

printed: 10.06.2018 14:23:49

City: Mietków	Distance: 475m-22,5km-5,25km
Date: 10.06.2018	Organizer: Platforma Sportów Wytrzymałościowych, Fundacja Pro Sport Pro Life

Triathlon 475m-22,5km-5,25km

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
1	198	NAWRACAJ MICHAŁ		POL AJAN IRON TEAM JAWOR	86M30/1	M / 1	00:06:53 / 6	00:02:20 / 5	00:35:03 / 1	00:00:35 / 1	00:18:53 / 2	01:03:44	00:00:00
2	199	KWASNIEWSKI MATEUSZ		POL WANIEWSKI COACHING	87M30/2	M / 2	00:06:41 / 5	00:02:33 / 6	00:36:11 / 3	00:00:41 / 3	00:20:08 / 7	01:06:14	00:02:29
3	179	WOSTAL ALEKSANDER		POL GVT	92M20/1	M / 3	00:07:48 / 16	00:02:48 / 11	00:38:22 / 8	00:00:33 / 7	00:17:19 / 1	01:06:50	00:03:05
4	101	SUFRANOWICZ TOMASZ		POL TRIATHLON DĄBROWA GÓRNICZA	01M16/1	M / 4	00:06:19 / 3	00:01:58 / 1	00:37:01 / 4	00:00:35 / 2	00:21:11 / 14	01:07:04	00:03:19
5	121	BIRECKI JAKUB		POL GT KONA	87M30/3	M / 5	00:08:26 / 22	00:02:36 / 15	00:35:54 / 2	00:00:37 / 4	00:20:03 / 5	01:07:36	00:03:51
6	195	ŻUREK ROBERT		POL TRIATHLON DĄBROWA GÓRNICZA	74M40/1	M / 6	00:07:32 / 11	00:02:26 / 10	00:37:05 / 5	00:00:50 / 5	00:20:45 / 11	01:08:38	00:04:53
7	152	MATUSEWICZ MICHAŁ		POL LKKS 'GÓRNIK' WAŁBRZYCH	02M16/2	M / 7	00:06:20 / 4	00:02:25 / 3	00:40:01 / 22	00:00:45 / 6	00:19:40 / 4	01:09:11	00:05:26
8	39	SŁOMIŃSKI SEBASTIAN		POL LKKS 'GÓRNIK' WAŁBRZYCH	00M16/3	M / 8	00:06:00 / 1	00:02:24 / 2	00:40:52 / 30	00:00:47 / 10	00:19:18 / 3	01:09:21	00:05:36
9	167	LEWANDOWSKI IGOR		POL CTS / CELIRONMAN	89M20/2	M / 9	00:07:15 / 7	00:02:21 / 7	00:39:05 / 14	00:01:03 / 8	00:20:06 / 6	01:09:50	00:06:05
10	126	SCHEPPLER PATRYK		POL SEKCJA TRIATHLONU - AKADEMIA WOJSK ŁĄDOWYCH	95M20/3	M / 10	00:07:48 / 15	00:02:51 / 12	00:39:19 / 17	00:00:45 / 13	00:20:19 / 8	01:11:02	00:07:17
11	36	SŁOMCZYŃSKI BARTOSZ		POL GT KONA	78M40/2	M / 11	00:08:59 / 36	00:02:27 / 18	00:37:53 / 6	00:00:36 / 9	00:22:02 / 21	01:11:57	00:08:12
12	165	JARZĄBEK GRZEGORZ		POL VAL DI SPORT	72M40/3	M / 12	00:08:52 / 28	00:02:35 / 19	00:38:20 / 7	00:00:56 / 12	00:21:40 / 20	01:12:23	00:08:38
13	64	RUDNIK TOMASZ		POL GVT	79M30/4	M / 13	00:09:44 / 55	00:02:46 / 33	00:38:48 / 9	00:00:53 / 20	00:20:31 / 9	01:12:42	00:08:57
14	187	KOTAS PAWEŁ		POL GREATMAN	88M30/5	M / 14	00:07:25 / 9	00:02:20 / 8	00:41:24 / 38	00:00:35 / 15	00:21:19 / 17	01:13:03	00:09:18
15	216	LITWIN AGATA		POL LITWIN TRIATHLON TEAM	92K20/1	K / 1	00:06:19 / 2	00:02:32 / 4	00:42:42 / 50	00:00:35 / 18	00:21:09 / 13	01:13:17	00:09:32
16	218	KOTAS MAREK		POL KOTASPORT	97M20/4	M / 15	00:07:28 / 10	00:02:18 / 9	00:41:07 / 36	00:00:32 / 14	00:23:12 / 27	01:14:37	00:10:52
17	206	BAJSAROWICZ PAWEŁ		POL TRIATHLON CLUB WROCŁAW	78M40/4	M / 16	00:08:58 / 35	00:03:35 / 34	00:39:34 / 19	00:01:07 / 25	00:21:23 / 19	01:14:37	00:10:52
18	91	WALEŃSKI TOMASZ		POL	74M40/5	M / 17	00:09:36 / 49	00:02:50 / 32	00:39:01 / 13	00:00:40 / 17	00:22:40 / 25	01:14:47	00:11:02
19	66	PIETRAS ADAM		POL KUMPLE GRZMOTKA	98M20/5	M / 18	00:07:39 / 13	00:03:03 / 13	00:39:13 / 16	00:00:33 / 11	00:24:40 / 48	01:15:08	00:11:23
20	106	KURDZIEL MICHAŁ		POL TRIWISE	87M30/6	M / 19	00:08:57 / 33	00:03:19 / 28	00:39:25 / 18	00:00:58 / 23	00:22:32 / 24	01:15:11	00:11:27
21	6	ŁUKOWSKI DARIUSZ		POL GMINA STRZELCE OPOLSKIE	64M50/1	M / 20	00:10:38 / 85	00:02:58 / 47	00:40:05 / 23	00:00:40 / 29	00:21:09 / 12	01:15:30	00:11:45
22	210	GNIADZIK DAWID		POL IMMOTION SPECIALIZED TEAMZ	94M20/6	M / 21	00:09:35 / 48	00:04:23 / 58	00:39:49 / 20	00:00:53 / 31	00:21:19 / 18	01:15:59	00:12:14
23	171	FONROBERT DOMINIK		POL GT RAT	77M40/6	M / 22	00:09:03 / 39	00:03:18 / 29	00:38:50 / 11	00:00:58 / 19	00:24:05 / 39	01:16:14	00:12:29
24	67	JESION IRENEUSZ		POL	69M40/7	M / 23	00:08:47 / 23	00:03:35 / 30	00:39:11 / 15	00:00:55 / 22	00:23:48 / 32	01:16:16	00:12:31
25	201	ŚMIETANA MARCIN		POL TMTEAM	75M40/8	M / 24	00:07:52 / 17	00:03:16 / 16	00:39:59 / 21	00:00:39 / 16	00:24:34 / 45	01:16:20	00:12:35
26	103	GREKOW SŁAWKO		POL UNIT4 TETA	67M50/2	M / 25	00:09:39 / 51	00:03:26 / 38	00:42:58 / 54	00:00:29 / 43	00:20:41 / 10	01:17:13	00:13:28









Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
27	204	LIS SEBASTIAN		POL	90M20/7	M / 26	00:07:35 / 12	00:03:36 / 17	00:40:10 / 25	00:00:53 / 21	00:25:15 / 65	01:17:29	00:13:44
28	97	BIRECKI MICHAŁ		POL GT KONA	94M20/8	M / 27	00:08:56 / 30	00:02:39 / 21	00:40:16 / 27	00:01:02 / 24	00:24:48 / 53	01:17:41	00:13:56
29	122	ADAMIAK JAKUB		POL LITWIN TRIATHLON TEAM	88M30/7	M / 28	00:09:27 / 45	00:03:48 / 41	00:41:24 / 39	00:00:48 / 36	00:22:28 / 23	01:17:55	00:14:10
30	54	DUDZIAK KACPER		POL	01M16/4	M / 29	00:11:17 / 108	00:03:13 / 72	00:38:50 / 10	00:00:32 / 26	00:24:18 / 42	01:18:10	00:14:25
31	155	ZIACH MARIUSZ		POL TRIATHLON DĄBROWA GÓRNICZA	73M40/9	M / 30	00:13:18 / 163	00:02:42 / 111	00:40:14 / 26	00:00:46 / 48	00:21:17 / 16	01:18:17	00:14:32
32	175	JASIÓWKA BARTŁOMIEJ		POL	81M30/8	M / 31	00:09:43 / 53	00:03:35 / 43	00:41:12 / 37	00:00:39 / 35	00:23:20 / 29	01:18:29	00:14:44
33	172	JACEWICZ KAMIL		POL FITNESS PIEKARY LEGNICA	83M30/9	M / 32	00:10:44 / 90	00:03:35 / 67	00:40:44 / 29	00:01:02 / 41	00:23:00 / 26	01:19:05	00:15:20
34	174	KOWALSKI PIOTR		POL JELCZ TRIATHLON PROJECT	92M20/9	M / 33	00:07:42 / 14	00:04:06 / 22	00:41:50 / 43	00:00:55 / 30	00:25:07 / 60	01:19:40	00:15:55
35	211	ŁUKASZEWICZ KRZYSZTOF		POL MITUTOYO AZS WRATISLAVIA WROCŁAW	99M16/5	M / 34	00:11:18 / 109	00:03:20 / 77	00:38:59 / 12	00:01:19 / 34	00:24:46 / 52	01:19:42	00:15:57
36	182	KUCZAJ MARCIN		POL IM-POSSIBLE TEAM	86M30/10	M / 35	00:10:21 / 78	00:04:25 / 82	00:41:49 / 42	00:00:58 / 51	00:22:12 / 22	01:19:45	00:16:00
37	38	WOJCIESZKO PIOTR		POL	81M30/11	M / 36	00:09:23 / 44	00:04:16 / 50	00:42:00 / 46	00:01:01 / 45	00:23:14 / 28	01:19:54	00:16:09
38	166	LUCZYS FILIP		POL GT RAT	81M30/12	M / 37	00:10:09 / 68	00:02:57 / 39	00:40:55 / 32	00:00:54 / 33	00:25:06 / 59	01:20:01	00:16:16
39	146	MALIK GRZEGORZ		POL TRENUJĘ SAM	91M20/10	M / 38	00:08:50 / 27	00:03:20 / 26	00:43:24 / 64	00:00:59 / 44	00:23:46 / 31	01:20:19	00:16:34
40	149	SZYNAL BARTOSZ		POL SAM	80M30/13	M / 39	00:08:50 / 26	00:03:15 / 23	00:41:00 / 35	00:01:01 / 27	00:26:22 / 80	01:20:28	00:16:43
41	215	WOZIWOZDKI FILIP		POL TRIATHLONOWA AKADEMIA MŁODZIEŻY	01M16/6	M / 40	00:08:57 / 32	00:03:09 / 25	00:43:02 / 56	00:00:49 / 40	00:24:38 / 46	01:20:35	00:16:50
42	214	OKUNIEWSKA JULIA		POL TRIATHLONOWA AKADEMIA MŁODZIEŻY	04K16/1	K / 2	00:08:47 / 24	00:03:18 / 24	00:42:44 / 52	00:01:07 / 39	00:24:41 / 49	01:20:37	00:16:52
43	156	SUFRAKOWICZ JERZY		POL TRIATHLON DĄBROWA GÓRNICZA	54M60/1	M / 41	00:09:03 / 38	00:03:13 / 27	00:40:54 / 31	00:01:00 / 28	00:27:11 / 98	01:21:21	00:17:36
44	32	KOŁODZIEJ PIOTR		POL CM MEDAKTIV	70M40/10	M / 42	00:10:47 / 91	00:03:48 / 76	00:40:57 / 34	00:00:58 / 42	00:24:57 / 55	01:21:27	00:17:42
45	194	BEREZOWSKI SŁAWOMIR		POL	67M50/3	M / 43	00:10:09 / 69	00:04:14 / 69	00:41:59 / 45	00:01:08 / 49	00:24:00 / 36	01:21:30	00:17:46
46	46	MAZUREK MACIEJ		POL GT KONA	95M20/11	M / 44	00:10:02 / 65	00:04:20 / 68	00:42:33 / 49	00:00:49 / 53	00:23:56 / 35	01:21:40	00:17:55
47	188	AUGUSTYN ADAM		POL	80M30/14	M / 45	00:11:05 / 99	00:03:55 / 88	00:43:06 / 61	00:00:56 / 61	00:23:34 / 30	01:22:36	00:18:51
48	220	SOŁTOWSKI MICHAŁ		POL OBY DO METY	85M30/15	M / 46	00:11:14 / 104	00:03:17 / 73	00:40:07 / 24	00:01:00 / 37	00:27:03 / 97	01:22:41	00:18:56
49	13	ŚWIDERSKI PIOTR		POL	76M40/11	M / 47	00:09:44 / 54	00:03:26 / 40	00:42:46 / 53	00:01:48 / 54	00:25:23 / 69	01:23:07	00:19:22
50	2	MIŚ PIOTR		POL	90M20/12	M / 48	00:13:28 / 165	00:03:23 / 128	00:42:07 / 47	00:00:38 / 68	00:23:56 / 34	01:23:32	00:19:47
51	184	BARNOWSKI PRZEMYSŁAW		POL LITWIN TRIATHLON TEAM	68M50/4	M / 49	00:08:55 / 29	00:04:43 / 49	00:41:53 / 44	00:02:00 / 50	00:26:01 / 78	01:23:32	00:19:47
52	221	MACHOWSKI ŁUKASZ		POL	94M20/13	M / 50	00:08:19 / 19	00:05:04 / 45	00:44:19 / 77	00:01:06 / 58	00:25:10 / 62	01:23:58	00:20:13
53	176	SIKORA RAFAŁ		POL OLEŚNICKA GRUPA TRIATHLONOWA	87M30/16	M / 51	00:10:24 / 79	00:03:30 / 56	00:41:42 / 41	00:01:06 / 46	00:27:27 / 102	01:24:09	00:20:24
54	16	SZCZUROWSKA JOANNA		POL MTS DRUŻYNA SZPIKU KGHM	78K40/1	K / 3	00:09:31 / 46	00:03:27 / 37	00:45:48 / 93	00:01:09 / 70	00:24:20 / 43	01:24:15	00:20:30
55	119	JELONEK PIOTR		POL	76M40/12	M / 52	00:10:08 / 67	00:04:33 / 79	00:43:03 / 58	00:01:22 / 62	00:25:16 / 66	01:24:22	00:20:37
56	47	SZEWCZYK ŁUKASZ		POL	86M30/17	M / 53	00:07:56 / 18	00:03:37 / 20	00:43:26 / 65	00:00:56 / 38	00:28:31 / 115	01:24:26	00:20:41
57	219	KOZŁOWNIA MATEUSZ		POL	86M30/18	M / 54	00:12:45 / 145	00:02:45 / 100	00:43:41 / 69	00:01:36 / 80	00:23:48 / 33	01:24:35	00:20:50
58	117	DANIELCZYK MICHAŁ		POL	94M20/14	M / 55	00:09:50 / 60	00:03:47 / 48	00:40:29 / 28	00:00:42 / 32	00:29:55 / 138	01:24:43	00:20:58
59	44	PALUSZKIEWICZ ŁUKASZ		POL	90M20/15	M / 56	00:09:56 / 63	00:04:17 / 66	00:45:55 / 94	00:00:36 / 79	00:24:05 / 40	01:24:49	00:21:04
60	135	NAWROT PIOTR		POL ŻELAZNA ŚWIDNICA	74M40/13	M / 57	00:10:17 / 74	00:04:18 / 75	00:42:08 / 48	00:00:59 / 52	00:27:34 / 105	01:25:16	00:21:31

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
61	78	MINTA PAWEŁ		POL AMATOR	89	M / 58	00:11:22 / 111	00:04:00 / 97	00:42:42 / 51	00:01:04 / 63	00:26:10 / 79	01:25:18	00:21:33
62	107	KĘDZIA MICHAŁ		POL ADIAN DANILEWICZ GROUP	79	M / 59	00:08:58 / 34	00:05:09 / 62	00:45:06 / 86	00:00:43 / 71	00:25:28 / 70	01:25:24	00:21:39
63	137	GNITECKI RAFAŁ		POL AMATOR	77	M / 60	00:11:20 / 110	00:04:02 / 96	00:43:37 / 68	00:00:48 / 69	00:25:38 / 72	01:25:25	00:21:40
64	26	TOMASICZEK PIOTR		POL	69	M / 61	00:09:40 / 52	00:04:44 / 70	00:44:30 / 79	00:01:13 / 74	00:25:22 / 68	01:25:29	00:21:44
65	136	RAK KRZYSZTOF		POL	81	M / 62	00:11:45 / 122	00:04:12 / 110	00:42:59 / 55	00:01:20 / 75	00:25:13 / 63	01:25:29	00:21:44
66	148	LINDNER MAREK		POL	80	M / 63	00:10:28 / 82	00:04:12 / 78	00:44:31 / 80	00:01:39 / 81	00:24:55 / 54	01:25:45	00:22:00
67	163	GNIEWEK MATEUSZ		POL	90	M / 64	00:11:11 / 101	00:04:39 / 108	00:43:53 / 73	00:01:43 / 82	00:24:33 / 44	01:25:59	00:22:14
68	42	GOLIK RAFAŁ		POL	84	M / 65	00:09:09 / 41	00:03:44 / 35	00:46:22 / 101	00:00:42 / 72	00:26:24 / 81	01:26:21	00:22:36
69	113	KUROCZIK PATRICK		POL RAFAKO TRITEAM	94	M / 66	00:09:14 / 42	00:04:36 / 53	00:43:48 / 71	00:01:23 / 60	00:27:22 / 100	01:26:23	00:22:38
70	100	PIĄTEK ANITA		POL GT RAT	83	K / 4	00:12:03 / 130	00:03:36 / 104	00:43:34 / 67	00:01:17 / 77	00:25:53 / 77	01:26:23	00:22:38
71	123	GOLUBOV SERGII		POL	89	M / 67	00:10:00 / 64	00:03:43 / 51	00:47:18 / 112	00:00:44 / 84	00:24:44 / 51	01:26:29	00:22:44
72	88	ŁACIŃSKI BOGUSŁAW		POL ŚLĘZAK TEAM	61	M / 68	00:12:39 / 140	00:04:02 / 125	00:46:10 / 99	00:02:34 / 122	00:21:14 / 15	01:26:39	00:22:54
73	141	KALITA KATARZYNA		POL GLKS ŻELAZNA ŚWIDNICA	89	K / 5	00:10:13 / 71	00:03:47 / 59	00:44:36 / 81	00:00:39 / 64	00:27:31 / 104	01:26:46	00:23:01
74	108	KULIS JAKUB		POL RAFAKO TRITEAM	90	M / 69	00:08:56 / 31	00:04:35 / 46	00:44:41 / 83	00:01:17 / 66	00:27:41 / 107	01:27:10	00:23:25
75	212	ZIÓLKOWSKI ARKADIUSZ		POL	74	M / 70	00:11:12 / 102	00:03:45 / 87	00:45:45 / 92	00:01:16 / 87	00:25:14 / 64	01:27:12	00:23:27
76	138	SKOCZYŃSKI SZYMON		POL	79	M / 71	00:10:20 / 77	00:03:46 / 61	00:46:26 / 102	00:01:24 / 86	00:25:17 / 67	01:27:13	00:23:28
77	217	KOSZUT MAREK		POL	87	M / 72	00:14:17 / 177	00:03:23 / 145	00:43:22 / 62	00:01:17 / 90	00:25:00 / 57	01:27:19	00:23:34
78	98	KRAUSE TOMASZ		POL ATOS RUNNERS	83	M / 73	00:10:19 / 75	00:04:23 / 80	00:44:15 / 75	00:01:32 / 76	00:26:50 / 91	01:27:19	00:23:34
79	8	ŚMIGAJ NORBERT		POL	75	M / 74	00:09:52 / 61	00:04:37 / 71	00:43:33 / 66	00:01:16 / 65	00:28:01 / 110	01:27:19	00:23:34
80	22	JAWORSKI ADRIAN		POL GVT	80	M / 75	00:11:15 / 105	00:04:26 / 105	00:40:55 / 33	00:01:36 / 56	00:29:14 / 128	01:27:26	00:23:41
81	144	WAWRO GRZEGORZ		POL	77	M / 76	00:09:53 / 62	00:04:10 / 60	00:43:46 / 70	00:01:07 / 59	00:28:33 / 116	01:27:29	00:23:44
82	129	BACIŃSKI WOJCIECH		POL PRĘDKIE STOPY ŻÓLWIA	93	M / 77	00:14:18 / 179	00:05:18 / 177	00:41:33 / 40	00:00:45 / 85	00:25:49 / 75	01:27:43	00:23:58
83	153	MATUSEWICZ MIKOŁAJ		POL	02	M / 78	00:09:46 / 57	00:03:36 / 44	00:49:04 / 136	00:01:15 / 107	00:24:12 / 41	01:27:53	00:24:08
84	177	LISZKA MATEUSZ		POL	73	M / 79	00:11:36 / 115	00:05:33 / 133	00:43:24 / 63	00:02:04 / 98	00:25:33 / 71	01:28:10	00:24:25
85	18	GOLEŃSKI WOJCIECH		POL FORCA BRAVA GOLD TEAM OPOLE	83	M / 80	00:13:00 / 156	00:04:14 / 137	00:43:55 / 74	00:01:20 / 97	00:25:49 / 76	01:28:18	00:24:33
86	56	KALISKI PIOTR		POL	74	M / 81	00:10:26 / 80	00:03:45 / 65	00:45:59 / 96	00:00:28 / 78	00:27:44 / 108	01:28:22	00:24:37
87	34	WRÓBEL ROMAN		POL WWW.ROMANGUITAR.COM	78	M / 82	00:09:08 / 40	00:05:00 / 63	00:45:43 / 91	00:01:40 / 83	00:27:00 / 94	01:28:31	00:24:46
88	161	PŁOMIŃSKI MACIEJ		POL	85	M / 83	00:11:37 / 117	00:04:30 / 116	00:45:20 / 87	00:00:40 / 89	00:26:34 / 84	01:28:41	00:24:56
89	223	WĘGRZYŃSKI ŁUKASZ		POL TIETO TRIATHLON TEAM	78	M / 84	00:10:19 / 76	00:03:30 / 52	00:43:02 / 57	00:01:43 / 57	00:30:19 / 147	01:28:53	00:25:08
90	87	PAWLUS VIOLETTA		POL ŚLĘZAK TEAM	78	K / 6	00:12:25 / 137	00:04:18 / 126	00:46:05 / 97	00:02:04 / 115	00:24:04 / 38	01:28:56	00:25:11
91	132	SZALATY ERYK		POL AMATOR	92	M / 85	00:08:47 / 25	00:03:37 / 31	00:44:39 / 82	00:00:45 / 55	00:31:13 / 157	01:29:01	00:25:16
92	150	MATICH KAROLINA		POL WROCLAW MARATHON TEAM	86	K / 7	00:09:37 / 50	00:04:32 / 64	00:47:17 / 111	00:00:58 / 95	00:26:45 / 86	01:29:09	00:25:24
93	130	ZAKRZEWSKI MARIUSZ		POL ZERO GRAVITY	75	M / 86	00:11:17 / 107	00:04:21 / 103	00:45:34 / 89	00:01:30 / 100	00:26:32 / 82	01:29:14	00:25:29
94	31	MALACZEWSKI ŁUKASZ		POL GVT	79	M / 87	00:08:19 / 21					01:29:33	00:25:48

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
95	139	KMIEĆ JAN		POL FIZJOTRITERAPIA TEAM	97M20/23	M / 88	00:08:19 / 20					01:29:33	00:25:48
96	14	WODECKI BARTOSZ		POL	83M30/30	M / 89	00:10:32 / 84	00:04:20 / 86	00:43:52 / 72	00:01:17 / 73	00:29:47 / 132	01:29:48	00:26:03
97	41	ZAWITOWSKA IZABELA		POL	89K20/3	K / 8	00:11:33 / 114	00:03:16 / 83	00:49:06 / 137	00:00:56 / 114	00:25:01 / 58	01:29:52	00:26:07
98	11	SEIFFERT PAWEŁ		POL	87M30/31	M / 90	00:12:09 / 134	00:03:35 / 107	00:48:41 / 134	00:00:40 / 118	00:25:08 / 61	01:30:13	00:26:28
99	99	MARCINIAK AGATA		POL AMATOR	80K30/3	K / 9	00:11:48 / 124	00:03:24 / 94	00:46:38 / 105	00:01:44 / 104	00:26:44 / 85	01:30:18	00:26:33
100	58	DUBLAŃSKA AGNIESZKA		POL KOTASPORT	93K20/4	K / 10	00:10:55 / 93	00:04:17 / 92	00:46:28 / 103	00:00:42 / 92	00:27:59 / 109	01:30:21	00:26:36
101	96	SIENKIEWICZ ARKADIUSZ		POL	74M40/24	M / 91	00:10:55 / 94	00:04:17 / 93	00:46:28 / 104	00:00:42 / 93	00:28:15 / 112	01:30:37	00:26:52
102	151	SKÓRA KATARZYNA		POL	75K40/3	K / 11	00:10:15 / 73	00:04:35 / 85	00:47:20 / 113	00:01:32 / 108	00:27:02 / 96	01:30:44	00:26:59
103	23	LEJA KAROL		POL	74M40/25	M / 92	00:11:38 / 118	00:04:59 / 123	00:47:27 / 115	00:01:00 / 117	00:25:43 / 74	01:30:47	00:27:02
104	70	BORUCKI RAFAŁ		POL	73M40/26	M / 93	00:12:43 / 143	00:04:38 / 141	00:46:08 / 98	00:00:34 / 110	00:26:55 / 92	01:30:58	00:27:13
105	200	BANACH JOANNA		POL	82K30/4	K / 12	00:11:04 / 97	00:04:33 / 102	00:46:40 / 106	00:01:19 / 105	00:27:28 / 103	01:31:04	00:27:19
106	127	ZABORNIAK MARCIN		POL LITWIN TRIATHLON TEAM	87M30/32	M / 94	00:09:45 / 56	00:03:32 / 42	00:48:08 / 126	00:01:16 / 99	00:28:28 / 114	01:31:09	00:27:24
107	68	PIETRASZKO DARIUSZ		POL TRENUJĘ SAM	64M50/6	M / 95	00:09:33 / 47	00:05:12 / 81	00:45:43 / 90	00:01:58 / 96	00:29:05 / 124	01:31:31	00:27:46
108	24	JAKIELA MAREK		POL	63M50/7	M / 96	00:10:53 / 92	00:04:48 / 106	00:45:24 / 88	00:00:54 / 88	00:29:34 / 131	01:31:33	00:27:48
109	9	ROGOZIŃSKA BEATA		POL	80K30/5	K / 13	00:13:49 / 172	00:04:29 / 154	00:44:19 / 76	00:02:20 / 116	00:26:47 / 88	01:31:44	00:27:59
110	59	GWARA ŁUKASZ		POL LITWIN TRIATHLON TEAM	78M40/27	M / 97	00:12:30 / 138	00:04:37 / 132	00:46:50 / 108	00:01:13 / 120	00:26:48 / 90	01:31:58	00:28:13
111	104	GRABEUS PATRYK		POL	91M20/24	M / 98	00:10:13 / 72	00:03:40 / 55	00:48:20 / 132	00:01:12 / 103	00:28:41 / 120	01:32:06	00:28:21
112	213	BALUL GRZESIEK		POL LITWIN TRIATHLON TEAM	81M30/33	M / 99	00:10:11 / 70	00:05:15 / 99	00:45:04 / 85	00:01:49 / 91	00:30:06 / 142	01:32:25	00:28:40
113	86	LĘGA WIESŁAW		POL BRAK TEAM	72M40/28	M / 100	00:13:35 / 168	00:05:15 / 164	00:46:52 / 109	00:02:13 / 138	00:24:39 / 47	01:32:34	00:28:49
114	72	MIELNIK KRZYSZTOF		POL	87M30/34	M / 101	00:13:08 / 159	00:04:39 / 148	00:48:51 / 135	00:01:02 / 135	00:24:58 / 56	01:32:38	00:28:53
115	181	KOPCZYŃSKI TOMASZ		POL	62M50/8	M / 102	00:12:47 / 146	00:05:56 / 163	00:44:24 / 78	00:03:07 / 126	00:26:34 / 83	01:32:48	00:29:03
116	50	STELMACHOWICZ JAROSŁAW		POL JAREK ST	71M40/29	M / 103	00:09:18 / 43	00:04:33 / 54	00:47:54 / 120	00:01:23 / 102	00:29:56 / 139	01:33:04	00:29:19
117	109	WOSKOWSKA MAGDALENA		POL RAFAKO TRITEAM	80K30/6	K / 14	00:10:40 / 88	00:04:53 / 101	00:50:42 / 152	00:01:16 / 132	00:25:39 / 73	01:33:10	00:29:25
118	208	BAJSAROWICZ TOMASZ		POL JELCZ TRIATHLON PROJECT	77M40/30	M / 104	00:12:58 / 153	00:04:14 / 135	00:43:04 / 60	00:02:07 / 94	00:31:02 / 156	01:33:25	00:29:40
119	77	MAJCHRZAK ŁUKASZ		POL	87M30/35	M / 105	00:10:42 / 89	00:04:08 / 84	00:48:09 / 127	00:00:41 / 106	00:29:48 / 135	01:33:28	00:29:43
120	173	CIESIELSKI ADAM		POL	83M30/36	M / 106	00:11:43 / 121	00:04:47 / 119	00:46:49 / 107	00:01:30 / 113	00:28:39 / 119	01:33:28	00:29:43
121	76	JAROSZ MICHAŁ		POL	77M40/31	M / 107	00:11:04 / 98	00:04:58 / 113	00:52:28 / 166	00:00:56 / 150	00:24:44 / 50	01:34:10	00:30:25
122	25	GĄLKIEWICZ IRENA		POL LITWIN TRIATHLON TEAM	74K40/4	K / 15	00:11:48 / 123	00:04:18 / 115	00:46:57 / 110	00:01:28 / 112	00:29:47 / 133	01:34:18	00:30:33
123	134	LIGAS DARIUSZ		POL	77M40/32	M / 108	00:14:21 / 180	00:04:12 / 160	00:47:59 / 122	00:01:07 / 134	00:26:46 / 87	01:34:25	00:30:40
124	89	SZYDŁO IZABELA		POL GT RAT	98K20/5	K / 16	00:08:59 / 37	00:03:57 / 36	00:50:10 / 145	00:01:24 / 111	00:30:37 / 152	01:35:07	00:31:22
125	157	BIELAWSKI STANISŁAW		POL RAGABA MEBLE TEAM	02M16/8	M / 109	00:10:40 / 87	00:04:43 / 98	00:47:59 / 121	00:01:44 / 119	00:30:11 / 145	01:35:17	00:31:32
126	180	ŚWIATŁOŃ-SZYDŁKO MAŁGORZATA		POL CZARNI ROKITKI	89K20/6	K / 17	00:10:06 / 66	00:03:49 / 57	00:47:47 / 117	00:01:12 / 101	00:32:29 / 169	01:35:23	00:31:38
127	197	GORAJEK ZUZA		POL	92K20/7	K / 18	00:10:26 / 81	00:04:36 / 89	00:47:23 / 114	00:01:20 / 109	00:31:42 / 163	01:35:27	00:31:42
128	83	BEDNER MACIEJ		POL AMATOR	74M40/33	M / 110	00:13:18 / 162	00:03:58 / 139	00:48:20 / 131	00:00:51 / 128	00:29:06 / 125	01:35:33	00:31:48

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
129	52	FARION MARZENA		POL		81K30/7	K / 19	00:13:12 / 161	00:04:37 / 149	00:50:15 / 147	00:01:01 / 146	00:26:48 / 89	01:35:53	00:32:08
130	40	OPALACZ-BIRECKA PAULINA		POL GT KONA		87K30/8	K / 20	00:11:50 / 125	00:04:12 / 114	00:49:45 / 140	00:00:56 / 130	00:29:12 / 127	01:35:55	00:32:10
131	205	GROŃSKI ROBERT		POL HAKUNA MATATA :)		76M40/34	M / 111	00:11:37 / 116	00:06:17 / 152	00:45:56 / 95	00:02:48 / 129	00:29:21 / 129	01:35:59	00:32:14
132	90	MADEJ BARTOSZ		POL ILE JESZCZE DO METY?		74M40/35	M / 112	00:10:57 / 95	00:05:04 / 112	00:48:12 / 128	00:01:15 / 123	00:30:33 / 150	01:36:01	00:32:16
133	35	SOSZYŃSKI TOMASZ		POL POLARIS		82M30/37	M / 113	00:12:44 / 144	00:04:27 / 134	00:47:39 / 116	00:01:19 / 124	00:29:53 / 137	01:36:02	00:32:17
134	158	SŁUŻENKO AGATA		POL TEAM SPORT GÓRSKI		80K30/9	K / 21	00:10:38 / 86	00:04:34 / 95	00:50:38 / 151	00:02:50 / 140	00:28:39 / 118	01:37:19	00:33:35
135	140	CHRAPA MICHAŁ		POL KTW SMOCZE ŁÓDZIE		83M30/38	M / 114	00:12:54 / 150	00:04:45 / 144	00:50:04 / 144	00:02:31 / 153	00:27:24 / 101	01:37:38	00:33:53
136	196	BAJ JOANNA		POL TRIATHLONOWA AKADEMIA MŁODZIEŻY		02K16/2	K / 22	00:07:23 / 8	00:03:20 / 14	00:44:58 / 84	00:01:05 / 47	00:40:53 / 187	01:37:39	00:33:54
137	27	ŻURAD KAMIL		POL		87M30/39	M / 115	00:15:29 / 189	00:04:12 / 180	00:53:24 / 172	00:00:47 / 173	00:24:02 / 37	01:37:54	00:34:09
138	7	MYDŁOWSKI RYSZARD		POL GLKS ŚWIDNICA		59M50/9	M / 116	00:12:59 / 155	00:04:56 / 153	00:49:39 / 139	00:01:29 / 145	00:29:00 / 123	01:38:03	00:34:18
139	75	BRYSIĄK ZIEMOWIT		POL TMTEAM		73M40/36	M / 117	00:11:59 / 128	00:06:22 / 157	00:49:50 / 141	00:01:24 / 152	00:28:39 / 117	01:38:14	00:34:29
140	73	ŻANDARSKI ZBIGNIEW		POL AMATOR		60M50/10	M / 118	00:17:16 / 196	00:04:35 / 192	00:47:59 / 123	00:01:34 / 158	00:27:00 / 93	01:38:24	00:34:39
141	189	JASIŃSKA-WARMUŁA SYLWIA		POL TMTEAM		74K40/5	K / 23	00:12:58 / 154	00:04:34 / 142	00:49:15 / 138	00:00:48 / 133	00:30:51 / 155	01:38:26	00:34:41
142	145	JEZNACH AGNIESZKA		POL		81K30/10	K / 24	00:13:21 / 164	00:03:52 / 136	00:50:25 / 148	00:01:43 / 149	00:29:09 / 126	01:38:30	00:34:45
143	168	ERASKIN ALEKSEI		POL		82M30/40	M / 119	00:15:43 / 190	00:04:07 / 183	00:46:17 / 100	00:02:59 / 147	00:29:33 / 130	01:38:39	00:34:54
144	186	KAPRAL ALEKSANDER		POL POLITECHNIKA WROCŁAWSKA		96M20/25	M / 120	00:09:50 / 59	00:05:21 / 91	00:50:31 / 149	00:02:10 / 137	00:30:48 / 154	01:38:40	00:34:55
145	4	GONERA KRZYSZTOF		POL		73M40/37	M / 121	00:13:07 / 157	00:04:38 / 147	00:49:58 / 142	00:00:54 / 139	00:30:09 / 143	01:38:46	00:35:01
146	102	SMIECHOWICZ JUSTYNA		POL		91K20/8	K / 25	00:16:14 / 193	00:04:37 / 186	00:49:59 / 143	00:00:56 / 163	00:27:00 / 95	01:38:46	00:35:01
147	147	BŁOŃSKA AGATA		POL LITWIN TRIATHLON TEAM		71K40/6	K / 26	00:11:56 / 126	00:04:37 / 121	00:48:15 / 129	00:02:05 / 131	00:32:19 / 167	01:39:12	00:35:27
148	222	ŻUBEREK KATARZYNA		POL LITWIN TRIATHLON TEAM		85K30/11	K / 27	00:11:40 / 120	00:05:08 / 127	00:50:51 / 153	00:01:17 / 143	00:30:16 / 146	01:39:12	00:35:27
149	93	HYPIAK JOANNA		POL TRIACTIVE RIDLEY		85K30/12	K / 28	00:09:48 / 58	00:05:22 / 90	00:47:49 / 119	00:03:16 / 127	00:33:21 / 175	01:39:36	00:35:51
150	62	MAŃDZIAK KAROLINA		POL		79K30/13	K / 29	00:12:40 / 141	00:05:50 / 159	00:48:29 / 133	00:02:16 / 148	00:30:35 / 151	01:39:50	00:36:05
151	120	SEKRETA ANNA		POL		97K20/9	K / 30	00:14:17 / 178	00:04:43 / 165	00:51:52 / 160	00:00:52 / 161	00:28:19 / 113	01:40:03	00:36:18
152	164	SMUTEK PRZEMYSŁAW		POL		84M30/41	M / 122	00:12:37 / 139	00:06:29 / 167	00:48:06 / 125	00:01:33 / 142	00:31:22 / 161	01:40:07	00:36:22
153	29	SZCZĘŚNIAK JÓZEF		POL		43M60/2	M / 123	00:17:02 / 195	00:05:18 / 194	00:48:18 / 130	00:01:11 / 164	00:28:49 / 121	01:40:38	00:36:53
154	125	LISIK ANNA		POL LITWIN TRIATHLON TEAM		83K30/14	K / 31	00:11:16 / 106	00:06:03 / 140	00:51:40 / 157	00:02:21 / 157	00:29:47 / 134	01:41:07	00:37:22
155	80	DRYBLAK MAREK		POL		85M30/42	M / 124	00:12:56 / 151	00:06:18 / 170	00:52:05 / 164	00:01:58 / 171	00:28:08 / 111	01:41:25	00:37:40
156	114	KOWALSKI RAFAŁ		POL		71M40/38	M / 125	00:10:31 / 83	00:04:01 / 74	00:43:04 / 59	00:01:55 / 67	00:41:56 / 188	01:41:27	00:37:42
157	85	KUROWSKA JOANNA		POL LITWIN TRIATHLON TEAM		71K40/7	K / 32	00:11:57 / 127	00:04:23 / 117	00:51:59 / 163	00:01:15 / 151	00:31:54 / 164	01:41:28	00:37:43
158	69	OSTROWSKI WOJCIECH		POL		89M20/26	M / 126	00:12:06 / 131	00:04:25 / 120	00:51:54 / 161	00:00:37 / 144	00:32:31 / 171	01:41:33	00:37:48
159	20	POSYNIĄK PIOTR		POL		74M40/39	M / 127	00:14:03 / 174	00:06:31 / 184	00:50:13 / 146	00:00:58 / 162	00:30:11 / 144	01:41:56	00:38:11
160	190	MACIASZEK PIOTR		POL WYBIERZ		87M30/43	M / 128	00:12:08 / 133	00:04:16 / 118	00:48:01 / 124	00:00:58 / 121	00:36:41 / 183	01:42:04	00:38:19
161	191	GOLENIEWSKI TOMASZ		POL		73M40/40	M / 129	00:11:39 / 119	00:05:00 / 124	00:50:56 / 154	00:01:06 / 141	00:33:24 / 176	01:42:05	00:38:20
162	115	CZERWIEC JAROSŁAW		POL BIEGACZ TEAM		81M30/44	M / 130	00:12:01 / 129	00:05:51 / 151	00:51:45 / 158	00:01:23 / 154	00:31:19 / 160	01:42:19	00:38:34

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.	
163	160	LASKOWSKA ANETA		POL TEAM SPORT GÓRSKI		70K40/8	K / 33	00:12:57 / 152			00:29:53 / 136	01:43:05	00:39:20	
164	37	PREISS MARIA		POL LITWIN TRIATHLON TEAM		76K40/9	K / 34	00:13:09 / 160	00:05:15 / 158	00:53:14 / 169	00:01:36 / 170	00:30:01 / 141	01:43:15	00:39:30
165	30	SZCZĘŚNIAK JUSTYNA		POL		83K30/15	K / 35	00:12:52 / 149	00:05:27 / 155	00:51:34 / 156	00:01:12 / 155	00:32:31 / 170	01:43:36	00:39:51
166	111	WOŹNICKI JACEK		POL		79M30/45	M / 131	00:11:13 / 103	00:07:07 / 156	00:52:30 / 167	00:02:21 / 167	00:30:41 / 153	01:43:52	00:40:07
167	57	SKOWRON MAGDALENA		POL CROSSFIT WROCLAW		89K20/10	K / 36	00:12:41 / 142	00:06:21 / 166	00:56:34 / 184	00:01:17 / 183	00:27:12 / 99	01:44:05	00:40:20
168	170	MINKINA KAROLINA		POL		87K30/16	K / 37	00:12:20 / 135	00:04:55 / 138	00:51:59 / 162	00:02:01 / 156	00:32:54 / 173	01:44:09	00:40:24
169	203	TOMASZEWSKA MAGDALENA		POL		81K30/17	K / 38	00:12:51 / 148	00:04:08 / 129	00:47:48 / 118	00:01:22 / 125	00:38:27 / 184	01:44:36	00:40:51
170	12	ŚWIDERSKA IZABELA		POL		76K40/10	K / 39	00:13:43 / 170	00:04:57 / 162	00:54:31 / 178	00:01:23 / 175	00:30:21 / 148	01:44:55	00:41:10
171	192	DUCZEMIŃSKI DARIUSZ		POL NOA		77M40/41	M / 132	00:14:58 / 186	00:06:47 / 191	00:53:17 / 170	00:02:29 / 184	00:27:41 / 106	01:45:12	00:41:27
172	92	PISAREK EWA		POL		77K40/11	K / 40	00:13:58 / 173	00:04:40 / 161	00:53:32 / 174	00:01:03 / 169	00:32:09 / 165	01:45:22	00:41:37
173	5	KRUPA RADOSŁAW		POL		90M20/27	M / 133	00:15:24 / 188	00:05:24 / 185	00:54:11 / 177	00:00:46 / 179	00:30:22 / 149	01:46:07	00:42:22
174	142	OLEŃSKA ANNA		POL		78K40/12	K / 41	00:12:06 / 132	00:05:38 / 146	00:56:26 / 182	00:01:01 / 176	00:31:13 / 158	01:46:24	00:42:39
175	185	CISZEWSKA KALINA		POL KLEMENS TEAM		82K30/18	K / 42	00:14:38 / 183	00:04:44 / 173	00:56:01 / 181	00:01:06 / 182	00:29:59 / 140	01:46:28	00:42:43
176	143	DYLIŃSKA-DOMINO IWONA		POL		74K40/13	K / 43	00:12:48 / 147	00:05:02 / 150	00:54:08 / 176	00:01:32 / 172	00:33:08 / 174	01:46:38	00:42:53
177	81	TARNOWSKI MICHAŁ		POL		85M30/46	M / 134	00:13:36 / 169	00:07:22 / 188	00:52:22 / 165	00:02:10 / 177	00:31:33 / 162	01:47:03	00:43:18
178	3	KOWALCZYK KATARZYNA		POL GT KONA		70K40/14	K / 44	00:11:22 / 112	00:04:34 / 109	00:50:35 / 150	00:01:20 / 136	00:39:26 / 185	01:47:17	00:43:32
179	19	POLAŃSKA DOROTA		POL TMTEAM		68K50/1	K / 45	00:15:48 / 191	00:05:05 / 187	00:53:29 / 173	00:02:01 / 181	00:31:16 / 159	01:47:39	00:43:54
180	74	DREWICZ KINGA		POL RUNNER TEAM BYLE NIE POD GÓRKE		79K30/19	K / 46	00:15:58 / 192	00:03:48 / 182	00:51:52 / 159	00:00:58 / 166	00:35:39 / 179	01:48:15	00:44:30
181	112	SZPIS ADRIAN		POL KLUB ZAWAŁOWCÓW		83M30/47	M / 135	00:11:29 / 113	00:06:06 / 143	00:54:57 / 179	00:03:00 / 178	00:32:54 / 172	01:48:26	00:44:41
182	118	KUREK RYSZARD		POL KLUB ZAWAŁOWCÓW		92M20/28	M / 136	00:13:47 / 171	00:05:28 / 171	00:55:39 / 180	00:00:56 / 180	00:33:46 / 177	01:49:36	00:45:51
183	193	DUCZEMIŃSKA KAROLINA		POL NOA		02K16/3	K / 47	00:14:06 / 176	00:05:22 / 175	00:59:55 / 187	00:01:23 / 188	00:28:51 / 122	01:49:37	00:45:52
184	60	DUDEK ALFRED		POL		56M60/3	M / 137	00:14:06 / 175	00:05:39 / 181	00:56:54 / 185	00:01:06 / 185	00:32:26 / 168	01:50:11	00:46:26
185	162	RATAJCZAK KAROLINA		POL TRIATHLON CLUB WROCLAW		69K40/15	K / 48	00:13:08 / 158	00:06:10 / 172	00:53:21 / 171	00:01:43 / 174	00:36:20 / 181	01:50:42	00:46:57
186	202	WŁUDARSKI MACIEJ		POL		65M50/11	M / 138	00:13:31 / 166	00:05:41 / 169	00:50:59 / 155	00:02:08 / 165	00:39:50 / 186	01:52:09	00:48:24
187	133	WOJCIECHOWSKI ZYGMUNT		POL PIEKARNIA JUL-KA		50M60/4	M / 139	00:11:10 / 100	00:05:55 / 131	00:53:38 / 175	00:00:51 / 160	00:42:17 / 189	01:53:51	00:50:06
188	116	DACHOWSKI PAWEŁ		POL TRENERPRO		90M20/29	M / 140	00:11:02 / 96	00:06:01 / 130	00:52:40 / 168	00:01:49 / 159	00:42:19 / 190	01:53:51	00:50:06
189	178	HUDZIEC ILONA		POL LITWIN TRIATHLON TEAM		66K50/2	K / 49	00:14:31 / 182	00:04:40 / 168	00:56:29 / 183	00:02:12 / 186	00:36:08 / 180	01:54:00	00:50:15
190	84	JURCZAK JAKUB		POL		99M16/9	M / 141	00:14:51 / 185					01:59:18	00:55:33
191	53	JURCZAK PRZEMYSŁAW		POL		78M40/42	M / 142	00:14:51 / 184					01:59:19	00:55:34
192	131	ZAKRZEWSKA EDYTA		POL ZERO GRAVITY		77K40/16	K / 50	00:17:29 / 197	00:04:37 / 193	01:04:55 / 190	00:01:10 / 192	00:32:11 / 166	02:00:22	00:56:37
193	110	KARAŚ PAWEŁ		POL KLUB ZAWAŁOWCÓW		91M20/30	M / 143	00:15:04 / 187	00:04:31 / 176	00:59:54 / 186	00:00:59 / 187	00:45:22 / 193	02:05:50	01:02:05
194	17	ZAKLIŃSKA KATARZYNA		POL FABRYKA TRIATHLONU		76K40/17	K / 51	00:13:32 / 167	00:05:55 / 174	01:02:40 / 189	00:01:57 / 189	00:42:59 / 191	02:07:03	01:03:18
195	159	MARCINIAK BARBARA		POL TRIATHLON CLUB WROCLAW		61K50/3	K / 52	00:12:24 / 136	00:07:16 / 179	01:02:20 / 188	00:02:18 / 190	00:43:28 / 192	02:07:46	01:04:01
196	207	MANIAK GRZEGORZ		POL		83M30/48	M / 144	00:16:19 / 194	00:05:24 / 190	01:12:17 / 192	00:01:03 / 193	00:36:31 / 182	02:11:34	01:07:49

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie Swim	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg Run	Wynik Time	Strata Diff.
197	51	PARYSEK TOMASZ		POL SCHÜRHOLZ POLSKA	79	M / 145	00:14:22 / 181	00:06:39 / 189	01:05:06 / 191	00:01:31 / 191	00:45:43 / 194	02:13:21	01:09:36
198	71	KEMPINSKI JERZY		POL	61	M / 146	00:17:32 / 198	00:05:12 / 195	01:15:42 / 193	00:01:44 / 194	00:34:17 / 178	02:14:27	01:10:42
	63	NAJGEBAUER ŁUKASZ		POL								DNF	
	209	ŁAJBIAK JACEK		POL								DNF	
	49	KRAUZE JACEK		POL PRO-RUN WROCLAW								DNS	
	61	MANDZIAK MARCIN		POL								DNS	
	94	BOGUCKA ANNA		POL PUMA SPORTS CENTER								DNS	
	95	FEDEROWICZ GRZEGORZ		POL WATAHA GRUPA TRENINGOWA								DNS	

Zgłoszonych:	223	Odebrało nr.:	195	Wystartowało:	200	Ukończyło:	198
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