 / 330	00:04:35 / 340	01:22:00 / 169	00:01:20 / 200	00:48:24 / 180	02:37:13	00:38:00
184	496	ORŁOWSKI Kamil		POL PIK		85M30/86	M / 177	00:20:16 / 277	00:03:43 / 239	01:22:21 / 181	00:01:27 / 183	00:49:37 / 230	02:37:23	00:38:09
185	112	ŚCIGAŁA Waldemar		POL		74M40/59	M / 178	00:16:23 / 47	00:04:43 / 95	01:25:51 / 253	00:01:16 / 192	00:49:12 / 210	02:37:24	00:38:11
186	494	JAWORSKI Piotr		POL		86M30/87	M / 179	00:19:18 / 208	00:04:33 / 229	01:24:10 / 214	00:01:07 / 208	00:48:26 / 183	02:37:33	00:38:20
187	546	BOGUCKI Oskar		POL ŻARY TRIATHLON TEAM		74M40/60	M / 180	00:16:15 / 42	00:03:09 / 40	01:28:43 / 337	00:01:21 / 217	00:48:07 / 173	02:37:35	00:38:21
188	95	KSIĘŻAREK Łukasz		POL		81M30/88	M / 181	00:20:58 / 333	00:04:21 / 331	01:22:00 / 168	00:01:03 / 194	00:49:23 / 221	02:37:44	00:38:30
189	292	KITKOWSKI Arkadiusz		POL SUPERSNOW		76M40/61	M / 182	00:21:11 / 359	00:03:25 / 284	01:21:44 / 161	00:01:03 / 173	00:50:26 / 254	02:37:48	00:38:35
190	149	NOWAK Adam		POL		85M30/89	M / 183	00:18:03 / 129	00:03:07 / 101	01:25:18 / 239	00:00:59 / 175	00:50:31 / 258	02:37:58	00:38:44
191	48	PACUŁA Paweł		POL TEAMKARAS		78M40/62	M / 184	00:18:11 / 138	00:03:32 / 129	01:22:18 / 178	00:02:12 / 153	00:51:47 / 292	02:38:00	00:38:46
192	740	STERMACH Irek		POL		61M50/6	M / 185	00:20:16 / 278	00:03:58 / 257	01:24:00 / 212	00:01:49 / 221	00:48:00 / 169	02:38:02	00:38:49
193	261	ŚREDZIŃSKI Łukasz		POL GT RAT		79M40/63	M / 186	00:16:37 / 58	00:03:09 / 49	01:27:11 / 287	00:01:51 / 199	00:49:18 / 214	02:38:05	00:38:52
194	610	GRESZTA Piotr		POL TMTEAM		75M40/64	M / 187	00:19:22 / 216	00:03:52 / 201	01:24:44 / 223	00:01:09 / 206	00:49:01 / 201	02:38:08	00:38:54

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rowler Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
195	672	CZECHOWSKI Paweł		POL IPA WROCLAW	79	M / 188	00:18:04 / 130	00:04:09 / 158	01:26:30 / 273	00:01:11 / 219	00:48:17 / 177	02:38:10	00:38:57
196	531	HOLYST Andrzej		POL AKTYWNA NOWA RUDA	81	M / 189	00:20:43 / 315	00:04:15 / 305	01:23:15 / 197	00:01:00 / 210	00:49:04 / 203	02:38:17	00:39:03
197	465	KUROWSKI Adam		POL LTT	74	M / 190	00:19:57 / 257	00:04:17 / 256	01:24:54 / 230	00:01:33 / 234	00:47:43 / 158	02:38:24	00:39:10
198	28	MICHALAK Wojtek		POL	83	M / 191	00:19:40 / 235	00:03:14 / 189	01:23:44 / 210	00:01:04 / 180	00:50:47 / 263	02:38:28	00:39:15
199	632	PAPROCKI Przemek		POL DECATHLON BIELANY WROCLAWSKIE	86	M / 192	00:23:55 / 500	00:03:22 / 427	01:19:57 / 118	00:01:38 / 201	00:49:48 / 240	02:38:39	00:39:26
200	121	ROMAŃCZYK Jarosław		POL HURAGAN	77	M / 193	00:19:13 / 204	00:04:00 / 200	01:26:11 / 266	00:01:30 / 238	00:47:46 / 162	02:38:39	00:39:26
201	444	PIETYSZUK Dariusz		POL PIETYSZUK EXTREME TEAM	77	M / 194	00:21:19 / 365	00:04:35 / 361	01:23:32 / 205	00:01:23 / 237	00:47:53 / 167	02:38:41	00:39:27
202	370	WŁODARCZYK Wiktor		POL JAS-KÓŁKA	94	M / 195	00:20:32 / 298	00:04:40 / 320	01:22:21 / 180	00:01:42 / 211	00:49:33 / 227	02:38:47	00:39:33
203	175	KUROWSKI Wojciech		POL TRIACTIV RIDLEY	80	M / 196	00:19:51 / 251	00:04:31 / 266	01:20:09 / 130	00:01:37 / 151	00:52:50 / 331	02:38:57	00:39:44
204	736	MICHALIK Konrad		POL KSR NOWY TOMYŚL	85	M / 197	00:19:27 / 223	00:04:29 / 237	01:20:05 / 124	00:02:17 / 157	00:52:47 / 330	02:39:05	00:39:51
205	232	ZATOŃ Cezary		POL TRIACTIV RIDLEY	81	M / 198	00:24:51 / 535	00:03:31 / 482	01:21:02 / 143	00:00:58 / 224	00:48:46 / 193	02:39:08	00:39:54
206	248	CIKOTO Krzysztof		POL	79	M / 199	00:18:57 / 187	00:04:51 / 226	01:26:09 / 265	00:01:52 / 258	00:47:24 / 154	02:39:13	00:40:00
207	336	DZIUBA Dariusz		POL NO NAME	77	M / 200	00:17:07 / 81	00:04:05 / 102	01:25:54 / 257	00:01:28 / 197	00:50:45 / 261	02:39:18	00:40:05
208	391	SEMPIK Robert		POL PRO-RUN WROCLAW	73	M / 201	00:19:58 / 259	00:04:26 / 270	01:24:57 / 232	00:01:26 / 236	00:48:35 / 188	02:39:21	00:40:08
209	432	NOWAK Adam		POL TAB2	76	M / 202	00:19:05 / 196	00:03:40 / 181	01:25:38 / 249	00:02:17 / 233	00:48:48 / 195	02:39:28	00:40:14
210	504	POSZELEZNY Dariusz		POL JTENDO	74	M / 203	00:21:08 / 353	00:03:45 / 297	01:23:54 / 211	00:02:17 / 242	00:48:29 / 186	02:39:33	00:40:19
211	545	MINKINA Maciej		POL	87	M / 204	00:19:40 / 236	00:03:45 / 213	01:22:36 / 183	00:01:17 / 172	00:52:25 / 315	02:39:43	00:40:29
212	520	NOWICKI Kacper		POL	96	M / 205	00:26:42 / 580	00:03:45 / 542	01:17:20 / 68	00:01:07 / 202	00:50:51 / 266	02:39:45	00:40:31
213	502	MŁYNARCZUK Marcin		POL	83	M / 206	00:21:01 / 344	00:04:56 / 366	01:21:33 / 156	00:01:18 / 198	00:51:01 / 274	02:39:48	00:40:35
214	751	KULIŚ Jakub		POL RAFAKO TRITEAM	90	M / 207	00:17:54 / 115	00:04:15 / 151	01:25:55 / 256	00:01:02 / 205	00:50:44 / 260	02:39:50	00:40:37
215	677	PANAS Iwona		POL CHEŁMSKA GRUPA TRIATHLONOWA	84	K / 8	00:16:49 / 68	00:03:40 / 69	01:27:43 / 304	00:01:05 / 212	00:50:35 / 259	02:39:51	00:40:37
216	753	MATYLA Roman		POL TMTEAM	86	M / 208	00:19:53 / 254	00:03:10 / 194	01:24:52 / 229	00:01:01 / 203	00:50:55 / 271	02:39:51	00:40:38
217	315	GALARA Grzegorz		POL	86	M / 209	00:20:30 / 297	00:05:18 / 354	01:27:47 / 307	00:01:32 / 310	00:44:52 / 90	02:39:59	00:40:45
218	216	BORUCKI Witold		POL JELCZ TRIATHLON PROJECT	80	M / 210	00:21:44 / 396	00:03:29 / 321	01:26:59 / 281	00:01:14 / 281	00:46:36 / 132	02:40:01	00:40:48
219	371	POLEWSKI Wojciech		POL ZAGŁĘBIE WAŁBRZYCH	72	M / 211	00:19:18 / 209	00:04:25 / 225	01:24:28 / 218	00:01:13 / 213	00:50:47 / 262	02:40:10	00:40:57
220	594	JASKUŁA Katarzyna		POL TMTEAM	79	K / 9	00:21:05 / 351	00:03:48 / 298	01:23:32 / 204	00:01:57 / 226	00:49:50 / 241	02:40:11	00:40:57
221	271	SKÓRA Tomasz		POL LITWIN TRIATHLON TEAM	73	M / 212	00:21:54 / 405	00:03:46 / 349	01:27:27 / 296	00:01:20 / 299	00:45:44 / 109	02:40:11	00:40:57
222	42	ZDRZAŁKA Tomasz		POL	81	M / 213	00:19:55 / 256	00:04:28 / 269	01:18:31 / 87	00:01:33 / 125	00:55:51 / 424	02:40:18	00:41:04
223	111	HALKO Daniel		POL W ĆWIERCI Z ŻELAZA	90	M / 214	00:21:20 / 368	00:03:10 / 276	01:26:29 / 272	00:01:17 / 264	00:48:05 / 172	02:40:20	00:41:07
224	600	PŁAWIAK Anna		POL GT RAT	83	K / 10	00:20:44 / 316	00:04:20 / 311	01:28:04 / 318	00:01:08 / 296	00:46:18 / 124	02:40:33	00:41:20
225	388	STADNICKI Łukasz		POL	87	M / 215	00:19:26 / 220	00:04:36 / 243	01:26:31 / 274	00:02:50 / 280	00:47:26 / 155	02:40:49	00:41:35
226	44	WILGUCKI Marek		POL	89	M / 216	00:20:34 / 300	00:03:07 / 224	01:25:41 / 250	00:01:08 / 229	00:50:26 / 253	02:40:55	00:41:41
227	649	BETLEJ Hubert		POL DECATHLON BIELANY WROCLAWSKIE	82	M / 217	00:22:20 / 429	00:03:38 / 368	01:20:05 / 126	00:01:13 / 170	00:53:40 / 356	02:40:55	00:41:41
228	585	ŚMIETANA Marcin		POL TMTEAM	75	M / 218	00:16:18 / 45	00:03:18 / 46	01:30:23 / 387	00:01:38 / 252	00:49:21 / 219	02:40:58	00:41:44

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rowing Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
229	741	MINTA Paweł		POL	89M30/105	M / 219	00:20:59 / 339	00:03:27 / 274	01:21:43 / 160	00:01:05 / 169	00:53:54 / 364	02:41:08	00:41:54
230	661	SIERADZAN Grzegorz		POL OLEŚNICKA GRUPA TRIATHLONOWA	77M40/77	M / 220	00:20:50 / 326	00:03:59 / 294	01:23:40 / 208	00:01:37 / 222	00:51:05 / 277	02:41:10	00:41:57
231	39	LEWANDOWSKI Marek		POL LEWIN BIEGA	82M30/106	M / 221	00:21:37 / 388	00:04:25 / 372	01:21:12 / 149	00:01:14 / 196	00:52:44 / 327	02:41:11	00:41:57
232	233	KIELBASA Paweł		POL GT RAT	78M40/78	M / 222	00:23:25 / 474	00:03:36 / 412	01:21:10 / 148	00:01:41 / 218	00:51:37 / 286	02:41:29	00:42:15
233	651	NESTOROWICZ Konrad		POL	75M40/79	M / 223	00:18:53 / 181	00:04:25 / 204	01:21:46 / 163	00:01:44 / 164	00:54:42 / 388	02:41:29	00:42:16
234	408	MACIEJEWSKI Marcin		POL TMTEAM	90M20/28	M / 224	00:20:50 / 325	00:04:44 / 342	01:22:19 / 179	00:01:34 / 216	00:52:15 / 304	02:41:42	00:42:28
235	116	WIECZOREK Katarzyna		POL	89K30/9	K / 11	00:18:25 / 154	00:03:20 / 132	01:27:12 / 288	00:02:21 / 245	00:50:28 / 255	02:41:46	00:42:32
236	746	KARGOL Paweł		POL OLEŚNICKA GRUPA TRUATHLONOWA	78M40/80	M / 225	00:21:19 / 367	00:03:52 / 319	01:22:47 / 186	00:01:14 / 209	00:52:43 / 326	02:41:54	00:42:41
237	228	PODGÓRSKI Tomasz		POL	79M40/81	M / 226	00:20:09 / 269	00:05:07 / 328	01:27:17 / 291	00:02:52 / 316	00:46:47 / 137	02:42:12	00:42:58
238	265	ZAPAŁA Łukasz		POL	82M30/107	M / 227	00:20:06 / 267	00:04:13 / 263	01:22:15 / 176	00:01:53 / 195	00:53:47 / 362	02:42:14	00:43:00
239	382	WIŚNIEWSKI Filip		POL	88M30/108	M / 228	00:21:17 / 364	00:04:04 / 334	01:26:37 / 277	00:01:29 / 282	00:48:52 / 198	02:42:18	00:43:05
240	273	SROKA Michał		POL TMTEAM	80M30/109	M / 229	00:16:06 / 37	00:04:18 / 68	01:24:49 / 225	00:01:11 / 158	00:55:55 / 427	02:42:19	00:43:05
241	377	MLAK Kazimierz		POL WIELKA SOWA	58M60/1	M / 230	00:23:26 / 475	00:04:11 / 446	01:25:06 / 234	00:01:25 / 294	00:48:12 / 175	02:42:20	00:43:06
242	571	STANEK Marek		POL	82M30/110	M / 231	00:19:44 / 241	00:04:21 / 247	01:25:46 / 251	00:01:28 / 246	00:51:06 / 278	02:42:25	00:43:12
243	506	ZAMOJSKI Sebastian		POL	70M40/82	M / 232	00:23:52 / 498	00:05:31 / 513	01:22:45 / 185	00:01:45 / 287	00:48:41 / 190	02:42:34	00:43:21
244	237	KAMIŃSKI Grzegorz		POL KB SOBÓTKA	84M30/111	M / 233	00:20:49 / 321	00:05:05 / 362	01:24:56 / 231	00:01:31 / 265	00:50:18 / 251	02:42:39	00:43:25
245	234	POSACKI Zbigniew		POL WOLÓW BIEGA	77M40/83	M / 234	00:22:50 / 454	00:04:39 / 437	01:27:08 / 286	00:01:25 / 326	00:46:38 / 134	02:42:40	00:43:27
246	317	JELONEK Piotr		POL	76M40/84	M / 235	00:19:20 / 212	00:04:55 / 260	01:24:18 / 215	00:01:53 / 227	00:52:16 / 306	02:42:42	00:43:29
247	742	MARKOWSKI Dariusz		POL LITWIN TRIATHLON TEAM	59M60/2	M / 236	00:21:22 / 369	00:03:13 / 283	01:25:17 / 238	00:01:14 / 243	00:51:44 / 290	02:42:50	00:43:36
248	635	BEDNARCZYK Paweł		POL DECATHLON BIELANY WROCŁAWSKIE	94M20/29	M / 237	00:14:32 / 7	00:04:08 / 22	01:31:11 / 394	00:01:33 / 249	00:51:32 / 284	02:42:56	00:43:42
249	264	MIELCAREK Dawid		POL	93M20/30	M / 238	00:20:42 / 312	00:03:22 / 245	01:27:48 / 310	00:01:30 / 279	00:49:43 / 236	02:43:04	00:43:51
250	168	SIWIASZCZYK Arkadiusz		POL GT RAT	83M30/112	M / 239	00:25:33 / 560	00:04:00 / 520	01:25:58 / 258	00:01:07 / 340	00:46:27 / 128	02:43:05	00:43:51
251	575	MARCZYŃSKI Maciej		POL	69M50/7	M / 240	00:16:32 / 54	00:04:54 / 118	01:27:00 / 282	00:01:31 / 220	00:53:09 / 340	02:43:06	00:43:52
252	162	KOŁODZIEJ Mariusz		POL TMTEAM	77M40/85	M / 241	00:19:09 / 202	00:03:26 / 175	01:24:47 / 224	00:01:46 / 207	00:54:00 / 368	02:43:07	00:43:54
253	734	POLAK Krzysztof		POL KLUB KOLARSKI SOKÓŁ STAŁOWA WOLA	58M60/3	M / 242	00:21:11 / 360	00:04:12 / 337	01:15:46 / 49	00:01:13 / 97	01:00:53 / 538	02:43:15	00:44:01
254	150	SIKORSKI Wojciech		POL	77M40/86	M / 243	00:20:49 / 324	00:04:01 / 295	01:31:28 / 403	00:02:09 / 368	00:44:50 / 89	02:43:17	00:44:04
255	681	PALKA Jacek		POL KWP KRAKÓW	79M40/87	M / 244	00:21:28 / 379	00:03:32 / 307	01:24:42 / 222	00:01:13 / 240	00:52:26 / 316	02:43:21	00:44:07
256	603	NOWAK Grzegorz		POL TMTEAM	64M50/8	M / 245	00:18:09 / 136	00:03:53 / 143	01:27:53 / 313	00:01:37 / 251	00:51:49 / 293	02:43:21	00:44:07
257	58	WITKA Tomasz		POL	85M30/113	M / 246	00:23:11 / 468	00:04:40 / 454	01:24:49 / 226	00:02:52 / 318	00:47:55 / 168	02:43:26	00:44:13
258	274	ŚWIĄTEK Piotr		POL IRONSAINT	76M40/88	M / 247	00:25:00 / 542	00:03:04 / 470	01:21:50 / 164	00:01:21 / 244	00:52:17 / 307	02:43:31	00:44:18
259	637	SIERADZKI Rafał		POL TRIATHLON CLUB WROCŁW	75M40/89	M / 248	00:18:50 / 175	00:04:24 / 202	01:22:17 / 177	00:01:22 / 165	00:56:54 / 457	02:43:47	00:44:34
260	165	AUGUSTYN Adam		POL	80M30/114	M / 249	00:20:22 / 285	00:03:57 / 264	01:29:43 / 367	00:00:55 / 306	00:48:51 / 197	02:43:48	00:44:34
261	176	WARMUŁA Piotr		POL TMTEAM	74M40/90	M / 250	00:18:10 / 137	00:03:12 / 113	01:25:00 / 233	00:01:42 / 189	00:55:50 / 423	02:43:54	00:44:40
262	32	STANISZEWSKI Jacek		POL	81M30/115	M / 251	00:20:33 / 299	00:04:34 / 314	01:29:17 / 350	00:02:00 / 335	00:47:34 / 156	02:43:57	00:44:43

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rowing Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
263	471	SZYWALSKI Alan		POL MULTIFIT	88M30/116	M / 252	00:25:19 / 553	00:03:43 / 503	01:26:49 / 280	00:01:09 / 343	00:46:58 / 142	02:43:57	00:44:44
264	543	RĘDZIO Piotr		POL	94M20/31	M / 253	00:21:00 / 341	00:04:59 / 369	01:25:24 / 242	00:01:37 / 275	00:51:00 / 273	02:43:59	00:44:46
265	96	GAŁEK Anna		POL	82K30/10	K / 12	00:20:48 / 319	00:04:11 / 306	01:28:27 / 333	00:01:08 / 301	00:49:28 / 224	02:44:02	00:44:48
266	56	MICIAK Krzysztof		POL GVT	67M50/9	M / 254	00:21:44 / 398	00:04:09 / 359	01:26:33 / 275	00:02:57 / 314	00:48:45 / 192	02:44:08	00:44:55
267	667	SZPOCIŃSKA Sylwia		POL GT RAT	84K30/11	K / 13	00:17:20 / 91	00:03:47 / 96	01:29:12 / 347	00:01:20 / 255	00:52:31 / 318	02:44:09	00:44:55
268	587	WIECZOREK Rafał		POL WTT/TIETOTRIATHLONTEAM	85M30/117	M / 255	00:20:39 / 309	00:03:23 / 242	01:24:51 / 227	00:01:36 / 228	00:53:44 / 359	02:44:13	00:44:59
269	52	ŚWIDERSKI Piotr		POL	76M40/91	M / 256	00:20:25 / 287	00:03:46 / 252	01:31:54 / 408	00:00:57 / 344	00:47:18 / 148	02:44:19	00:45:06
270	326	KAŁUŻA Michał		POL	96M20/32	M / 257	00:21:01 / 345	00:03:56 / 302	01:27:54 / 315	00:01:15 / 293	00:50:15 / 248	02:44:20	00:45:07
271	533	CZADO Artur		POL BOLERO TEAM	91M20/33	M / 258	00:18:48 / 174	00:03:48 / 176	01:29:20 / 353	00:01:04 / 274	00:51:32 / 285	02:44:32	00:45:18
272	457	GOLEMIEC Kazimierz		POL KERMI POLSKA	65M50/10	M / 259	00:20:23 / 286	00:03:40 / 244	01:23:17 / 198	00:01:46 / 204	00:55:27 / 408	02:44:33	00:45:19
273	356	BACZYŃSKI Marcin		POL 3M RUNNING TEAM	79M40/92	M / 260	00:18:53 / 180	00:04:27 / 206	01:27:17 / 290	00:01:31 / 261	00:52:34 / 320	02:44:41	00:45:28
274	307	DOMAGAŁA Marcin		POL	79M40/93	M / 261	00:24:44 / 531	00:04:56 / 523	01:23:31 / 202	00:02:13 / 315	00:49:21 / 217	02:44:44	00:45:31
275	599	RYŚ Jerzy		POL OPP KATOWICE	87M30/118	M / 262	00:19:15 / 207	00:04:37 / 233	01:25:22 / 241	00:01:26 / 231	00:54:14 / 375	02:44:53	00:45:39
276	250	SALAŁA Roman		POL BIKE TEAM TEMMPO WAŁBRZYCH	78M40/94	M / 263	00:20:30 / 295	00:04:37 / 313	01:27:37 / 301	00:01:11 / 289	00:51:03 / 276	02:44:58	00:45:45
277	358	JĘDRZEJCZYK Natalia		POL TRIWAWA	85K30/12	K / 14	00:18:25 / 153	00:04:34 / 192	01:27:42 / 303	00:01:58 / 272	00:52:22 / 311	02:45:01	00:45:47
278	548	MEDYK Damian		POL	88M30/119	M / 264	00:21:24 / 374	00:04:29 / 357	01:31:13 / 397	00:01:41 / 374	00:46:18 / 123	02:45:05	00:45:51
279	646	ANDREJÓW Mariusz		POL GVT	70M40/95	M / 265	00:27:51 / 594	00:03:54 / 565	01:20:01 / 120	00:03:16 / 308	00:50:10 / 245	02:45:12	00:45:58
280	626	JABŁOŃSKI Paweł		POL KUDOWIANKA RUN	77M40/96	M / 266	00:23:50 / 495	00:04:11 / 465	01:26:03 / 260	00:02:12 / 333	00:48:58 / 200	02:45:14	00:46:00
281	22	CHMIELUK Grzegorz		POL	90M20/34	M / 267	00:16:40 / 61	00:04:21 / 87	01:33:01 / 423	00:01:42 / 321	00:49:35 / 229	02:45:19	00:46:05
282	119	KRAŚNIEWSKI Daniel		POL GVT	84M30/120	M / 268	00:16:57 / 72	00:04:13 / 100	01:25:25 / 245	00:01:02 / 179	00:58:01 / 482	02:45:37	00:46:24
283	53	BARANOWSKI Krzysztof		POL	85M30/121	M / 269	00:19:27 / 221	00:05:47 / 324	01:25:51 / 252	00:02:13 / 276	00:52:34 / 322	02:45:52	00:46:38
284	115	KALISKI Piotr		POL	74M40/97	M / 270	00:18:19 / 149	00:03:50 / 149	01:27:47 / 308	00:00:59 / 239	00:55:07 / 402	02:46:01	00:46:48
285	63	DUDEK Krzysztof		POL STRZEGOMSKA DWUNASTKA	74M40/98	M / 271	00:25:39 / 563	00:03:48 / 518	01:26:20 / 270	00:01:51 / 358	00:48:25 / 182	02:46:02	00:46:49
286	327	LINDNER Marek		POL	80M30/122	M / 272	00:20:59 / 338	00:04:49 / 352	01:26:16 / 268	00:01:40 / 286	00:52:25 / 313	02:46:08	00:46:54
287	601	BIZIEL Michał		POL TMTEAM	74M40/99	M / 273	00:19:03 / 193	00:03:26 / 172	01:28:16 / 329	00:01:38 / 266	00:53:46 / 360	02:46:09	00:46:55
288	448	KOCHANOWSKI Rafał		POL TRANS EKSPERT	76M40/100	M / 274	00:22:02 / 416	00:03:58 / 370	01:28:47 / 339	00:01:20 / 328	00:50:03 / 244	02:46:09	00:46:56
289	752	LAJTNER Mirosław		POL TRI TIMME	85M30/123	M / 275	00:20:37 / 306	00:04:38 / 327	01:29:39 / 364	00:00:51 / 323	00:50:30 / 257	02:46:15	00:47:01
290	12	MACIANTOWICZ Wojciech		POL	76M40/101	M / 276	00:19:50 / 249	00:04:44 / 282	01:27:17 / 293	00:02:12 / 292	00:52:15 / 302	02:46:17	00:47:04
291	583	ZGARDA Jacek		POL TMTEAM	77M40/102	M / 277	00:18:02 / 126	00:03:12 / 104	01:28:52 / 341	00:01:34 / 256	00:54:40 / 387	02:46:20	00:47:06
292	618	ADAMCZYK Grzegorz		POL STS BIEGATON MIKOŁÓW	74M40/103	M / 278	00:23:32 / 479	00:04:04 / 445	01:28:24 / 331	00:01:28 / 355	00:49:09 / 207	02:46:37	00:47:23
293	184	ŚWIĘCKI Szymon		POL	85M30/124	M / 279	00:22:24 / 432	00:05:30 / 460	01:25:28 / 246	00:01:54 / 312	00:51:22 / 283	02:46:38	00:47:24
294	293	JĘDRZEJEWSKI Jakub		POL BOSCH	87M30/125	M / 280	00:22:42 / 449	00:04:03 / 396	01:27:05 / 284	00:01:46 / 319	00:51:14 / 280	02:46:49	00:47:35
295	343	BORKOWSKI Mariusz		POL	75M40/104	M / 281	00:20:17 / 280	00:04:36 / 296	01:30:23 / 388	00:01:51 / 347	00:49:43 / 237	02:46:50	00:47:36
296	393	KWOLEK Jarosław		POL	64M50/11	M / 282	00:20:39 / 308	00:03:28 / 248	01:28:14 / 325	00:01:09 / 283	00:53:21 / 346	02:46:50	00:47:37

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
297	513	MALINOWSKI Piotr		POL STACHOWSCY.EU		91M20/35 M / 283	00:24:31 / 524	00:04:33 / 505	01:26:05 / 263	00:01:17 / 337	00:50:29 / 256	02:46:55	00:47:42
298	592	STRĄCĄŁA Paweł		POL STROXWARE		90M20/36 M / 284	00:19:29 / 226	00:04:22 / 232	01:26:05 / 262	00:01:23 / 247	00:55:36 / 415	02:46:55	00:47:42
299	551	RÓŻYCKI Łukasz		POL		75M40/105 M / 285	00:18:04 / 131	00:04:13 / 164	01:27:43 / 305	00:01:54 / 259	00:55:03 / 399	02:46:57	00:47:43
300	579	ENGEL Krzysztof		POL		86M30/126 M / 286	00:24:30 / 522	00:04:51 / 512	01:20:51 / 141	00:01:14 / 250	00:55:31 / 411	02:46:57	00:47:44
301	85	OTOLIŃSKI Tomasz		POL TWOJA STARA		87M30/127 M / 287	00:19:07 / 198	00:04:16 / 210	01:30:02 / 376	00:01:30 / 305	00:52:10 / 301	02:47:05	00:47:51
302	132	KLEMENTOWSKI Jan		POL KLEMENS TEAM		76M40/106 M / 288	00:18:26 / 156	00:05:08 / 221	01:25:51 / 254	00:01:15 / 232	00:56:27 / 438	02:47:06	00:47:52
303	220	MILANOWSKI Krzysztof		POL		89M30/128 M / 289	00:19:14 / 205	00:06:55 / 378	01:27:34 / 300	00:02:25 / 329	00:51:02 / 275	02:47:10	00:47:56
304	320	BIELAWSKI Robert		POL KANCELARIA BIELAWSKI		71M40/107 M / 290	00:21:27 / 375	00:03:49 / 326	01:26:44 / 278	00:01:39 / 285	00:53:40 / 355	02:47:18	00:48:04
305	381	KALITA Katarzyna		POL ŻELAZNA ŚWIDNICA		89K30/13 K / 15	00:21:00 / 340	00:03:25 / 272	01:27:51 / 312	00:01:04 / 278	00:54:17 / 377	02:47:36	00:48:23
306	173	WALECZEK Sławomir		POL		76M40/108 M / 291	00:24:09 / 506	00:06:13 / 540	01:25:37 / 248	00:02:42 / 371	00:49:03 / 204	02:47:44	00:48:30
307	615	MATYSIK Konrad		POL		84M30/129 M / 292	00:24:11 / 510	00:05:44 / 527	01:23:17 / 199	00:01:31 / 304	00:53:08 / 339	02:47:51	00:48:37
308	386	KŁODNICKI Kacper		POL OGT		94M20/37 M / 293	00:19:35 / 230	00:04:38 / 254	01:33:14 / 427	00:01:16 / 373	00:49:15 / 211	02:47:58	00:48:44
309	195	SZUBERT Wojciech		POL		78M40/109 M / 294	00:19:41 / 238	00:04:18 / 240	01:29:13 / 348	00:01:27 / 303	00:53:22 / 348	02:48:00	00:48:47
310	359	KUCZYŃSKA Kinga		POL KS KOZIOŁEK KĘDZIERZYN-KOŹLE		93K20/2 K / 16	00:23:54 / 499	00:03:37 / 438	01:26:04 / 261	00:00:59 / 302	00:53:29 / 349	02:48:03	00:48:50
311	598	AUGUSTYNOWICZ Andrzej		POL GRUPA TECHNICZNA		77M40/110 M / 295	00:22:51 / 455	00:05:01 / 455	01:23:43 / 209	00:01:43 / 277	00:54:55 / 396	02:48:13	00:48:59
312	552	OSZMIAŃCZUK Marcin		POL ŻARY TRIATHOL TEAM		75M40/111 M / 296	00:17:34 / 101	00:04:38 / 154	01:27:04 / 285	00:01:21 / 230	00:57:40 / 479	02:48:17	00:49:03
313	156	DESZYŃSKI Damian		POL		78M40/112 M / 297	00:23:49 / 494	00:03:54 / 449	01:29:38 / 362	00:01:37 / 377	00:49:20 / 218	02:48:18	00:49:04
314	89	WANKIEWICZ Krzysztof		POL WANKIEWICZ KRZYSZTOF		74M40/113 M / 298	00:19:21 / 214	00:03:56 / 203	01:27:03 / 283	00:01:19 / 254	00:56:41 / 449	02:48:20	00:49:06
315	447	OLIWIAK Maciej		POL EDC TRI		83M30/130 M / 299	00:20:49 / 323	00:04:34 / 336	01:25:23 / 243	00:01:27 / 263	00:56:11 / 431	02:48:24	00:49:10
316	431	STEFANIAK Marcin		POL WKURW TEAM		75M40/114 M / 300	00:21:50 / 403	00:05:05 / 404	01:28:47 / 338	00:01:54 / 357	00:50:52 / 268	02:48:27	00:49:14
317	526	CYWKA Tomek		POL ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN		75M40/115 M / 301	00:22:01 / 412	00:07:02 / 504	01:24:30 / 219	00:01:34 / 309	00:53:21 / 345	02:48:28	00:49:14
318	631	KANDEFER Robert		POL		72M40/116 M / 302	00:20:26 / 289	00:04:45 / 318	01:29:21 / 354	00:01:44 / 334	00:52:19 / 309	02:48:35	00:49:21
319	74	WIŚNIEWSKI Tomasz		POL GVT		88M30/131 M / 303	00:15:16 / 18	00:03:28 / 24	01:34:58 / 463	00:01:46 / 317	00:53:08 / 337	02:48:35	00:49:22
320	477	SZELERSKI Piotrek		POL OLEŚNICKA GRUPA TRIATHLONOWA		88M30/132 M / 304	00:22:37 / 442	00:04:17 / 403	01:32:08 / 409	00:01:22 / 401	00:48:18 / 178	02:48:41	00:49:28
321	422	WALIGÓRA Paweł		POL		93M20/38 M / 305	00:21:10 / 358	00:04:38 / 355	01:34:19 / 449	00:02:03 / 431	00:46:33 / 131	02:48:43	00:49:30
322	117	WIĘCKOWSKI Wiktor		POL		87M30/133 M / 306	00:18:08 / 135	00:04:46 / 190	01:27:21 / 295	00:01:54 / 262	00:56:39 / 445	02:48:48	00:49:34
323	172	KĘDZIA Michał		POL MAJKEL		79M40/117 M / 307	00:19:49 / 246	00:05:27 / 329	01:27:20 / 294	00:01:46 / 297	00:54:33 / 382	02:48:55	00:49:41
324	291	OSTROWSKI Waldemar		POL TRIATHLON CLUB WROCŁAW		73M40/118 M / 308	00:22:08 / 418	00:04:51 / 408	01:27:15 / 289	00:02:00 / 332	00:52:46 / 329	02:48:59	00:49:46
325	188	FELKA Dariusz		POL		89M30/134 M / 309	00:19:44 / 240	00:04:29 / 255	01:26:01 / 259	00:01:24 / 253	00:57:32 / 476	02:49:10	00:49:56
326	214	DREWNICKI Sebastian		POL		83M30/135 M / 310	00:25:13 / 549	00:04:38 / 525	01:30:07 / 379	00:01:22 / 414	00:47:51 / 165	02:49:10	00:49:57
327	625	ŚWIEBODA Marek		POL GVT		81M30/136 M / 311	00:23:37 / 486	00:04:08 / 450	01:28:55 / 342	00:01:24 / 361	00:51:07 / 279	02:49:11	00:49:57
328	243	PRZYBYŁO Piotr		POL GT RAT		84M30/137 M / 312	00:20:29 / 294	00:04:33 / 310	01:26:08 / 264	00:01:29 / 271	00:56:43 / 452	02:49:21	00:50:08
329	347	BOMBAŁA Norbert		POL HAKUNA MATATA		74M40/119 M / 313	00:19:59 / 260	00:05:39 / 345	01:26:26 / 271	00:01:59 / 291	00:55:26 / 407	02:49:28	00:50:15

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
330	503	IWAN Rafał		POL FITWHEELS.EU / BIKESTACJA.PL	81M30/138	M / 314	00:22:40 / 447	00:04:31 / 422	01:21:36 / 157	00:01:35 / 225	00:59:20 / 507	02:49:41	00:50:28
331	491	HAŁADA Łukasz		POL	83M30/139	M / 315	00:17:02 / 76	00:04:24 / 117	01:29:15 / 349	00:01:18 / 260	00:57:53 / 480	02:49:51	00:50:37
332	743	KOSZUT Marek		POL	87M30/140	M / 316	00:21:09 / 355	00:03:58 / 312	01:29:34 / 360	00:01:48 / 339	00:53:30 / 350	02:49:58	00:50:45
333	105	JANICKI Andrzej		POL LITWIN TRIATHLON TEAM	80M30/141	M / 317	00:21:41 / 392	00:04:33 / 380	01:31:40 / 404	00:01:44 / 388	00:50:21 / 252	02:49:59	00:50:45
334	275	GAŚSIOROWSKI Jacek		POL	70M40/120	M / 318	00:22:51 / 456	00:04:10 / 414	01:30:44 / 391	00:01:29 / 382	00:50:50 / 265	02:50:04	00:50:50
335	535	GŁOGOWSKI Mirek		POL	60M50/12	M / 319	00:24:22 / 517	00:04:52 / 507	01:29:32 / 359	00:02:07 / 410	00:49:24 / 222	02:50:16	00:51:03
336	26	KACZOROWSKI Marcin		POL JANOSPORT TEAM LEGNICA	73M40/121	M / 320	00:22:26 / 436	00:03:29 / 364	01:34:34 / 455	00:02:12 / 442	00:47:43 / 159	02:50:24	00:51:10
337	286	RUTKOWSKI Artur		POL	67M50/13	M / 321	00:20:20 / 284	00:05:38 / 367	01:29:08 / 346	00:01:19 / 336	00:54:03 / 370	02:50:27	00:51:13
338	522	ZAWODNIK ANONIMOWY		POL MSPORT	61M50/14	M / 322	00:26:39 / 579	00:04:28 / 555	01:22:09 / 173	00:01:13 / 300	00:56:12 / 434	02:50:41	00:51:27
339	671	PLÓCIENICZAK Dominik		POL TKKF TRIATHLON DĄBROWA GÓRNICZA	76M40/122	M / 323	00:21:11 / 361	00:04:28 / 347	01:29:28 / 357	00:02:02 / 348	00:53:34 / 351	02:50:43	00:51:30
340	30	BŁAŻOWSKI Grzegorz		POL	77M40/123	M / 324	00:21:19 / 366	00:04:29 / 353	01:28:00 / 317	00:01:29 / 313	00:55:34 / 412	02:50:50	00:51:37
341	679	SZYPORTA Waldemar		POL ACTIVRUN NAMYSŁÓW	72M40/124	M / 325	00:24:24 / 518	00:04:11 / 489	01:29:20 / 352	00:02:05 / 394	00:50:54 / 270	02:50:53	00:51:40
342	140	SOBKOWIAK Filip		POL	79M40/125	M / 326	00:19:27 / 224	00:05:01 / 275	01:35:25 / 475	00:00:50 / 406	00:50:13 / 246	02:50:55	00:51:42
343	136	FIJAŁKOWSKI Tomasz		POL GMINA STRZELCE OPOLSKIE	80M30/142	M / 327	00:23:43 / 489	00:04:11 / 459	01:29:31 / 358	00:01:22 / 375	00:52:15 / 303	02:51:02	00:51:48
344	4	SAKOWSKI Sebastian		POL LTT	79M40/126	M / 328	00:23:48 / 493	00:06:17 / 532	01:22:07 / 172	00:03:34 / 324	00:55:49 / 422	02:51:34	00:52:21
345	539	FELKEL Mateusz		POL MSPORTTEAM	98M20/39	M / 329	00:22:21 / 430	00:05:08 / 436	01:27:54 / 314	00:01:49 / 349	00:54:26 / 379	02:51:38	00:52:24
346	152	BATOR Rafał		POL	84M30/143	M / 330	00:22:27 / 437	00:05:40 / 471	01:29:57 / 373	00:01:33 / 387	00:52:01 / 298	02:51:38	00:52:25
347	544	CZERNIAWSKI Piotr		POL	76M40/127	M / 331	00:21:45 / 397	00:03:57 / 350	01:29:28 / 356	00:00:52 / 325	00:55:38 / 417	02:51:40	00:52:26
348	616	WALEŃSKA Ewa		POL NOA	76K40/2	K / 17	00:24:59 / 540	00:03:46 / 493	01:32:26 / 415	00:01:29 / 441	00:49:04 / 205	02:51:44	00:52:30
349	82	BREWSKA Wanda		POL GT RAT	83K30/14	K / 18	00:24:37 / 526	00:04:05 / 491	01:28:38 / 336	00:01:45 / 380	00:52:39 / 324	02:51:44	00:52:31
350	523	SOBAŃSKI Wojciech		POL PCC SQUAD	80M30/144	M / 332	00:24:11 / 511	00:03:18 / 435	01:27:28 / 298	00:02:09 / 346	00:54:43 / 389	02:51:48	00:52:35
351	282	SOCHA Michał		POL LITWIN TRIATHLON TEAM	82M30/145	M / 333	00:23:46 / 491	00:03:22 / 418	01:30:03 / 378	00:01:01 / 364	00:53:47 / 363	02:51:59	00:52:45
352	445	MACIEJEWSKI Maciej		POL	81M30/146	M / 334	00:23:47 / 492	00:05:02 / 494	01:31:42 / 405	00:01:46 / 436	00:49:45 / 238	02:52:01	00:52:48
353	492	POCIECHA Patryk		POL	84M30/147	M / 335	00:23:50 / 496	00:03:21 / 421	01:26:19 / 269	00:02:14 / 322	00:56:31 / 440	02:52:15	00:53:01
354	109	PRZĄDO Łukasz		POL DELOITTE ADVENTURE TEAM	91M20/40	M / 336	00:21:41 / 391	00:03:45 / 339	01:30:01 / 375	00:01:20 / 341	00:55:35 / 413	02:52:21	00:53:07
355	467	LANKAUF Jacek		POL GT RAT	84M30/148	M / 337	00:20:59 / 337	00:04:57 / 365	01:29:39 / 365	00:01:59 / 356	00:54:50 / 392	02:52:23	00:53:10
356	210	GRANICZNY Krzysztof		POL	70M40/128	M / 338	00:20:51 / 328	00:03:33 / 271	01:27:49 / 311	00:02:00 / 295	00:58:12 / 487	02:52:25	00:53:11
357	36	KRAUZE Tomasz		POL PRO-RUN WROCLAW	67M50/15	M / 339	00:22:49 / 453	00:05:01 / 453	01:30:17 / 383	00:02:22 / 403	00:51:57 / 295	02:52:26	00:53:12
358	118	KULIŚ Jarosław		POL THROWNEWRUNTEAMEXCEPTION	91M20/41	M / 340	00:24:24 / 519	00:04:25 / 495	01:28:36 / 335	00:01:46 / 381	00:53:21 / 347	02:52:32	00:53:18
359	687	NOWICKI Bartosz		POL OPP BYDGOSZCZ	88M30/149	M / 341	00:18:38 / 168	00:03:38 / 163	01:28:11 / 321	00:02:07 / 270	01:00:06 / 523	02:52:40	00:53:27
360	254	KOWALCZYK Tomasz		POL GT KONA	69M50/16	M / 342	00:21:30 / 383	00:03:55 / 338	01:31:22 / 400	00:01:53 / 370	00:54:13 / 374	02:52:52	00:53:39
361	619	HACHOL Tomasz		POL	82M30/150	M / 343	00:19:50 / 250	00:05:05 / 300	01:30:00 / 374	00:01:11 / 327	00:56:49 / 455	02:52:55	00:53:41
362	113	KŁOS Jan		POL	81M30/151	M / 344	00:28:31 / 598	00:04:40 / 593	01:25:28 / 247	00:01:43 / 399	00:52:37 / 323	02:52:59	00:53:46
363	270	ŁAZORCZYK Łukasz		POL	97M20/42	M / 345	00:16:40 / 62	00:05:12 / 140	01:33:29 / 433	00:02:02 / 353	00:55:40 / 418	02:53:03	00:53:50

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
364	608	DANIŁÓW Paweł		POL DP SYNERGIA	73M40/129	M / 346	00:20:56 / 331	00:04:34 / 341	01:26:11 / 267	00:02:14 / 288	00:59:10 / 504	02:53:04	00:53:51
365	398	KUBIS Piotr		POL GVT	69M50/17	M / 347	00:21:47 / 400	00:03:34 / 335	01:30:16 / 382	00:02:31 / 362	00:54:59 / 397	02:53:07	00:53:53
366	330	ZAWODNIK ANONIMOWY		POL	90M20/43	M / 348	00:19:52 / 252	00:03:46 / 222	01:32:20 / 412	00:01:25 / 354	00:55:46 / 421	02:53:09	00:53:56
367	245	WITKO-BŁASZCZYK Sebastian		POL	81M30/152	M / 349	00:21:48 / 402	00:05:41 / 434	01:31:25 / 402	00:01:45 / 405	00:52:31 / 319	02:53:09	00:53:56
368	227	GRADOWSKI Łukasz		POL PG INWESTYCJE	78M40/130	M / 350	00:20:40 / 311	00:04:08 / 293	01:28:05 / 319	00:02:15 / 311	00:58:02 / 484	02:53:10	00:53:56
369	230	SMĘTEK Michał		POL ZIAJA TEAM	73M40/131	M / 351	00:22:28 / 439	00:05:10 / 447	01:28:26 / 332	00:01:15 / 351	00:55:55 / 426	02:53:14	00:54:00
370	55	MIECZKOWSKI Andrzej		POL	82M30/153	M / 352	00:21:23 / 373	00:04:31 / 363	01:28:11 / 320	00:02:06 / 330	00:57:08 / 464	02:53:19	00:54:05
371	155	ŻYMOŁKA Piotr		POL GAZELE MOSZNA	88M30/154	M / 353	00:25:00 / 543	00:04:58 / 528	01:29:52 / 371	00:01:52 / 422	00:51:43 / 289	02:53:24	00:54:11
372	449	SIKORA Wiktor		POL TRIATHLON CLUB WROCŁAW	79M40/132	M / 354	00:18:06 / 132	00:04:37 / 180	01:34:19 / 450	00:01:17 / 365	00:55:10 / 403	02:53:29	00:54:15
373	435	KATA Wiesław		POL	71M40/133	M / 355	00:25:01 / 544	00:05:06 / 534	01:32:23 / 413	00:02:11 / 465	00:49:20 / 216	02:54:00	00:54:46
374	338	GRZEBIELUCHA Jan		GBR	81M30/155	M / 356	00:22:08 / 419	00:05:25 / 440	01:28:16 / 327	00:01:13 / 345	00:56:59 / 463	02:54:01	00:54:47
375	174	SIDOR Adam		POL	72M40/134	M / 357	00:23:05 / 464	00:04:51 / 461	01:28:23 / 330	00:02:23 / 372	00:55:27 / 409	02:54:09	00:54:55
376	485	CZARNECKI Sylwester		POL	75M40/135	M / 358	00:20:05 / 265	00:04:56 / 309	01:33:43 / 437	00:02:36 / 415	00:52:50 / 332	02:54:10	00:54:56
377	524	KOSEK Aleksandra		POL	78K40/3	K / 19	00:22:27 / 438	00:03:43 / 379	01:33:54 / 440	00:01:23 / 420	00:52:44 / 328	02:54:11	00:54:57
378	257	STEPIEN David		POL WILHELMSHAVEN	91M20/44	M / 359	00:25:52 / 569	00:05:20 / 557	01:29:08 / 345	00:01:38 / 429	00:52:18 / 308	02:54:16	00:55:03
379	335	ZIÓLKOWSKI Arkadiusz		POL TMTEAM	74M40/136	M / 360	00:21:46 / 399	00:04:33 / 383	01:34:10 / 446	00:01:55 / 437	00:52:00 / 296	02:54:24	00:55:10
380	241	PAWLUK Tomasz		POL	76M40/137	M / 361	00:25:44 / 565	00:05:59 / 562	01:28:15 / 326	00:01:28 / 418	00:53:02 / 335	02:54:27	00:55:14
381	627	MICHAŁEK Joanna		POL TRIACTIV RIDLEY	90K20/3	K / 20	00:19:26 / 222	00:05:05 / 279	01:28:49 / 340	00:01:41 / 307	00:59:31 / 513	02:54:32	00:55:18
382	310	WILKIN Mirek		POL TMTEAM	71M40/138	M / 362	00:23:57 / 502	00:04:11 / 473	01:31:11 / 396	00:02:15 / 421	00:53:17 / 342	02:54:51	00:55:37
383	205	MROCZEK Łukasz		POL	88M30/156	M / 363	00:20:11 / 273	00:04:21 / 280	01:32:14 / 411	00:01:24 / 363	00:56:42 / 450	02:54:52	00:55:38
384	389	WACH Marcin		POL	81M30/157	M / 364	00:21:04 / 350	00:06:49 / 456	01:34:13 / 448	00:03:08 / 471	00:49:40 / 233	02:54:53	00:55:40
385	328	WASILUK Marek		POL	72M40/139	M / 365	00:19:47 / 244	00:04:31 / 261	01:27:17 / 292	00:02:02 / 284	01:01:17 / 544	02:54:54	00:55:40
386	135	JERZAK Piotr		POL	88M30/158	M / 366	00:21:42 / 395	00:04:58 / 393	01:22:48 / 187	00:02:19 / 257	01:03:13 / 559	02:55:00	00:55:46
387	684	JEŻAK Karolina		POL KSP WARSZAWA KRP WARSZAWA III	89K30/15	K / 21	00:20:28 / 291	00:04:46 / 323	01:34:34 / 456	00:02:21 / 430	00:52:53 / 333	02:55:01	00:55:47
388	87	PLUTA Adam		POL KROTOSZYŃSKA GRUPA BIEGOWA	88M30/159	M / 367	00:21:36 / 386	00:05:30 / 416	01:36:53 / 491	00:01:18 / 473	00:49:47 / 239	02:55:04	00:55:51
389	643	HAWRYLUK Marek		POL PWR/K13	77M40/140	M / 368	00:25:18 / 552	00:04:49 / 533	01:28:11 / 323	00:02:35 / 409	00:54:16 / 376	02:55:08	00:55:54
390	514	DOMINAS Filip		POL	90M20/45	M / 369	00:26:47 / 583	00:03:55 / 547	01:29:53 / 372	00:01:37 / 432	00:52:58 / 334	02:55:09	00:55:56
391	745	KOSICKI Bartłomiej		POL	83M30/160	M / 370	00:20:58 / 334	00:04:22 / 333	01:35:02 / 467	00:01:21 / 423	00:53:36 / 352	02:55:19	00:56:05
392	486	SIERADZKI Marcin		POL	87M30/161	M / 371	00:20:29 / 292	00:05:24 / 360	01:33:03 / 424	00:02:52 / 425	00:53:38 / 353	02:55:25	00:56:12
393	222	KORZYSTKO Piotr		POL OLAWS	80M30/162	M / 372	00:22:25 / 433	00:05:45 / 475	01:30:22 / 386	00:02:56 / 419	00:53:59 / 367	02:55:27	00:56:13
394	604	JURKIEWICZ Tomasz		POL 3M TRIATHLON TEAM	82M30/163	M / 373	00:20:45 / 317	00:04:14 / 308	01:32:53 / 420	00:01:40 / 385	00:55:57 / 429	02:55:29	00:56:15
395	739	SIKORA Rafał		POL OGT	87M30/164	M / 374	00:22:43 / 451	00:04:30 / 423	01:27:58 / 316	00:01:43 / 342	00:58:40 / 495	02:55:34	00:56:20
396	654	PRENTKI Jarosław		POL NSZZP KWP POZNAŃ	68M50/18	M / 375	00:18:11 / 140	00:04:34 / 182	01:29:51 / 370	00:01:25 / 290	01:01:34 / 548	02:55:35	00:56:21
397	290	RUDYK Sebastian		POL TRIATHLON CLUB WROCŁAW	75M40/141	M / 376	00:21:54 / 406	00:04:33 / 387	01:25:53 / 255	00:02:07 / 298	01:01:10 / 543	02:55:37	00:56:24

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
398	146	LICHACZ Ania		POL ROK	81K30/16	K / 22	00:22:41 / 448	00:04:19 / 411	01:29:47 / 368	00:01:47 / 369	00:57:10 / 465	02:55:43	00:56:30
399	221	WROTONY Bartosz		POL	93M20/46	M / 377	00:21:29 / 382	00:06:28 / 462	01:37:14 / 494	00:01:52 / 481	00:48:50 / 196	02:55:53	00:56:39
400	213	MASŁOWSKI Jacek		POL JACEK MASŁOWSKI	88M30/165	M / 378	00:18:33 / 162	00:04:39 / 199	01:38:30 / 513	00:00:57 / 440	00:53:17 / 341	02:55:55	00:56:41
401	362	WOŁODKO Andrzej		POL	80M30/166	M / 379	00:18:12 / 141	00:03:36 / 136	01:34:51 / 459	00:01:48 / 367	00:57:32 / 475	02:55:58	00:56:45
402	272	SKÓRA Katarzyna		POL LITWIN TRIATHLON TEAM	75K40/4	K / 23	00:18:33 / 164	00:04:31 / 195	01:36:48 / 488	00:02:02 / 426	00:54:06 / 371	02:56:00	00:56:46
403	247	NIKITENKO Oleksandr		POL	87M30/167	M / 380	00:21:43 / 393	00:04:46 / 388	01:31:22 / 401	00:01:31 / 383	00:56:41 / 446	02:56:02	00:56:48
404	242	WASILEWSKI Maciej		POL	84M30/168	M / 381	00:22:15 / 422	00:06:15 / 485	01:30:13 / 381	00:02:40 / 416	00:54:46 / 390	02:56:09	00:56:55
405	666	BIELAWSKA Justyna		POL RAGABA MEBLE TEAM	80K30/17	K / 24	00:20:09 / 270	00:04:30 / 289	01:34:58 / 464	00:01:41 / 413	00:54:53 / 395	02:56:11	00:56:57
406	368	PERŁAKOWSKI Karol		POL	84M30/169	M / 382	00:20:58 / 336	00:04:47 / 351	01:34:54 / 462	00:01:35 / 433	00:53:58 / 366	02:56:11	00:56:58
407	680	JĘDRUCH Katarzyna		POL KMP ŚWINOUJŚCIE	86K30/18	K / 25	00:22:38 / 443	00:03:24 / 373	01:35:56 / 482	00:01:13 / 447	00:53:06 / 336	02:56:17	00:57:03
408	238	KRÓL Lech		POL KS KROTOSZ KROTOSZYN	81M30/170	M / 383	00:24:07 / 505	00:05:45 / 526	01:29:42 / 366	00:01:28 / 411	00:55:17 / 404	02:56:19	00:57:05
409	470	HARTEL Piotr		POL	71M40/142	M / 384	00:23:36 / 484	00:04:27 / 469	01:26:36 / 276	00:01:32 / 331	01:00:12 / 527	02:56:22	00:57:09
410	757	KĘDZIA Piotr		POL RAFAKO TRITEAM	73M40/143	M / 385	00:23:40 / 487	00:05:57 / 522	01:28:11 / 322	00:02:05 / 393	00:56:38 / 444	02:56:31	00:57:18
411	580	JAROSZ Artur		POL	79M40/144	M / 386	00:21:53 / 404	00:05:06 / 409	01:31:01 / 393	00:01:40 / 389	00:56:54 / 458	02:56:34	00:57:20
412	732	BERNADOWSKI Bartosz		POL	81M30/171	M / 387	00:16:47 / 65	00:04:29 / 108	01:32:49 / 418	00:01:33 / 320	01:00:57 / 540	02:56:34	00:57:21
413	360	LACH Rafał		POL KS KOZIOŁEK KĘDZIERZYN-KOŹLE	85M30/172	M / 388	00:19:59 / 262	00:04:31 / 277	01:26:46 / 279	00:01:10 / 267	01:04:10 / 568	02:56:36	00:57:22
414	106	ORŁOWSKI Tadeusz		POL EXBAKE TEAM	72M40/145	M / 389	00:19:23 / 218	00:05:13 / 285	01:31:20 / 399	00:01:45 / 359	00:59:05 / 501	02:56:46	00:57:32
415	657	KNAPIK Paweł		POL NTONBIKE	86M30/173	M / 390	00:19:53 / 253	00:04:08 / 241	01:34:09 / 444	00:02:14 / 400	00:56:29 / 439	02:56:52	00:57:38
416	515	MRÓZ Stefan		POL	92M20/47	M / 391	00:27:17 / 589	00:04:56 / 576	01:29:48 / 369	00:02:56 / 469	00:52:09 / 299	02:57:05	00:57:52
417	639	CHMIEL Łukasz		POL	81M30/174	M / 392	00:21:01 / 343	00:05:49 / 399	01:33:08 / 425	00:01:46 / 424	00:55:23 / 406	02:57:06	00:57:53
418	252	LENKOWSKA Adrianna		POL RANO	94K20/4	K / 26	00:22:58 / 460	00:04:08 / 415	01:34:06 / 443	00:01:27 / 439	00:54:34 / 384	02:57:13	00:57:59
419	337	KOŁODZIEJCZYK Grzegorz		POL BIELAWSKA AKADEMIA BIEGANIA	84M30/175	M / 393	00:24:47 / 532	00:04:48 / 521	01:30:22 / 385	00:02:00 / 428	00:55:17 / 405	02:57:14	00:58:01
420	577	ZABORNIAK Marcin		POL LITWIN TRIATHLON TEAM	87M30/176	M / 394	00:17:25 / 95	00:04:05 / 120	01:33:15 / 428	00:02:35 / 352	01:00:17 / 530	02:57:37	00:58:24
421	481	GOMOLA Mateusz		POL DAFT TRI	81M30/177	M / 395	00:23:37 / 485	00:04:08 / 451	01:34:35 / 457	00:01:50 / 459	00:53:39 / 354	02:57:48	00:58:35
422	550	DANIELKIEWICZ Jarek		POL	75M40/146	M / 396	00:26:58 / 585	00:04:53 / 569	01:28:57 / 343	00:01:27 / 434	00:55:46 / 420	02:58:00	00:58:47
423	394	BESZŁEJ Maciej		POL	84M30/178	M / 397	00:21:47 / 401	00:04:19 / 375	01:38:56 / 521	00:02:09 / 484	00:50:52 / 267	02:58:03	00:58:49
424	588	MALIK Kuba		POL	89M30/179	M / 398	00:21:09 / 357	00:03:58 / 315	01:33:41 / 436	00:01:21 / 395	00:57:59 / 481	02:58:08	00:58:54
425	461	POŚPIESZNY Mateusz		POL	88M30/180	M / 399	00:18:00 / 124	00:04:51 / 187	01:36:09 / 484	00:00:52 / 392	00:58:16 / 489	02:58:08	00:58:55
426	133	MASŁOWIEC Bartosz		POL GT RAT	80M30/181	M / 400	00:21:27 / 377	00:04:52 / 385	01:32:25 / 414	00:01:28 / 397	00:58:01 / 483	02:58:13	00:58:59
427	80	TOKARSKI Joachim		POL KUDOWSCY MIŁOŚNICY BIRGANIA	78M40/147	M / 401	00:25:15 / 550	00:05:07 / 541	01:32:41 / 417	00:01:12 / 461	00:54:07 / 372	02:58:22	00:59:08
428	373	GRACZYK Kamil		POL	85M30/182	M / 402	00:20:16 / 279	00:05:23 / 348	01:35:29 / 477	00:02:21 / 450	00:55:05 / 400	02:58:34	00:59:21
429	426	PUCHALSKI Przemysław		POL	82M30/183	M / 403	00:19:49 / 247	00:05:49 / 346	01:30:02 / 377	00:02:20 / 360	01:00:43 / 535	02:58:43	00:59:29
430	664	KARPIENIA Ewa		POL CKS ORKA SZCZECIN	69K50/1	K / 27	00:21:10 / 356	00:03:58 / 316	01:33:44 / 438	00:01:35 / 402	00:58:27 / 491	02:58:53	00:59:40
431	17	GORSKI Wojciech		POL	72M40/148	M / 404	00:24:15 / 512	00:04:54 / 506	01:31:47 / 406	00:02:34 / 451	00:55:37 / 416	02:59:07	00:59:53

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
432	561	MARKOWSKI Maciej		POL		66M50/19 M / 405	00:16:33 / 57	00:05:51 / 170	01:36:14 / 485	00:02:07 / 408	00:58:31 / 494	02:59:16	01:00:02
433	609	WIŚNIEWSKA Marlena		POL KUŹNIA TRIATHLONU		79K40/5 K / 28	00:24:17 / 515	00:04:18 / 488	01:33:30 / 435	00:01:41 / 455	00:55:35 / 414	02:59:20	01:00:07
434	339	TOMICKI Krzysztof		POL		84M30/184 M / 406	00:16:33 / 56	00:06:13 / 183	01:44:02 / 558	00:03:06 / 519	00:49:34 / 228	02:59:27	01:00:14
435	3	BENDZA Wojciech		POL 3M TRIATHLON		77M40/149 M / 407	00:20:37 / 305	00:04:59 / 343	01:34:20 / 453	00:02:00 / 427	00:57:36 / 477	02:59:31	01:00:18
436	542	ZAJONC Dominik		POL		82M30/185 M / 408	00:21:07 / 352	00:05:11 / 382	01:31:11 / 395	00:01:31 / 378	01:00:33 / 531	02:59:33	01:00:19
437	437	KĘDZIERSKI Tomasz		POL SPORT FREAKS		81M30/186 M / 409	00:19:35 / 231	00:03:53 / 217	01:38:08 / 506	00:01:29 / 445	00:56:52 / 456	02:59:57	01:00:43
438	249	SZYMURA Przemysław		POL		82M30/187 M / 410	00:24:59 / 538	00:04:27 / 515	01:29:17 / 351	00:02:03 / 407	00:59:27 / 512	03:00:12	01:00:59
439	630	SOWA Krystyna		POL KUŹNIA TRIATHLONU		82K30/19 K / 29	00:22:53 / 459	00:07:08 / 529	01:28:59 / 344	00:01:36 / 404	00:59:38 / 516	03:00:13	01:01:00
440	151	JANKOWSKI Janusz		POL FIGHT LIKE A BRAVE		86M30/188 M / 411	00:27:39 / 593	00:04:13 / 570	01:35:04 / 468	00:01:13 / 497	00:52:09 / 300	03:00:18	01:01:04
441	107	MAREK Robert		POL P-TECH TEAM		74M40/150 M / 412	00:22:11 / 420	00:05:11 / 430	01:39:36 / 528	00:01:44 / 507	00:51:46 / 291	03:00:28	01:01:14
442	472	MOGA Piotr		POL SPARTA ULTRA TEAM		83M30/189 M / 413	00:19:04 / 194	00:05:16 / 265	01:35:17 / 472	00:01:46 / 417	00:59:11 / 503	03:00:33	01:01:19
443	215	JAKUBOWSKI Dawid		POL		89M30/190 M / 414	00:21:23 / 370	00:05:45 / 417	01:34:20 / 452	00:02:13 / 453	00:56:56 / 459	03:00:37	01:01:23
444	378	SMUGA Daniel		POL		82M30/191 M / 415	00:24:59 / 541	00:04:00 / 499	01:38:19 / 511	00:01:37 / 512	00:52:01 / 297	03:00:56	01:01:42
445	285	SZYMANEK Roman		POL		69M50/20 M / 416	00:22:02 / 414	00:00:12 / 159	01:39:39 / 529	00:03:03 / 468	00:56:01 / 430	03:00:56	01:01:42
446	633	KOLENDA Sebastian		POL DECATHLON BIELANY WROCŁAWSKIE		92M20/48 M / 417	00:25:05 / 546	00:03:55 / 502	01:32:53 / 421	00:01:29 / 449	00:57:39 / 478	03:01:00	01:01:46
447	499	NOWACKI Piotr		POL		83M30/192 M / 418	00:23:06 / 465	00:05:10 / 479	01:35:19 / 473	00:00:57 / 464	00:56:34 / 442	03:01:06	01:01:52
448	415	OSTROWSKI Paweł		POL OSTRY TEAM/POLMERUN		78M40/151 M / 419	00:15:51 / 29	00:03:37 / 42	01:39:17 / 527	00:02:23 / 412	00:59:59 / 522	03:01:07	01:01:53
449	569	KOTAS Roman		POL		76M40/152 M / 420	00:23:15 / 470	00:04:47 / 467	01:37:47 / 503	00:02:00 / 492	00:53:20 / 344	03:01:09	01:01:55
450	231	MĄDRZAK Sławek		POL ZIAJA TEAM		74M40/153 M / 421	00:23:34 / 481	00:04:26 / 464	01:30:30 / 389	00:01:42 / 396	01:01:05 / 541	03:01:17	01:02:03
451	440	WÓJCIK Sławek		POL SPORT FREAKS POLAND		82M30/193 M / 422	00:23:10 / 467	00:05:18 / 484	01:39:12 / 524	00:01:38 / 515	00:52:15 / 305	03:01:33	01:02:19
452	280	STANKIEWICZ Paweł		POL		90M20/49 M / 423	00:20:24 / 288	00:04:34 / 304	01:37:33 / 499	00:01:43 / 460	00:57:24 / 473	03:01:38	01:02:25
453	267	BERBELICKI Adam		POL POMOLOGIA PRÓSZKÓW		80M30/194 M / 424	00:22:16 / 423	00:05:05 / 429	01:37:38 / 501	00:02:11 / 483	00:54:34 / 383	03:01:44	01:02:31
454	103	HYPIAK Joanna		POL TRIACTIV RIDLEY		85K30/20 K / 30	00:28:14 / 597	00:04:00 / 577	01:35:15 / 471	00:01:11 / 506	00:53:18 / 343	03:01:58	01:02:44
455	451	GLEBOCKI Adam		POL #GLEBOCKITEAM		73M40/154 M / 425	00:21:28 / 380	00:05:16 / 395	01:29:36 / 361	00:02:34 / 376	01:03:08 / 557	03:02:02	01:02:48
456	493	ŚLUSARCZYK Kasper		POL		89M30/195 M / 426	00:23:55 / 501	00:04:12 / 472	01:38:19 / 510	00:01:38 / 495	00:54:01 / 369	03:02:05	01:02:51
457	353	GRUSZECKI Arkadiusz		POL		76M40/155 M / 427	00:25:01 / 545	00:05:14 / 537	01:30:12 / 380	00:02:04 / 438	00:59:36 / 515	03:02:07	01:02:53
458	540	JAZY Jacek		POL		74M40/156 M / 428	00:23:35 / 482	00:05:23 / 498	01:33:17 / 430	00:02:45 / 470	00:57:10 / 466	03:02:09	01:02:56
459	564	GRUSZKA Grzegorz		POL		89M30/196 M / 429	00:21:03 / 349	00:04:56 / 371	01:35:22 / 474	00:01:30 / 444	00:59:19 / 509	03:02:10	01:02:57
460	263	KARYŚ Zbigniew		POL START ŚCINAWA		65M50/21 M / 430	00:25:57 / 570	00:05:13 / 556	01:34:21 / 454	00:02:21 / 493	00:54:36 / 385	03:02:28	01:03:14
461	16	KUPIEC Maciej		POL		81M30/197 M / 431	00:25:41 / 564	00:05:48 / 559	01:34:19 / 451	00:02:58 / 508	00:53:43 / 358	03:02:29	01:03:15
462	9	ROMAN Krzysztof		POL KUDOWIANKA RUN		59M60/4 M / 432	00:24:10 / 508	00:04:05 / 477	01:38:48 / 518	00:01:48 / 510	00:53:46 / 361	03:02:37	01:03:24
463	352	JACHIMIĄK Wojciech		POL ITS CYCLING CIRCUS...		67M50/22 M / 433	00:31:47 / 614	00:05:50 / 611	01:28:27 / 334	00:02:09 / 499	00:54:30 / 380	03:02:42	01:03:29
464	73	SMOLARA Krzysztof		POL HASTE TEAM		76M40/157 M / 434	00:27:17 / 590	00:05:27 / 586	01:38:22 / 512	00:02:12 / 542	00:49:43 / 235	03:03:01	01:03:47
465	574	OWCZAREK Zbigniew		POL		83M30/198 M / 435	00:20:05 / 266	00:04:32 / 286	01:37:16 / 496	00:02:07 / 456	00:59:08 / 502	03:03:08	01:03:54






Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
466	624	ZIĘTEK Seweryn		POL	80M30/199	M / 436	00:26:13 / 574	00:04:29 / 548	01:34:59 / 465	00:01:47 / 489	00:55:42 / 419	03:03:10	01:03:57
467	576	KUŹMICKI Michał		POL TMTEAM	83M30/200	M / 437	00:19:59 / 261	00:05:17 / 330	01:32:32 / 416	00:01:39 / 384	01:03:45 / 564	03:03:11	01:03:58
468	429	FRYZIEL Norbert		POL	74M40/158	M / 438	00:28:44 / 601	00:06:03 / 600	01:29:24 / 355	00:02:05 / 476	00:56:58 / 461	03:03:14	01:04:00
469	197	KOMARENKO Oleksandr		POL SZOP PRACZ	87M30/201	M / 439	00:26:30 / 577	00:05:41 / 575	01:34:10 / 445	00:02:13 / 504	00:54:51 / 394	03:03:24	01:04:11
470	399	CISEK Bartosz		POL	83M30/202	M / 440	00:17:49 / 111	00:06:37 / 273	01:32:58 / 422	00:02:16 / 390	01:03:48 / 565	03:03:28	01:04:14
471	344	ŁYGA Paweł		POL	77M40/159	M / 441	00:18:53 / 182	00:05:16 / 250	01:31:13 / 398	00:01:52 / 350	01:06:19 / 581	03:03:33	01:04:19
472	455	HALICKI Robert		POL TMTEAM	78M40/160	M / 442	00:22:40 / 446	00:04:09 / 398	01:33:30 / 434	00:02:22 / 443	01:00:54 / 539	03:03:35	01:04:21
473	563	DOMAGAŁA Agnieszka		POL ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	84K30/21	K / 31	00:21:40 / 390	00:06:12 / 457	01:39:48 / 531	00:02:53 / 524	00:53:08 / 338	03:03:41	01:04:27
474	397	LIGAS Dariusz		POL	77M40/161	M / 443	00:28:07 / 596	00:04:28 / 584	01:32:51 / 419	00:01:47 / 485	00:56:41 / 448	03:03:53	01:04:40
475	475	DZIAK Artur		POL SPORT FREAKS	81M30/203	M / 444	00:22:26 / 435	00:04:44 / 420	01:35:02 / 466	00:02:08 / 462	00:59:36 / 514	03:03:56	01:04:42
476	424	JAŚKOWIEC Mateusz		POL LEWIN BIEGA	86M30/204	M / 445	00:30:27 / 610	00:04:19 / 599	01:35:37 / 480	00:01:19 / 530	00:52:21 / 310	03:04:02	01:04:49
477	159	GROŃSKI Robert		POL WROCLAW MARATHON TEAM	76M40/162	M / 446	00:22:52 / 457	00:06:29 / 511	01:36:49 / 489	00:03:16 / 516	00:54:37 / 386	03:04:02	01:04:49
478	428	LATKOWSKI Mariusz		POL SPORTS FREAKS	82M30/205	M / 447	00:33:17 / 618	00:05:47 / 613	01:23:07 / 194	00:01:55 / 458	01:00:09 / 525	03:04:15	01:05:01
479	268	ZBROJA Krzysztof		POL	90M20/50	M / 448	00:20:42 / 313	00:06:57 / 448	01:30:18 / 384	00:02:21 / 398	01:04:02 / 567	03:04:20	01:05:07
480	439	ZAWOJAK Kamil		POL	94M20/51	M / 449	00:21:00 / 346	00:04:49 / 356	01:46:46 / 576	00:01:50 / 550	00:50:02 / 243	03:04:27	01:05:13
481	196	JANISZEWSKI Mirosław		POL DSSE	72M40/163	M / 450	00:24:09 / 507	00:05:11 / 510	01:36:52 / 490	00:02:04 / 502	00:56:12 / 432	03:04:28	01:05:14
482	203	ANTAS Marcin		POL HEROLYNX.COM	82M30/206	M / 451	00:22:02 / 415	00:06:32 / 486	01:39:00 / 522	00:01:36 / 514	00:55:30 / 410	03:04:39	01:05:26
483	308	TKACZYSZYN Karolina		POL	96K20/5	K / 32	00:24:11 / 509	00:03:51 / 468	01:38:40 / 516	00:01:54 / 505	00:56:12 / 433	03:04:47	01:05:34
484	171	NAZARY Piotr		POL OBORYGENI	77M40/164	M / 452	00:24:20 / 516	00:06:21 / 546	01:35:09 / 470	00:02:16 / 496	00:56:42 / 451	03:04:48	01:05:34
485	5	KINAL Grzegorz		POL SPORT FREAKS POLAND	81M30/207	M / 453	00:21:56 / 409	00:04:49 / 397	01:34:11 / 447	00:02:09 / 446	01:02:04 / 552	03:05:09	01:05:55
486	589	RYBICKI Jakub		POL UNLIMITED TRIATHLON TEAM	86M30/208	M / 454	00:22:18 / 427	00:04:42 / 410	01:37:48 / 504	00:02:12 / 480	00:58:12 / 488	03:05:11	01:05:58
487	541	POLAŃSKI Zbigniew		POL PIK	60M50/23	M / 455	00:23:51 / 497	00:06:13 / 531	01:35:27 / 476	00:02:40 / 498	00:57:10 / 467	03:05:21	01:06:07
488	276	DUCZKOWSKI Rafał		POL GRZYBIANY TEAM	77M40/165	M / 456	00:26:08 / 573	00:05:27 / 560	01:37:36 / 500	00:02:04 / 529	00:54:08 / 373	03:05:23	01:06:09
489	582	MIELNICKI Wojciech		POL TRIMMISSION	78M40/166	M / 457	00:18:17 / 146	00:05:04 / 207	01:42:50 / 553	00:03:18 / 518	00:55:56 / 428	03:05:24	01:06:11
490	8	LEWCZAK Dariusz		POL MARCUS TEAM	62M50/24	M / 458	00:25:26 / 556	00:05:12 / 545	01:33:28 / 432	00:01:31 / 475	00:59:50 / 520	03:05:27	01:06:14
491	167	MAJCHRZAK Łukasz		POL	87M30/209	M / 459	00:24:37 / 527	00:04:17 / 497	01:33:44 / 439	00:01:47 / 463	01:01:08 / 542	03:05:33	01:06:20
492	312	ZASADNI Ireneusz		POL	86M30/210	M / 460	00:26:29 / 576	00:05:14 / 563	01:40:56 / 539	00:01:15 / 548	00:51:56 / 294	03:05:50	01:06:36
493	474	BECMER Dariusz		POL WKS ŚLĄSK - SEKCJA BNO	71M40/167	M / 461	00:26:30 / 578	00:08:00 / 595	01:36:59 / 493	00:02:11 / 546	00:52:27 / 317	03:06:06	01:06:52
494	124	TROJAN Stanisław		POL WKB PIAST WROCLAW	58M60/5	M / 462	00:20:58 / 335	00:06:36 / 442	01:37:23 / 498	00:01:30 / 477	00:59:45 / 518	03:06:11	01:06:58
495	510	DOBROCHOWSKA Ilona		POL STRZEGOMSKA DWUNASTKA	79K40/6	K / 33	00:23:04 / 462	00:04:32 / 444	01:39:09 / 523	00:02:09 / 511	00:57:24 / 472	03:06:17	01:07:04
496	170	SIENKIEWICZ Arkadiusz		POL	74M40/168	M / 463	00:22:40 / 445	00:06:03 / 492	01:40:05 / 533	00:01:22 / 521	00:56:18 / 435	03:06:28	01:07:14
497	202	CEDRO Damian		POL	78M40/169	M / 464	00:23:30 / 477	00:04:50 / 481	01:41:16 / 542	00:02:12 / 532	00:54:48 / 391	03:06:36	01:07:22
498	562	SALAŃKA Tomasz		POL	75M40/170	M / 465	00:21:33 / 385	00:05:36 / 419	01:30:36 / 390	00:01:47 / 386	01:07:15 / 585	03:06:46	01:07:32

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
499	65	ŚLĘCZKOWSKI Jacek		POL TEMMPO WALBRZYCH	75M40/171	M / 466	00:22:43 / 452	00:04:50 / 439	01:34:04 / 442	00:02:00 / 452	01:03:11 / 558	03:06:48	01:07:34
500	131	WIŚNIEWSKI Paweł		POL WKS ŚLĄSK WROCŁAW	85M30/211	M / 467	00:29:05 / 605	00:05:47 / 602	01:34:52 / 461	00:04:24 / 549	00:52:41 / 325	03:06:49	01:07:36
501	758	WOSKOWSKA Magdalena		POL RAFAKO TRITEAM	80K30/22	K / 34	00:19:39 / 233	00:04:25 / 246	01:45:35 / 570	00:02:09 / 533	00:55:07 / 401	03:06:55	01:07:41
502	311	MRÓZ Marcin		POL	78M40/172	M / 468	00:24:16 / 514	00:06:29 / 549	01:38:18 / 509	00:01:00 / 520	00:56:57 / 460	03:06:59	01:07:45
503	75	ROGOZIŃSKA Beata		POL	80K30/23	K / 35	00:28:49 / 602	00:04:22 / 592	01:33:16 / 429	00:02:24 / 509	00:58:09 / 485	03:06:59	01:07:46
504	240	PIASECKI Paweł		POL	79M40/173	M / 469	00:20:19 / 281	00:04:39 / 303	01:35:33 / 479	00:01:44 / 435	01:04:45 / 570	03:07:00	01:07:46
505	54	GAŁKIEWICZ Irena		POL LITWIN TRIATHLON TEAM	74K40/7	K / 36	00:23:17 / 472	00:04:05 / 431	01:37:15 / 495	00:02:21 / 479	01:00:08 / 524	03:07:05	01:07:52
506	613	GRESZTA Katarzyna		POL TMTEAM	74K40/8	K / 37	00:25:07 / 547	00:05:21 / 543	01:42:03 / 548	00:00:49 / 543	00:53:54 / 365	03:07:14	01:08:00
507	43	JASTROWICZ Jacek		POL TRIATHLON TEAM ŻARY	70M40/174	M / 470	00:20:29 / 293	00:05:50 / 384	01:38:08 / 507	00:02:39 / 482	01:00:09 / 526	03:07:15	01:08:01
508	532	SZNURA Maciej		POL	71M40/175	M / 471	00:20:49 / 322	00:05:53 / 394	01:40:16 / 534	00:03:13 / 522	00:57:15 / 470	03:07:25	01:08:12
509	64	SZYMAŃSKA Brygida		POL STRZEGOMSKA DWUNASTKA	90K20/6	K / 38	00:23:03 / 461	00:05:22 / 483	01:48:36 / 590	00:01:32 / 567	00:49:17 / 213	03:07:50	01:08:36
510	98	ŚWITON Krzysztof		POL 22KBPG	96M20/52	M / 472	00:36:26 / 620	00:05:13 / 618	01:34:44 / 458	00:02:24 / 569	00:49:05 / 206	03:07:52	01:08:38
511	49	KACZMAREK Andrzej		POL	71M40/176	M / 473	00:23:28 / 476	00:04:48 / 478	01:33:25 / 431	00:01:33 / 448	01:04:47 / 572	03:08:00	01:08:47
512	425	RÓŻYCKA Joanna		POL NIEZRZESZONA	76K40/9	K / 39	00:22:29 / 440	00:04:47 / 425	01:37:46 / 502	00:02:46 / 491	01:00:14 / 529	03:08:01	01:08:48
513	656	MAJCHRZAK Magdalena		POL	88K30/24	K / 40	00:23:42 / 488	00:05:11 / 496	01:33:10 / 426	00:01:38 / 454	01:04:29 / 569	03:08:10	01:08:56
514	322	GIBAŁA Paweł		POL	90M20/53	M / 474	00:22:16 / 425	00:06:44 / 501	01:44:59 / 563	00:02:04 / 559	00:52:22 / 312	03:08:25	01:09:11
515	178	KOPEĆ Arkadiusz		POL TWOJA STARA	84M30/212	M / 475	00:21:08 / 354	00:05:44 / 401	01:38:49 / 519	00:01:50 / 490	01:01:20 / 546	03:08:51	01:09:37
516	84	KOSTKA Filip		POL TWOJA STARA	90M20/54	M / 476	00:20:43 / 314	00:06:11 / 402	01:38:54 / 520	00:02:25 / 500	01:00:41 / 533	03:08:53	01:09:40
517	416	KIROŃSKI Tomasz		POL GVT	63M50/25	M / 477	00:21:56 / 410	00:05:29 / 433	01:29:37 / 363	00:02:43 / 391	01:09:09 / 591	03:08:54	01:09:40
518	304	SOKOŁOWSKI Grzegorz		POL POLARIS	88M30/213	M / 478	00:20:03 / 263	00:04:20 / 268	01:41:55 / 545	00:02:09 / 503	01:00:42 / 534	03:09:08	01:09:55
519	142	GAJOWY Michał		POL	80M30/214	M / 479	00:21:55 / 407	00:06:07 / 466	01:41:57 / 546	00:02:54 / 536	00:56:31 / 441	03:09:24	01:10:10
520	299	KĘSY-KOWALSKA Hanna		POL SZCZAWNORUN	67K50/2	K / 41	00:22:40 / 444	00:04:17 / 406	01:41:26 / 544	00:02:29 / 526	00:58:41 / 496	03:09:33	01:10:19
521	759	KARAŚ Michał		POL	96M20/55	M / 480	00:19:57 / 258	00:04:40 / 287	01:38:14 / 508	00:01:14 / 457	01:05:35 / 577	03:09:40	01:10:26
522	527	KRZYMIŃSKI Rafał		POL KAYLO TEAM	74M40/177	M / 481	00:23:16 / 471	00:04:41 / 463	01:48:00 / 587	00:02:41 / 568	00:51:18 / 281	03:09:55	01:10:42
523	556	DUDEK Mariusz		POL	89M30/215	M / 482	00:21:38 / 389	00:04:54 / 390	01:48:20 / 589	00:02:42 / 565	00:52:34 / 321	03:10:07	01:10:54
524	251	ZAWODNIK ANONIMOWY		POL FASTTEAM	79K40/10	K / 42	00:22:32 / 441	00:04:00 / 391	01:37:58 / 505	00:02:02 / 478	01:03:37 / 562	03:10:09	01:10:55
525	678	WYRODA Damian		POL KPP MŁAWA	88M30/216	M / 483	00:21:12 / 362	00:05:46 / 407	01:36:17 / 486	00:01:58 / 472	01:05:02 / 574	03:10:15	01:11:01
526	153	KONARSKI Robert		POL	82M30/217	M / 484	00:22:17 / 424	00:05:37 / 458	01:36:02 / 483	00:00:57 / 467	01:05:28 / 576	03:10:20	01:11:07
527	92	MASŁOWSKI Michał		POL NO LIMITS	91M20/56	M / 485	00:21:27 / 378	00:05:01 / 389	01:43:24 / 556	00:01:19 / 528	00:59:19 / 506	03:10:30	01:11:17
528	367	PERŁAKOWSKI Tadeusz		POL MTS DRUŻYNA SZPIKU KGHM	56M60/6	M / 486	00:28:44 / 600	00:05:33 / 594	01:42:03 / 547	00:04:14 / 574	00:50:15 / 247	03:10:48	01:11:34
529	284	SIKOŃ Katarzyna		POL PRO-RUN WROCŁAW	77K40/11	K / 43	00:24:57 / 537	00:04:28 / 516	01:45:00 / 564	00:01:50 / 560	00:55:00 / 398	03:11:15	01:12:01
530	401	SZKWAREK Dominik		POL	82M30/218	M / 487	00:27:22 / 591	00:04:33 / 572	01:37:17 / 497	00:01:33 / 525	01:00:38 / 532	03:11:22	01:12:09
531	454	SZEWCZAK Adam		POL	69M50/26	M / 488	00:20:56 / 332	00:05:56 / 400	01:37:00 / 492	00:05:14 / 513	01:02:53 / 556	03:11:59	01:12:46
532	303	WASIELEWSKI Mateusz		POL OSOBA PRYWATNA	92M20/57	M / 489	00:24:05 / 503	00:06:47 / 551	01:41:01 / 540	00:03:03 / 556	00:57:12 / 468	03:12:07	01:12:54

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
533	342	MOTYKA Krzysztof		POL SUCHA PANY		88M30/219 M / 490	00:17:14 / 86	00:05:16 / 173	01:46:59 / 578	00:03:35 / 539	00:59:04 / 500	03:12:07	01:12:54
534	411	HACHOŁ Grażyna		POL		57K50/3 K / 44	00:12:45 / 5	00:09:34 / 167	02:06:21 / 614	00:04:06 / 607	00:40:05 / 14	03:12:51	01:13:37
535	190	MACIASZEK Piotr		POL		87M30/220 M / 491	00:24:33 / 525	00:04:05 / 490	01:35:52 / 481	00:01:05 / 474	01:07:29 / 587	03:13:04	01:13:51
536	229	JEDLIŃSKA Katarzyna		POL DSSE		80K30/25 K / 45	00:24:29 / 521	00:04:57 / 517	01:42:47 / 552	00:02:40 / 555	00:58:47 / 498	03:13:39	01:14:26
537	59	JARZĄBEK Krzysztof		POL		74M40/178 M / 492	00:27:28 / 592	00:05:21 / 588	01:36:24 / 487	00:03:43 / 537	01:00:46 / 537	03:13:41	01:14:28
538	20	ADACH Dariusz		POL ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN		76M40/179 M / 493	00:30:05 / 609	00:05:50 / 605	01:35:33 / 478	00:01:42 / 541	01:00:43 / 536	03:13:52	01:14:39
539	334	BOLISĘGA Paweł		POL		97M20/58 M / 494	00:21:55 / 408	00:05:21 / 424	01:45:11 / 567	00:02:09 / 552	00:59:20 / 508	03:13:56	01:14:42
540	400	KACZANIUK Jeremiasz		POL		95M20/59 M / 495	00:21:13 / 363	00:06:04 / 426	01:44:58 / 562	00:02:20 / 551	00:59:22 / 510	03:13:56	01:14:43
541	189	SKUBISZ Krzysiek rychu		POL ZAGO CREW		92M20/60 M / 496	00:24:31 / 523	00:08:23 / 590	01:38:38 / 515	00:05:19 / 564	00:57:13 / 469	03:14:04	01:14:50
542	614	KUPCZYK Tomasz		POL COLLINS AEROSPACE		77M40/180 M / 497	00:21:43 / 394	00:05:36 / 428	01:45:03 / 566	00:04:22 / 562	00:57:24 / 471	03:14:07	01:14:54
543	294	PIASECKI Aleksander		POL		89M30/221 M / 498	00:22:13 / 421	00:04:47 / 413	01:46:38 / 575	00:01:11 / 553	00:59:25 / 511	03:14:14	01:15:01
544	500	PODSIADLO Jan		POL TRIATHLON DĄBROWA GÓRNICZA		77M40/181 M / 499	00:19:40 / 237	00:05:17 / 301	01:40:32 / 535	00:01:50 / 487	01:07:00 / 583	03:14:19	01:15:05
545	573	BIELECKI Kuba		POL		91M20/61 M / 500	00:19:29 / 225	00:04:40 / 251	01:41:21 / 543	00:01:43 / 486	01:07:28 / 586	03:14:40	01:15:26
546	181	KOMARNICKI Łukasz		POL PRO-RUN WROCŁAW		89M30/222 M / 501	00:21:37 / 387	00:04:48 / 386	01:44:30 / 560	00:02:11 / 540	01:01:50 / 550	03:14:56	01:15:42
547	466	HRYDCZUK Wiesław		POL		64M50/27 M / 502	00:26:01 / 571	00:06:52 / 589	01:43:14 / 555	00:04:43 / 578	00:54:50 / 393	03:15:40	01:16:26
548	385	GLUCH Grzegorz		POL		80M30/223 M / 503	00:32:38 / 616	00:05:06 / 612	01:40:49 / 537	00:01:15 / 571	00:55:53 / 425	03:15:41	01:16:28
549	219	SZYDŁO Agata		POL GT RAT		69K50/4 K / 46	00:21:00 / 342	00:04:15 / 325	01:42:46 / 551	00:02:13 / 523	01:05:37 / 578	03:15:51	01:16:37
550	206	WITA Maciej		POL LAB		81M30/224 M / 504	00:27:06 / 587	00:05:14 / 579	01:42:53 / 554	00:01:33 / 563	00:59:17 / 505	03:16:03	01:16:49
551	355	TRAJDOS Przemysław		POL		81M30/225 M / 505	00:23:24 / 473	00:06:48 / 536	01:47:14 / 581	00:01:40 / 570	00:56:58 / 462	03:16:04	01:16:50
552	497	HEJBER Grzegorz		POL		77M40/182 M / 506	00:23:44 / 490	00:07:11 / 553	01:39:14 / 525	00:03:26 / 545	01:02:47 / 554	03:16:21	01:17:08
553	366	BARANOWSKI Maciej		POL		92M20/62 M / 507	00:23:35 / 483	00:05:41 / 508	01:45:03 / 565	00:00:58 / 558	01:01:55 / 551	03:17:11	01:17:58
554	78	KULYK Łukasz		POL		93M20/63 M / 508	00:24:38 / 528	00:07:07 / 566	01:47:04 / 579	00:02:16 / 580	00:56:23 / 436	03:17:28	01:18:14
555	375	GRABAREK Konrad		POL		75M40/183 M / 509	00:24:43 / 530	00:05:36 / 539	01:41:14 / 541	00:01:27 / 538	01:04:57 / 573	03:17:57	01:18:43
556	517	KADŁUBOWSKI Piotr		POL KOTWICA BRZEG / AUTOGAZEXPERT RUNNERS TEAM		77M40/184 M / 510	00:25:00 / 539	00:06:45 / 564	01:49:21 / 591	00:02:34 / 588	00:54:21 / 378	03:18:00	01:18:47
557	137	KOSIOROWSKI Adam		POL		73M40/185 M / 511	00:23:08 / 466	00:07:39 / 550	01:34:52 / 460	00:03:47 / 517	01:08:36 / 588	03:18:02	01:18:49
558	484	KOSENDIAK Władysław		POL SPORT FREAKS POLAND		80M30/226 M / 512	00:25:15 / 551	00:05:22 / 544	01:31:48 / 407	00:02:18 / 466	01:13:29 / 598	03:18:11	01:18:57
559	209	GALWA Krystian		POL		84M30/227 M / 513	00:23:32 / 478	00:04:37 / 474	01:42:16 / 549	00:01:19 / 531	01:06:40 / 582	03:18:23	01:19:10
560	169	FAST Michał		POL FASTTEAM		75M40/186 M / 514	00:20:37 / 302	00:04:34 / 317	01:40:47 / 536	00:01:59 / 494	01:10:38 / 593	03:18:34	01:19:21
561	483	MIERZWIAK Marek		POL RADOSNA STREET		77M40/187 M / 515	00:25:37 / 561	00:04:40 / 538	01:39:51 / 532	00:02:18 / 535	01:06:10 / 580	03:18:36	01:19:22
562	258	ZGAGACZ Paweł		POL		70M40/188 M / 516	00:26:54 / 584	00:08:40 / 603	01:43:31 / 557	00:01:41 / 577	00:58:11 / 486	03:18:56	01:19:43
563	61	ZAPAŚNIK Marcin		POL		78M40/189 M / 517	00:26:21 / 575	00:05:47 / 574	01:38:45 / 517	00:02:50 / 547	01:05:48 / 579	03:19:31	01:20:18
564	6	WOJTOWICZ Michał		POL		85M30/228 M / 518	00:19:50 / 248	00:05:05 / 299	01:39:43 / 530	00:02:44 / 488	01:12:23 / 597	03:19:44	01:20:31
565	179	ZAWODNIK ANONIMOWY		POL		83M30/229 M / 519	00:22:01 / 413	00:05:49 / 452	01:40:55 / 538	00:02:23 / 527	01:08:40 / 589	03:19:48	01:20:34

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
566	565	PLISZKA Mateusz		POL		92M20/64 M / 520	00:25:27 / 555	00:05:54 / 558	01:52:08 / 598	00:02:51 / 597	00:53:42 / 357	03:20:02	01:20:48
567	578	JAKUBOWSKI Andrzej		POL PRO-RUN WROCLAW		59M60/7 M / 521	00:26:43 / 581	00:05:46 / 582	01:38:34 / 514	00:03:56 / 557	01:05:04 / 575	03:20:03	01:20:50
568	345	ŻÓLTOWSKI Krzysztof		POL -		56M60/8 M / 522	00:31:32 / 613	00:05:25 / 609	01:45:14 / 569	00:01:16 / 587	00:56:48 / 453	03:20:14	01:21:01
569	21	MIELNIK Krzysztof		POL DIEHL CONTROLS		87M30/230 M / 523	00:28:36 / 599	00:05:54 / 596	01:47:06 / 580	00:02:23 / 589	00:56:34 / 443	03:20:33	01:21:19
570	756	LASKOWSKA Aneta		POL TIM SPORT GÓRSKI		70K40/12 K / 47	00:25:32 / 558	00:04:31 / 530	01:47:54 / 586	00:03:04 / 579	01:00:12 / 528	03:21:13	01:21:59
571	473	GRUZ Robert		POL		87M30/231 M / 524	00:21:57 / 411	00:07:23 / 509	01:46:32 / 574	00:01:58 / 566	01:03:29 / 560	03:21:19	01:22:05
572	390	KRÓL-PIDANTY Marzena		POL I-SPORT		75K40/13 K / 48	00:27:15 / 588	00:05:32 / 587	01:50:29 / 595	00:02:15 / 595	00:56:25 / 437	03:21:56	01:22:42
573	11	GORCZYCA Jakub		POL NOKIA		91M20/65 M / 525	00:41:29 / 623	00:06:40 / 620	01:33:56 / 441	00:02:33 / 593	00:57:26 / 474	03:22:03	01:22:50
574	88	POSYNIAK Piotr		POL		74M40/190 M / 526	00:25:47 / 566	00:06:54 / 585	01:47:19 / 582	00:02:40 / 582	00:59:38 / 517	03:22:17	01:23:03
575	71	WNEK Łukasz		POL		93M20/66 M / 527	00:24:27 / 520	00:07:08 / 561	01:49:52 / 592	00:02:57 / 590	00:58:28 / 493	03:22:52	01:23:38
576	127	SKOCZEK Michał		POL		87M30/232 M / 528	00:23:04 / 463	00:05:07 / 476	01:53:34 / 602	00:01:31 / 584	00:59:48 / 519	03:23:04	01:23:51
577	198	CHICIŃSKA Monika		POL		73K40/14 K / 49	00:29:14 / 606	00:05:28 / 598	01:52:38 / 600	00:01:14 / 598	00:54:32 / 381	03:23:05	01:23:52
578	130	FILIPOWSKI Michał		POL		87M30/233 M / 529	00:23:14 / 469	00:05:06 / 480	01:53:35 / 601	00:01:26 / 586	00:59:57 / 521	03:23:17	01:24:04
579	331	ŁUKAWSKI Krzysztof		POL		92M20/67 M / 530	00:24:49 / 533	00:05:22 / 535	01:39:16 / 526	00:02:25 / 534	01:11:34 / 594	03:23:25	01:24:12
580	200	DUCZEMIŃSKI Dariusz		POL NOA		77M40/191 M / 531	00:29:51 / 608	00:06:46 / 608	01:47:43 / 584	00:01:20 / 596	00:58:27 / 492	03:24:07	01:24:53
581	319	WITA Radosław		POL		79M40/192 M / 532	00:27:53 / 595	00:06:43 / 597	01:44:03 / 559	00:01:58 / 576	01:03:35 / 561	03:24:12	01:24:58
582	508	CHODORSKI Łukasz		POL		86M30/234 M / 533	00:21:29 / 381	00:06:05 / 441	01:53:44 / 603	00:02:00 / 585	01:01:20 / 545	03:24:37	01:25:24
583	621	OLEŃSKA Anna		POL		78K40/15 K / 50	00:25:48 / 567	00:06:14 / 573	01:48:18 / 588	00:02:23 / 583	01:02:51 / 555	03:25:33	01:26:20
584	555	KULINA Maciej		POL NIGHT RUNNERS WROCLAW		93M20/68 M / 534	00:25:29 / 557	00:07:01 / 583	01:55:55 / 606	00:02:13 / 603	00:56:48 / 454	03:27:26	01:28:12
585	490	ŻUBER Anna		POL TMT		76K40/16 K / 51	00:24:41 / 529	00:07:45 / 581	01:52:12 / 599	00:04:52 / 600	00:58:47 / 497	03:28:16	01:29:03
586	160	TONDER Marek		POL MAWER		62M50/28 M / 535	00:20:37 / 304	00:05:01 / 344	01:47:35 / 583	00:01:37 / 554	01:13:40 / 599	03:28:29	01:29:16
587	72	SWOBODA Piotr		POL		89M30/235 M / 536	00:30:29 / 611	00:05:40 / 607	01:45:49 / 571	00:02:37 / 592	01:03:55 / 566	03:28:30	01:29:16
588	634	ŁOKACZ Michał		POL DECATHLON BIELANY WROCLAWSKIE		95M20/69 M / 537	00:34:11 / 619	00:05:07 / 614	01:35:06 / 469	00:01:52 / 561	01:12:18 / 596	03:28:34	01:29:20
589	750	KALEMBLIEWICZ Piotr		POL MIROTRANS		79M40/193 M / 538	00:32:47 / 617	00:07:26 / 615	01:45:13 / 568	00:05:13 / 604	00:58:21 / 490	03:29:00	01:29:46
590	418	KOSIARSKI Bartosz		POL		79M40/194 M / 539	00:20:28 / 290	00:07:06 / 443	01:51:11 / 597	00:01:47 / 573	01:08:43 / 590	03:29:14	01:30:01
591	191	GOLENIEWSKI Tomasz		POL		73M40/195 M / 540	00:22:24 / 434	00:05:00 / 432	01:53:59 / 604	00:03:09 / 591	01:04:46 / 571	03:29:18	01:30:04
592	412	OSTOLSKA Sylwia		POL		74K40/17 K / 52	00:22:52 / 458	00:06:47 / 524	01:50:35 / 596	00:01:58 / 581	01:07:08 / 584	03:29:20	01:30:07
593	14	REMLEIN Piotr		POL		91M20/70 M / 541	00:25:24 / 554	00:06:29 / 571	01:57:03 / 608	00:02:14 / 605	00:59:00 / 499	03:30:09	01:30:56
594	69	STARMACH Michał		POL		88M30/236 M / 542	00:25:31 / 559	00:06:18 / 568	01:46:10 / 573	00:02:37 / 575	01:12:08 / 595	03:32:44	01:33:30
595	83	JANISŁAWSKI Maciej		POL TM TEAM		91M20/71 M / 543	00:24:54 / 536	00:04:34 / 519	01:57:52 / 610	00:02:46 / 602	01:03:42 / 563	03:33:48	01:34:34
596	208	GAJ-JURCZYK Renata		POL LEWIN BIEGA		73K40/18 K / 53	00:31:18 / 612	00:10:07 / 617	01:49:58 / 594	00:02:42 / 608	01:01:42 / 549	03:35:47	01:36:33
597	186	KOBYŁKA Patryk		POL		92M20/72 M / 544	00:43:21 / 625	00:05:43 / 621	01:46:53 / 577	00:01:42 / 613	01:02:28 / 553	03:40:07	01:40:53
598	239	WOŹNIAK Maciej		POL		69M50/29 M / 545	00:29:02 / 604	00:06:50 / 604	01:46:07 / 572	00:02:59 / 594	01:16:08 / 603	03:41:06	01:41:52
599	211	KARP Dariusz		POL KARP SPORT TEAM		73M40/196 M / 546	00:32:09 / 615	00:08:17 / 616	01:58:26 / 611	00:03:10 / 615	01:01:23 / 547	03:43:24	01:44:11

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
600	536	ADAMCZYK Michał		POL		85M30/237 M / 547	00:26:05 / 572	00:06:53 / 591	01:55:49 / 605	00:02:30 / 606	01:16:47 / 604	03:48:04	01:48:50
601	157	POŁĄCZARZ Adam		POL TRI4FIVE		81M30/238 M / 548	00:26:47 / 582	00:05:31 / 578	01:59:40 / 612	00:02:33 / 609	01:14:39 / 600	03:49:10	01:49:56
602	409	BIAŁOWAŚ Igor		POL		76M40/197 M / 549	00:25:48 / 568	00:09:00 / 601	01:57:03 / 607	00:03:18 / 610	01:15:46 / 601	03:50:55	01:51:42
603	305	VALIUCKO-KACZMAREK Veslava		POL		83K30/26 K / 54	00:26:58 / 586	00:05:25 / 580	02:08:18 / 615	00:02:11 / 616	01:09:53 / 592	03:52:45	01:53:31
604	236	JEDLIŃSKI Jacek		POL DSSE		75M40/198 M / 550	00:23:34 / 480	00:05:51 / 514	02:08:37 / 616	00:01:46 / 614	01:16:00 / 602	03:55:48	01:56:34
605	207	MASŁOWSKI Tadeusz		POL NO LIMITS		60M50/30 M / 551	00:29:02 / 603	00:08:16 / 610	01:57:22 / 609	00:02:12 / 612	01:28:42 / 605	04:05:34	02:06:21
	7	GRUNDYS Paweł		POL GVT		81	00:19:09 / 201	00:04:17 / 214	02:02:06 / 613	00:04:18 / 601		DNF	
	13	OTTENBREIT Adrian		POL TEAMKARAŚ		87	00:18:02 / 125	00:03:50 / 139	01:21:03 / 144	00:25:21 / 501		DNF	
	19	PÓŁGRABIA Dawid		POL		78	00:10:20 / 1					DNF	
	25	MIŚ Piotr		POL		90						DNF	
	50	TARNOWSKI Robert		POL AGRESJA		91	00:18:13 / 142					DNF	
	86	SUSZCZEWICZ Dariusz		POL		89	00:24:05 / 504	00:04:28 / 487				DNF	
	110	PIETRZAK Błażej		POL GVT		81	00:15:54 / 31	00:03:09 / 32	02:25:23 / 619	00:05:13 / 617		DNF	
	128	PIĄTKOWSKI Tomasz		POL GIRA SIĘ KRĘCI		79						DNF	
	194	KRZYWDA Dominik		POL		95	00:37:31 / 621					DNF	
	255	SYGULA Piotr		POL		88	00:38:18 / 622	00:05:02 / 619	01:44:45 / 561	00:01:17 / 599		DNF	
	296	MAŁOTA Damian		POL LABORATORIUM SPORTU/KS BLOKERSI KK		86	00:19:11 / 203	00:03:43 / 191	01:28:15 / 328	00:01:21 / 269		DNF	
	301	BEREŻNICKI Michał		POL ELENBI		84	00:44:15 / 626	00:05:51 / 622				DNF	
	313	JAGOSZ Jakub		POL		90						DNF	
	340	NIEWIADOMSKI Marcin		POL ALKOTURYŚCI		91	00:41:31 / 624					DNF	
	372	RECZUCH Adam		POL 7 KONTYNETÓW		74						DNF	
	376	DEREZIŃSKI Adam		POL		88	00:18:52 / 178	00:04:39 / 219				DNF	
	396	PIDANTY Grzegorz		POL STRZEGOM ZHR		74						DNF	
	402	PRISACARIU Laurentiu		POL		89	00:29:44 / 607	00:06:16 / 606	02:20:41 / 618	00:02:13 / 619		DNF	
	420	OWCZAREK Mirosław		POL		58	00:24:15 / 513	00:06:43 / 554	01:47:47 / 585	00:01:24 / 572		DNF	
	462	PODGÓRSKI Tomasz		POL KIEDYŚ WYGRAM		80	00:21:27 / 376	00:04:43 / 377	01:30:44 / 392	00:01:32 / 366		DNF	
	479	IWANOWSKI Jacek		POL TRIA- TEAM BRUCHKOEBEL		86	00:19:20 / 213	00:04:09 / 218	01:49:56 / 593	00:39:37 / 618		DNF	
	547	KRASOWSKI Marek		POL ZARY TRIATHLON TEAM		73	00:17:56 / 118	00:03:29 / 116	01:32:09 / 410	00:05:30 / 379		DNF	
	566	WALOTEK Marcin		POL		85	00:25:38 / 562	00:06:08 / 567	01:11:19 / 14	00:03:20 / 160		DNF	
	602	ZAWODNIK ANONIMOWY		POL JEKA TEAM		64	00:16:26 / 49	00:04:32 / 84	01:42:44 / 550			DNF	
	628	ŁUSIAK Mariusz		POL WAY2CHAMP		84	00:16:29 / 51	00:03:51 / 64	01:27:45 / 306	00:25:29 / 544		DNF	
	638	SZCZUCKI Miłosz		POL EDI TEAM		98	00:12:25 / 4	00:05:57 / 18	02:12:28 / 617	00:05:24 / 611		DNF	
	2217	ZAWODNIK Do uzup		POL								DNF	
	349	RABSZTYN Andrzej		POL TMTEAM		78						DNS	

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
	369	KRAWCZYK Mateusz		POL MARCUS TEAM		89						DNS	
	607	KARGOL Paweł		POL OLEŚNICKA GRUPA TRIATHLONOWA		78						DNS	
	629	MICHAŁEK Grzegorz		POL TRIACTIV RIDLEY		85						DNS	
	652	STOPA Paweł		POL		89						DNS	
	10852	ZALEWSKI Igor		POL TRIATHLON CLUB WROCŁAW		93						DNS	

Zgłoszonych:	887	Odebrało nr.:	636	Wystartowało:	632	Ukończyło:	605
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