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City: Mietków	Distance: 950m+45km+10,5km
Date: 09.06.2018	Organizer: Platforma Sportów Wytrzymałościowych, Fundacja Pro Sport Pro Life

Triathlon 950m+45km+10,5km

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
1	1	ADAM KACPER		POL OLIMPIUS.PL	92M20/1	M / 1	00:13:13 / 1	00:02:37 / 1	01:04:38 / 1	00:00:42 / 1	00:40:08 / 3	02:01:18	00:00:00
2	122	PETELSKI MATEUSZ		POL GVT BMC	86M30/1	M / 2	00:18:09 / 90	00:02:53 / 54	01:07:43 / 2	00:01:24 / 8	00:39:49 / 2	02:09:58	00:08:39
3	211	JACKOWIAK PIOTR		POL SUROWYPROJEKT	86M30/2	M / 3	00:15:19 / 11	00:02:52 / 9	01:10:55 / 8	00:00:46 / 6	00:41:45 / 6	02:11:37	00:10:19
4	539	ZALEWSKI IGOR		POL TRIATHLON CLUB WROCLAW	93M20/2	M / 4	00:13:32 / 2	00:02:33 / 2	01:11:42 / 13	00:00:39 / 4	00:43:22 / 13	02:11:48	00:10:29
5	586	OGRODNIK MACIEK		POL TRIATHLON CLUB WROCLAW / TRIWISE	97M20/3	M / 5	00:14:36 / 5	00:02:30 / 3	01:11:40 / 12	00:00:41 / 5	00:42:43 / 9	02:12:10	00:10:51
6	129	WOJTCZAK GRZEGORZ		POL	83M30/3	M / 6	00:16:58 / 36	00:02:39 / 24	01:11:50 / 14	00:00:32 / 14	00:40:59 / 4	02:12:58	00:11:40
7	89	MALACZEWSKI LUKASZ		POL GVT	79M30/4	M / 7	00:14:20 / 4	00:02:53 / 4	01:10:19 / 7	00:00:40 / 2	00:45:32 / 33	02:13:44	00:12:25
8	282	MARKIEWICZ MARCIN		POL GLKS ŻELAZNA ŚWIDNICA/LABOSPORT	72M40/1	M / 8	00:15:15 / 10	00:02:36 / 7	01:09:24 / 3	00:01:05 / 3	00:45:34 / 34	02:13:54	00:12:35
TEAM													
9	55	PACHOLAK MARCIN		POL LUFT TRI TEAM	88M30/5	M / 9	00:16:49 / 32	00:03:07 / 26	01:10:59 / 9	00:00:48 / 12	00:42:15 / 8	02:13:58	00:12:39
10	107	OLSZEWSKI PAWEŁ		POL GT RAT	86M30/6	M / 10	00:16:05 / 15	00:02:42 / 13	01:11:25 / 11	00:00:49 / 11	00:44:08 / 19	02:15:09	00:13:51
11	20	WROŃSKI TOMASZ		POL	79M30/7	M / 11	00:15:00 / 9	00:03:06 / 8	01:13:08 / 19	00:00:54 / 15	00:43:39 / 16	02:15:47	00:14:28
12	204	STARZYK LUKASZ		POL GVT	85M30/8	M / 12	00:16:15 / 19	00:03:11 / 18	01:11:21 / 10	00:01:03 / 13	00:44:09 / 20	02:15:59	00:14:41
13	561	PAKOSZ KRZYSZTOF		POL DECATHLON BIELANY WROCLAWSKIE	93M20/4	M / 13	00:18:50 / 121	00:03:06 / 89	01:26:52 / 276	00:00:51 / 190	00:26:54 / 1	02:16:33	00:15:14
14	424	MARCINIAK JACEK		POL TMTEAM	77M40/2	M / 14	00:16:12 / 17	00:02:41 / 14	01:10:03 / 5	00:01:10 / 7	00:46:40 / 44	02:16:46	00:15:28
15	294	KOT REMIGIUSZ		POL RM TRI TEAM	73M40/3	M / 15	00:16:38 / 26	00:02:57 / 22	01:09:23 / 4	00:01:18 / 9	00:47:03 / 45	02:17:19	00:16:00
16	410	PYKA MAREK		POL CHOP ZE ŻELAZA TRI TEAM	77M40/4	M / 16	00:16:08 / 16	00:03:02 / 17	01:13:13 / 20	00:00:50 / 17	00:44:16 / 21	02:17:29	00:16:11
17	249	KULESZA JAKUB		POL TRIATHLON CLUB WROCLAW	80M30/9	M / 17	00:14:58 / 8	00:02:36 / 6	01:12:21 / 15	00:00:56 / 10	00:47:35 / 53	02:18:26	00:17:08
18	429	KASPERSKI ARTUR		POL	77M40/5	M / 18	00:18:52 / 124	00:03:16 / 102	01:12:44 / 17	00:01:01 / 24	00:43:32 / 15	02:19:25	00:18:06
19	236	JJANIAK PAWEŁ		POL TRIATHLON SIEDLCE CLUB	80M30/10	M / 19	00:17:15 / 43	00:03:03 / 31	01:14:13 / 27	00:00:30 / 20	00:45:00 / 28	02:20:01	00:18:43
20	36	DOMINIKOWSKI KRZYSZTOF		POL GLKS ŻELAZNA ŚWIDNICA	80M30/11	M / 20	00:18:28 / 103	00:03:02 / 73	01:15:31 / 38	00:01:00 / 35	00:42:01 / 7	02:20:02	00:18:43
21	356	BOHATER PIOTR		POL VERPALIN TRIATHLON TEAM	78M40/6	M / 21	00:16:25 / 22	00:03:05 / 20	01:13:33 / 24	00:00:59 / 18	00:46:04 / 38	02:20:06	00:18:47
22	83	ŁUKASZEWICZ DAWID		POL MULTIENDURANCE WROCLAW TEAM	87M30/12	M / 22	00:17:07 / 39	00:03:04 / 30	01:13:57 / 25	00:00:57 / 21	00:45:06 / 30	02:20:11	00:18:53
23	125	BIRECKI JAKUB		POL GT KONA	87M30/13	M / 23	00:18:16 / 94	00:02:50 / 57	01:12:27 / 16	00:00:42 / 19	00:47:23 / 48	02:21:38	00:20:20
24	328	STWORA DAWID		POL POLICJA BIELSKO-BIAŁA	77M40/7	M / 24	00:17:58 / 80	00:02:37 / 35	01:15:25 / 36	00:00:41 / 29	00:45:23 / 31	02:22:04	00:20:45
25	502	ROSKOSZ BARTOSZ		POL JELCZ TRIATHLON PROJECT	89M20/5	M / 25	00:20:57 / 250	00:03:22 / 199	01:15:55 / 42	00:00:57 / 67	00:41:13 / 5	02:22:24	00:21:06
26	440	WOŁODKO GRZEGORZ		POL	77M40/8	M / 26	00:17:52 / 70	00:03:28 / 68	01:10:13 / 6	00:01:01 / 16	00:50:35 / 113	02:23:09	00:21:51

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
27	218	KARCH TOMASZ		POL GLKS ŻELAZNA ŚWIDNICA	82M30/14	M / 27	00:15:55 / 14	00:03:09 / 15	01:20:20 / 120	00:01:09 / 59	00:42:44 / 10	02:23:17	00:21:59
28	568	BUGDOŁ EWA		POL WLKS KMICIC CZĘSTOCHOWA	86K30/1	K / 1	00:14:52 / 6	00:02:31 / 5	01:19:26 / 95	00:00:42 / 33	00:45:52 / 36	02:23:23	00:22:05
29	355	FIEDOROW SZYMON		POL	73M40/9	M / 28	00:17:58 / 79	00:03:25 / 71	01:14:55 / 31	00:00:59 / 32	00:47:08 / 47	02:24:25	00:23:07
30	494	MROCZKOWSKI KAROL		POL #DASHRADE TEAM	90M20/6	M / 29	00:16:12 / 18	00:03:15 / 19	01:17:40 / 67	00:01:09 / 38	00:46:10 / 39	02:24:26	00:23:08
31	115	STODÓŁKA SZYMON		POL LENIWIEC	86M30/15	M / 30	00:18:08 / 89	00:02:52 / 51	01:14:37 / 29	00:00:34 / 26	00:48:24 / 68	02:24:35	00:23:17
32	25	MACIUSZEK ŁUKASZ		POL BBL OPOLE	86M30/16	M / 31	00:20:00 / 198	00:03:58 / 182	01:14:48 / 30	00:01:01 / 52	00:44:57 / 26	02:24:44	00:23:26
33	405	LESISZ MACIEJ		POL TRIADA NAMYSŁÓW	76M40/10	M / 32	00:15:29 / 13	00:03:04 / 12	01:15:55 / 43	00:01:17 / 23	00:49:09 / 76	02:24:54	00:23:35
34	105	PASZEK SEBASTIAN		POL TMTEAM	82M30/17	M / 33	00:16:20 / 21	00:02:47 / 16	01:16:57 / 55	00:00:46 / 31	00:48:13 / 64	02:25:03	00:23:45
35	117	WNĘK JAROSŁAW		POL KUPZSOSE.PL	88M30/18	M / 34	00:15:19 / 12	00:03:11 / 11	01:16:08 / 46	00:00:42 / 22	00:50:04 / 94	02:25:24	00:24:06
36	571	ŁOPIANIAK TOMASZ		POL KTT TERMINATOR OPOLE	75M40/11	M / 35	00:18:03 / 85	00:03:06 / 59	01:20:13 / 119	00:00:46 / 82	00:44:02 / 18	02:26:10	00:24:51
37	431	JANUSZ IZABELA		POL TRIATHLON CLUB WROCŁAW	94K20/1	K / 2	00:16:50 / 33	00:03:07 / 27	01:15:30 / 37	00:00:47 / 27	00:49:56 / 90	02:26:10	00:24:52
38	110	KOSICKI RADOSŁAW		POL	82M30/19	M / 36	00:17:33 / 58	00:03:05 / 37	01:17:00 / 56	00:01:01 / 40	00:47:32 / 52	02:26:11	00:24:52
39	131	SZUL DANIEL		POL UKS TRS SUSZ. KWP OLSZTYN	82M30/20	M / 37	00:18:51 / 123	00:03:29 / 108	01:14:56 / 32	00:00:50 / 37	00:48:09 / 61	02:26:15	00:24:56
40	516	KRÓL MACIEJ		POL @KROLWBIEGU	95M20/7	M / 38	00:17:12 / 41	00:03:11 / 33	01:15:03 / 33	00:00:38 / 25	00:50:29 / 109	02:26:33	00:25:14
41	13	BIELICKI BARTOSZ		POL RUNNING TEAM MILICZ	80M30/21	M / 39	00:18:10 / 91	00:03:09 / 67	01:18:01 / 73	00:00:47 / 56	00:46:36 / 43	02:26:43	00:25:25
42	118	CHERNOBRIVENKO SERGEY		RUSGT RAT	87M30/22	M / 40	00:19:22 / 162	00:03:23 / 122	01:15:53 / 41	00:00:39 / 48	00:47:29 / 51	02:26:46	00:25:28
43	196	VERHEYDEN SAM		POL TMTEAM	85M30/23	M / 41	00:19:54 / 189	00:03:34 / 154	01:17:17 / 61	00:01:14 / 79	00:44:59 / 27	02:26:58	00:25:40
44	160	MACIEJEWSKI KAROL		POL #OZD TEAM	82M30/24	M / 42	00:19:16 / 155	00:02:54 / 103	01:13:15 / 21	00:01:11 / 28	00:50:40 / 115	02:27:16	00:25:57
45	10	BANASZEWSKI WOJCIECH		POL	80M30/25	M / 43	00:17:50 / 69	00:02:57 / 41	01:21:51 / 152	00:01:01 / 104	00:43:46 / 17	02:27:25	00:26:07
46	77	JASICZEK RADOSŁAW		POL GLKS ŻELAZNA ŚWIDNICA	79M30/26	M / 44	00:17:02 / 37	00:03:17 / 32	01:18:01 / 74	00:01:21 / 50	00:47:49 / 56	02:27:30	00:26:11
47	78	KOCENDA WOJCIECH		POL	85M30/27	M / 45	00:19:28 / 167	00:03:14 / 120	01:18:58 / 86	00:01:00 / 94	00:44:52 / 25	02:27:32	00:26:14
48	75	ŚRODA MICHAŁ		POL TMTEAM	85M30/28	M / 46	00:19:13 / 150	00:02:55 / 101	01:17:42 / 68	00:01:13 / 65	00:46:35 / 42	02:27:38	00:26:20
49	425	KOCZAJEWSKI SEWERYN		POL KWP KIELCE	76M40/12	M / 47	00:17:03 / 38	00:03:54 / 49	01:20:01 / 113	00:00:56 / 78	00:46:00 / 37	02:27:54	00:26:35
50	23	SURMAŃSKI JACEK		POL PANORAMA FIRM TRI	80M30/29	M / 48	00:18:28 / 104	00:03:31 / 92	01:16:56 / 54	00:00:58 / 53	00:48:03 / 59	02:27:56	00:26:37
51	14	TOMASZEWSKI MATEUSZ		POL	80M30/30	M / 49	00:17:45 / 68	00:03:09 / 46	01:18:47 / 84	00:00:45 / 57	00:47:41 / 55	02:28:07	00:26:48
52	69	KLIMEK ANTONI		POL ZĄBKOWICKA GRUPA BIEGOWA 'FRANKENSTEIN'	85M30/31	M / 50	00:19:42 / 175	00:03:12 / 130	01:15:05 / 34	00:01:04 / 44	00:49:07 / 74	02:28:10	00:26:51
53	554	LEWANDOWSKI MACIEJ		POL #DASHRADE TEAM	89M20/8	M / 51	00:17:34 / 62	00:03:08 / 39	01:20:41 / 127	00:01:11 / 89	00:45:38 / 35	02:28:12	00:26:53
54	529	WYDMUCH MAREK		POL SGR SPECIALIZED	62M50/1	M / 52	00:17:33 / 60	00:03:43 / 65	01:15:38 / 39	00:01:41 / 39	00:49:40 / 88	02:28:15	00:26:57
55	408	HONBRECHTS TOMASZ		POL VALDI SPORT	73M40/13	M / 53	00:20:36 / 228	00:02:54 / 156	01:19:49 / 108	00:01:34 / 120	00:43:27 / 14	02:28:20	00:27:01
56	482	HALSKA ANIA		POL ENDURE TEAM	84K30/2	K / 3	00:17:37 / 64	00:03:22 / 50	01:21:07 / 138	00:00:56 / 96	00:45:26 / 32	02:28:28	00:27:10
57	130	ELGUEA JULEN		POL CICLISMO WROCŁAW / LOS BIEGANEROS	87M30/32	M / 54	00:18:07 / 87	00:03:30 / 79	01:19:42 / 104	00:01:03 / 86	00:46:22 / 41	02:28:44	00:27:25
58	207	KRUPIŃSKI MACIEJ		POL	79M30/33	M / 55	00:19:08 / 140	00:04:09 / 145	01:18:14 / 75	00:01:08 / 93	00:46:11 / 40	02:28:50	00:27:31
59	99	GIERASIMIUK GRZEGORZ		POL TRIGGER TRIATHLON	84M30/34	M / 56	00:19:59 / 197	00:03:24 / 149	01:19:50 / 110	00:00:55 / 110	00:45:02 / 29	02:29:10	00:27:52

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
60	221	MALEK PIOTR		POL		79M30/35	M / 57	00:19:20 / 160	00:04:26 / 170	01:14:24 / 28	00:01:32 / 51	00:49:28 / 82	02:29:10	00:27:52
61	197	DZIEDZIC WADIM		POL DYNAMO MUCHOBÓR		79M30/36	M / 58	00:17:22 / 47	00:03:18 / 38	01:17:13 / 60	00:00:56 / 43	00:50:28 / 108	02:29:17	00:27:59
62	208	OŻÓG TOMASZ		POL LITWIN TRIATHLON TEAM		80M30/37	M / 59	00:18:26 / 102	00:03:21 / 85	01:18:59 / 88	00:01:19 / 81	00:47:40 / 54	02:29:45	00:28:27
63	113	GRYSZKIEWICZ PAWEŁ		POL GVT		87M30/38	M / 60	00:18:02 / 83	00:03:10 / 62	01:17:05 / 57	00:01:11 / 49	00:50:19 / 101	02:29:47	00:28:28
64	156	ZAŁUBSKI JACEK		POL KB HARCOWNIK JELCZ-LASKOWICE		85M30/39	M / 61	00:21:02 / 254	00:04:42 / 264	01:19:45 / 106	00:01:00 / 143	00:43:21 / 12	02:29:50	00:28:32
65	409	NOWOSIELSKI ANDRZEJ		POL WWW.CITYRULERS.PL		70M40/14	M / 62	00:20:05 / 202	00:02:58 / 134	01:16:37 / 51	00:01:02 / 60	00:49:21 / 81	02:30:03	00:28:44
66	259	BIERNACKI KRYSZTIAN		POL GVT		78M40/15	M / 63	00:17:36 / 63	00:03:49 / 72	01:15:17 / 35	00:01:23 / 36	00:52:13 / 142	02:30:18	00:28:59
67	427	KIELAR MIROŚLAW		POL GVT		78M40/16	M / 64	00:19:02 / 137	00:03:32 / 116	01:17:28 / 63	00:00:59 / 64	00:49:17 / 78	02:30:18	00:28:59
68	303	KORZEŃ ARTUR		POL KB HARCOWNIK JELCZ-LASKOWICE		76M40/17	M / 65	00:20:38 / 230	00:03:27 / 188	01:21:57 / 153	00:01:00 / 148	00:43:21 / 11	02:30:23	00:29:04
69	35	KORZELECKI WOJCIECH		POL RUNNING TEAM MILICZ		84M30/40	M / 66	00:17:42 / 65	00:03:19 / 52	01:19:56 / 111	00:00:52 / 75	00:48:36 / 70	02:30:25	00:29:06
70	596	*****		POL			M / 67	00:18:57 / 131	00:03:03 / 93	01:17:07 / 58	00:00:49 / 54	00:50:30 / 110	02:30:26	00:29:07
71	341	WIŚNIEWSKI PIOTR		POL GVT		72M40/18	M / 68	00:16:56 / 35	00:03:37 / 34	01:17:27 / 62	00:00:47 / 42	00:51:40 / 130	02:30:27	00:29:09
72	251	ŚWIERCZEWSKI PIOTR		POL		74M40/19	M / 69	00:17:27 / 54	00:03:54 / 70	01:16:09 / 47	00:01:37 / 45	00:51:26 / 124	02:30:33	00:29:15
73	290	DOMINO KRYSZTIAN		POL MTS DRUŻYNA SZPIKU KGHM		75M40/20	M / 70	00:18:13 / 93	00:03:55 / 100	01:13:20 / 22	00:01:15 / 30	00:54:09 / 178	02:30:52	00:29:34
74	61	LEWIŃSKI ADAM		POL		80M30/41	M / 71	00:18:35 / 110	00:03:03 / 80	01:18:59 / 87	00:00:49 / 70	00:49:49 / 89	02:31:15	00:29:57
75	312	SZOSTEK JACEK		POL GT KONA		75M40/21	M / 72	00:18:40 / 113	00:03:03 / 83	01:16:22 / 48	00:00:40 / 41	00:52:31 / 150	02:31:16	00:29:58
76	289	BOGUS RAFAŁ		POL		69M40/22	M / 73	00:18:30 / 107	00:03:25 / 88	01:16:00 / 44	00:01:22 / 47	00:51:59 / 135	02:31:16	00:29:58
77	51	ORLIK MATEUSZ		POL OPP KATOWICE , OLIVKOVELOVE		88M30/42	M / 74	00:17:56 / 78	00:03:21 / 66	01:19:33 / 97	00:01:03 / 77	00:49:32 / 85	02:31:25	00:30:06
78	275	KUZYNIN ADAM		POL EMPOL BIKE TEAM		74M40/23	M / 75	00:17:43 / 66	00:03:56 / 81	01:21:21 / 142	00:01:24 / 112	00:47:26 / 49	02:31:50	00:30:32
79	102	BOROWIK MARCIN		POL 1974		79M30/43	M / 76	00:18:59 / 134	00:04:07 / 136	01:16:39 / 52	00:01:01 / 62	00:51:19 / 122	02:32:05	00:30:46
80	507	SZTUR ROBERT		POL TMTEAM		89M20/9	M / 77	00:19:39 / 172	00:03:15 / 129	01:17:12 / 59	00:01:37 / 73	00:50:24 / 105	02:32:07	00:30:48
81	116	LIPOWSKI MIKOŁAJ		POL		88M30/44	M / 78	00:18:55 / 127	00:03:12 / 99	01:15:51 / 40	00:01:09 / 46	00:53:18 / 162	02:32:25	00:31:07
82	87	TULIKOWSKI MARIUSZ		POL SMARTGROUP.EU		81M30/45	M / 79	00:20:12 / 208	00:03:49 / 185	01:17:37 / 64	00:00:43 / 85	00:50:10 / 96	02:32:31	00:31:13
83	232	JANISZEWSKI WOJCIECH		POL TRIWISE		88M30/46	M / 80	00:17:52 / 71	00:03:43 / 78	01:22:19 / 160	00:01:11 / 125	00:47:27 / 50	02:32:32	00:31:14
84	589	MATKOWSKI JAROSŁAW		POL		66M50/2	M / 81	00:19:46 / 181	00:02:59 / 121	01:16:50 / 53	00:00:51 / 58	00:52:19 / 146	02:32:45	00:31:26
85	432	CHROBOT MARIUSZ		POL GT RAT		79M30/47	M / 82	00:19:59 / 196	00:03:56 / 178	01:12:53 / 18	00:01:02 / 34	00:54:56 / 197	02:32:46	00:31:27
86	49	GRZEGORCZYK PATRYK		POL		83M30/48	M / 83	00:17:44 / 67	00:03:25 / 60	01:20:36 / 126	00:00:46 / 88	00:50:20 / 103	02:32:51	00:31:32
87	443	LEŚNIAK KAROLINA		POL TMTEAM		83K30/3	K / 4	00:18:57 / 130	00:02:55 / 86	01:22:15 / 157	00:00:53 / 122	00:47:55 / 58	02:32:55	00:31:37
88	372	SZELIŃSKI ADAM		POL OPP SZCZECIN		72M40/24	M / 84	00:20:06 / 204	00:03:08 / 141	01:19:22 / 94	00:01:59 / 115	00:48:21 / 67	02:32:56	00:31:37
89	74	ANTOSIAK TOMASZ		POL TMTEAM		81M30/49	M / 85	00:20:47 / 243	00:03:38 / 203	01:18:15 / 77	00:00:49 / 100	00:49:32 / 86	02:33:01	00:31:42
90	340	WIŚNIEWSKI KRZYSZTOF		POL		78M40/25	M / 86	00:19:43 / 176	00:04:15 / 180	01:17:55 / 71	00:01:42 / 102	00:49:30 / 84	02:33:05	00:31:46
91	239	GODLEWSKI KRZYSZTOF		POL GVT		81M30/50	M / 87	00:16:46 / 31					02:33:16	00:31:57
92	371	KUCZYK SZYMON		POL CHOP ZE ŻELAZA TRI TEAM		77M40/26	M / 88	00:18:48 / 118	00:03:51 / 119	01:17:39 / 66	00:01:17 / 71	00:52:03 / 137	02:33:38	00:32:20
93	510	LIPUTA GRZEGORZ		POL DYWIZJON 102		89M20/10	M / 89	00:19:52 / 187	00:03:51 / 167	01:23:59 / 207	00:01:14 / 179	00:44:45 / 24	02:33:41	00:32:22

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
94	497	BAGIŃSKI PAWEŁ		POL BIERUTOWSKA GRUPA BIEGOWA	89	M / 90	00:20:45 / 240	00:03:57 / 217	01:16:24 / 49	00:01:30 / 90	00:51:07 / 119	02:33:43	00:32:24
95	373	FOJTAR ZBIGNIEW		POL EL TORO LOCO	72	M / 91	00:18:50 / 120	00:04:42 / 157	01:16:01 / 45	00:02:08 / 72	00:52:04 / 139	02:33:45	00:32:27
96	154	JANUSZKO KRZYSZTOF		POL	82	M / 92	00:17:19 / 45	00:03:37 / 48	01:21:07 / 136	00:01:19 / 99	00:50:44 / 116	02:34:06	00:32:48
97	257	KULA DAMIAN		POL AT TEAM	77	M / 93	00:16:28 / 23	00:03:14 / 25	01:20:05 / 114	00:00:57 / 61	00:53:36 / 170	02:34:20	00:33:02
98	231	MUSIAŁ MATEUSZ		POL OLEŚNICKA GRUPA TRIATHLONOWA	86	M / 94	00:22:13 / 329	00:03:33 / 266	01:23:29 / 195	00:00:43 / 197	00:44:42 / 23	02:34:40	00:33:22
99	283	GRYGIEL LESZEK		POL PRO-RUN WROCŁAW	69	M / 95	00:21:10 / 264	00:03:54 / 236	01:16:30 / 50	00:01:04 / 92	00:52:05 / 140	02:34:43	00:33:24
100	339	ŚMIETANA MARCIN		POL TMTEAM	75	M / 96	00:16:39 / 27	00:03:21 / 28	01:19:06 / 91	00:00:52 / 55	00:54:58 / 198	02:34:56	00:33:37
101	302	KUBIAK PRZEMYSŁAW		POL PRO-RUN WROCŁAW	72	M / 97	00:20:40 / 232	00:04:33 / 242	01:19:19 / 93	00:01:26 / 134	00:48:58 / 73	02:34:56	00:33:38
102	158	ANDRZEJCZAK ADAM		POL	85	M / 98	00:18:45 / 117	00:03:32 / 106	01:23:19 / 187	00:01:30 / 149	00:47:55 / 57	02:35:01	00:33:43
103	81	RADECKI MACIEJ		POL GVT	82	M / 99	00:20:01 / 199	00:03:11 / 139	01:18:15 / 78	00:01:01 / 87	00:52:37 / 152	02:35:05	00:33:46
104	47	TRZECIAK PIOTR		POL	83	M / 100	00:17:17 / 44	00:03:46 / 55	01:21:40 / 148	00:01:07 / 105	00:51:29 / 125	02:35:19	00:34:01
105	485	DUDA DORIAN		POL GT RAT	92	M / 101	00:20:18 / 212	00:03:11 / 155	01:21:30 / 147	00:00:48 / 130	00:49:40 / 87	02:35:27	00:34:09
106	91	ŚWIĄTEK WOJCIECH		POL	88	M / 102	00:18:25 / 100	00:04:08 / 115	01:23:29 / 194	00:01:11 / 152	00:48:18 / 66	02:35:31	00:34:13
107	52	FUTOMA RAFAŁ		POL KB FAURECIA WAŁBRZYCH FRAMES OSP RADKÓW FUTEREK TEAM	79	M / 103	00:17:53 / 76	00:04:08 / 94	01:20:51 / 130	00:01:15 / 108	00:51:31 / 127	02:35:38	00:34:20
108	97	KUBICZEK GRZEGORZ		POL	85	M / 104	00:23:07 / 375	00:03:17 / 301	01:19:49 / 109	00:01:07 / 157	00:48:18 / 65	02:35:38	00:34:20
109	71	GLÓD MATEUSZ		POL PRZEBIEGA.PL	79	M / 105	00:20:25 / 216	00:03:27 / 175	01:20:31 / 123	00:02:45 / 151	00:48:31 / 69	02:35:39	00:34:20
110	292	BARTOSZEWSKI GRZEGORZ		POL LITWIN TRIATHLON TEAM	76	M / 106	00:18:08 / 88	00:03:57 / 96	01:17:51 / 70	00:01:23 / 68	00:54:27 / 184	02:35:46	00:34:27
111	39	DURMAJ BARTEK		POL	84	M / 107	00:20:23 / 214	00:03:53 / 196	01:22:19 / 159	00:01:24 / 165	00:48:11 / 62	02:36:10	00:34:51
112	53	LICHACZ MIŁOSZ		POL	83	M / 108	00:19:09 / 143	00:03:18 / 113	01:18:17 / 79	00:01:05 / 76	00:54:21 / 180	02:36:10	00:34:51
113	511	WIŚNIEWSKI KRZYSZTOF		POL KOMENDA STOLECZNA POLICJI	89	M / 109	00:18:20 / 96	00:04:05 / 111	01:22:27 / 162	00:01:23 / 138	00:50:01 / 92	02:36:16	00:34:58
114	228	GAD GRZEGORZ		POL LITWIN TRIATHLON TEAM	82	M / 110	00:18:12 / 92	00:02:55 / 58	01:21:42 / 149	00:01:18 / 109	00:52:10 / 141	02:36:17	00:34:58
115	48	TACIAK ROBERT		POL WTT	85	M / 111	00:22:25 / 340	00:03:50 / 293	01:13:58 / 26	00:00:54 / 66	00:55:15 / 207	02:36:22	00:35:03
116	57	SZCZUROWSKI MARIUSZ		POL MIŁO3 BYTOM ODRZAŃSKI	84	M / 112	00:20:10 / 206	00:03:59 / 189	01:20:42 / 128	00:01:04 / 133	00:50:28 / 107	02:36:23	00:35:04
117	4	SZCZUROWSKI WALDEMAR		POL MTS DRUŻYNA SZPIKU KGHM	81	M / 113	00:19:15 / 154	00:04:28 / 166	01:21:21 / 143	00:01:01 / 136	00:50:18 / 100	02:36:23	00:35:04
118	262	BYCH MACIEJ		POL TRIDEA TEAM	75	M / 114	00:17:14 / 42	00:03:34 / 43	01:19:35 / 98	00:02:14 / 91	00:53:48 / 174	02:36:25	00:35:07
119	92	SALMANOWICZ MARCIN		POL	82	M / 115	00:19:57 / 193	00:03:57 / 177	01:17:38 / 65	00:01:18 / 95	00:53:38 / 172	02:36:28	00:35:10
120	21	KSIĄŻEK ŁUKASZ		POL BIEGAJ-ZAPOBIEGAJ	82	M / 116	00:18:36 / 111	00:03:42 / 107	01:21:10 / 139	00:01:27 / 121	00:51:40 / 131	02:36:35	00:35:17
121	163	KONDRACKI ŁUKASZ		POL	83	M / 117	00:17:28 / 57	00:03:37 / 56	01:21:07 / 137	00:01:21 / 101	00:53:04 / 156	02:36:37	00:35:18
122	233	MATEUSIAK TOMASZ		POL KB LUPUS OLEŚNICA	79	M / 118	00:23:08 / 376	00:04:45 / 353	01:22:27 / 163	00:01:49 / 229	00:44:28 / 22	02:36:37	00:35:19
123	252	PAPIERSKI TOMASZ		POL	74	M / 119	00:19:16 / 156	00:03:37 / 128	01:20:29 / 122	00:01:06 / 113	00:52:33 / 151	02:37:01	00:35:43
124	138	LEŚNIEWSKI PIOTR		POL	82	M / 120	00:19:46 / 179	00:03:11 / 132	01:22:32 / 165	00:01:38 / 150	00:50:01 / 91	02:37:08	00:35:49
125	217	ZADKA PAWEŁ		POL	86	M / 121	00:20:34 / 226	00:03:53 / 206	01:21:27 / 145	00:01:20 / 154	00:50:17 / 99	02:37:31	00:36:12
126	121	BREWKA WOJCIECH		POL GT RAT	81	M / 122	00:18:07 / 86	00:03:13 / 69	01:23:04 / 180	00:01:38 / 135	00:51:31 / 126	02:37:33	00:36:15

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
127	7	PIĄTKOWSKI MARCIN		POL		83M30/73 M / 123	00:19:01 / 136	00:04:16 / 144	01:19:01 / 89	00:01:17 / 103	00:54:11 / 179	02:37:46	00:36:28
128	212	DZIEMBOWSKI ŁUKASZ		POL SHOT BLASTING		84M30/74 M / 124	00:21:13 / 268	00:04:14 / 252	01:20:11 / 117	00:01:40 / 155	00:50:34 / 112	02:37:52	00:36:33
129	226	OLKOWSKI PRZEMYSŁAW		POL OLEŚNICKA GRUPA TRIATHLONOWA		80M30/75 M / 125	00:19:43 / 177	00:03:50 / 158	01:23:29 / 193	00:01:26 / 174	00:49:29 / 83	02:37:57	00:36:39
130	171	BORKOWSKI PAWEŁ		POL -		87M30/76 M / 126	00:21:31 / 287	00:03:30 / 233	01:19:42 / 103	00:01:25 / 137	00:51:54 / 133	02:38:02	00:36:44
131	392	DZIEDZIC RADOSŁAW		POL ANTONTEAM		78M40/35 M / 127	00:19:55 / 190	00:04:18 / 193	01:21:49 / 150	00:01:21 / 158	00:50:51 / 118	02:38:14	00:36:55
132	127	BIELAWSKI DAMIAN		POL RAGABA MEBLE		80M30/77 M / 128	00:16:35 / 24	00:03:25 / 29	01:20:07 / 115	00:01:55 / 80	00:56:14 / 226	02:38:16	00:36:57
133	120	SIWIASZCZYK ARKADIUSZ		POL GT RAT		83M30/78 M / 129	00:25:41 / 465	00:04:30 / 451	01:18:41 / 83	00:01:13 / 198	00:48:12 / 63	02:38:17	00:36:58
134	164	KLAPUCH MICHAŁ		POL		80M30/79 M / 130	00:19:10 / 145	00:04:34 / 168	01:22:39 / 169	00:01:39 / 167	00:50:18 / 102	02:38:20	00:37:02
135	101	NOWAK ANDRZEJ		POL GT RAT		82M30/80 M / 131	00:19:48 / 183	00:03:30 / 146	01:24:35 / 220	00:01:13 / 181	00:49:17 / 77	02:38:23	00:37:04
136	80	LUPA MARCIN		POL GVT		80M30/81 M / 132	00:18:44 / 116	00:03:13 / 90	01:18:29 / 80	00:00:56 / 69	00:57:01 / 242	02:38:23	00:37:05
137	321	SZCZĘSNY FILIP		POL GVT		75M40/36 M / 133	00:21:09 / 260	00:04:34 / 263	01:22:49 / 173	00:01:13 / 193	00:48:40 / 72	02:38:25	00:37:07
138	366	KWINTA SŁAWOMIR		POL MARCUS TEAM		77M40/37 M / 134	00:19:50 / 185	00:04:25 / 195	01:25:07 / 235	00:01:02 / 203	00:48:07 / 60	02:38:31	00:37:13
139	183	MAZUR PIOTR		POL KGP		85M30/82 M / 135	00:18:59 / 133	00:03:52 / 126	01:20:26 / 121	00:01:56 / 127	00:53:28 / 165	02:38:41	00:37:23
140	126	MARTYNOWSKI ŁUKASZ		POL		82M30/83 M / 136	00:17:25 / 50	00:03:48 / 63	01:22:13 / 156	00:01:39 / 126	00:53:37 / 171	02:38:42	00:37:24
141	178	WIĘCKO GRZEGORZ		POL 3M RUNNING TEAM		83M30/84 M / 137	00:21:55 / 311	00:03:16 / 240	01:21:29 / 146	00:00:57 / 161	00:51:09 / 120	02:38:46	00:37:28
142	12	ADAMEK PAWEŁ		POL #SOBASTEAM		88M30/85 M / 138	00:18:02 / 84	00:03:29 / 74	01:21:16 / 140	00:01:13 / 106	00:54:47 / 192	02:38:47	00:37:28
143	128	WALKOWIAK DARIUSZ		POL ENERGIAPORT.PL		81M30/86 M / 139	00:18:29 / 105	00:05:24 / 176	01:18:55 / 85	00:01:18 / 107	00:54:46 / 191	02:38:52	00:37:34
144	553	MICHALSKI JAKUB		POL		94M20/14 M / 140	00:17:59 / 81	00:05:40 / 164	01:20:54 / 132	00:01:49 / 140	00:52:39 / 154	02:39:01	00:37:43
145	304	LIS RAFAŁ		POL TRIATHLON CLUB WROCLAW		74M40/38 M / 141	00:19:36 / 170	00:03:59 / 160	01:20:01 / 112	00:01:12 / 117	00:54:29 / 185	02:39:17	00:37:59
146	556	ROTHER MAREK		POL WKS SLASK		68M50/3 M / 142	00:13:56 / 3	00:05:40 / 23	01:24:47 / 225	00:02:01 / 141	00:53:02 / 155	02:39:26	00:38:07
147	244	GOMONOVYCH VASYL		UKR-		88M30/87 M / 143	00:19:11 / 146	00:03:14 / 112	01:26:14 / 264	00:00:49 / 185	00:50:06 / 95	02:39:34	00:38:15
148	350	PAWLIKOWSKI ADAM		POL		73M40/39 M / 144	00:19:56 / 191	00:03:55 / 173	01:19:40 / 101	00:01:03 / 114	00:55:13 / 206	02:39:47	00:38:28
149	382	ROMAŃCZYK JAROSŁAW		POL HURAGAN		77M40/40 M / 145	00:19:46 / 180	00:04:48 / 211	01:23:46 / 200	00:01:27 / 195	00:50:02 / 93	02:39:49	00:38:31
150	100	CIKOTO KRZYSZTOF		POL		79M30/88 M / 146	00:21:32 / 289	00:04:22 / 274	01:23:32 / 196	00:01:24 / 209	00:49:08 / 75	02:39:58	00:38:39
151	578	GOMULEC TOMASZ		POL		71M40/41 M / 147	00:18:35 / 108	00:04:31 / 137	01:21:25 / 144	00:01:57 / 142	00:53:32 / 168	02:40:00	00:38:42
152	296	BEŚ MARCIN		POL JUDO SOBÓKA		76M40/42 M / 148	00:21:17 / 273	00:03:12 / 207	01:18:38 / 82	00:01:33 / 116	00:55:36 / 213	02:40:16	00:38:58
153	255	ŚCIGAŁA WALDEMAR		POL JELENIA PLAST		74M40/43 M / 149	00:17:27 / 55	00:04:57 / 110	01:20:52 / 131	00:01:47 / 124	00:56:00 / 219	02:41:03	00:39:45
154	422	MASŁOWSKI MICHAŁ		POL TMTEAM		75M40/44 M / 150	00:18:25 / 99	00:04:21 / 123	01:24:44 / 222	00:01:19 / 176	00:52:15 / 144	02:41:04	00:39:45
155	330	KLIMCZAK MARCIN		POL TMTEAM		75M40/45 M / 151	00:22:12 / 327	00:03:33 / 265	01:18:15 / 76	00:01:02 / 123	00:56:02 / 220	02:41:04	00:39:45
156	407	MOLENDOWSKI MICHAŁ		POL		72M40/46 M / 152	00:18:30 / 106	00:04:04 / 117	01:21:17 / 141	00:01:30 / 128	00:56:05 / 224	02:41:26	00:40:08
157	394	RECZUCH TOMASZ		POL		76M40/47 M / 153	00:17:25 / 49	00:04:41 / 98	01:23:17 / 184	00:02:01 / 159	00:54:37 / 190	02:42:01	00:40:42
158	475	KUC MONIKA		POL CTS		80K30/4 K / 5	00:17:53 / 75	00:03:21 / 64	01:27:28 / 288	00:00:56 / 189	00:52:29 / 149	02:42:07	00:40:49
159	579	DEUTSCHMAN PIOTR		POL GT RAT		78M40/48 M / 154	00:17:26 / 52	00:03:26 / 44	01:20:10 / 116	00:01:06 / 83	01:00:02 / 300	02:42:10	00:40:52
160	157	LEWICKI ŁUKASZ		POL JTP		79M30/89 M / 155	00:21:41 / 297	00:04:52 / 305	01:22:12 / 155	00:01:22 / 199	00:52:27 / 148	02:42:34	00:41:15

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
161	11	GÓRSKI ŁUKASZ		POL		82M30/90	M / 156	00:18:22 / 97	00:03:19 / 82	01:22:17 / 158	00:00:55 / 119	00:57:47 / 258	02:42:40	00:41:22
162	332	SKÓRA TOMASZ		POL LITWIN TRIATHLON TEAM		73M40/49	M / 157	00:23:49 / 409	00:04:42 / 385	01:26:09 / 260	00:01:14 / 288	00:47:04 / 46	02:42:58	00:41:39
163	98	KORPECKI KRZYSZTOF		POL POLICJA		82M30/91	M / 158	00:21:07 / 258	00:04:27 / 257	01:24:51 / 228	00:01:24 / 222	00:51:24 / 123	02:43:13	00:41:55
164	543	MAĆKOWSKI MARCIN		POL		92M20/15	M / 159	00:20:51 / 244	00:04:43 / 258	01:21:51 / 151	00:00:39 / 169	00:55:15 / 208	02:43:19	00:42:00
165	325	CAROTENUTO ERMINIO		ITA		76M40/50	M / 160	00:19:09 / 141	00:04:10 / 147	01:24:57 / 232	00:01:31 / 194	00:53:34 / 169	02:43:21	00:42:03
166	265	JARZYŃSKI DOMINIK		POL SZYDŁOWIECKIE TOWARZYSTWO SPORTOWE		78M40/51	M / 161	00:19:23 / 165	00:04:04 / 153	01:22:36 / 167	00:01:16 / 156	00:56:08 / 225	02:43:27	00:42:08
167	377	BARAN JAROSŁAW		POL TRIACTIV RIDLEY		74M40/52	M / 162	00:21:26 / 281	00:03:26 / 224	01:19:41 / 102	00:00:52 / 129	00:58:10 / 265	02:43:35	00:42:17
168	191	KALUŻA ŁUKASZ		POL		83M30/92	M / 163	00:19:40 / 174	00:03:56 / 161	01:18:01 / 72	00:01:28 / 97	01:00:31 / 309	02:43:36	00:42:18
169	85	SROKA MICHAŁ		POL TMTEAM		80M30/93	M / 164	00:17:12 / 40	00:03:41 / 45	01:21:05 / 135	00:01:17 / 98	01:00:24 / 307	02:43:39	00:42:21
170	557	GLÓWKA PAWEŁ		POL EUROPA UBEZPIECZENIA / TMTEAM		91M20/16	M / 165	00:21:47 / 305	00:03:24 / 239	01:24:23 / 215	00:01:41 / 216	00:52:24 / 147	02:43:39	00:42:21
171	137	CZECHOWSKI PAWEŁ		POL		79M30/94	M / 166	00:18:19 / 95	00:04:17 / 118	01:25:15 / 240	00:01:01 / 178	00:54:51 / 195	02:43:43	00:42:24
172	135	TUREK ŁUKASZ		POL MATERIA ŁUKASZ TUREK		84M30/95	M / 167	00:22:06 / 322	00:04:22 / 302	01:19:05 / 90	00:02:19 / 163	00:55:57 / 218	02:43:49	00:42:30
173	190	MRUSZCZYK MARCIN		POL		79M30/96	M / 168	00:19:12 / 147	00:04:59 / 190	01:22:37 / 168	00:02:03 / 177	00:55:04 / 201	02:43:55	00:42:36
174	246	ZIELENKIEWICZ MARCIN		POL TMTEAM		81M30/97	M / 169	00:19:03 / 138	00:02:52 / 87	01:25:54 / 256	00:00:49 / 175	00:55:25 / 210	02:44:03	00:42:45
175	501	HALKO DANIEL		POL IRON WILL		90M20/17	M / 170	00:23:00 / 365	00:03:18 / 297	01:25:50 / 255	00:01:36 / 259	00:50:26 / 106	02:44:10	00:42:51
176	391	DŻUGAJ TOMASZ		POL OLEŚNICKA GRUPA TRIATHLONOWA		78M40/53	M / 171	00:22:14 / 331	00:04:03 / 295	01:22:54 / 177	00:01:11 / 201	00:53:51 / 175	02:44:13	00:42:54
177	68	KAPICA MAREK		POL		80M30/98	M / 172	00:23:02 / 370	00:03:56 / 321	01:24:22 / 213	00:00:52 / 232	00:52:03 / 138	02:44:15	00:42:57
178	419	KUBICKI TOMASZ		POL OLEŚNICKA GRUPA TRIATHLONOWA		69M40/54	M / 173	00:19:53 / 188	00:04:49 / 218	01:27:46 / 298	00:01:56 / 270	00:50:14 / 98	02:44:38	00:43:20
179	324	KRAJEWSKI MICHAŁ		POL CELIRONMAN		77M40/55	M / 174	00:19:47 / 182	00:04:40 / 205	01:24:01 / 208	00:01:25 / 196	00:54:51 / 196	02:44:44	00:43:25
180	27	ZATOŃ CEZARY		POL		81M30/99	M / 175	00:26:13 / 474	00:03:36 / 440	01:20:34 / 125	00:01:14 / 219	00:53:28 / 164	02:45:05	00:43:46
181	308	SIERADZKI RAFAŁ		POL TRIATHLON CLUB WROCŁAW		75M40/56	M / 176	00:19:09 / 144	00:04:02 / 138	01:17:44 / 69	00:01:15 / 84	01:03:08 / 356	02:45:18	00:43:59
182	567	KOTRA JACEK		POL WATAHA		81M30/100	M / 177	00:17:21 / 46	00:03:41 / 53	01:24:06 / 210	00:01:22 / 144	00:58:51 / 276	02:45:21	00:44:03
183	582	CHOJNACKA MAŁGORZATA		POL TRINERGY		68K50/1	K / 6	00:21:09 / 263	00:03:39 / 221	01:25:44 / 254	00:01:05 / 220	00:53:46 / 173	02:45:23	00:44:04
184	322	KULESZA SEBASTIAN		POL SIR-HA SIERADZ		77M40/57	M / 178	00:17:24 / 48	00:04:09 / 75	01:18:37 / 81	00:01:36 / 74	01:03:39 / 363	02:45:25	00:44:06
185	6	GORŁOWSKI EMIL		POL GLKS ŻELAZNA ŚWIDNICA		79M30/101	M / 179	00:20:07 / 205	00:03:17 / 151	01:19:47 / 107	00:01:00 / 111	01:01:18 / 330	02:45:29	00:44:11
186	354	ANDREJÓW MARIUSZ		POL GVT		70M40/58	M / 180	00:25:59 / 470	00:03:38 / 433	01:19:36 / 99	00:01:57 / 214	00:54:21 / 181	02:45:31	00:44:12
187	230	ŚWIEBODA MAREK		POL OLEŚNICKA GRUPA TRIATHLONOWA		81M30/102	M / 181	00:25:52 / 469	00:03:57 / 439	01:25:07 / 237	00:01:17 / 298	00:49:19 / 80	02:45:32	00:44:14
188	395	BOGUCKI JAROSŁAW		POL OŁAWSKA GRUPA BIEGOWA		72M40/59	M / 182	00:17:26 / 53	00:04:09 / 77	01:25:16 / 241	00:01:18 / 172	00:57:25 / 250	02:45:34	00:44:15
189	238	SIPURZYŃSKI MARCIN		POL TMTEAM		81M30/103	M / 183	00:21:30 / 285	00:04:50 / 298	01:19:13 / 92	00:02:16 / 162	00:57:49 / 260	02:45:38	00:44:19
190	188	MICHALAK WOJCIECH		POL		83M30/104	M / 184	00:21:34 / 290	00:03:28 / 234	01:24:46 / 224	00:00:54 / 205	00:55:05 / 204	02:45:47	00:44:29
191	50	SAWCZUK GRZEGORZ		POL		80M30/105	M / 185	00:20:44 / 237	00:04:09 / 226	01:20:50 / 129	00:01:30 / 153	00:58:47 / 274	02:46:00	00:44:41
192	16	BORUCKI WITOLD		POL JELCZ TRIATHLON PROJECT		80M30/106	M / 186	00:22:50 / 359	00:04:03 / 319	01:27:26 / 286	00:01:12 / 283	00:50:31 / 111	02:46:02	00:44:44
193	311	MARCINKOWSKI PRZEMYSŁAW		POL GVT		73M40/60	M / 187	00:24:04 / 423	00:03:50 / 355	01:20:33 / 124	00:01:42 / 200	00:56:05 / 223	02:46:14	00:44:56

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
194	483	KUZIOR EWA		POL MYSZKÓW BIEGA	81K30/5	K / 7	00:20:16 / 210	00:04:24 / 213	01:27:33 / 290	00:02:01 / 268	00:52:03 / 136	02:46:17	00:44:59
195	54	KIBLER JAN		POL GT RAT	83M30/107	M / 188	00:18:43 / 115	00:04:04 / 124	01:22:50 / 176	00:01:13 / 147	00:59:28 / 290	02:46:18	00:44:59
196	206	FRĄTCZAK TOMASZ		POL HALFWORN TEAM	86M30/108	M / 189	00:18:56 / 128	00:03:54 / 125	01:23:54 / 204	00:01:23 / 171	00:58:17 / 268	02:46:24	00:45:06
197	316	KLEMENTOWSKI JAN		POL KLEMENS TEAM	76M40/61	M / 190	00:18:00 / 82	00:04:06 / 97	01:22:28 / 164	00:01:15 / 131	01:00:36 / 311	02:46:25	00:45:07
198	278	WANKIEWICZ KRZYSZTOF		POL GVT	74M40/62	M / 191	00:19:14 / 152	00:04:23 / 162	01:23:45 / 199	00:01:37 / 180	00:57:28 / 253	02:46:27	00:45:09
199	237	HACHOŁ TOMASZ		POL HACHOŁ TRIATHLON TEAM	82M30/109	M / 192	00:20:02 / 200	00:05:06 / 237	01:26:44 / 273	00:01:17 / 249	00:53:26 / 163	02:46:35	00:45:16
200	522	NOWAKOWSKI JAKUB		POL	93M20/18	M / 193	00:16:44 / 30	00:04:26 / 61	01:29:55 / 341	00:01:10 / 235	00:54:24 / 182	02:46:39	00:45:21
201	142	PLAZA ARTUR		POL	79M30/110	M / 194	00:21:41 / 298	00:05:38 / 335	01:24:25 / 216	00:01:50 / 255	00:53:08 / 157	02:46:42	00:45:24
202	545	KENDRA PAVLO		POL MATNER RUNNING TEAM	91M20/19	M / 195	00:23:20 / 388	00:04:09 / 343	01:25:01 / 233	00:00:43 / 253	00:53:31 / 166	02:46:44	00:45:25
203	291	CHMIELEWSKI GRZEGORZ		POL TMTEAM	77M40/63	M / 196	00:16:53 / 34	00:03:53 / 40	01:24:44 / 221	00:01:03 / 145	01:00:13 / 304	02:46:46	00:45:27
204	433	PICHALSKI PIOTR		POL PZU SPORT TEAM	73M40/64	M / 197	00:22:32 / 343	00:05:36 / 373	01:26:59 / 278	00:01:16 / 303	00:50:37 / 114	02:47:00	00:45:42
205	169	BACZYŃSKI MARCIN		POL 3M RUNNING TEAM	79M30/111	M / 198	00:21:37 / 294	00:04:34 / 288	01:23:17 / 185	00:01:16 / 207	00:56:19 / 228	02:47:03	00:45:44
206	279	OSIATYCKI GRZEGORZ		POL RONAL POLSKA RUN	71M40/65	M / 199	00:21:31 / 286	00:05:11 / 310	01:29:27 / 332	00:01:46 / 332	00:49:19 / 79	02:47:14	00:45:56
207	193	OLDAKOWSKI MACIEJ		POL	87M30/112	M / 200	00:16:40 / 28	00:04:15 / 47	01:28:54 / 322	00:01:00 / 208	00:56:50 / 235	02:47:39	00:46:21
208	19	WIŚNIEWSKI TOMASZ		POL GVT	88M30/113	M / 201	00:14:55 / 7	00:03:33 / 10	01:27:44 / 297	00:01:18 / 160	01:00:13 / 305	02:47:43	00:46:25
209	214	MALKAMAKI JUHA		POL GT RAT	84M30/114	M / 202	00:21:43 / 300	00:03:35 / 246	01:24:33 / 219	00:01:09 / 213	00:56:45 / 233	02:47:45	00:46:27
210	90	DRZYZGIEWICZ MICHAL		POL	81M30/115	M / 203	00:19:56 / 192	00:04:27 / 201	01:23:49 / 201	00:01:10 / 183	00:58:30 / 269	02:47:52	00:46:34
211	426	NOLBERT ADAM		POL	70M40/66	M / 204	00:21:06 / 257	00:04:51 / 277	01:28:37 / 319	00:01:41 / 300	00:51:39 / 129	02:47:54	00:46:36
212	123	SZYMCZYK TOMASZ		POL -	82M30/116	M / 205	00:24:04 / 422	00:03:38 / 347	01:28:23 / 310	00:01:10 / 322	00:50:46 / 117	02:48:01	00:46:42
213	269	SKROUBA PIOTR		POL	77M40/67	M / 206	00:23:08 / 378	00:03:41 / 314	01:25:31 / 251	00:01:15 / 257	00:54:26 / 183	02:48:01	00:46:43
214	456	CZECHOWSKA-MADEJ KATARZYNA		POL MIŁEK TRIATHLON TEAM	81K30/6	K / 8	00:20:24 / 215	00:03:49 / 191	01:26:42 / 271	00:01:09 / 228	00:56:02 / 221	02:48:06	00:46:48
215	514	KLIMKOWSKI PIOTR		POL NIEZRZESZONY	66M50/4	M / 207	00:21:07 / 259	00:05:08 / 291	01:29:03 / 324	00:01:41 / 316	00:51:19 / 121	02:48:18	00:46:59
216	403	BOGUCKI OSKAR		POL ŻARY TRIATHLON TEAM	74M40/68	M / 208	00:16:42 / 29	00:03:55 / 36	01:29:35 / 335	00:01:40 / 223	00:56:28 / 229	02:48:20	00:47:02
217	400	POLEWSKI WOJCIECH		POL ZAGŁĘBIE WAŁBRZYCH	72M40/69	M / 209	00:22:08 / 324	00:05:12 / 336	01:23:27 / 192	00:01:59 / 244	00:55:35 / 212	02:48:21	00:47:03
218	17	BERGER DENIS		POL	79M30/117	M / 210	00:18:58 / 132	00:04:17 / 142	01:27:16 / 284	00:00:48 / 217	00:57:11 / 247	02:48:30	00:47:11
219	331	ZGARDA JACEK		POL TMTEAM	77M40/70	M / 211	00:19:20 / 161	00:04:25 / 169	01:25:44 / 253	00:01:13 / 206	00:57:48 / 257	02:48:30	00:47:11
220	359	KUBIS PIOTR		POL GVT	69M40/71	M / 212	00:21:09 / 261	00:04:43 / 272	01:25:02 / 234	00:02:38 / 254	00:55:03 / 202	02:48:35	00:47:17
221	287	HELMECKI DARIUSZ		POL	71M40/72	M / 213	00:23:01 / 366	00:06:28 / 426	01:25:23 / 243	00:01:54 / 312	00:51:55 / 134	02:48:41	00:47:22
222	65	BOROWIECKI KRZYSZTOF		POL GT RAT	86M30/118	M / 214	00:22:00 / 315	00:03:31 / 254	01:25:11 / 239	00:01:03 / 221	00:57:08 / 246	02:48:53	00:47:35
223	241	MATYLA ROMAN		POL TMTEAM	86M30/119	M / 215	00:20:59 / 251	00:03:14 / 192	01:21:03 / 133	00:01:29 / 146	01:02:08 / 344	02:48:53	00:47:35
224	444	JASKUŁA KATARZYNA		POL	79K30/7	K / 9	00:22:10 / 326	00:04:05 / 292	01:24:48 / 226	00:02:07 / 250	00:55:47 / 216	02:48:57	00:47:38
225	247	KOZŁOWSKI TOMASZ		POL	83M30/120	M / 216	00:21:23 / 277	00:05:08 / 304	01:25:29 / 249	00:02:00 / 264	00:55:04 / 203	02:49:04	00:47:45
226	552	ROGAŁA ZBIGNIEW		POL	90M20/20	M / 217	00:17:28 / 56	00:04:30 / 91	01:22:43 / 171	00:01:35 / 139	01:02:49 / 354	02:49:05	00:47:46
227	148	ENGEL KRZYSZTOF JAKUB		POL	86M30/121	M / 218	00:22:07 / 323	00:04:42 / 315	01:20:12 / 118	00:01:14 / 173	01:00:51 / 318	02:49:06	00:47:47

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
228	179	SIWEK JACEK		POL TRIWISE	79M30/122	M / 219	00:19:23 / 164	00:04:18 / 165	01:19:44 / 105	00:01:27 / 118	01:04:22 / 377	02:49:14	00:47:56
229	45	PRUSAK PIOTR		POL GT RAT	83M30/123	M / 220	00:18:50 / 122	00:03:31 / 109	01:24:50 / 227	00:00:50 / 166	01:01:18 / 331	02:49:19	00:48:01
230	194	ADAMCZYK DOMINIK		POL	86M30/124	M / 221	00:18:24 / 98	00:04:04 / 114	01:28:33 / 315	00:01:27 / 240	00:56:53 / 236	02:49:21	00:48:03
231	192	JĘDRZEJEWSKI JAKUB		POL	87M30/125	M / 222	00:23:25 / 394	00:04:25 / 352	01:25:27 / 248	00:01:12 / 275	00:55:03 / 200	02:49:32	00:48:13
232	15	SZYMCZAK PIOTR		POL MZK TEAM	79M30/126	M / 223	00:25:19 / 459	00:04:14 / 428	01:19:40 / 100	00:01:10 / 202	00:59:10 / 283	02:49:33	00:48:14
233	581	OSTROWSKI WALDEMAR		POL TRIATHLON CLUB WROCLAW	73M40/73	M / 224	00:21:02 / 255	00:05:06 / 285	01:23:02 / 178	00:01:47 / 211	00:58:47 / 275	02:49:44	00:48:26
234	476	OLESZCZUK TUNIA		POL GVT	85K30/8	K / 10	00:21:44 / 301	00:03:26 / 238	01:26:07 / 259	00:01:35 / 247	00:56:56 / 238	02:49:48	00:48:29
235	519	PACHOLAK ANDRZEJ		POL	63M50/5	M / 225	00:21:44 / 302	00:05:43 / 341	01:25:16 / 242	00:03:14 / 289	00:53:56 / 177	02:49:53	00:48:35
236	374	KRUKOWSKI PIOTR		POL SOWIE TEAM	76M40/74	M / 226	00:20:30 / 222	00:04:01 / 209	01:23:51 / 203	00:01:23 / 192	01:00:12 / 303	02:49:57	00:48:39
237	176	ŻURKOWSKI DANIEL		POL GT RAT	88M30/127	M / 227	00:21:21 / 276	00:04:45 / 284	01:25:09 / 238	00:01:08 / 238	00:57:35 / 254	02:49:58	00:48:39
238	317	OLENDER GRZEGORZ		POL GT RAT	78M40/75	M / 228	00:20:47 / 242	00:03:54 / 216	01:27:05 / 281	00:01:18 / 248	00:56:57 / 240	02:50:01	00:48:43
239	309	SIKORSKI WOJCIECH		POL	77M40/76	M / 229	00:21:16 / 272	00:04:35 / 270	01:30:12 / 346	00:01:49 / 330	00:52:13 / 143	02:50:05	00:48:47
240	573	WALEŃSKA EWA		POL GT RAT	76K40/1	K / 11	00:24:58 / 447	00:04:17 / 415	01:26:48 / 274	00:00:54 / 315	00:53:13 / 161	02:50:10	00:48:51
241	333	BIZIEL MICHAŁ		POL TMTEAM	74M40/77	M / 230	00:19:50 / 184	00:03:25 / 143	01:30:00 / 342	00:01:25 / 276	00:55:41 / 214	02:50:21	00:49:03
242	563	SUSIDKO BARTEK		POL OLEŚNICKA GRUPA TRIATHLONOWA	92M20/21	M / 231	00:22:16 / 332	00:03:23 / 262	01:27:15 / 283	00:00:55 / 260	00:56:37 / 231	02:50:26	00:49:08
243	26	WÓJCİK ROBERT		POL NOA	84M30/128	M / 232	00:20:32 / 225	00:03:31 / 186	01:34:40 / 400	00:01:23 / 353	00:50:20 / 104	02:50:26	00:49:08
244	109	JASNOCH MARCIN		POL OLUSIA TEAM	80M30/129	M / 233	00:24:00 / 419	00:03:55 / 358	01:22:42 / 170	00:00:50 / 218	00:59:01 / 278	02:50:28	00:49:10
245	399	OSZMIAŃCZUK MARCIN		POL ŻARY TRIATHLON TEAM	75M40/78	M / 234	00:18:56 / 129	00:05:52 / 222	01:23:56 / 205	00:01:48 / 204	01:00:00 / 297	02:50:32	00:49:13
246	474	SAP KAROLINA		POL PRO-RUN WROCLAW	90K20/2	K / 12	00:21:56 / 312	00:03:50 / 267	01:34:32 / 398	00:01:38 / 370	00:48:37 / 71	02:50:33	00:49:14
247	584	RADKO KRYSZTIAN		POL GVT	76M40/79	M / 235	00:21:31 / 288	00:03:43 / 243	01:19:29 / 96	00:01:09 / 132	01:04:56 / 388	02:50:48	00:49:30
248	594	LITWIN JAN		POL LITWIN TRIATHLON TEAM	61M50/6	M / 236	00:20:26 / 218	00:05:04 / 253	01:28:39 / 320	00:01:24 / 285	00:55:22 / 209	02:50:55	00:49:37
249	248	KOSICKI BARTŁOMIEJ		POL	83M30/130	M / 237	00:23:01 / 368	00:04:04 / 330	01:26:10 / 262	00:00:50 / 265	00:56:54 / 237	02:50:59	00:49:41
250	215	WOJTOWICZ ERNEST		POL TMTEAM	80M30/131	M / 238	00:20:31 / 224	00:04:15 / 220	01:26:22 / 266	00:01:19 / 239	00:58:37 / 270	02:51:04	00:49:45
251	384	KUROWSKI ADAM		POL LITWIN TRIATHLON TEAM	74M40/80	M / 239	00:22:54 / 360	00:05:14 / 374	01:25:24 / 244	00:01:19 / 280	00:56:17 / 227	02:51:08	00:49:49
252	580	ŚLAWSKI MARIUSZ		POL	87M30/132	M / 240	00:21:35 / 291	00:03:46 / 249	01:27:27 / 287	00:01:39 / 274	00:56:49 / 234	02:51:16	00:49:58
253	381	KLUBA MICHAŁ		POL	76M40/81	M / 241	00:19:37 / 171	00:04:37 / 194	01:27:33 / 291	00:01:24 / 252	00:58:05 / 263	02:51:16	00:49:58
254	63	DAISUKE YOSHIDA		POL	86M30/133	M / 242	00:23:37 / 402	00:04:41 / 379	01:27:55 / 304	00:01:55 / 335	00:53:09 / 159	02:51:17	00:49:58
255	489	MICIAK KRZYSZTOF		POL GVT	67M50/7	M / 243	00:23:12 / 382	00:05:22 / 386	01:28:27 / 311	00:02:25 / 348	00:51:52 / 132	02:51:18	00:49:59
256	5	MINKINA MACIEJ		POL WARTER	87M30/134	M / 244	00:24:28 / 440	00:05:11 / 434	01:23:26 / 190	00:01:21 / 272	00:57:01 / 241	02:51:27	00:50:08
257	569	MLAK KAZIMIERZ		POL WIELKA SOWA	58M60/1	M / 245	00:23:08 / 379	00:04:55 / 367	01:26:10 / 261	00:02:24 / 307	00:54:51 / 194	02:51:28	00:50:09
258	260	BENDZA WOJCIECH		POL MICHAŁ BENDZA TEAM	77M40/82	M / 246	00:21:06 / 256	00:03:49 / 227	01:26:44 / 272	00:01:08 / 245	00:58:46 / 273	02:51:33	00:50:14
259	503	RUTKOWSKI ARTUR		POL	67M50/8	M / 247	00:22:14 / 330	00:05:51 / 370	01:23:27 / 191	00:00:47 / 237	00:59:16 / 288	02:51:35	00:50:17
260	358	DZIUBA DARIUSZ		POL CF	77M40/83	M / 248	00:17:33 / 61	00:04:13 / 84	01:24:52 / 230	00:01:19 / 164	01:03:47 / 366	02:51:44	00:50:25
261	220	WASILEWSKI MACIEJ		POL BRAK	84M30/135	M / 249	00:22:02 / 318	00:05:28 / 344	01:29:14 / 329	00:01:33 / 338	00:53:32 / 167	02:51:49	00:50:30

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
262	481	WOLSKA KARINA		POL		89K20/3	K / 13	00:21:37 / 293	00:04:29 / 282	01:30:41 / 351	00:01:20 / 333	00:53:51 / 176	02:51:58	00:50:40
263	285	KOŁODZIEJ MARIUSZ		POL TMTEAM		77M40/84	M / 250	00:20:11 / 207	00:03:52 / 187	01:22:34 / 166	00:01:29 / 170	01:03:57 / 370	02:52:03	00:50:45
264	493	POLAK KRZYSZTOF		POL POLICJA		58M60/2	M / 251	00:21:53 / 308	00:04:12 / 281	01:13:33 / 23	00:01:10 / 63	01:11:16 / 443	02:52:04	00:50:45
265	46	ŁESEJKO MATEUSZ		POL		79M30/136	M / 252	00:19:06 / 139	00:04:28 / 159	01:28:03 / 306	00:02:14 / 261	00:58:16 / 267	02:52:07	00:50:49
266	393	SZAFRAŃSKI MICHAŁ		POL		78M40/85	M / 253	00:19:19 / 157	00:05:19 / 212	01:24:52 / 229	00:02:34 / 227	01:00:07 / 301	02:52:11	00:50:52
267	588	GAŁECKI WIKTOR		POL TRIATHLON CLUB WROCLAW		95M20/22	M / 254	00:19:51 / 186	00:03:32 / 150	01:27:39 / 293	00:01:12 / 234	01:00:01 / 299	02:52:15	00:50:56
268	24	MASŁOWIEC BARTOSZ		POL GT RAT		80M30/137	M / 255	00:21:48 / 306	00:04:26 / 290	01:30:44 / 353	00:00:51 / 329	00:54:32 / 187	02:52:21	00:51:02
269	111	ŁAŻNIEWSKI DAWID		POL KUDOWIANKA CYKLON PROAL TEAM		87M30/138	M / 256	00:23:08 / 377	00:03:46 / 320	01:22:22 / 161	00:01:42 / 212	01:01:29 / 335	02:52:27	00:51:09
270	124	PIECZARA KRZYSZTOF		POL KB MCKIS JAWORZNO		81M30/139	M / 257	00:20:26 / 219	00:03:34 / 183	01:28:34 / 316	00:01:06 / 258	00:59:02 / 279	02:52:42	00:51:23
271	526	MACIEJEWSKI MARCIN		POL TMTEAM		90M20/23	M / 258	00:22:10 / 325	00:05:33 / 348	01:24:03 / 209	00:01:48 / 256	00:59:09 / 282	02:52:43	00:51:25
272	146	STADNICKI LUKASZ		POL		87M30/140	M / 259	00:22:48 / 358	00:05:52 / 393	01:24:22 / 214	00:03:13 / 299	00:56:30 / 230	02:52:45	00:51:26
273	342	KIEŁBASA PAWEŁ		POL RADIOWA AKADEMIA TRIATHLONU		78M40/86	M / 260	00:25:06 / 451	00:04:46 / 442	01:23:04 / 179	00:01:54 / 279	00:58:03 / 262	02:52:53	00:51:34
274	504	RATAJCZAK MAREK		POL TRIATHLON CLUB WROCLAW		66M50/9	M / 261	00:20:43 / 235	00:04:52 / 259	01:24:31 / 218	00:01:56 / 226	01:01:01 / 321	02:53:03	00:51:45
275	521	WŁODARCZYK WIKTOR		POL JAS-KÓŁKA		94M20/24	M / 262	00:22:17 / 334	00:06:09 / 382	01:26:30 / 269	00:02:38 / 325	00:55:33 / 211	02:53:07	00:51:48
276	420	SIERADZAN GRZEGORZ		POL OLEŚNICKA GRUPA TRIATHLONOWA		77M40/87	M / 263	00:21:13 / 267	00:03:51 / 235	01:25:31 / 250	00:01:23 / 225	01:01:10 / 325	02:53:08	00:51:50
277	418	KARGOL PAWEŁ		POL OLEŚNICKA GRUPA TRIATHLONOWA		78M40/88	M / 264	00:22:19 / 336	00:05:19 / 345	01:23:24 / 189	00:00:56 / 224	01:01:10 / 326	02:53:08	00:51:50
278	337	BORKOWSKI MARIUSZ		POL		75M40/89	M / 265	00:21:14 / 269	00:03:43 / 231	01:29:48 / 340	00:01:18 / 291	00:57:07 / 244	02:53:10	00:51:52
279	144	CHMIEL LUKASZ		POL		81M30/141	M / 266	00:22:18 / 335	00:05:38 / 359	01:28:11 / 309	00:01:05 / 318	00:56:05 / 222	02:53:17	00:51:59
280	535	SZYMONEK MIROSLAW		POL TRIDEA		59M50/10	M / 267	00:21:45 / 303	00:03:54 / 261	01:21:02 / 134	00:01:23 / 168	01:05:13 / 397	02:53:17	00:51:59
281	576	CHOJNACKI ARTUR		POL -		68M50/11	M / 268	00:21:16 / 271	00:05:50 / 331	01:27:42 / 295	00:01:31 / 301	00:57:03 / 243	02:53:22	00:52:03
282	201	FOLGA RADOSŁAW		POL KLUB TYSIACZKA		87M30/142	M / 269	00:20:55 / 247	00:08:33 / 424	01:22:06 / 154	00:02:51 / 271	00:59:12 / 286	02:53:37	00:52:19
283	216	GREHL PAWEŁ		POL GVT		79M30/143	M / 270	00:19:13 / 149	00:04:00 / 140	01:24:56 / 231	00:01:27 / 187	01:04:13 / 374	02:53:49	00:52:31
284	95	NASKRĘTSKI ANDRZEJ		POL KRĘPI Z KRĘPIC		79M30/144	M / 271	00:23:12 / 380	00:06:12 / 420	01:30:09 / 344	00:01:11 / 358	00:53:08 / 158	02:53:52	00:52:34
285	300	KUBIAK MICHAŁ		POL		78M40/90	M / 272	00:19:19 / 158	00:05:13 / 210	01:27:58 / 305	00:01:44 / 266	00:59:51 / 295	02:54:05	00:52:47
286	268	WARMUŁA PIOTR		POL TMTEAM		74M40/91	M / 273	00:20:42 / 234	00:04:14 / 229	01:23:18 / 186	00:01:11 / 184	01:04:42 / 380	02:54:07	00:52:48
287	272	POPARDA SEBASTIAN		POL JELCZ TRIATHLON PROJECT		77M40/92	M / 274	00:20:30 / 223	00:04:45 / 244	01:29:16 / 330	00:02:14 / 310	00:57:24 / 249	02:54:09	00:52:51
288	108	MAZURKIEWICZ TOMASZ		POL GEDIA		81M30/145	M / 275	00:24:21 / 437	00:04:26 / 402	01:22:49 / 174	00:00:54 / 241	01:01:42 / 339	02:54:12	00:52:54
289	565	GOLEMIEC KAZIMIERZ		POL KERMI POLSKA		65M50/12	M / 276	00:20:26 / 217	00:03:52 / 198	01:23:37 / 198	00:01:33 / 186	01:04:52 / 386	02:54:20	00:53:02
290	224	PAPROCKI PRZEMEK		POL DECATHLON BIELANY WROCLAWSKIE		86M30/146	M / 277	00:27:27 / 489	00:04:26 / 473	01:22:51 / 175	00:01:40 / 304	00:58:06 / 264	02:54:30	00:53:11
291	570	GLÓWKA DARIUSZ		POL NO LIMITS		91M20/25	M / 278	00:24:17 / 431	00:03:45 / 366	01:31:06 / 357	00:00:47 / 352	00:54:36 / 189	02:54:31	00:53:12
292	335	ŁOZIŃSKI WOJCIECH		POL POLICJA		77M40/93	M / 279	00:20:27 / 220	00:04:46 / 241	01:23:11 / 183	00:01:16 / 191	01:04:57 / 389	02:54:37	00:53:19
293	478	KARPIENIA EWA		POL CKS ORKA SZCZECIN		69K40/2	K / 14	00:21:25 / 279	00:04:24 / 269	01:28:35 / 317	00:01:35 / 290	00:59:11 / 284	02:55:10	00:53:52
294	343	GRANICZNY KRZYSZTOF		POL		70M40/94	M / 280	00:22:48 / 357	00:03:59 / 313	01:26:14 / 265	00:01:26 / 273	01:00:51 / 319	02:55:18	00:54:00
295	93	PUCHALSKI PRZEMYSŁAW		POL		82M30/147	M / 281	00:19:59 / 195	00:05:19 / 247	01:26:28 / 268	00:02:14 / 263	01:01:36 / 338	02:55:36	00:54:18

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
296	379	WALECZEK SŁAWOMIR		POL	76M40/95	M / 282	00:27:18 / 488	00:05:22 / 480	01:23:06 / 181	00:02:27 / 337	00:57:25 / 251	02:55:38	00:54:19
297	84	KSIĘŻAREK ŁUKASZ		POL	81M30/148	M / 283	00:21:53 / 309	00:04:46 / 307	01:25:25 / 246	00:02:10 / 267	01:01:29 / 334	02:55:43	00:54:24
298	390	CYWKA TOMEK		POL ZĄBKOWICKA GRUPA BIEGOWA 'FRANKENSTEIN'	75M40/96	M / 284	00:23:05 / 374	00:06:14 / 417	01:27:02 / 280	00:02:07 / 340	00:57:17 / 248	02:55:45	00:54:27
299	256	SALAŁA ROMAN		POL BIKE TEAM TEMMPO WAŁBRZYCH	78M40/97	M / 285	00:20:45 / 239	00:03:41 / 204	01:25:26 / 247	00:01:23 / 215	01:04:36 / 379	02:55:51	00:54:33
300	225	PIECH MICHAŁ		POL LA LORRAINE BAKERY GROUP	85M30/149	M / 286	00:19:13 / 148	00:07:04 / 296	01:32:03 / 371	00:02:44 / 361	00:55:00 / 199	02:56:04	00:54:45
301	347	GLEBOCKI ADAM		POL	73M40/98	M / 287	00:23:53 / 413	00:04:59 / 405	01:26:51 / 275	00:01:04 / 313	00:59:25 / 289	02:56:12	00:54:53
302	352	GRADOWSKI ŁUKASZ		POL 4FUN	78M40/99	M / 288	00:20:59 / 252	00:04:17 / 245	01:27:01 / 279	00:02:06 / 269	01:01:52 / 341	02:56:15	00:54:57
303	227	OWCZAREK JACEK		POL OLEŚNICKA GRUPA TRIATHLONOWA	84M30/150	M / 289	00:25:18 / 458	00:04:26 / 436	01:24:45 / 223	00:01:38 / 293	01:00:11 / 302	02:56:18	00:55:00
304	70	BATOR RAFAŁ		POL	84M30/151	M / 290	00:28:17 / 499	00:05:17 / 488	01:28:30 / 313	00:01:05 / 385	00:53:11 / 160	02:56:20	00:55:02
305	562	BEDNARCZYK PAWEŁ		POL DECATHLON BIELANY WROCŁAWSKIE	94M20/26	M / 291	00:16:17 / 20	00:04:31 / 42	01:29:47 / 339	00:01:36 / 231	01:04:30 / 378	02:56:41	00:55:22
306	551	LEWCZAK DARIUSZ		POL MARCUS TEAM	62M50/13	M / 292	00:24:21 / 438	00:03:56 / 378	01:27:51 / 301	00:01:28 / 326	00:59:13 / 285	02:56:49	00:55:30
307	306	KULCZYCKI KRYSZTOF		POL TRIATHLON CLUB WROCŁAW	73M40/100	M / 293	00:22:34 / 344	00:05:39 / 376	01:25:42 / 252	00:02:14 / 295	01:00:46 / 317	02:56:55	00:55:37
308	167	WIĘCKOWSKI WIKTOR		POL	87M30/152	M / 294	00:17:52 / 72	00:05:08 / 133	01:29:43 / 337	00:02:01 / 277	01:02:14 / 345	02:56:58	00:55:40
309	320	DUDA HUBERT		POL GT RAT	70M40/101	M / 295	00:18:26 / 101	00:03:51 / 105	01:28:53 / 321	00:01:07 / 236	01:04:55 / 387	02:57:12	00:55:53
310	508	NOWAK MARIAN		POL	61M50/14	M / 296	00:25:15 / 453	00:04:33 / 438	01:23:51 / 202	00:01:37 / 282	01:02:00 / 343	02:57:16	00:55:58
311	344	ŁYGA PAWEŁ		POL	77M40/102	M / 297	00:20:41 / 233	00:05:11 / 271	01:24:18 / 212	00:02:01 / 230	01:05:08 / 392	02:57:19	00:56:00
312	461	BREWKA WANDA		POL GT RAT	83K30/9	K / 15	00:25:03 / 449	00:03:53 / 407	01:31:55 / 366	00:01:48 / 379	00:54:49 / 193	02:57:28	00:56:09
313	524	RĘDZIO PIOTR		POL -	94M20/27	M / 298	00:22:45 / 353	00:06:43 / 425	01:27:24 / 285	00:03:02 / 351	00:57:38 / 256	02:57:32	00:56:14
314	147	BERNADOWSKI BARTOSZ		POL	81M30/153	M / 299	00:18:36 / 112	00:04:15 / 127	01:34:15 / 395	00:01:24 / 341	00:59:07 / 281	02:57:37	00:56:19
315	229	ŁABA DANIEL		POL OLEŚNICKA GRUPA TRIATHLONOWA	81M30/154	M / 300	00:24:09 / 425	00:04:38 / 403	01:30:28 / 349	00:01:43 / 360	00:56:43 / 232	02:57:41	00:56:22
316	33	ZAWADZKI MARCIN		POL WKKWIERUSZÓW	80M30/155	M / 301	00:23:51 / 410	00:03:32 / 338	01:27:37 / 292	00:01:21 / 302	01:01:24 / 332	02:57:45	00:56:27
317	82	SOKOŁOWSKI GRZEGORZ		POL POLARIS	88M30/156	M / 302	00:20:06 / 203	00:04:18 / 202	01:26:10 / 263	00:01:58 / 242	01:05:19 / 401	02:57:51	00:56:33
318	86	SIKORA WIKTOR		POL TRIATHLON CLUB WROCŁAW	79M30/157	M / 303	00:18:54 / 126	00:04:11 / 135	01:30:40 / 350	00:01:53 / 286	01:02:26 / 348	02:58:04	00:56:45
319	173	ROSSA ŁUKASZ		POL	81M30/158	M / 304	00:18:50 / 119	00:04:31 / 148	01:27:50 / 299	00:01:36 / 246	01:05:30 / 403	02:58:17	00:56:59
320	386	MIELNICKI WOJCIECH		POL TRIMMISSION	78M40/103	M / 305	00:18:42 / 114	00:06:13 / 228	01:27:52 / 302	00:03:26 / 297	01:02:20 / 346	02:58:33	00:57:15
321	430	SMOLEŃ TOMASZ		POL TMTEAM	73M40/104	M / 306	00:23:31 / 399	00:03:51 / 337	01:34:01 / 391	00:01:46 / 386	00:55:42 / 215	02:58:51	00:57:33
322	369	WILKIN MIROSLAW		POL TMTEAM	71M40/105	M / 307	00:24:01 / 420	00:04:39 / 395	01:30:07 / 343	00:02:23 / 362	00:57:48 / 259	02:58:58	00:57:39
323	477	KARŁOWSKA KATARZYNA		POL	86K30/10	K / 16	00:23:04 / 372	00:03:58 / 324	01:33:45 / 386	00:01:13 / 373	00:57:08 / 245	02:59:08	00:57:49
324	376	DANIELKIEWICZ JAROSŁAW		POL	75M40/106	M / 308	00:24:23 / 439	00:05:05 / 423	01:25:24 / 245	00:02:21 / 319	01:01:56 / 342	02:59:09	00:57:50
325	509	MAŁOLEPSZY ROBERT		POL BREMBO POLAND	66M50/15	M / 309	00:20:16 / 209	00:03:45 / 184	01:31:04 / 356	00:01:34 / 308	01:02:35 / 350	02:59:14	00:57:55
326	360	ŚWIĄTEK PIOTR		POL IRONSAINT	76M40/107	M / 310	00:25:50 / 467	00:03:56 / 437	01:23:34 / 197	00:01:33 / 281	01:04:43 / 382	02:59:36	00:58:17
327	577	LLORENS QUINTANA CLARA		POL GT RAT	86K30/11	K / 17	00:18:54 / 125	00:04:02 / 131	01:34:41 / 402	00:01:23 / 345	01:00:37 / 313	02:59:37	00:58:18
328	458	GAŁEK ANNA		POL	82K30/12	K / 18	00:22:54 / 361	00:05:04 / 361	01:31:08 / 358	00:01:16 / 356	00:59:15 / 287	02:59:37	00:58:19

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rowler Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
329	187	JAROSIK WALDEK		POL		86M30/159 M / 311	00:20:45 / 238	00:04:35 / 248	01:31:25 / 361	00:02:26 / 346	01:00:36 / 312	02:59:47	00:58:29
330	186	SZYSZAK MARCIN		POL ACTIVRUN NAMYSŁÓW		83M30/160 M / 312	00:21:43 / 299	00:05:26 / 332	01:40:09 / 456	00:01:00 / 427	00:51:32 / 128	02:59:50	00:58:32
331	353	HALICKI ROBERT		POL TMTEAM		78M40/108 M / 313	00:21:41 / 296	00:04:34 / 294	01:23:08 / 182	00:01:33 / 210	01:09:03 / 432	02:59:59	00:58:40
332	223	LEŚKO PAWEŁ		POL CROSSFIT WROCLAW		85M30/161 M / 314	00:23:04 / 373	00:05:33 / 390	01:22:47 / 172	00:01:17 / 243	01:07:21 / 415	03:00:02	00:58:43
333	357	RÓJ RADOSŁAW		POL		74M40/109 M / 315	00:23:02 / 369	00:03:35 / 306	01:32:07 / 374	00:01:28 / 354	00:59:50 / 294	03:00:02	00:58:44
334	361	CZERNIAWSKI PIOTR		POL		76M40/110 M / 316	00:21:09 / 262	00:04:13 / 250	01:30:18 / 347	00:01:05 / 311	01:03:23 / 362	03:00:08	00:58:50
335	447	TOMASZEWSKA JOANNA		POL JELCZ TRIATHLON PROJECT		83K30/13 K / 19	00:23:26 / 397	00:04:18 / 349	01:32:33 / 377	00:02:17 / 377	00:57:35 / 255	03:00:09	00:58:51
336	346	TULIE KRZYSZTOF		POL GÓRAL POLICE		71M40/111 M / 317	00:20:39 / 231	00:05:07 / 268	01:30:10 / 345	00:01:19 / 321	01:03:16 / 360	03:00:31	00:59:12
337	541	LICHOTA TOMASZ		POL		89M20/28 M / 318	00:27:08 / 487	00:04:27 / 469	01:33:13 / 384	00:01:20 / 408	00:54:30 / 186	03:00:38	00:59:19
338	323	KOTAS ROMAN		POL KOTASTROFA		76M40/112 M / 319	00:23:01 / 367	00:04:56 / 360	01:33:45 / 385	00:02:09 / 393	00:56:57 / 239	03:00:48	00:59:29
339	32	SKORUPSKI SZYMON		POL KURACJUSZE		87M30/162 M / 320	00:22:21 / 337	00:05:45 / 371	01:32:38 / 378	00:02:21 / 383	00:57:53 / 261	03:00:58	00:59:40
340	297	ZAMOJSKI SEBASTIAN		POL		70M40/113 M / 321	00:24:13 / 427	00:05:08 / 418	01:24:25 / 217	00:01:53 / 287	01:05:26 / 402	03:01:05	00:59:47
341	499	MASŁOWSKI MICHAŁ		POL NO LIMITS		91M20/29 M / 322	00:24:00 / 418	00:05:14 / 414	01:39:02 / 447	00:00:42 / 431	00:52:17 / 145	03:01:15	00:59:57
342	387	FILA MAREK		POL MARCUS		76M40/114 M / 323	00:19:22 / 163	00:05:31 / 225	01:26:00 / 257	00:02:17 / 251	01:08:05 / 421	03:01:15	00:59:57
343	281	HARTEL PIOTR		POL		71M40/115 M / 324	00:24:14 / 428	00:05:52 / 447	01:27:50 / 300	00:02:17 / 355	01:01:08 / 323	03:01:21	01:00:02
344	270	MACIANTOWICZ WOJCIECH		POL 1976		76M40/116 M / 325	00:19:15 / 153	00:04:35 / 172	01:32:28 / 376	00:01:53 / 336	01:03:12 / 358	03:01:23	01:00:04
345	119	TWARDY PAWEŁ		POL GT RAT		84M30/163 M / 326	00:26:27 / 477	00:03:43 / 449	01:27:43 / 296	00:01:52 / 350	01:01:48 / 340	03:01:33	01:00:15
346	583	ENGEL WALDEMAR		POL NIEZRZESZONY		61M50/16 M / 327	00:22:35 / 347	00:04:42 / 334	01:27:39 / 294	00:01:14 / 296	01:05:34 / 405	03:01:44	01:00:26
347	329	SIDOR ADAM		POL		72M40/117 M / 328	00:21:37 / 292	00:04:33 / 286	01:29:29 / 333	00:02:07 / 327	01:04:17 / 376	03:02:03	01:00:44
348	540	KOWALIK GRZEGORZ		POL RUNOWO RANGERS		67M50/17 M / 329	00:21:59 / 314	00:04:03 / 279	01:29:35 / 334	00:01:18 / 314	01:05:11 / 395	03:02:06	01:00:47
349	455	CIACIURA-JARNO MAGDALENA		POL TMTEAM		83K30/14 K / 20	00:22:56 / 362	00:04:03 / 322	01:34:40 / 401	00:01:34 / 387	00:58:54 / 277	03:02:07	01:00:48
350	445	LICHACZ ANIA		POL		81K30/15 K / 21	00:23:36 / 401	00:05:04 / 394	01:32:42 / 380	00:01:17 / 378	00:59:32 / 292	03:02:11	01:00:53
351	299	SEMPIK ROBERT		POL PRO-RUN WROCLAW		73M40/118 M / 330	00:23:23 / 391	00:04:38 / 365	01:31:40 / 364	00:02:19 / 374	01:00:16 / 306	03:02:16	01:00:58
352	416	RUDYK SEBASTIAN		POL TRIATHLON CLUB WROCLAW		75M40/119 M / 331	00:19:24 / 166	00:04:32 / 179	01:23:20 / 188	00:01:50 / 182	01:13:15 / 459	03:02:21	01:01:03
353	496	GOLDWASSER ZBIGNIEW		POL KB SOBÓTKA		66M50/18 M / 332	00:20:56 / 249	00:04:59 / 275	01:31:29 / 363	00:01:31 / 344	01:03:40 / 364	03:02:35	01:01:17
354	460	ROMAN ELŻBIETA		POL NIEZRZESZONA		75K40/3 K / 22	00:22:47 / 355	00:04:14 / 323	01:33:08 / 383	00:01:35 / 368	01:00:54 / 320	03:02:38	01:01:19
355	114	DOBRZANSKI MARCIN		POL DECATHLON BIELANY WROCLAWSKIE		81M30/164 M / 333	00:23:29 / 398	00:04:47 / 377	01:28:08 / 308	00:02:24 / 342	01:03:53 / 367	03:02:41	01:01:22
356	334	RÓŻYCKI LUKASZ		POL		75M40/120 M / 334	00:19:35 / 169	00:04:55 / 208	01:31:58 / 367	00:01:05 / 324	01:05:18 / 400	03:02:51	01:01:33
357	132	LECH MARCIN		POL NOA		83M30/165 M / 335	00:22:59 / 363	00:04:26 / 339	01:28:30 / 314	00:01:57 / 331	01:05:01 / 391	03:02:53	01:01:35
358	345	BOROWIEC ROBERT		POL OKSIKO ADVENTURE TEAM		73M40/121 M / 336	00:22:24 / 338	00:05:03 / 342	01:32:01 / 369	00:02:03 / 366	01:01:31 / 336	03:03:02	01:01:44
359	43	KOLASA PIOTR		POL		87M30/166 M / 337	00:21:16 / 270	00:04:07 / 251	01:36:04 / 422	00:00:30 / 372	01:01:06 / 322	03:03:03	01:01:44
360	58	SOŚNIERZ TOMASZ		POL		87M30/167 M / 338	00:27:53 / 493	00:03:36 / 468	01:32:04 / 372	00:00:47 / 399	00:58:43 / 272	03:03:03	01:01:44
361	533	WORONOWICZ KONRAD		POL		91M20/30 M / 339	00:19:33 / 168	00:05:08 / 215	01:30:44 / 354	00:01:14 / 309	01:06:29 / 410	03:03:08	01:01:50
362	168	JANKOWSKI JANUSZ		POL FIGHT LIKE A BRAVE		86M30/168 M / 340	00:28:07 / 496	00:04:27 / 479	01:36:40 / 429	00:01:18 / 444	00:52:38 / 153	03:03:10	01:01:51

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
363	59	KŁOS JAN		POL		81M30/169 M / 341	00:32:30 / 511	00:04:58 / 506	01:28:37 / 318	00:01:58 / 425	00:55:09 / 205	03:03:12	01:01:54
364	370	FURGOŁ MICHAŁ		POL LITWIN TRIATHLON TEAM		78M40/122 M / 342	00:19:39 / 173	00:04:09 / 171	01:31:15 / 359	00:01:23 / 306	01:06:48 / 411	03:03:14	01:01:55
365	73	MALESKA RAFAŁ		POL SILNICHŁOPACY		88M30/170 M / 343	00:23:59 / 417	00:04:00 / 362	01:33:06 / 382	00:01:08 / 376	01:01:14 / 328	03:03:27	01:02:08
366	200	MOMOT PIOTR		POL TRIATHLON CLUB WROCLAW		86M30/171 M / 344	00:25:38 / 462	00:06:01 / 470	01:25:06 / 236	00:02:06 / 343	01:04:43 / 381	03:03:34	01:02:15
367	182	SZMIGIEL TOMASZ		POL GIVIN' IT A TRI		82M30/172 M / 345	00:21:10 / 265	00:05:54 / 328	01:36:38 / 427	00:01:39 / 404	00:58:37 / 271	03:03:58	01:02:40
368	319	GRABOWY STANISŁAW		POL RODZINA GRABOWYCH		74M40/123 M / 346	00:19:58 / 194	00:04:51 / 223	01:29:25 / 331	00:02:10 / 305	01:07:35 / 416	03:03:59	01:02:41
369	467	JURASZEK ANNA		POL		87K30/16 K / 23	00:21:24 / 278	00:04:37 / 278	01:36:06 / 423	00:01:45 / 394	01:00:32 / 310	03:04:24	01:03:05
370	298	CHOLAŚT PATRYK		POL GT RAT		78M40/124 M / 347	00:24:03 / 421	00:04:22 / 381	01:29:40 / 336	00:01:08 / 347	01:05:11 / 394	03:04:24	01:03:05
371	486	PALUCH MAREK		POL LITWIN TRIATHLON TEAM		92M20/31 M / 348	00:24:29 / 441	00:05:07 / 430	01:32:39 / 379	00:01:40 / 395	01:00:29 / 308	03:04:24	01:03:06
372	396	KALEMBKIEWICZ PIOTR		POL MIROTRANS WROCLAW		78M40/125 M / 349	00:27:31 / 490	00:08:07 / 498	01:34:53 / 408	00:03:48 / 470	00:50:11 / 97	03:04:30	01:03:12
373	284	ŚLĘCZKOWSKI JACEK		POL TEMMPO WALBRZYCH		75M40/126 M / 350	00:22:59 / 364	00:03:51 / 316	01:34:42 / 403	00:01:33 / 382	01:01:32 / 337	03:04:37	01:03:18
374	537	MICHALAK MAREK		POL WEKTOR		60M50/19 M / 351	00:21:19 / 275	00:07:02 / 380	01:31:03 / 355	00:02:09 / 367	01:03:12 / 357	03:04:45	01:03:26
375	219	JAROSZ ARTUR		POL BRAK		79M30/173 M / 352	00:23:22 / 389	00:04:33 / 357	01:31:43 / 365	00:02:18 / 371	01:02:52 / 355	03:04:48	01:03:29
376	254	SMOLARA KRZYSZTOF		POL HASTE TEAM		76M40/127 M / 353	00:25:18 / 457	00:05:01 / 456	01:37:12 / 435	00:01:37 / 432	00:55:50 / 217	03:04:58	01:03:40
377	442	KORZELECKA KAROLINA		POL RUNNING TEAM MILICZ		83K30/17 K / 24	00:23:03 / 371	00:03:41 / 311	01:29:05 / 325	00:01:30 / 323	01:08:28 / 428	03:05:47	01:04:28
378	464	BIELAWSKA JUSTYNA		POL RAGABA MEBLE		80K30/18 K / 25	00:21:30 / 284	00:04:43 / 289	01:35:56 / 421	00:01:30 / 391	01:02:22 / 347	03:06:01	01:04:42
379	560	KOLENDA SEBASTIAN		POL DECATHLON BIELANY WROCLAWSKIE		92M20/32 M / 354	00:25:17 / 455	00:04:20 / 431	01:26:55 / 277	00:01:17 / 328	01:08:16 / 424	03:06:05	01:04:47
380	288	MILER PRZEMYSŁAW		POL KWP WT		75M40/128 M / 355	00:23:41 / 404	00:04:23 / 368	01:26:05 / 258	00:01:23 / 284	01:10:44 / 441	03:06:16	01:04:57
381	305	GONERA ANDRZEJ		POL KS NEONET		78M40/129 M / 356	00:22:02 / 319	00:05:47 / 351	01:37:39 / 439	00:01:35 / 416	00:59:30 / 291	03:06:33	01:05:14
382	318	POSACKI ZBIGNIEW		POL WOŁÓW BIEGA		77M40/130 M / 357	00:26:07 / 472	00:07:30 / 489	01:36:55 / 433	00:01:42 / 454	00:54:31 / 188	03:06:45	01:05:27
383	139	ZASTAWNIAK KACPER		POL CROSSFIT WROCLAW		81M30/174 M / 358	00:26:42 / 480	00:04:59 / 471	01:29:09 / 328	00:01:56 / 380	01:04:15 / 375	03:07:01	01:05:42
384	222	SŁOWIK JAROSŁAW		POL -		84M30/175 M / 359	00:20:21 / 213	00:04:35 / 230	01:38:49 / 446	00:01:58 / 405	01:01:27 / 333	03:07:10	01:05:51
385	572	SZYDŁO AGATA		POL GT RAT		69K40/4 K / 26	00:20:34 / 227	00:04:09 / 219	01:35:23 / 417	00:01:57 / 375	01:05:14 / 398	03:07:17	01:05:59
386	414	RODAK JAROSŁAW		POL		74M40/131 M / 360	00:22:06 / 321	00:05:07 / 333	01:30:43 / 352	00:01:37 / 349	01:07:54 / 419	03:07:27	01:06:08
387	40	SOBCZYK PIOTR		POL ATHLETICS TEAM PRUSICE		85M30/176 M / 361	00:19:09 / 142	00:05:13 / 200	01:29:04 / 326	00:02:38 / 292	01:11:37 / 445	03:07:41	01:06:23
388	471	DOMAGAŁA AGNIESZKA		POL ZĄBKOWICKA GRUPA BIEGOWA 'FRANKENSTEIN'		84K30/19 K / 27	00:23:15 / 384	00:05:21 / 388	01:38:49 / 445	00:02:11 / 437	00:58:16 / 266	03:07:52	01:06:34
389	469	TKACZYSZYN KAROLINA		POL -		96K20/4 K / 28	00:25:34 / 461	00:04:50 / 457	01:35:23 / 416	00:01:31 / 417	01:00:39 / 315	03:07:57	01:06:39
390	103	MROCEK ŁUKASZ		POL		88M30/177 M / 362	00:23:19 / 386	00:04:35 / 356	01:28:05 / 307	00:01:15 / 320	01:10:52 / 442	03:08:06	01:06:48
391	209	MIECZKOWSKI ANDRZEJ		POL		82M30/178 M / 363	00:22:12 / 328	00:05:59 / 375	01:30:22 / 348	00:01:50 / 357	01:07:51 / 418	03:08:14	01:06:56
392	428	STARUCH MARIUSZ		POL		78M40/132 M / 364	00:27:41 / 492	00:05:36 / 484	01:33:59 / 390	00:01:27 / 428	00:59:36 / 293	03:08:19	01:07:00
393	29	KOTOWSKI NORBERT		POL		84M30/179 M / 365	00:20:37 / 229	00:06:15 / 318	01:27:52 / 303	00:02:22 / 317	01:11:19 / 444	03:08:25	01:07:07
394	310	DUDEK KRZYSZTOF		POL STRZEGOMSKA DWUNASTKA		74M40/133 M / 366	00:24:19 / 435	00:04:27 / 401	01:36:42 / 430	00:01:55 / 419	01:01:09 / 324	03:08:32	01:07:13
395	544	FELKA DARIUSZ		POL		89M20/33 M / 367	00:19:14 / 151	00:04:44 / 181	01:24:13 / 211	00:01:26 / 188	01:19:03 / 489	03:08:40	01:07:22

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
396	8	PIĄTKOWSKI TOMASZ		POL KB FAURECIA WAŁBRZYCH FRAMES	79M30/180	M / 368	00:23:41 / 403	00:05:03 / 399	01:28:29 / 312	00:01:14 / 339	01:10:14 / 437	03:08:41	01:07:23
397	365	DANIŁOW PAWEŁ		POL DP SYNERGIA	73M40/134	M / 369	00:21:25 / 280	00:04:41 / 283	01:23:57 / 206	00:02:10 / 233	01:16:52 / 478	03:09:05	01:07:46
398	276	ŻUR GRZEGORZ		POL GREENTRI	74M40/135	M / 370	00:21:19 / 274	00:05:11 / 303	01:36:54 / 432	00:01:42 / 403	01:04:09 / 373	03:09:15	01:07:57
399	301	SUCHY PRZEMEK		POL	77M40/136	M / 371	00:22:44 / 352	00:06:40 / 419	01:29:00 / 323	00:02:48 / 363	01:08:23 / 425	03:09:35	01:08:16
400	412	SMOLARCZYK JACEK		POL -	73M40/137	M / 372	00:21:12 / 266	00:05:40 / 317	01:31:58 / 368	00:02:23 / 364	01:08:39 / 429	03:09:52	01:08:34
401	564	KUCHCIŃSKI PIOTR		POL	92M20/34	M / 373	00:22:01 / 317	00:05:01 / 325	01:41:11 / 467	00:01:46 / 440	00:59:57 / 296	03:09:56	01:08:38
402	506	ŁUDZIŃSKI MIROŚŁAW		POL LITWIN TRIATHLON TEAM	60M50/20	M / 374	00:22:01 / 316	00:06:00 / 364	01:34:11 / 394	00:01:48 / 397	01:06:04 / 409	03:10:04	01:08:46
403	203	ORŁOWSKI KAMIL		POL PIK IZBICKO	85M30/181	M / 375	00:20:44 / 236	00:04:15 / 232	01:27:11 / 282	00:01:46 / 262	01:16:13 / 474	03:10:09	01:08:51
404	266	BAK TYMOTEUSZ		POL I-SYSTEMS.PL	77M40/138	M / 376	00:24:20 / 436	00:05:51 / 452	01:37:52 / 442	00:02:09 / 443	01:00:01 / 298	03:10:13	01:08:54
405	240	OWCZAREK ZBIGNIEW		POL	83M30/182	M / 377	00:20:56 / 248	00:05:00 / 276	01:40:34 / 461	00:01:16 / 423	01:02:37 / 351	03:10:23	01:09:05
406	286	KACZOROWSKI MARCIN		POL	73M40/139	M / 378	00:24:11 / 426	00:05:32 / 435	01:34:27 / 396	00:02:25 / 412	01:03:54 / 368	03:10:29	01:09:11
407	314	ŁUCZAK TOMASZ		POL	71M40/140	M / 379	00:20:52 / 245	00:05:53 / 312	01:38:00 / 443	00:01:05 / 406	01:04:46 / 384	03:10:36	01:09:18
408	38	FAST GRZEGORZ		POL FASTTTEAM	80M30/183	M / 380	00:17:54 / 77	00:05:33 / 152	01:34:01 / 392	00:00:39 / 334	01:12:30 / 452	03:10:37	01:09:18
409	404	NAZARY PIOTR		POL OBORYGENI	77M40/141	M / 381	00:22:34 / 345	00:05:06 / 346	01:32:14 / 375	00:02:55 / 381	01:08:23 / 426	03:11:12	01:09:54
410	559	DYNOWSKI PIOTR		POL DECATHLON BIELANY WROCŁAWSKIE	94M20/35	M / 382	00:23:55 / 415	00:04:46 / 396	01:26:27 / 267	00:01:00 / 294	01:15:11 / 466	03:11:19	01:10:00
411	263	KOMEJKO DARIUSZ		POL	78M40/142	M / 383	00:23:25 / 393	00:05:23 / 404	01:37:27 / 437	00:02:36 / 430	01:02:30 / 349	03:11:21	01:10:03
412	213	ANTAS MARCIN		POL HEROLYNX.COM	82M30/184	M / 384	00:23:58 / 416	00:08:17 / 478	01:35:16 / 413	00:01:12 / 429	01:02:39 / 352	03:11:22	01:10:03
413	351	CEDRO DAMIAN		POL MALINKA OPOLE	78M40/143	M / 385	00:24:17 / 432	00:04:52 / 410	01:36:36 / 425	00:01:55 / 422	01:03:46 / 365	03:11:26	01:10:07
414	149	FOLARON RAFAŁ		POL	88M30/185	M / 386	00:27:57 / 494	00:05:28 / 485	01:32:01 / 370	00:01:07 / 411	01:04:59 / 390	03:11:32	01:10:13
415	175	PIEGDOŃ PIOTR		POL LITWIN TRIATHLON TEAM	81M30/186	M / 387	00:18:35 / 109	00:06:05 / 214	01:27:29 / 289	00:02:38 / 278	01:16:49 / 477	03:11:36	01:10:17
416	159	DEL COURT JEAN-BAPTISTE		POL	87M30/187	M / 388	00:20:17 / 211	00:05:16 / 255	01:41:19 / 468	00:01:08 / 424	01:03:58 / 369	03:11:58	01:10:39
417	166	MILCZARCZYK MICHAŁ		POL -	87M30/188	M / 389	00:21:29 / 283	00:04:54 / 300	01:40:36 / 462	00:01:16 / 426	01:04:00 / 372	03:12:15	01:10:57
418	177	CETNAROWSKI KAMIL		POL	79M30/189	M / 390	00:19:00 / 135	00:05:18 / 197	01:40:17 / 458	00:02:12 / 413	01:05:46 / 406	03:12:33	01:11:15
419	547	PRZĄDO ŁUKASZ		POL	91M20/36	M / 391	00:23:34 / 400	00:05:51 / 421	01:36:51 / 431	00:01:14 / 420	01:05:12 / 396	03:12:42	01:11:23
420	62	TOMICKI KRZYSZTOF		POL MCKB	84M30/190	M / 392	00:17:25 / 51	00:04:47 / 104	01:39:23 / 452	00:02:08 / 392	01:09:29 / 435	03:13:12	01:11:53
421	512	KWOLEK JAROSŁAW		POL	64M50/21	M / 393	00:22:47 / 356	00:05:39 / 383	01:34:09 / 393	00:01:29 / 398	01:09:27 / 434	03:13:31	01:12:12
422	96	RAKOWSKI ŁUKASZ		POL PCC SQUAD	81M30/191	M / 394	00:29:05 / 505	00:06:35 / 499	01:33:51 / 388	00:03:31 / 461	01:00:39 / 316	03:13:41	01:12:23
423	505	MUSIAŁ TOMASZ		POL BIKE CENTER ATAKSPORT ŚWIDNICA	89M20/37	M / 395	00:23:14 / 383				01:07:51 / 417	03:13:42	01:12:24
424	198	KORDYSZ JAROSŁAW		POL BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	80M30/192	M / 396	00:26:39 / 479	00:06:12 / 481	01:31:29 / 362	00:02:32 / 415	01:06:52 / 412	03:13:44	01:12:26
425	423	SZUSZKIEWICZ TOMASZ		POL -	74M40/144	M / 397	00:22:25 / 339	00:05:42 / 372	01:31:24 / 360	00:01:56 / 365	01:12:28 / 451	03:13:55	01:12:36
426	79	DZIAK ARTUR		POL	81M30/193	M / 398	00:23:25 / 395	00:05:04 / 384	01:32:08 / 373	00:01:09 / 369	01:12:20 / 449	03:14:06	01:12:47
427	364	MIERZWIAK MAREK		POL	77M40/145	M / 399	00:28:24 / 501	00:05:35 / 492	01:34:56 / 411	00:02:24 / 448	01:02:47 / 353	03:14:06	01:12:48
428	465	NIJANDER KATARZYNA		POL GT RAT	77K40/5	K / 29	00:23:19 / 387	00:05:18 / 389	01:38:42 / 444	00:02:07 / 435	01:04:48 / 385	03:14:14	01:12:56
429	479	OSTOLSKA SYLWIA		POL	74K40/6	K / 30	00:21:56 / 313	00:07:02 / 408	01:39:35 / 453	00:01:08 / 438	01:05:10 / 393	03:14:51	01:13:33

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
430	498	TROJAN STANISLAW		POL WKB PIAST WROCLAW	58	M / 400	00:21:37 / 295	00:07:51 / 422	01:39:09 / 450	00:01:21 / 439	01:05:31 / 404	03:15:29	01:14:10
431	378	MRÓZ MARCIN		POL	78	M / 401	00:23:45 / 406	00:06:15 / 444	01:42:11 / 471	00:02:41 / 472	01:00:39 / 314	03:15:31	01:14:12
432	417	KOŚCIELNY WOJCIECH		POL NOGI MNIE BOLA...	78	M / 402	00:25:29 / 460	00:05:30 / 466	01:40:02 / 455	00:03:17 / 469	01:01:14 / 327	03:15:32	01:14:14
433	104	WITKO-BŁASZCZYK SEBASTIAN		POL	81	M / 403	00:22:46 / 354	00:06:51 / 432	01:34:30 / 397	00:02:09 / 410	01:09:18 / 433	03:15:34	01:14:16
434	271	BYLICA TOMASZ		POL	74	M / 404	00:24:30 / 442	00:06:00 / 461	01:34:57 / 410	00:02:06 / 421	01:08:13 / 423	03:15:46	01:14:28
435	402	ŁOZA WOJCIECH		POL GRUPA NOMAX	71	M / 405	00:23:45 / 405	00:06:19 / 446	01:37:21 / 436	00:02:35 / 441	01:05:53 / 408	03:15:53	01:14:34
436	273	BUDKOWSKI TOMASZ		POL GT RAT	75	M / 406	00:19:20 / 159	00:06:13 / 256	01:35:21 / 415	00:02:23 / 388	01:12:43 / 454	03:16:00	01:14:42
437	195	LASOTA JAKUB		POL CICLISMO WROCLAW	85	M / 407	00:24:56 / 446	00:06:16 / 467	01:29:06 / 327	00:02:48 / 384	01:13:01 / 457	03:16:07	01:14:48
438	574	BOGUSIAK ŁUKASZ		POL NIEZRZESZONY	82	M / 408	00:21:53 / 310	00:05:51 / 350	01:34:52 / 407	00:01:54 / 400	01:12:32 / 453	03:17:02	01:15:44
439	534	KALUŻA MICHAŁ		POL	96	M / 409	00:22:40 / 350	00:05:19 / 363	01:35:29 / 418	00:01:27 / 401	01:12:28 / 450	03:17:23	01:16:05
440	585	NORKOWSKI GRZEGORZ		POL NIEZRZESZONY	62	M / 410	00:27:02 / 486	00:08:17 / 495	01:35:17 / 414	00:02:54 / 464	01:03:58 / 371	03:17:28	01:16:10
441	411	BEBENEK MICHAŁ		POL 3M RUNNING TEAM	76	M / 411	00:30:10 / 507	00:05:10 / 497	01:41:55 / 469	00:01:11 / 484	00:59:03 / 280	03:17:29	01:16:10
442	261	MIŚKIEWICZ JACEK		POL	72	M / 412	00:22:40 / 351	00:04:46 / 340	01:33:47 / 387	00:02:06 / 389	01:14:41 / 464	03:18:00	01:16:42
443	277	FAST MICHAŁ		POL FASTTEAM	75	M / 413	00:21:45 / 304	00:04:20 / 280	01:35:04 / 412	00:02:49 / 396	01:14:16 / 462	03:18:14	01:16:55
444	523	LESZCZYŃSKI WACŁAW		POL	63	M / 414	00:26:58 / 484	00:06:32 / 486	01:39:12 / 451	00:03:07 / 478	01:03:20 / 361	03:19:09	01:17:50
445	383	SEHN MAREK		POL	69	M / 415	00:24:19 / 434	00:05:35 / 443	01:39:09 / 449	00:02:58 / 451	01:07:18 / 414	03:19:19	01:18:01
446	170	MISIEWICZ MARIUSZ		POL -MIS.	83	M / 416	00:22:30 / 341	00:05:34 / 369	01:42:04 / 470	00:02:20 / 458	01:07:12 / 413	03:19:40	01:18:22
447	488	PIASECKI LESZEK		POL	65	M / 417	00:24:16 / 430	00:05:34 / 441	01:34:51 / 406	00:02:07 / 414	01:12:53 / 456	03:19:41	01:18:22
448	401	JAZY JACEK		POL	74	M / 418	00:26:27 / 476	00:06:49 / 483	01:36:36 / 426	00:02:09 / 452	01:08:02 / 420	03:20:03	01:18:45
449	143	PIASECKI PAWEŁ		POL NIEZRZESZONY	79	M / 419	00:20:46 / 241	00:04:49 / 260	01:36:30 / 424	00:01:32 / 390	01:16:59 / 479	03:20:36	01:19:17
450	315	BANAŚ TOMASZ		POL	71	M / 420	00:23:47 / 407	00:05:06 / 406	01:34:35 / 399	00:01:37 / 402	01:15:43 / 471	03:20:48	01:19:30
451	462	DOBROCHOWSKA ILONA		POL STRZEGOMSKA DWUNASTKA	79	K / 31	00:24:31 / 443	00:05:41 / 454	01:39:59 / 454	00:02:09 / 456	01:08:44 / 430	03:21:04	01:19:45
452	441	GORCZYCA JOANNA		POL	83	K / 32	00:24:59 / 448	00:04:31 / 427	01:29:46 / 338	00:01:35 / 359	01:20:37 / 493	03:21:28	01:20:09
453	9	KRAŚNIEWSKI DANIEL		POL	84	M / 421	00:17:33 / 59	00:04:02 / 76	01:43:14 / 477	00:01:26 / 409	01:15:43 / 470	03:21:58	01:20:39
454	480	SIEKLIKA DOROTA		POL	90	K / 33	00:24:17 / 433	00:05:54 / 450	01:37:49 / 441	00:02:07 / 442	01:12:01 / 447	03:22:08	01:20:49
455	161	MOTYKA KRZYSZTOF		POL SUCHA PANY	88	M / 422	00:17:53 / 73	00:05:45 / 163	01:44:12 / 480	00:04:21 / 453	01:10:22 / 438	03:22:33	01:21:14
456	451	TRYKOWSKA BLANKA		POL GT RAT	82	K / 34	00:25:09 / 452	00:04:25 / 429	01:41:09 / 466	00:01:48 / 459	01:10:23 / 439	03:22:54	01:21:35
457	473	KRÓL-PIDANTY MARZENA		POL STRZEGOMSKA DWUNASTKA	75	K / 35	00:26:53 / 483	00:05:04 / 474	01:45:54 / 485	00:02:33 / 489	01:03:12 / 359	03:23:36	01:22:18
458	448	WNĘK KATARZYNA		POL KUPSOSE.PL / KLUCZBORSKA GRUPA BIEGOWA	92	K / 36	00:17:53 / 74	00:04:08 / 95	01:49:03 / 495	00:01:21 / 457	01:12:04 / 448	03:24:29	01:23:10
459	538	GROMKO ANDRZEJ		POL RUNNING TEAM MILICZ	57	M / 423	00:22:31 / 342	00:05:22 / 354	01:42:21 / 472	00:02:30 / 460	01:11:45 / 446	03:24:29	01:23:10
460	406	PRZYGODZKI BŁAŻEJ		POL	75	M / 424	00:28:56 / 503	00:04:38 / 487	01:40:50 / 465	00:01:57 / 480	01:08:10 / 422	03:24:31	01:23:13
461	60	POLAŃSKI PIOTR		POL	86	M / 425	00:25:59 / 471	00:05:52 / 472	01:42:55 / 476	00:01:52 / 481	01:08:26 / 427	03:25:04	01:23:45
462	151	NOWAK BARTŁOMIEJ		POL	83	M / 426	00:25:50 / 466	00:03:28 / 416	01:34:48 / 405	00:03:12 / 418	01:17:55 / 484	03:25:13	01:23:54

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
463	180	GIEDRYS GRZEGORZ		POL		81M30/203 M / 427	00:22:34 / 346	00:06:05 / 392	01:49:53 / 497	00:01:33 / 486	01:05:18 / 399	03:25:23	01:24:05
464	28	KARG TOMASZ		POL		79M30/204 M / 428	00:20:53 / 246	00:07:44 / 391	01:35:37 / 419	00:04:56 / 433	01:16:14 / 475	03:25:24	01:24:06
465	517	MLECZEK TADEUSZ		POL		58M60/5 M / 429	00:26:51 / 482	00:08:18 / 494	01:32:49 / 381	00:04:18 / 455	01:13:14 / 458	03:25:30	01:24:11
466	468	JĘDRUCH KASIA		POL KMP ŚWINOUJŚCIE		86K30/23 K / 37	00:25:16 / 454	00:03:49 / 409	01:44:45 / 483	00:01:07 / 473	01:10:34 / 440	03:25:31	01:24:12
467	450	RÓŻYCKA JOANNA		POL NIEZRZESZONA		76K40/8 K / 38	00:23:25 / 392	00:05:19 / 398	01:40:35 / 463	00:01:37 / 446	01:14:48 / 465	03:25:44	01:24:25
468	555	SUPRYNOWICZ DARIUSZ		POL REPUS ŚWIDNICA		68M50/25 M / 430	00:23:48 / 408	00:06:13 / 445	01:40:11 / 457	00:01:41 / 450	01:14:21 / 463	03:26:14	01:24:56
469	459	SZYMAŃSKA BRYGIDA		POL STRZEGOMSKA DWUNASTKA		90K20/7 K / 39	00:27:00 / 485	00:05:12 / 477	01:54:30 / 503	00:02:15 / 501	00:57:28 / 252	03:26:25	01:25:07
470	66	STRÓZIK KRZYSZTOF		POL KLUB STRUŚ PĘDZIWIATR		79M30/205 M / 431	00:38:03 / 515	00:06:10 / 512	01:34:53 / 409	00:02:50 / 492	01:04:46 / 383	03:26:42	01:25:24
471	595	ROGUSKI KRZYSZTOF		POL IZOLATOR		67M50/26 M / 432	00:25:18 / 456	00:04:56 / 455	01:37:41 / 440	00:01:35 / 436	01:17:29 / 482	03:26:59	01:25:40
472	145	WIŚNIEWSKI PIOTR		POL		84M30/206 M / 433	00:22:16 / 333	00:04:05 / 299	01:43:58 / 479	00:01:16 / 449	01:15:29 / 467	03:27:04	01:25:46
473	42	JELONEK ŁUKASZ		POL MARCUS TEAM		83M30/207 M / 434	00:21:50 / 307	00:04:51 / 308	01:40:36 / 464	00:02:05 / 434	01:18:37 / 486	03:27:59	01:26:41
474	397	HEJBER GRZEGORZ		POL		77M40/158 M / 435	00:26:22 / 475	00:08:33 / 493	01:37:10 / 434	00:03:34 / 477	01:12:44 / 455	03:28:23	01:27:04
475	470	RÓŻACKA MARTA		POL PUMA SPORTS CENTER		92K20/8 K / 40	00:23:12 / 381	00:05:32 / 400	01:42:27 / 473	00:02:11 / 463	01:15:36 / 468	03:28:58	01:27:39
476	566	BARTKOWIAK AGATA		POL		86K30/24 K / 41	00:22:38 / 349	00:04:04 / 309	01:46:30 / 488	00:00:53 / 468	01:15:39 / 469	03:29:44	01:28:26
477	490	ŻÓŁTOWSKI KRZYSZTOF		POL		56M60/6 M / 436	00:28:22 / 500	00:08:17 / 505	01:51:00 / 500	00:01:00 / 500	01:01:18 / 329	03:29:57	01:28:38
478	575	WERBEL JUSTYNA		POL PLYWAJACEDZIECIAKI.PL		82K30/25 K / 42	00:24:50 / 445	00:04:23 / 413	01:44:41 / 482	00:01:56 / 479	01:14:09 / 461	03:29:59	01:28:41
479	449	DOBOSZ HANNA		POL		89K20/9 K / 43	00:19:45 / 178	00:06:09 / 273	01:47:09 / 492	00:01:22 / 471	01:16:03 / 473	03:30:28	01:29:10
480	546	TONDER MAREK		POL MAWER		62M50/27 M / 437	00:21:00 / 253	00:06:05 / 329	01:42:35 / 474	00:01:16 / 445	01:19:36 / 491	03:30:32	01:29:13
481	415	SZULICKI TOMASZ		POL TMTEAM		72M40/159 M / 438	00:30:06 / 506	00:06:04 / 501	01:36:39 / 428	00:02:13 / 474	01:15:49 / 472	03:30:51	01:29:32
482	388	ADACH DARIUSZ		POL ZĄBKOWICKA GRUPA BIEGOWA 'FRANKENSTEIN'		76M40/160 M / 439	00:29:00 / 504	00:07:31 / 503	01:37:38 / 438	00:03:10 / 482	01:13:32 / 460	03:30:51	01:29:32
483	532	ALEKSANDROWICZ KRZYSZTOF		POL FIZJO RUNNERS UMED WROCLAW		66M50/28 M / 440	00:28:08 / 497	00:05:32 / 490	01:44:36 / 481	00:03:04 / 490	01:09:32 / 436	03:30:52	01:29:34
484	140	LATKOWSKI MARIUSZ		POL CROSSFIT WROCLAW		82M30/208 M / 441	00:31:46 / 509	00:05:54 / 507	01:33:57 / 389	00:02:10 / 467	01:17:15 / 481	03:31:02	01:29:44
485	463	PRZYBYSZ MAŁGORZATA		POL GT RAT		84K30/26 K / 44	00:32:01 / 510	00:04:32 / 504	01:46:18 / 486	00:02:37 / 498	01:05:48 / 407	03:31:16	01:29:57
486	202	TYSZKOWSKI MATEUSZ		POL		88M30/209 M / 442	00:22:03 / 320	00:04:59 / 326	01:47:04 / 491	00:01:29 / 476	01:16:17 / 476	03:31:52	01:30:34
487	2	ŁYSUNIEC MARCIN		POL TMTEAM		82M30/210 M / 443	00:31:27 / 508	00:04:52 / 502	01:34:45 / 404	00:02:39 / 466	01:20:12 / 492	03:33:55	01:32:36
488	293	ŚWIĄTEK KRZYSZTOF		POL		73M40/161 M / 444	00:22:38 / 348	00:06:32 / 411	01:40:33 / 460	00:03:25 / 462	01:21:26 / 495	03:34:34	01:33:16
489	280	KARP DARIUSZ		POL KARP SPORT TEAM		73M40/162 M / 445	00:23:15 / 385	00:07:40 / 464	01:51:48 / 501	00:03:14 / 499	01:08:47 / 431	03:34:44	01:33:26
490	368	CEMPURA PAWEŁ		POL PARTOFSMART.COM		77M40/163 M / 446	00:24:45 / 444	00:04:26 / 412	01:40:20 / 459	00:01:41 / 447	01:23:57 / 501	03:35:09	01:33:51
491	558	KOZIKOWSKI DAMIAN		POL		92M20/39 M / 447	00:23:54 / 414	00:04:48 / 397	01:43:49 / 478	00:05:23 / 483	01:18:59 / 488	03:36:53	01:35:34
492	513	JAKUBOWSKI ANDRZEJ		POL PRO-RUN WROCLAW		59M50/29 M / 448	00:26:34 / 478	00:06:27 / 482	01:39:08 / 448	00:03:23 / 475	01:21:33 / 496	03:37:05	01:35:46
493	375	KEDZIORA DANIEL		POL PRO-RUN WROCLAW		76M40/164 M / 449	00:28:54 / 502	00:07:01 / 500	01:35:54 / 420	00:01:53 / 465	01:23:47 / 500	03:37:29	01:36:10
494	380	BIĄŁOWĄS IGOR		POL		76M40/165 M / 450	00:23:52 / 412	00:07:06 / 465	01:47:02 / 490	00:02:13 / 487	01:19:30 / 490	03:39:43	01:38:25
495	94	CIEPLICKI KAMIL		POL ANDIW TEAM		87M30/211 M / 451	00:28:05 / 495	00:07:15 / 496	01:44:47 / 484	00:01:16 / 491	01:18:49 / 487	03:40:12	01:38:53

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
496	22	ŻYLAK MIROSLAW		POL		86M30/212 M / 452	00:23:51 / 411	00:04:45 / 387	01:49:31 / 496	00:00:54 / 485	01:22:48 / 499	03:41:49	01:40:31
497	530	ŻARKIEWICZ SIERGIEJ		POL		92M20/40 M / 453	00:27:32 / 491	00:06:12 / 491	01:46:54 / 489	00:01:34 / 494	01:21:12 / 494	03:43:24	01:42:05
498	112	POLAČARZ ADAM		POL TRI 4 FIVE		81M30/213 M / 454	00:25:38 / 463	00:04:48 / 458	01:50:34 / 499	00:02:46 / 496	01:21:33 / 497	03:45:19	01:44:01
499	31	MASŁOWSKI JACEK		POL NO LIMITS		88M30/214 M / 455	00:25:39 / 464	00:04:48 / 459	01:50:34 / 498	00:02:45 / 495	01:21:33 / 498	03:45:19	01:44:01
500	234	FERENC STANISLAW		POL WSSK		84M30/215 M / 456	00:23:26 / 396	00:07:20 / 463	01:48:43 / 494	00:02:38 / 493	01:24:34 / 502	03:46:41	01:45:22
501	515	OLSZOWY MACIEJ		POL		89M20/41 M / 457	00:26:43 / 481	00:05:16 / 475	01:58:37 / 506	00:01:17 / 502	01:17:03 / 480	03:48:56	01:47:38
502	491	SAKOWSKI JAROSLAW		POL		63M50/30 M / 458	00:28:15 / 498	00:09:51 / 508	01:46:20 / 487	00:07:58 / 503	01:18:14 / 485	03:50:38	01:49:20
503	454	RAKOWSKA MAGDALENA		POL		84K30/27 K / 45	00:35:34 / 514	00:06:47 / 511	01:52:54 / 502	00:01:46 / 506	01:17:39 / 483	03:54:40	01:53:21
504	525	WOŁKANIN PAWEŁ		POL POLPHARMA RUN TEAM		59M50/31 M / 459	00:33:42 / 513	00:06:18 / 509	01:42:54 / 475	00:02:00 / 497	01:30:36 / 503	03:55:30	01:54:11
505	452	KOWALEWSKA KATARZYNA		POL CTS		73K40/9 K / 46	00:25:51 / 468	00:04:44 / 462	01:47:09 / 493	00:02:35 / 488	01:43:08 / 506	04:03:27	02:02:09
506	487	KRZYŻANOWSKI MAREK		POL		63M50/32 M / 460	00:24:14 / 429	00:06:16 / 460	02:02:26 / 507	00:03:09 / 505	01:35:38 / 505	04:11:43	02:10:25
507	181	STASZCZYK PAWEŁ		POL GVT		85M30/216 M / 461	00:33:19 / 512	00:07:10 / 510	01:54:49 / 504	00:02:27 / 507	01:35:03 / 504	04:12:48	02:11:29
508	495	MASŁOWSKI TADEUSZ		POL NO LIMITS		60M50/33 M / 462	00:26:08 / 473	00:06:02 / 476	01:58:03 / 505	00:02:42 / 504	01:44:01 / 507	04:16:56	02:15:37
	162	MURZYN PIOTR		POL TMTEAM		80	00:20:29 / 221	00:03:22 / 174				DNF	
	245	SZEWczyk MAREK		POL GVT BMC		84	00:16:36 / 25	00:02:56 / 21				DNF	
	348	SZCZYGIELSKI BARTŁOMIEJ		POL AMATOR		73	00:21:27 / 282	00:04:44 / 287				DNF	
	398	LUDWIKOWSKI MICHAŁ		POL HELLWOOD GLIWICE		77	00:24:08 / 424	00:06:04 / 453				DNF	
	421	HAWRYLEWICZ PAWEŁ		POL TMTEAM		77	00:20:03 / 201					DNF	
	528	STERMACH IRENEUSZ		POL		61	00:23:22 / 390	00:03:40 / 327	01:26:32 / 270			DNF	
	531	BUKAŁA MICHAŁ		POL		91						DNF	
	542	PIWNICKI PIOTR		POL		90	00:25:03 / 450	00:05:04 / 448				DNF	
	3	KASPRZYK MARCIN		POL BIEGAJ ZAPOBIEGAJ		84						DNS	
	134	KOSENDIAK WOJTEK		POL CROSSFIT WROCLAW		81						DNS	
	141	WENDLAND PAWEŁ		POL CROSSFIT WROCLAW		80						DNS	
	235	STASIAK PAWEŁ		POL		86						DNS	
	242	HADRYŚ TOMASZ		POL TMTEAM		87						DNS	
	453	SKÓRA KATARZYNA		POL		75						DNS	
	492	KRAUZE TOMASZ ADAM		POL PRO-RUN WROCLAW		67						DNS	
	550	POLAŃSKI ZBIGNIEW		POL PIK IZBICKO		60						DNS	
	9999	MARCINIAK JACEK		POL TMTEAM		77						DNS	
	696	WRZESZCZ MARIUSZ		POL TMTEAM		91						DNS	
	2600	KOKOT MARCIN		POL KOMENDA POWIATOWA POLICJI W KOLE		86						DNS	

Zgłoszonych:	694	Odebrało nr.:	520	Wystartowało:	516	Ukończyło:	508
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