

8. Bieg Lwa - Półmaraton 18.05.2019 r.
Dystans: 21,0975km



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
1	1087	BIWOT WYCLIFFE KIPKORIR	Eldoret		KEN	1988	M30	1	00:15:01	00:31:29	00:46:26	01:03:57	01:03:58		1
2	1199	ROP ABEL KIBET	Eldoret		KEN	1988	M30	2	00:15:00	00:31:29	00:46:32	01:04:25	01:04:27		2
3	2	GRYCKO TOMASZ	Władysławowo	UKS Bliza Władysławowo	POL	1992	M20	1	00:15:01	00:31:37	00:46:56	01:04:35	01:04:36		3
4	1072	KOSGEI MATHIEW	Eldoret		KEN	1992	M20	2	00:15:01	00:31:37	00:47:11	01:05:24	01:05:25		4
5	4	GARDZIELEWSKI ARKADIUSZ	Wrocław	Arkadiusz Gardzielewski Running Team	POL	1986	M30	3	00:15:01	00:32:03	00:47:41	01:05:38	01:05:39		5
6	6	NOWICKI ADAM	Gostyń	ASICS FrontRunner Polska	POL	1990	M20	3	00:15:01	00:31:48	00:47:31	01:05:50	01:05:51		6
7	22	NDUVA BONIFACE WAMBUA	Bydgoszcz		KEN	1984	M30	4	00:15:00	00:31:48	00:47:31	01:06:05	01:06:06		7
8	29	GŁOGOWSKI ADAM	Gdynia	UKS Ekonomik Maratończyk Lębork/ATC Cargo Team	POL	1993	M20	4	00:16:06	00:33:37	00:49:39	01:07:45	01:07:46		8
9	13	SZYMANKIEWICZ JAKUB	Wronki		POL	1990	M20	5	00:15:36	00:33:47	00:50:36	01:09:41	01:09:43		9
10	15	STEFANOWICZ KRZYSZTOF	Poznań	Stefanowicz Running Academy	POL	1980	M30	5	00:16:29	00:34:46	00:51:16	01:09:47	01:09:48		10
11	20	NOWAK LUKASZ	Skoki	Nowak Run	POL	1988	M30	6	00:16:28	00:34:45	00:51:26	01:10:21	01:10:23		11
12	706	DOMOWICZ MICHAŁ	Bolesławiec	CykloSPORT Bolesławiec	POL	1993	M20	6	00:17:22	00:36:17	00:52:58	01:11:52	01:11:54		12
13	1208	KORIR CAROLINE JEBET	Eldoret		KEN	1994	K20	1	00:17:22	00:36:19	00:53:28	01:13:34	01:13:36	1	
14	1207	MBATHA RUTH NUNDU	Eldoret		KEN	1994	K20	2	00:17:22	00:36:21	00:53:34	01:13:47	01:13:48	2	
15	16	KERN ARTUR	Hrubieszów	Perfect Runner	POL	1980	M30	7	00:17:22	00:36:30	00:54:06	01:14:00	01:14:01		13
16	1144	OIGO CHRISTINE MORAA	Eldoret		KEN	1986	K30	1	00:17:23	00:36:31	00:53:50	01:14:02	01:14:03	3	
17	3	TRZASKAŁSKA IZABELA	Terespol	KB SZURACZ TERESPOL	POL	1988	K30	2	00:17:22	00:36:30	00:54:05	01:14:06	01:14:07	4	
18	1	BRZEZIŃSKA ALEKSANDRA	Bydgoszcz		POL	1991	K20	3	00:17:23	00:36:30	00:54:06	01:14:27	01:14:28	5	
19	10	ANDRZEJCZAK MONIKA	Szczecin	MKL Szczecin	POL	1985	K30	3	00:17:23	00:36:46	00:54:26	01:15:01	01:15:02	6	
20	17	MACH ANGELIKA	Warszawa	Adidas Running	POL	1991	K20	4	00:17:23	00:37:27	00:55:23	01:16:27	01:16:29	7	
21	738	AUGUSTYŃSKI SYLWESTER	Kraków	Lacho Team/UKS Lider Sierca	POL	1981	M30	8	00:17:22	00:37:03	00:55:28	01:16:46	01:16:48		14
22	250	GROMADZIŃSKI ANDRZEJ	Gniezno	KPP Gniezno	POL	1973	M40	1	00:17:40	00:37:27	00:55:50	01:16:56	01:16:58		15
23	207	RUDNIK KRZYSZTOF	Kępna Słupska	Night Runners Słupsk	POL	1980	M30	9	00:17:40	00:37:34	00:55:58	01:17:01	01:17:03		16
24	86	STOKOWSKI MARCIN	Pobiedziska	Stokowski Projekt Maraton	POL	1996	M20	7	00:17:23	00:37:07	00:55:51	01:17:05	01:17:07		17
25	275	KUBIAK MICHAŁ	Poznań	NIGHT RUNNERS	POL	1981	M30	10	00:17:52	00:38:12	00:56:41	01:17:43	01:17:45		18
26	652	JANKOWSKI DARIUSZ	Poznań	XYZ	POL	1992	M20	8	00:17:25	00:37:23	00:56:17	01:18:48	01:18:50		19
27	48	ROGOWSKI PAWEŁ	Poznań		POL	1994	M20	9	00:17:51	00:38:12	00:56:42	01:19:29	01:19:31		20
28	787	JAŚNIEWICZ MATEUSZ	Swarzędz		POL	1987	M30	11	00:18:16	00:38:33	00:56:58	01:19:45	01:19:47		21
29	537	SZYMKOVIK MIKOŁAJ	Czempień	Helios Czempień	POL	1988	M30	12	00:18:35	00:39:52	00:58:53	01:20:35	01:20:38		22
30	8	STELMACH DOMINIKA	Warszawa	RK Athletics	POL	1982	K30	4	00:17:37	00:37:20	00:58:36	01:20:44	01:20:46	8	
31	424	WIĘCZOREK ŁUKASZ	Szamotuły	#NBRTeam / Smashing Papkins	POL	1984	M30	13	00:18:27	00:39:37	00:59:03	01:21:01	01:21:04		23
32	904	TYLL MATEUSZ	Skoki	Nowak Run	POL	1999	M20	10	00:18:42	00:39:30	00:58:28	01:21:11	01:21:14		24
33	880	DLUGOSZ MARCIN	Września	Night Runners Września	POL	1985	M30	14	00:18:27	00:39:19	00:58:47	01:21:15	01:21:18		25
34	823	POPIOLKIEWICZ LUKASZ	Lęki Wielkie		POL	1989	M30	15	00:18:14	00:39:21	00:59:15	01:21:57	01:22:00		26
35	488	WŁODARCZYK PAWEŁ	Poznań	BUDOPOL-POZNAŃ	POL	1985	M30	16	00:18:28	00:39:46	00:59:21	01:22:00	01:22:03		27
36	1029	CZERNIAK NORBERT	Skórczewo	Tarnowo Podgórne Biega	POL	1971	M40	2	00:19:24	00:40:50	01:00:12	01:22:01	01:22:05		28
37	65	KONIECZNY WALDEK	Dolsk	Night Runners	POL	1989	M30	17	00:19:01	00:40:28	01:00:03	01:22:29	01:22:34		29
38	828	OŚWIECIMSKI KRYSZTOF	olsztyn		POL	1992	M20	11	00:19:41	00:41:02	01:00:35	01:22:56	01:22:58		30
39	194	DĄBROWSKI DAWID	Murawiana Goślina	Czerwonak Biega	POL	1990	M20	12	00:19:39	00:41:01	01:00:33	01:23:07	01:23:11		31
40	886	PRZYBYSZ BARTOSZ	Swarzędz	Jestem od Romka ;)	POL	1990	M20	13	00:19:32	00:41:12	01:00:47	01:23:10	01:23:13		32
41	1112	ĆWIK MICHAŁ	Konin		POL	1987	M30	18	00:19:14	00:40:45	01:00:09	01:23:06	01:23:13		32
42	686	BIENIEK TOMASZ	Biedrusko	Fischer Jakuszyce	POL	1964	M50	1	00:19:20	00:41:09	01:00:47	01:23:16	01:23:19		34
43	897	EL BAH ADAM	Tarnowo Podgórne		POL	1989	M30	19	00:19:02	00:40:51	01:00:14	01:23:55	01:23:58		35
44	69	KONIECZNY SŁAWEK	Poznań	Kusociński Biega	POL	1991	M20	14	00:19:56	00:41:37	01:01:19	01:24:08	01:24:13		36
45	717	KOZŁOWSKI MARCIN	Baranowo	Lidl	POL	1986	M30	20	00:19:00	00:41:07	01:01:48	01:24:22	01:24:25		37
46	57	MICHNA MARCIN	Poznań		POL	1989	M30	21	00:18:57	00:41:01	01:00:59	01:24:26	01:24:29		38
47	395	KAZMIERCZAK MARIUSZ	tarnowo podgórne		POL	1979	M40	3	00:19:02	00:40:57	01:01:14	01:24:33	01:24:36		39
48	689	OSTAJEWSKI TOMASZ	lwówek	Osiedle Rozalin w Lusówku	POL	1975	M40	4	00:19:24	00:41:14	01:01:12	01:24:37	01:24:41		40
49	1138	CIESZYŃSKI PIOTR	Poznań		POL	1972	M40	5	00:19:04	00:40:38	01:00:47	01:24:41	01:24:44		41
50	1135	KOEBESCH TOMASZ	Poznań	Fehlau Run Team	POL	1978	M40	6	00:19:50	00:41:49	01:01:58	01:25:15	01:25:18		42
51	1204	RUNOWSKI KRZYSZTOF	Czarnków	Drużyna Szpiku	POL	1984	M30	22	00:19:16	00:41:15	01:01:41	01:25:24	01:25:26		43
52	291	WALCZAK ROBERT	Poznań	Cytadela by Night TRI Team	POL	1980	M30	23	00:19:22	00:40:57	01:01:40	01:25:33	01:25:37		44
53	259	KĘDZIORA RAFAŁ	Koziegłowy	Czerwonak Biega	POL	1977	M40	7	00:19:13	00:41:16	01:02:01	01:26:03	01:26:06		45
54	90	KUPIŃSKI Cezary	Wrocław	MKS Siechnice/Sklep Biegacza Running Team	POL	1968	M50	2	00:20:00	00:42:38	01:03:00	01:26:05	01:26:10		46
55	1316	CHUDZIKIEWICZ TOMASZ	Wojcieszów	Instruktor narciarstwa biegowego	POL	1976	M40	8	00:19:46	00:42:04	01:02:27	01:26:20	01:26:23		47
56	1040	KRUSZYŃSKI ADAM	Kołaczkowo	Klub Biegacza Złote Kłosy Kołaczkowo	POL	1990	M20	15	00:20:31	00:43:11	01:03:30	01:26:22	01:26:25		48
57	971	BORKOWSKI MATEUSZ	Poznań	Wataha Północy/For Run Team	POL	1985	M30	24	00:20:23	00:42:52	01:03:16	01:26:26	01:26:35		49
58	691	LISEK MIECZYSLAW	Lwówek	Osiedle Rozalin	POL	1959	M60	1	00:19:23	00:41:44	01:02:36	01:26:33	01:26:37		50
59	973	ZAWIŚLAK ADAM	Poznań	Night Runners	POL	1992	M20	16	00:19:33	00:42:24	01:03:27	01:27:12	01:27:18		51
60	354	SOLIWOODA ANDRZEJ	Poznań		POL	1976	M40	9	00:20:29	00:43:07	01:03:46	01:27:16	01:27:22		52
61	68	SZYMANIAK MICHAŁ	Luboń	MilanClubPolonia	POL	1978	M40	10	00:20:02	00:42:53	01:03:37	01:27:20	01:27:24		53
62	936	SKITEK EMIL	Poznań		POL	1988	M30	25	00:20:53	00:43:50	01:04:14	01:27:29	01:27:45		54
63	377	KRAJEWSKI TOMASZ	Lusowo		POL	1981	M30	26	00:19:23	00:41:44	01:02:55	01:27:35	01:27:39		55
64	119	MICHAŁSKI MIKOŁAJ	Poznań		POL	1977	M40	11	00:20:26	00:43:20	01:04:06	01:27:36	01:27:44		56
65	1069	KLIMCZAK JACEK	ŻERKÓW	FIZJOTERAPIA „DLA CIEBIE I RODZINY” ŻERKÓW	POL	1990	M20	17	00:19:35	00:43:01	01:04:02	01:27:42	01:27:45		57
66	99	STEC ARKADIUSZ	Komorniki	Grzmot Komorniki	POL	1975	M40	12	00:20:21	00:43:17	01:04:12	01:27:46	01:27:51		58
67	996	KUSKE MACIEJ	Gniezno	Night Runners Gniezno	POL	1988	M30	27	00:20:15	00:43:13	01:04:11	01:28:01	01:28:07		59
68	1245	MATUSZEWSKI KRZYSZTOF	Poznań	Świerczewo Run	POL	1991	M20	18	00:19:45	00:42:36	01:03:32	01:28:12	01:28:17		60
69	545	GRZEŃSKI MARCIN	Wronki	Wroniecki Klub Biegacza	POL	1989	M30	28	00:20:38	00:43:50	01:05:05	01:28:16	01:28:23		61
70	82	MAJEWSKI MICHAŁ	Bierzgłówek	Spin Force Runners	POL	1984	M30	29	00:20:13	00:43:00	01:04:13	01:28:37	01:28:41		62
71	1367	BARTOSZ KURCZEWSKI	RUSZCZYŃ	CITYZEN	POL	1977	M40	13	00:21:07	00:44:27	01:05:08	01:28:49	01:28:54		63
72	430	SKALSKI ADAM	Dąbrówka		POL	1984	M30	30	00:20:26	00:43:19	01:04:20	01:28:54	01:29:02		64
73	199	WASIAK SŁAWOMIR	Poznań		POL	1990	M20	19	00:19:39	00:42:47	01:04:19	01:29:03	01:29:10		65
74	671	MARTIN MATEUSZ	Dębno	Kimrunners	POL	1992	M20	20	00:21:02	00:44:24	01:05:32	01:29:04	01:29:11		66
75	325	RYPIŃSKI TOMASZ	Poznań		POL	1982	M30	31	00:21:12	00:44:33	01:05:33	01:29:06	01:29:13		67
76	1283	NIKODEMIAK JAROSŁAW	Swarzędz	MJDOP	POL	1976	M40	14	00:20:54	00:44:24	01:05:46	01:29:08	01:29:17		68
77	713	KOLASZT DARIUSZ	Stara Niedziałka	Novol	POL	1976	M40	15	00:21:06	00:44:41	01:05:51	01:29:20	01:29:27		69
78	741	KRAUSE KUBA	Poznań	Buff Family Team	POL	1982	M30	32	00:21:01	00:44:26	01:05:34	01:29:20	01:29:25		69
79	356	SOBCZYK KRYSZTOF	Osiek	Kościan Team	POL	1988</									

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Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
81	549	WEGNER STACHU	Poznań		POL	1983	M30	34	00:20:55	00:44:30	01:05:35	01:29:28	01:29:32		72
82	611	STAWIARSKI JAKUB	Poznań	Pro 366, Amazon Fulfillment SHIP	POL	1987	M30	35	00:21:29	00:44:58	01:05:59	01:29:32	01:29:39		74
83	1217	ŚWIĘCICKI ARKADIUSZ	Kiekrz	Winter Swimming Team Poland	POL	1978	M40	16	00:20:59	00:44:38	01:05:49	01:29:33	01:29:42		75
84	792	MEDEJSZO MARIUSZ	Nowa Sól	Nowosolska Grupa Biegowa	POL	1975	M40	17	00:21:20	00:44:47	01:05:58	01:29:34	01:29:44		76
85	849	MADOŃ RAFAŁ	Poznań		POL	1989	M30	36	00:21:04	00:44:38	01:05:49	01:29:35	01:29:44		77
86	312	KAMIŃSKI RADOSŁAW	Rokietnica	SENIOR TEAM	POL	1989	M30	37	00:21:01	00:44:35	01:05:46	01:29:37	01:29:50		78
87	819	FRANKOWSKI JAROSŁAW	Zagórów		POL	1970	M40	18	00:20:58	00:44:31	01:05:43	01:29:46	01:30:01		79
88	271	RUSINEK ROBERT	Swarzędz	MJDOP	POL	1976	M40	18	00:21:07	00:44:37	01:05:49	01:29:46	01:29:56		79
89	822	MICHAŁAK JAKUB	Poznań	Night Runners	POL	1993	M20	22	00:21:07	00:46:02	01:06:30	01:29:51	01:29:56		81
90	1184	KACZMAREK AGATA	Poznań		POL	1981	K30	5	00:20:58	00:44:23	01:05:44	01:29:52	01:30:00	9	
91	813	RADZIEJ ALICJA	Poznań	Night Runners	POL	1991	K20	5	00:20:28	00:43:39	01:05:11	01:29:53	01:29:58	10	
92	805	HENSCHKE ADAM	Komorńki	ParkKomorniki	POL	1983	M30	38	00:21:00	00:44:20	01:05:17	01:29:56	01:30:01		82
93	373	POCHYLSKI PRZEMYSŁAW	Luboń	Zgrupka Team	POL	1974	M40	20	00:20:40	00:44:29	01:05:53	01:29:56	01:30:00		82
94	1302	GEPPERT JAKUB	Poznań	AdRunaLine Running Team	POL	1984	M30	39	00:21:06	00:44:40	01:05:52	01:29:57	01:30:03		84
95	1301	GIEZEK MARCIN	Poznań	Night Runners	POL	1983	M30	39	00:21:06	00:44:39	01:05:52	01:29:57	01:30:03		84
96	389	GLUBISZ BARTOSZ	Poznań		POL	1988	M30	41	00:21:06	00:44:41	01:05:52	01:30:00	01:30:07		86
97	46	MIKOŁAJCZYK ROBERT	Zyrardów	Drużyna Orzecha Żyrardów	POL	1972	M40	21	00:21:00	00:44:34	01:05:40	01:30:08	01:30:21		87
98	1276	SKODKOWSKI JACEK	Poznań	SPWL Poznań	POL	1973	M40	21	00:19:59	00:42:37	01:04:20	01:30:08	01:30:29		87
99	770	DROBNIK BLAŻEJ	Opalenica	Promień Opalenica	POL	1987	M30	42	00:20:59	00:44:29	01:05:30	01:30:12	01:30:21		89
100	1151	STOKOWSKI MARIUSZ	Pobiedziska	Borowo-Młyn Team	POL	1976	M40	23	00:21:07	00:44:40	01:05:52	01:30:16	01:30:23		90
101	1161	WALCZAK MARIUSZ	Poznań		POL	1983	M30	43	00:20:51	00:44:29	01:05:47	01:30:19	01:30:23		91
102	644	DABROWSKI DAWID	Kościan	KB SPOKO	POL	1981	M30	44	00:21:09	00:44:45	01:05:55	01:30:22	01:30:35		92
103	380	CIERNIAK JAROSŁAW	Słupca	Drużyna szpiku	POL	1978	M40	24	00:20:28	00:44:07	01:05:44	01:30:33	01:30:41		93
104	144	ZIEMNIEWSKI PAWEŁ	Kaźmierz		POL	1975	M40	25	00:20:47	00:44:08	01:05:38	01:30:35	01:30:44		94
105	478	WALTER PIOTR	Tarnowo Podgórne	Biegam bo kocham ten stan	POL	1977	M40	26	00:21:04	00:44:38	01:06:07	01:30:53	01:31:04		95
106	407	LASEK BARTOSZ	Szczecin	RAZ Szczecin	POL	1977	M40	27	00:20:32	00:43:59	01:05:46	01:30:56	01:31:00		96
107	369	KLIMASEK PRZEMEK	Poznań	Maratończyk Poznań	POL	1981	M30	45	00:20:00	00:42:41	01:04:02	01:31:00	01:31:05		97
108	1155	CHEŁMIŃSKI GRZEGORZ	Warszawa		POL	1973	M40	28	00:20:47	00:44:20	01:05:44	01:31:02	01:31:08		98
109	504	KACPRZAK KRZYSZTOF	Dąbrowka	Fehlau Running Team	POL	1980	M30	46	00:21:31	00:45:08	01:06:39	01:31:25	01:31:33		99
110	468	WIECZOREK LECH	Mrowino		POL	1982	M30	47	00:21:13	00:45:04	01:07:08	01:31:41	01:31:49		100
111	919	WASIELAK JOANNA	Swarzędz		POL	1984	K30	6	00:20:54	00:44:24	01:05:58	01:31:47	01:31:56	11	
112	451	MARCINIAK MACIEJ	Sreniawa		POL	1973	M40	29	00:21:32	00:45:33	01:07:17	01:31:53	01:32:02		101
113	538	FURMANIUK JAROMIR	Poznań	Samotny Biały Żagiel	POL	1972	M40	30	00:21:27	00:45:08	01:06:54	01:31:54	01:32:14		102
114	88	MADAJCZAK JAROSŁAW	TRZCIANKA	time	POL	1973	M40	31	00:21:02	00:44:48	01:06:44	01:32:07	01:32:22		103
115	1067	KUŻMA JAKUB	Gadki		POL	1989	M30	48	00:21:02	00:44:45	01:06:26	01:32:32	01:32:43		104
116	533	PACHLA JACEK	Szamotuły	KB Szamotuły	POL	1971	M40	32	00:22:07	00:46:29	01:08:10	01:32:47	01:32:41		105
117	58	KUPCZYŃSKI DAWID	Opalenica	Opalenicki Klub Biegacza	POL	1984	M30	49	00:21:10	00:45:21	01:07:39	01:32:38	01:32:46		106
118	1267	STERNAL PIOTR	Drużyna		POL	1984	M30	50	00:20:28	00:44:38	01:06:41	01:32:42	01:32:50		107
119	908	PIECHOWIAK MIKOŁAJ	Pniewy	Drużyna Szpiku	POL	1986	M30	51	00:21:37	00:45:56	01:07:57	01:32:44	01:32:58		108
120	1099	GRUCHAŁA DAWID	Wagrowiec	QUAY POZNAŃ	POL	1977	M40	33	00:21:05	00:44:39	01:06:30	01:32:47	01:32:54		109
121	767	GEMBAŁSKI MIROSLAW	LESZNO	LUCKY LUKI	POL	1969	M50	3	00:20:02	00:43:44	01:06:27	01:32:55	01:33:02		110
122	617	SZAŁATA JAKUB	Sieraków		POL	1997	M20	23	00:22:40	00:47:48	01:09:09	01:33:00	01:33:16		111
123	417	GIBAS PAWEŁ	Bogdanowo	BTS BUDZYŃ	POL	1984	M30	52	00:21:02	00:44:35	01:05:55	01:33:01	01:33:13		112
124	1368	ROBERT BERNAT	SUCHY LAS		POL	1977	M40	34	00:21:06	00:45:03	01:07:09	01:33:02	01:33:19		113
125	117	BOIŃSKI BARTOSZ	Dobieżyn	Bukowski Klub Biegacza	POL	1992	M20	24	00:20:34	00:43:49	01:05:48	01:33:08	01:33:16		114
126	107	WIATR DARIUSZ	Września	Night Runners Września	POL	1972	M40	35	00:21:00	00:44:48	01:07:02	01:33:19	01:33:26		115
127	969	ZIELIŃSKI PIOTR	Poznań	UKS "ŁOKIETEK 35"	POL	1983	M30	53	00:20:52	00:44:33	01:06:50	01:33:19	01:33:40		115
128	650	BOKUS EUGENIUSZ	Kościan	KB SPOKO/Imperial Tobacco Polska	POL	1963	M50	4	00:21:09	00:45:32	01:08:11	01:33:23	01:33:36		117
129	624	KOZŁOWICZ TOMASZ	Luśowo	Balma Team	POL	1982	M30	54	00:22:00	00:46:21	01:08:38	01:33:24	01:33:44		118
130	102	FLISZKIEWICZ ARTUR	Swarzędz	MJDOP	POL	1981	M30	55	00:22:12	00:46:36	01:08:34	01:33:26	01:33:36		119
131	1162	KAZANECKI ADAM	Poznań		POL	1979	M40	36	00:21:07	00:45:10	01:07:39	01:33:26	01:33:38		119
132	1219	GRAMACKI PAWEŁ	Trzcielin	Williams F1	POL	1984	M30	56	00:21:57	00:46:11	01:08:11	01:33:27	01:35:13		121
133	670	SZYSZKO STANISŁAW	Piła	Kimball Runners	POL	1986	M30	57	00:21:33	00:45:55	01:08:02	01:33:29	01:33:42		122
134	423	TOMASZEWSKI PRZEMYSŁAW	Gostyń	Gostyń	POL	1969	M50	5	00:21:56	00:46:14	01:08:21	01:33:29	01:33:42		122
135	454	WIKA JACEK	Wronki		POL	1979	M40	37	00:22:00	00:46:07	01:08:17	01:33:34	01:33:46		124
136	983	URBANIAK PIOTR	Roszków	Crocodigy	POL	1992	M20	25	00:21:49	00:46:10	01:08:46	01:33:39	01:33:49		125
137	690	KAMIŃSKI ŁUKASZ	Lwówek	Osiedle Rozalin	POL	1988	M30	58	00:21:05	00:44:42	01:06:42	01:33:43	01:33:50		126
138	120	WOJASZEK AGNIESZKA	Kościan	Fit4Life	POL	1990	K20	6	00:21:24	00:45:33	01:08:12	01:33:43	01:33:55	12	
139	477	JASKÓLSKI JAN	Tarnowo Podgórne		POL	1976	M40	38	00:22:10	00:46:42	01:08:55	01:33:56	01:34:14		127
140	1129	SKRZYPCZAK ŁUKASZ	Gostyń		POL	1983	M30	59	00:21:22	00:45:38	01:08:16	01:33:56	01:34:49		127
141	130	ROMAŃÓW DAMIAN	Poznań	blogobieganiu.com	POL	1991	M20	26	00:22:02	00:46:48	01:09:20	01:34:12	01:34:22		129
142	1298	ŁAKOMY MICHAŁ	Czerwonak		POL	1997	M20	27	00:22:00	00:46:22	01:08:32	01:34:13	01:34:22		130
143	773	NOWAK MARCIN	Tarnowo Podgórne	Lost Runner	POL	1980	M30	60	00:22:00	00:46:20	01:08:37	01:34:23	01:34:43		131
144	858	BAUMGART MATEUSZ	Swarzędz	Night Runners	POL	1991	M20	28	00:20:16	00:43:17	01:05:21	01:34:30	01:34:35		132
145	440	LEŚNIEWSKI TOMASZ	Poznań		POL	1962	M50	6	00:21:37	00:46:06	01:08:39	01:34:30	01:34:42		132
146	519	FRĄSZCZAK JACEK	Poznań	WICHROWA STOPA	POL	1972	M40	39	00:21:22	00:45:38	01:08:06	01:34:35	01:34:43		134
147	955	WOJCIECHOWSKI PAWEŁ	Swarzędz	PRO366	POL	1977	M40	40	00:22:02	00:46:17	01:08:33	01:34:36	01:34:47		135
148	254	KACZMAREK MIROSLAW	Kościan	Kościan Team	POL	1970	M40	41	00:21:37	00:46:17	01:09:03	01:34:38	01:34:51		136
149	74	KOZŁOWSKI GRZEGORZ	Września	Night Runners Września	POL	1983	M30	61	00:21:29	00:46:19	01:08:42	01:34:43	01:34:58		137
150	210	ZAKRZEWICZ-PODLECKA AGNIESZKA	Rokietnica	Rokietnica Biega	POL	1986	K30	7	00:21:39	00:46:22	01:09:07	01:34:43	01:34:52	13	
151	1020	GARCZYK RAFAŁ	Tarnowo Podgórne		POL	1982	M30	62	00:20:27	00:44:08	01:07:28	01:34:44	01:34:50		138
152	909	PIECHOWIAK MAREK	Poznań		POL	1982	M30	63	00:20:30	00:45:12	01:08:00	01:34:48	01:34:53		139
153	946	MOLENDA DANIEL	Zbąszczyń		POL	1989	M30	64	00:22:38	00:47:43	01:09:58	01:34:59	01:35:13		140
154	1094	SUCHORA PAWEŁ	Poznań	niezrzeszony	POL	1973	M40	42	00:21:22	00:46:11	01:09:35	01:35:02	01:35:06		141
155	447	KRUPA KRYSZTYN	Poznań	EITALIA.pl	POL	1986	M30	65	00:21:24	00:46:24	01:09:14	01:35:04	01:35:25		142
156	948	PRZYBYŁ BLAŻEJ	Przeźmierowo		POL	1993	M20	29	00:20:50	00:44:57	01:08:00	01:35:10	01:35:15		143
157	974	MONCZYŃSKI BARTŁOMIEJ	Poznań	Remmers Running Team / #OwocBiega	POL	1979	M40	43	00:21:53	00:46:36	01:09:22	01:35:11	01:35:23		144
158	953	RATAJ TOMASZ	Luśówko		POL	1975	M40	44	00:22						

8. Bieg Lwa - Półmaraton 18.05.2019 r.
Dystans: 21,0975km



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
161	1102	POŁOM TOMASZ	oława	Lidl Oława	POL	1987	M30	67	00:21:44	00:46:17	01:08:44	01:35:33	01:35:45		148
162	305	JEDRZEJEK LUKASZ	Poznan	DFDS Polska Running Team	POL	1980	M30	68	00:20:46	00:44:29	01:07:19	01:35:39	01:35:50		149
163	848	BIERNACKI RAFAL	Koscian	---	POL	1975	M40	46	00:21:57	00:46:37	01:09:18	01:35:53	01:36:06		150
164	924	CHOLEWIŃSKI MARCIN	Poznań	KB Maniac Poznań	POL	1984	M30	69	00:22:07	00:47:04	01:10:00	01:35:57	01:36:15		151
165	1115	GÓRALSKI MICHAŁ	Dąbrówka	Dąbrówka	POL	1982	M30	70	00:21:55	00:46:46	01:09:57	01:36:04	01:36:24		152
166	136	KAMINSKI JERZY	Oborniki	magdalena	POL	1970	M40	47	00:21:30	00:45:58	01:08:53	01:36:07	01:36:20		153
167	987	RZĘPA KRZYSZTOF	poznań	31 baza lotnictwa taktycznego poznań	POL	1979	M40	48	00:21:13	00:45:41	01:08:53	01:36:10	01:36:21		154
168	1133	ZIEŁONACKI TOMASZ	Poznań	KB MANIAC POZNAŃ	POL	1967	M50	7	00:22:17	00:47:19	01:10:05	01:36:12	01:36:29		155
169	692	LECZOWICZ PATRYK	Wrocław		POL	1994	M20	30	00:21:07	00:45:47	01:09:05	01:36:22	01:36:29		156
170	335	PIESZAK MARCIN	Góra	Kanapowe Pampry	POL	1983	M30	71	00:21:37	00:46:23	01:09:26	01:36:30	01:36:44		157
171	445	WIECZOREK MACIEJ	Poznań	Wilki Morskie	POL	1972	M40	49	00:22:40	00:47:43	01:10:32	01:36:39	01:37:07		158
172	122	KOLBER BARTŁOMIEJ	Poznań	Klub Myszka Miki	POL	1981	M30	72	00:22:44	00:47:47	01:10:31	01:36:55	01:37:13		159
173	1212	JARASZKIEWICZ WOJCIECH	Kaźmierz		POL	1984	M30	73	00:22:02	00:46:55	01:10:09	01:36:56	01:38:16		160
174	338	KACZMAREK MICHAŁ	Poznań	LUVENA	POL	1989	M30	74	00:22:51	00:48:13	01:11:32	01:36:59	01:37:14		161
175	1097	LESZCZYŃSKI RAFAŁ	Poznań	WPP	POL	1988	M30	75	00:23:13	00:48:33	01:11:26	01:37:02	01:37:22		162
176	639	KWIATKOWSKI KRZYSZTOF	Tarnowo Podgórze	KB SPOKO / Imperial Tobacco Polska/Zgrupka Team	POL	1978	M40	50	00:21:57	00:46:12	01:09:38	01:37:03	01:37:18		163
177	50	SZYBAK KRZYSZTOF	Września	Night Runners Września	POL	1987	M30	76	00:22:09	00:47:07	01:10:08	01:37:03	01:37:18		163
178	221	KOSMECKI ROBERT	Poznań	night runners	POL	1966	M50	8	00:22:34	00:48:09	01:11:19	01:37:10	01:37:27		165
179	1164	POWIERTOWSKI ADAM	Poznań	Biegacze Juniora -Runners Team	POL	1976	M40	51	00:22:21	00:46:44	01:09:17	01:37:14	01:37:24		166
180	707	OKOŃ DAREK	Rokietnica	Rokietnica Biega	POL	1974	M40	52	00:22:01	00:47:24	01:10:44	01:37:15	01:37:31		167
181	688	ECHAUST MACIEJ	Lusówko	CFP	POL	1972	M40	53	00:23:17	00:49:16	01:11:56	01:37:20	01:37:38		168
182	1246	WŁODARCZYK SEBASTIAN	Gniezno	Night Runners Gniezno	POL	1985	M30	77	00:21:10	00:46:18	01:09:49	01:37:25	01:37:32		169
183	941	BASIŃSKI LUKASZ	Poznań	BiegamStrasznieWolno	POL	1977	M40	54	00:23:05	00:48:49	01:11:51	01:37:30	01:37:41		170
184	714	KUBASINSKI ARKADIUSZ	Mosina	NOVOL Running Team	POL	1982	M30	78	00:22:42	00:48:01	01:10:59	01:37:30	01:37:36		170
185	497	KUZIŃSKI PAWEŁ	Szamotuły		POL	1976	M40	55	00:22:54	00:47:18	01:10:29	01:37:33	01:37:50		172
186	1350	ZABROCKI MARCIN	Cerekwica		POL	1980	M30	79	00:22:54	00:47:18	01:10:29	01:37:34	01:37:51		173
187	1137	BRĘCZEWski TOMASZ	Czempin		POL	1980	M30	80	00:23:08	00:49:03	01:13:12	01:37:36	01:37:58		174
188	772	KACZMAREK BARTOSZ	Obrzycko		POL	1982	M30	81	00:22:10	00:46:45	01:10:05	01:37:37	01:37:51		175
189	820	CZAJKA MATEUSZ	Poznań	Runguru	POL	1992	M20	31	00:23:11	00:48:49	01:11:46	01:37:38	01:38:02		176
190	89	ZGOLIŃSKI MARCIN	Września		POL	1980	M30	82	00:22:19	00:47:42	01:10:54	01:37:38	01:38:00		176
191	492	PĄGOWSKI ANDRZEJ	Wrocław		POL	1973	M40	56	00:21:05	00:45:57	01:09:38	01:37:48	01:37:56		178
192	1043	KIKUT MARCIN	Lusowo		POL	1983	M30	83	00:24:28	00:49:26	01:11:37	01:37:53	01:38:20		179
193	949	BOKUN Cezary	Września		POL	1984	M30	84	00:22:31	00:46:52	01:09:48	01:37:59	01:38:23		180
194	512	TARGOSZ WOJCIECH	Opalenica	Opalenica	POL	1976	M40	57	00:22:49	00:48:59	01:12:26	01:38:00	01:38:19		181
195	628	NOWICKI KACPER	Szamotuły		POL	2000	M20	32	00:23:13	00:48:42	01:11:20	01:38:02	01:38:23		182
196	962	FIEBIG STEFAN	Poniec	www.fiebig.pl	POL	1968	M50	9	00:21:57	00:46:46	01:09:56	01:38:04	01:38:27		183
197	186	NOWAK KRZYSZTOF	Kamionki	MIDOP	POL	1973	M40	58	00:21:16	00:46:09	01:10:02	01:38:06	01:38:15		184
198	649	FENRYCH ROBERT	Poznań	KB SPOKO / Imperial Tobacco Polska	POL	1973	M40	59	00:22:22	00:47:48	01:11:07	01:38:07	01:38:25		185
199	1034	O'BASSEY THOMAS	Poznań		POL	1979	M40	59	00:22:31	00:47:33	01:10:49	01:38:07	01:38:32		185
200	1323	KĄCKA ANNA	Zabrze	Buff Team Poland	POL	1990	K20	7	00:19:13	00:42:41		01:38:09	01:38:12	14	
201	256	BIIAS PIOTR	Swarzędz	KB MANIAC POZNAŃ	POL	1975	M40	61	00:22:44	00:48:01	01:11:29	01:38:10	01:38:31		187
202	509	UZAREWICZ ROBERT	Plewiska	FinMan	POL	1975	M40	61	00:22:53	00:48:18	01:11:26	01:38:10	01:38:40		187
203	1096	MICHALAK MICHAŁ	Poznań		POL	1965	M50	10	00:22:33	00:47:33	01:11:08	01:38:13	01:38:47		189
204	903	BARTOSEWICZ JACEK	Czerwonak		POL	1977	M40	63	00:22:17	00:47:53	01:11:19	01:38:18	01:38:28		190
205	802	ALEKSANDROWICZ KRZYSZTOF	Poznań	Unilever Poznań	POL	1983	M30	85	00:23:15	00:48:43	01:12:03	01:38:20	01:38:40		191
206	592	CZAJKA MARCELINA	Tarnowo Podgórze		POL	1995	K20	8	00:22:05	00:47:20	01:10:29	01:38:23	01:38:41	15	
207	1004	CICHOCCI ROBERT	PSARSKIE	BOSCH SERWIS OLSZEWSKI	POL	1974	M40	64	00:23:06	00:48:38	01:11:57	01:38:26	01:38:53		192
208	922	ZIELIŃSKI LUKASZ	Poznań	Biegam, żeby móc pić dobre piwo!	POL	1982	M30	86	00:22:09	00:47:24	01:10:35	01:38:30	01:38:43		193
209	1322	PIASKOWSKI ARTUR	OPALENICA		POL	1990	M20	33	00:23:22	00:49:16	01:12:22	01:38:32	01:38:54		194
210	972	FRYSKA LUKASZ	Poznań	Finder Polska Team	POL	1985	M30	87	00:23:41	00:49:32	01:13:14	01:38:35	01:39:12		195
211	801	GAWROŃSKI MACIEJ	Komorniki		POL	1982	M30	88	00:22:44	00:47:56	01:11:04	01:38:37	01:38:49		196
212	557	KURACH KRZYSZTOF	Tarnowo Podgórze	Democo Poland	POL	1981	M30	89	00:22:42	00:48:16	01:11:58	01:38:43	01:40:05		197
213	733	GŁOWACKI RADOSŁAW	Poznań		POL	1994	M20	34	00:23:18	00:49:04	01:12:48	01:38:50	01:39:18		198
214	365	PAZUCHA WOJCIECH	Lusówko	Acid Maniaxxx	POL	1977	M40	65	00:23:13	00:49:15	01:13:07	01:38:54	01:39:17		199
215	124	MAJEWSKI MACIEJ	POZNAŃ	ŁAZARZ POZNAŃ	POL	1966	M50	11	00:21:48	00:48:06	01:12:03	01:38:56	01:39:02		200
216	975	TOŚ PRZEMYSŁAW	Choryń	PRZEJMAS TIM	POL	1991	M20	35	00:22:54	00:48:38	01:12:07	01:38:56	01:39:59		200
217	52	WALKOWIAK PIOTR	Poznań	Fuck the Fame	POL	1994	M20	36	00:24:15	00:50:17	01:13:40	01:38:58	01:39:47		202
218	959	GRUPA ANDRZEJ	Poznań	Wilda Biega	POL	1977	M40	66	00:22:56	00:48:35	01:12:05	01:38:59	01:39:15		203
219	1032	CHRUSZCZEWSKI KACPER	wschowa	Endorfina Wschowa	POL	2001	M20	37	00:24:24	00:50:39	01:13:08	01:39:00	01:39:31		204
220	495	MUSZYŃSKI LESZEK	Tarnowo Podgórze	Leszek Muszyński	POL	1983	M30	90	00:22:59	00:48:45	01:12:19	01:39:01	01:39:33		205
221	494	MALICKI PRZEMYSŁAW	Biskupice	wszystkoobieganiu.pl	POL	1975	M40	67	00:22:31	00:48:32	01:12:16	01:39:03	01:39:08		206
222	1152	CICHY MATEUSZ	Poznań	Etiopia Biega	POL	1996	M20	38	00:23:17	00:49:19	01:12:38	01:39:13	01:39:31		207
223	503	PIETRZAK PIOTR	Poznań	Trenejro	POL	1978	M40	68	00:22:45	00:48:01	01:11:23	01:39:13	01:40:04		207
224	882	NOWAKOWSKI WOJCIECH	Poznań	NIGHT RUNNERS	POL	1978	M40	69	00:23:10	00:48:55	01:12:05	01:39:14	01:39:21		209
225	939	PIEKARSKI LUKASZ	Lusówko		POL	1984	M30	91	00:21:44	00:47:00	01:11:15	01:39:16	01:39:31		210
226	1150	STOKOWSKI DARIUSZ	Pobiedziska	Borowo-Młyn Team	POL	1975	M40	70	00:21:06	00:46:11	01:10:41	01:39:20	01:39:28		211
227	648	PIECHOWIAK PAWEŁ	Koźcian	KB spoko	POL	1971	M40	71	00:22:24	00:47:44	01:10:58	01:39:24	01:39:54		212
228	62	DZIĘCZKOWSKA-NIKLEWICZ JOANNA	Mrowino	Rokietnica Biega	POL	1981	K30	8	00:22:49	00:48:56	01:12:34	01:39:25	01:39:38	16	
229	926	SKÓRŃSKI JANUSZ	Krzyszczewo	Molex Team	POL	1974	M40	72	00:23:12	00:48:37	01:12:17	01:39:25	01:39:52		213
230	341	SOBAŃSKI MARCIN	Poznań		POL	1978	M40	73	00:22:04	00:48:05	01:11:56	01:39:26	01:39:41		214
231	1002	IGNASZEWSKI MICHAŁ	Poznań	Drużyna Szpiku	POL	1982	M30	92	00:23:39	00:49:49	01:13:29	01:39:28	01:39:50		215
232	434	MACHAJEWSKA ANETA	Środa Wielkopolska	Polonia Środa	POL	1976	K40	1	00:23:13	00:49:13	01:13:18	01:39:30	01:39:53	17	
233	432	PAWLAK SYLWESTER	Środa Wielkopolska	Polonia Środa	POL	1982	M30	93	00:23:13	00:49:14	01:13:18	01:39:30	01:39:53		216
234	446	MAZUREK PAWEŁ	Bytkowo	Bytkowo Triathlon Team	POL	1968	M50	12	00:22:32	00:48:20	01:11:59	01:39:31	01:39:45		217
235	865	WOJTKOWSKI MARCIN	Poznań	Hermes Team	POL	1984	M30	94	00:23:15	00:48:44	01:12:02	01:39:37	01:39:57		218
236	1266	LAPA TOMASZ	Lusówko		POL	1974	M40	74	00:23:18	00:49:22	01:13:23	01:39:40	01:39:59		219
237	244	SKORNOWICZ PAWEŁ	Kaźmierz	WUEF Tri Team - poMOCNI	POL	1971	M40	75	00:23:14	00:49:14	01:13:12	01:39:41	01:40:01		220
238	1280	JARASZK													

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Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
241	662	KOŁTOWSKI PIOTR	Skórzewo		POL	1979	M40	77	00:22:17	00:49:14	01:13:24	01:39:51	01:40:07		223
242	1374	MARCIN GINTER	WIÓREK		POL	1992	M20	39	00:24:42	00:50:39	01:13:28	01:39:57	01:40:28		224
243	846	SZYŁAK PIOTR	Pniewy	31.Baza Lotnictwa Taktycznego Poznań	POL	1975	M40	78	00:22:14	00:48:03	01:12:04	01:40:02	01:40:18		225
244	916	SZYMANOWICZ MARIUSZ	Poznań	Charty Chartowo/KB Maniac Poznań	POL	1976	M40	79	00:24:21	00:50:52	01:13:59	01:40:16	01:40:45		226
245	1209	NASKRĘT PRZEMYSŁAW	Racot	Team Kościan	POL	1980	M30	96	00:21:43	00:47:20	01:11:44	01:40:19	01:40:33		227
246	899	MIKA JÓZEF	Poznań	Politechnika Poznańska	POL	1960	M50	13	00:23:12	00:49:00	01:12:39	01:40:20	01:40:36		228
247	943	FIEBIG NATALIA	Leszno	www.fiebig.pl	POL	1992	K20	9	00:23:15	00:49:22	01:13:13	01:40:21	01:40:44	19	
248	208	MARCINIAK JANUSZ	Poznań		POL	1975	M40	80	00:23:11	00:49:13	01:13:18	01:40:23	01:40:46		229
249	568	SIKORA JACEK	Poznań		POL	1975	M40	81	00:22:39	00:48:29	01:12:56	01:40:28	01:40:48		230
250	448	GALA PAWEŁ	Wschowa	Endorfina Wschowa	POL	1983	M30	97	00:23:16	00:49:17	01:13:21	01:40:30	01:40:48		231
251	267	PIASKOWSKI DOMINIK	Poznań	Hernik Team	POL	1981	M30	98	00:23:30	00:49:35	01:13:32	01:40:31	01:40:47		232
252	945	PRZYBYLSKI ŁUKASZ	Zalasewo	Finder Polska Team	POL	1988	M30	98	00:23:41	00:49:34	01:13:15	01:40:31	01:41:08		232
253	643	DONAJ ŁUKASZ	Kościan	KB SPOKO / Imperial Tobacco Polska	POL	1992	M20	40	00:21:06	00:46:40	01:11:16	01:40:32	01:40:45		234
254	834	JARCZYŃSKI MATEUSZ	Rokietnica		POL	1990	M20	41	00:21:40	00:47:52	01:13:09	01:40:34	01:40:51		235
255	995	BARTKOWIAK TOMASZ	Szamotuły		POL	1986	M30	100	00:23:27	00:49:06	01:13:03	01:40:37	01:41:09		236
256	329	BOROWSKA-NAJDEREK PAULINA	Rokietnica	Free Run	POL	1980	K30	10	00:22:59	00:49:20	01:13:23	01:40:42	01:40:59	20	
257	279	SROKA MARCIN	Plewiska		POL	1978	M40	82	00:22:14	00:48:04	01:13:34	01:40:44	01:40:52		237
258	1254	FILUT ŁUKASZ	Poznań		POL	1980	M30	101	00:23:16	00:49:18	01:13:23	01:40:48	01:41:06		238
259	101	POL SEBASTIAN	Rakownia		POL	1987	M30	101	00:23:14	00:49:16	01:13:19	01:40:48	01:41:11		238
260	1205	SOBCZYK MIROSLAW	Nosków		POL	1984	M30	103	00:23:54	00:49:59	01:13:51	01:40:53	01:41:43		240
261	566	ŚMICHURSKI KRZYSZTOF	Rokietnica	Swegon Team	POL	1989	M30	104	00:24:02	00:50:19	01:14:04	01:40:58	01:41:17		241
262	540	BESZ-MALINOWSKA KATARZYNA	Poznań		POL	1973	K40	2	00:22:41	00:48:49	01:13:01	01:41:01	01:41:17	21	
263	778	KUCHARZEWSKI MAREK	Grodzisk Wielkopolski	Marek Kucharzewski	POL	1989	M30	105	00:23:44	00:50:02	01:13:48	01:41:03	01:41:27		242
264	200	JANISZEWSKI KAROL	Plewiska		POL	1981	M30	106	00:21:10	00:46:40	01:11:05	01:41:15	01:41:25		243
265	484	MAĆKOWIAK MAREK	Grodzisk Wielkopolski	OSP Grodzisk Wielkopolski	POL	1979	M40	83	00:23:45	00:50:02	01:13:49	01:41:20	01:41:43		244
266	426	BUDKIEWICZ ADRIAN	Poznań	Night Runners Poznań	POL	1979	M40	84	00:22:34	00:48:27	01:12:19	01:41:21	01:41:32		245
267	139	GRZYWACZYK ARTUR	Suchy Las	#BIEGACZE	POL	1964	M50	14	00:24:21	00:50:49	01:14:04	01:41:21	01:41:47		245
268	270	HOJNY TOMASZ	Poznań	Wataha Łączy Nas Bieganie	POL	1979	M40	85	00:23:19	00:49:37	01:13:39	01:41:22	01:41:41		247
269	347	GRZEGOREK PIOTR	Silwniki	FRW GRZEGOR	POL	1979	M40	86	00:22:12	00:48:28	01:12:51	01:41:25	01:41:37		248
270	1260	WEYMANN SEBASTIAN	Roznowo	JMZ	POL	1982	M30	107	00:22:53	00:48:54	01:12:59	01:41:25	01:42:08		248
271	918	PARUS ŁUKASZ	Zagórzów		POL	1979	M40	87	00:24:22	00:51:12	01:14:58	01:41:29	01:42:19		250
272	402	SKALSKI PRZEMYSŁAW	Krosno	Neopunkt Mosina / ObozySobecki.pl	POL	1981	M30	108	00:23:08	00:49:09	01:13:16	01:41:29	01:41:51		250
273	444	RZYHA HUBERT	Poznań	Runner's Power	POL	1984	M30	109	00:23:18	00:49:21	01:13:33	01:41:35	01:41:54		252
274	1028	MROCZKOWSKI JAKUB	Pobiedziska	AT Computers	POL	1984	M30	110	00:22:34	00:48:27	01:12:49	01:41:38	01:42:01		253
275	1195	TOMALA SZYMON	Kościan		POL	1988	M30	110	00:22:44	00:49:11	01:13:22	01:41:38	01:41:59		253
276	934	PILC ANNA	Tarnowo Podgórne		POL	1985	K30	11	00:24:10	00:50:23	01:14:10	01:41:41	01:42:14	22	
277	498	MISTERSKI MARCIN	Chyby		POL	1976	M40	88	00:23:18	00:49:22	01:13:28	01:41:48	01:42:05		255
278	603	ZGOŁA PRZEMYSŁAW	Tarnowo Podgórne	Tarnowo Podgórne Biega	POL	1971	M40	88	00:22:42	00:48:26	01:12:44	01:41:48	01:41:58		255
279	612	PATERKA MAREK	Kotlin	Amazon AFE TEAM	POL	1984	M30	112	00:23:15	00:49:04	01:13:10	01:41:53	01:42:24		257
280	891	KIESLICH MARIUSZ	Poznań		POL	1962	M50	15	00:22:28	00:48:31	01:12:50	01:41:55	01:42:10		258
281	172	WILCZYŃSKI BŁAŻEJ	Poznań	nesthorn	POL	1978	M40	90	00:24:24	00:51:21	01:15:32	01:41:57	01:42:37		259
282	421	WACKO MARCIN	Poznań	Zoffee Team	POL	1985	M30	113	00:23:55	00:50:22	01:14:42	01:42:01	01:42:13		260
283	856	KRZYŻAŃSKI REMIGIUSZ	Kościan	Kościan Team	POL	1962	M50	16	00:23:14	00:49:27	01:13:54	01:42:05	01:42:30		261
284	508	NOWAKOWSKI RYSZARD	Poznań	brak	POL	1976	M40	91	00:23:09	00:49:12	01:13:29	01:42:10	01:42:36		262
285	422	WAWRZYŃSKI WACKO ZOFIA	Poznań	Kobiety biegają / Zoffee Kawiarnia	POL	1986	K30	12	00:23:55	00:50:21	01:14:42	01:42:12	01:42:24	23	
286	316	PRZYBYLSKI LESZEK	Luboń	Leszek Tatry	POL	1972	M40	92	00:23:06	00:49:24	01:13:50	01:42:16	01:42:29		263
287	1238	MIESZKOWSKI ANDRZEJ	Poznań	ZMĘCZENI JUŻ PRZED BIEGIEM	POL	1972	M40	93	00:22:27	00:48:12	01:11:58	01:42:17	01:42:44		264
288	151	KOPCZANY MARCIN	Gorzów Wielkopolski		POL	1979	M40	94	00:24:47	00:51:44	01:15:49	01:42:30	01:43:15		265
289	546	WEBER PAWEŁ	Psańskie	REHAU CROSSACTIVE	POL	1973	M40	95	00:23:06	00:49:22	01:13:40	01:42:31	01:42:54		266
290	563	SURDACKI PIOTR	Szczecin	SWEGON TEAM	POL	1976	M40	96	00:24:01	00:50:16	01:14:34	01:42:35	01:43:02		267
291	123	SILACZ PAWEŁ	Kaźmierz	Kaźmierski Klub Morsującego Biegacza	POL	1977	M40	97	00:24:25	00:51:30	01:16:01	01:42:38	01:42:59		268
292	573	JAGODZIŃSKI ROBERT	Owińska	Jagoda Team	POL	1973	M40	98	00:24:32	00:51:37	01:15:51	01:42:47	01:43:38		269
293	287	KACZMAREK SŁAWOMIR	Kościan	Kościan Team	POL	1969	M50	17	00:24:15	00:50:30	01:14:44	01:42:47	01:43:16		269
294	602	RYDZAK WALDEMAR	Poznań	Poznan University of Economics and Business	POL	1970	M40	99	00:23:16	00:49:25	01:14:08	01:42:50	01:43:13		271
295	290	SAWICKI ARTUR	Przeźmierowo		POL	1971	M40	99	00:24:40	00:51:53	01:16:09	01:42:50	01:43:24		271
296	1118	BANASZCZYK TOMASZ	Kaźmierz	Aktywny Kaźmierz	POL	1985	M30	114	00:24:28	00:51:13	01:15:17	01:43:00	01:43:30		273
297	173	WRONIAK MACIEJ	Pogorzela		POL	1981	M30	114	00:24:18	00:51:09	01:15:27	01:43:00	01:43:56		273
298	810	LUDEK TOMASZ	Przeźmierowo	Dash Digital Cash	POL	1984	M30	116	00:23:22	00:49:17	01:13:34	01:43:01	01:43:33		275
299	1084	CZAJKA JOANNA	Poznań		POL	1995	K20	10	00:24:07	00:51:07	01:15:32	01:43:08	01:43:52	24	
300	142	KRZYŻANIAK AGNIESZKA	kamionki	Night Runners	POL	1984	K30	13	00:24:10	00:50:49	01:15:09	01:43:17	01:43:42	25	
301	780	SPUTO DAWID	WODZISŁAW ŚLĄSKI		POL	1987	M30	117	00:24:05	00:51:03	01:15:26	01:43:17	01:43:50		276
302	473	FRANKOWSKI MARCIN	Napachnie	#RunFraneKRun	POL	1986	M30	118	00:23:47	00:50:46	01:15:07	01:43:18	01:43:40		277
303	748	DOBĄK STEFAN	Szamotuły	KB Szamotuły	POL	1946	M70	1	00:23:55	00:51:11	01:15:43	01:43:20	01:43:48		278
304	479	MSZANOWSKI JĘDRZEJ	Skrzyńki	3:33 Team	POL	1982	M30	119	00:22:48	00:48:57	01:13:48	01:43:20	01:44:10		278
305	501	ZBYSZEWSKI KRZYSZTOF	Złotniki	Biegnię dla Oli	POL	1974	M40	101	00:22:15	00:48:00	01:12:32	01:43:20	01:43:31		278
306	1290	CHUDZIŃSKI MICHAŁ	Nochowo		POL	1976	M40	102	00:24:39	00:51:17	01:15:22	01:43:21	01:43:47		281
307	599	GORYŃA MARIAN	Suchy Las	KB UE Poznań/ KU AZS UE Poznań	POL	1956	M60	2	00:24:02	00:50:38	01:14:53	01:43:21	01:43:55		281
308	321	MARCHEL TOMASZ	Solec Kujawski		POL	1989	M30	120	00:21:03	00:45:33	01:09:01	01:43:23	01:43:34		283
309	958	SOBIERAJSKI KRZYSZTOF	Gostyń	Gostyń	POL	1982	M30	120	00:24:12	00:51:19	01:15:46	01:43:23	01:44:28		283
310	499	KAROLAK TOMASZ	Sosnowiec		POL	1986	M30	122	00:22:36	00:48:59	01:13:34	01:43:25	01:43:37		285
311	106	NOWICKI JACEK	Poznań		POL	1963	M50	18	00:24:16	00:51:10	01:15:39	01:43:25	01:44:15		285
312	1052	JURKOWSKA DOMINIKA	Wschowa	Endorfiny Wschowa	POL	1990	K20	11	00:24:24	00:51:04	01:15:38	01:43:32	01:44:03	26	
313	37	MISIOŃNY RADOŚLAW	Poznań		POL	1973	M40	103	00:23:48	00:50:31	01:14:56	01:43:35	01:44:18		287
314	1079	POPIELA MICHAŁ	Deszczno	KS DRAGON	POL	1994	M20	42	00:24:41	00:51:53	01:16:22	01:43:35	01:44:05		287
315	862	GOLAŃSKI MICHAŁ	Swarzędz		POL	1983	M30	123	00:23:11	00:50:26	01:15:10	01:43:40	01:44:30		289
316	937	LIRSZ JUSTYNA	Biedrusko		POL	1976	K40	3	00:22:57	00:49:26	01:14:15	01:43:42	01:43:53	27	
317	167	LASTOWSKI DOMINIK	Poznań	Lubuszanie Drezdenko	POL	1974	M40	104	00:24:28	00:51:20	01:15:37	01:43:42	01:44:22		290
318															

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Dystans: 21,0975km



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
321	890	WOŹNY PRZEMYSŁAW	Międzychód		POL	1986	M30	125	00:23:17	00:50:38	01:15:58	01:43:51	01:44:09		293
322	1169	BEDNAREK MARCIN	Poznań	doradcaRN.pl	POL	1985	M30	126	00:24:06	00:51:15	01:15:40	01:43:53	01:44:07		294
323	187	KLEIBER PIOTR	Lusówko	Wuef Tri Team	POL	1977	M40	106	00:23:48	00:50:41	01:15:31	01:43:55	01:44:12		295
324	1001	PIECZYŃSKI ROBERT	Poznań		POL	1970	M40	106	00:23:28	00:50:32	01:15:27	01:43:55	01:44:13		295
325	191	OGRODNIK TOMASZ	Poznań	Night Runners	POL	1988	M30	127	00:24:11	00:50:50	01:15:53	01:43:59	01:44:24		297
326	396	WIŚNIEWSKI ARKADIUSZ	Poznań		POL	1970	M40	108	00:24:36	00:51:19	01:15:34	01:44:01	01:45:15		298
327	1027	DANEK MACIEJ	Poznań		POL	1973	M40	109	00:23:13	00:48:53	01:15:08	01:44:03	01:44:16		299
328	277	RAŹNIAK MARIUSZ	Pila	LOKATOR NIERUCHOMOŚCI PILA	POL	1973	M40	110	00:24:21	00:51:07	01:15:48	01:44:04	01:44:19		300
329	161	STACHOWIAK JACEK	Przeźmierowo	WAAB Mrowino	POL	1963	M50	19	00:24:46	00:51:12	01:15:43	01:44:04	01:45:27		300
330	196	AUGUSTYŃIAK AGNIESZKA	Gorzów Wielkopolski	Wierzbicki Running Project	POL	1997	K20	13	00:23:11	00:50:01	01:14:50	01:44:05	01:44:18	29	
331	1215	KWASIZUR AGATA	POZNAŃ	MUAY RUNNING TEAM	POL	1983	K30	14	00:23:13	00:50:00	01:15:35	01:44:05	01:44:26	29	
332	460	STAWIŃSKI PIOTR	Poznań	Pro Patria	POL	1966	M50	20	00:23:08	00:50:20	01:15:33	01:44:10	01:44:42		302
333	623	ANDRZEJEWSKI PIOTR	Poznań	Balma Team	POL	1989	M30	128	00:24:30	00:51:42	01:16:30	01:44:16	01:45:02		303
334	192	DLUBEK GRZEGORZ	Gorzów Wilkp.	FF Gorzów Wielkopolski	POL	1968	M50	21	00:24:37	00:51:48	01:16:03	01:44:16	01:44:51		303
335	947	RADECKI ROBERT	Poznań	Świat Biegacza FEHLAU RUN TEAM	POL	1975	M40	111	00:22:13	00:47:27	01:12:08	01:44:16	01:44:31		303
336	868	JAKUBCZAK TOMASZ	ŚREM	wyblierz	POL	1979	M40	112	00:24:21	00:51:25	01:15:52	01:44:19	01:44:35		306
337	1021	PISARCZYK GRZEGORZ	Poznań		POL	1989	M30	129	00:21:32	00:47:32	01:13:22	01:44:25	01:44:35		307
338	927	KOWALSKI OLAF	POZNAŃ	EUR/PLN	POL	1985	M30	130	00:22:09	00:48:22	01:16:02	01:44:26	01:44:40		308
339	527	NOWAK MICHAŁ	Gniezno		POL	1976	M40	113	00:22:33	00:48:46	01:13:17	01:44:27	01:44:57		309
340	390	OLEK MACIEJ	Konin	Aluminium Konin	POL	1989	M30	131	00:22:00	00:48:11	01:13:33	01:44:30	01:44:44		310
341	412	DRAPALA MARCIN	Kościan	Kościan Team	POL	1975	M40	114	00:24:24	00:51:50	01:16:27	01:44:34	01:45:03		311
342	640	SZUDRA MACIEJ	Kościan	KB SPOKO IMPERIAL TOBACCO POLSKA	POL	1986	M30	132	00:24:36	00:51:43	01:16:11	01:44:38	01:45:08		312
343	853	KOMAN JACEK	Warszawa		POL	1974	M40	115	00:23:10	00:49:26	01:14:25	01:44:40	01:45:00		313
344	1381	KRZYSZTOF WIEWIÓR	POZNAŃ	DRUŻYNA SZPIKU	POL	1975	M40	116	00:23:29	00:50:22	01:15:37	01:44:47	01:45:19		314
345	480	MAJCHRZAK JACEK	Kościan	Kościan Team	POL	1980	M30	133	00:24:39	00:51:48	01:16:21	01:44:50	01:45:19		315
346	280	PLUCIŃSKI TOMASZ	Poznań		POL	1980	M30	133	00:22:49	00:49:47	01:15:21	01:44:50	01:45:02		315
347	1148	SARBINOWSKA ANNA	Czempień	Kościan Team	POL	1980	K30	15	00:24:39	00:51:48	01:16:21	01:44:50	01:45:19	31	
348	528	WRÓBLEWSKI TOMASZ	Śrem	RUNNER'S POWER	POL	1972	M40	117	00:23:05	00:49:09	01:13:09	01:44:51	01:45:10		317
349	1286	KOZŁOWSKI PIOTR	Mechlin		POL	1977	M40	118	00:24:47	00:51:58	01:16:48	01:44:53	01:45:18		318
350	43	SOLTYSIAK ADAM	Kleszczewo		POL	1979	M40	119	00:24:46	00:52:00	01:17:01	01:44:55	01:45:24		319
351	1220	KOŚMIK PRZEMYSŁAW	Poznań	SIM Dopiewo	POL	1970	M40	120	00:24:39	00:51:52	01:16:33	01:44:59	01:45:31		320
352	189	TABACZKA PIOTR	Tarnowo Podgórne	TARNOWO PODGÓRNE BIEGA	POL	1975	M40	121	00:23:41	00:50:58	01:16:12	01:45:02	01:45:20		321
353	1355	JACEK GOROŃSKI	Ceradz Kościelny	DEMOCO	POL	1977	M40	122	00:25:35	00:53:48	01:18:06	01:45:04	01:46:23		322
354	344	SMUGA LUKASZ	Warszawa	CSWŁąd Poznań	POL	1985	M30	135	00:22:08	00:48:13	01:13:40	01:45:04	01:45:23		322
355	1306	CHOJNACKI MACIEJ	Biskupice	Night Runners	POL	1976	M40	123	00:24:45	00:51:58	01:16:48	01:45:05	01:45:30		324
356	1305	KOTECKI PAWEŁ	Poznań	Night Runners/Expansja Advertising/King Runner Ultra	POL	1992	M20	43	00:24:45	00:51:58	01:16:48	01:45:05	01:45:30		324
357	1335	KĘSY ANIA	Oborniki	KĘSY TEAM	POL	1972	K40	4	00:25:37	00:53:30	01:18:01	01:45:07	01:45:44	32	
358	515	SCHNEIDER LUKASZ	Lusówko		POL	1987	M30	136	00:24:26	00:51:32	01:16:29	01:45:09	01:45:32		326
359	72	MICHALKIEWICZ ADAM	Poznań		POL	1986	M30	137	00:24:46	00:52:03	01:17:01	01:45:10	01:45:39		327
360	507	URBAŃCZYK ZDZISŁAW	POZNAŃ	SZS "WIELKOPOLSKA"	POL	1957	M60	3	00:23:20	00:50:10	01:14:32	01:45:14	01:45:30		328
361	837	MACZYŃSKI KAROL	Dąbrowa		POL	1993	M20	44	00:23:22	00:49:30	01:14:55	01:45:15	01:45:36		329
362	1221	CICHOWLAS SYLWESTER	Poznań	Żyżce Biegają	POL	1975	M40	124	00:23:41	00:50:30	01:15:25	01:45:17	01:45:42		330
363	1218	STACHOWIAK KRZYSZTOF	Dobieżyn		POL	1982	M30	138	00:24:50	00:52:30	01:17:05	01:45:18	01:46:24		331
364	516	KWAPISZEWSKI MARCIN	Gniezno	Czesław Gniezno Biega	POL	1980	M30	139	00:23:14	00:49:23	01:14:38	01:45:25	01:45:44		332
365	990	SERBA MICHAŁ	Szramotyły	KB SZAMOTUŁY	POL	1992	M20	45	00:24:04	00:50:18	01:14:53	01:45:30	01:46:50		333
366	1075	NOWICKI Cezary	Poznań	Niemaleko	POL	1976	M40	125	00:22:45	00:49:17	01:14:16	01:45:32	01:46:00		334
367	1231	LIŚ SEBASTIAN	Poznań	Drużyna Szpiku	POL	1990	M20	46	00:23:39	00:50:31	01:15:47	01:45:33	01:45:55		335
368	771	LIPIŃSKI JACEK	Kiekrz		POL	1975	M40	126	00:24:33	00:52:20	01:17:20	01:45:34	01:47:01		336
369	98	SKORLIŃSKI MARCIN	Kostrzyn	Echo Ziemi Kostrzyńskiej	POL	1971	M40	127	00:22:59	00:50:00	01:15:32	01:45:36	01:45:43		337
370	263	HOFFMANN PRZEMYSŁAW	Złotkowo		POL	1976	M40	128	00:24:57	00:52:07	01:16:51	01:45:41	01:46:23		338
371	206	PAWIŃSKI ARTUR	Warszawa		POL	1978	M40	129	00:23:11	00:49:47	01:15:23	01:45:51	01:46:15		339
372	1145	TALIKADZE DAWID	Kościan	LKS SANA KOŚCIAN	POL	1985	M30	140	00:24:33	00:51:38	01:16:35	01:45:56	01:46:36		340
373	353	WYGRALAK PIOTR	POZNAŃ	DRUŻYNA SZPIKU	POL	1986	M30	141	00:23:22	00:50:16	01:15:31	01:45:59	01:46:17		341
374	756	DEMBINA ANDRZEJ	Rokietnica		POL	1962	M50	22	00:24:27	00:51:41	01:16:43	01:46:02	01:46:48		342
375	506	JARYSZ PIOTR	Poznań	Wataha	POL	1984	M30	142	00:24:00	00:51:30	01:16:57	01:46:05	01:46:46		343
376	1116	JANIĄK PIOTR	Ślask		POL	1993	M20	47	00:25:09	00:52:12	01:16:50	01:46:06	01:47:37		344
377	977	WOLNY BARTOSZ	Poznań	Zadzyszka.org	POL	1977	M40	130	00:24:46	00:51:38	01:16:25	01:46:06	01:47:13		344
378	450	WASIELEWSKI TOMASZ	Poznań		POL	1978	M40	131	00:24:47	00:51:56	01:16:46	01:46:08	01:47:15		346
379	1139	PIETRZAK MARCIN	Cerekwica		POL	1977	M40	132	00:22:54	00:49:00	01:13:57	01:46:15	01:46:32		347
380	31	WALIGÓRA JAKUB	Pobiedziska	Pobiedziska Running Team	POL	1986	M30	143	00:24:58	00:52:32	01:17:43	01:46:16	01:46:55		348
381	1057	PUTOWSKI MACIEJ	Mosina	Night Runners	POL	1988	M30	144	00:22:43	00:47:50	01:11:35	01:46:18	01:46:28		349
382	800	RATAJCZAK TOMASZ	Pałędzie	Paleteam	POL	1980	M30	144	00:24:45	00:51:55	01:16:51	01:46:18	01:46:51		349
383	481	MATYKIEWICZ MICHAŁ	Lusowo	dzieciakichojrakl.pl	POL	1979	M40	133	00:24:54	00:52:27	01:17:25	01:46:19	01:46:47		351
384	1168	JARCZYŃSKI SŁAWOMIR	Rokietnica	Rokietnica Biega	POL	1965	M50	23	00:24:24	00:51:59	01:17:14	01:46:22	01:47:14		352
385	1074	STASZCZAK PAWEŁ	Kiszkowo		POL	1992	M20	48	00:25:24	00:52:51	01:17:27	01:46:23	01:47:40		353
386	1125	WODZIŃSKA DANUTA	Krapkowice	LIDL /INSTRUKTOR BIEGANIA TEAM	POL	1978	K40	5	00:24:31	00:51:53	01:16:50	01:46:25	01:46:49	33	
387	164	CIEŚLAK SEBASTIAN	Śrem	Nigh Runners	POL	1988	M30	146	00:24:07	00:51:07	01:16:08	01:46:31	01:47:02		354
388	1319	WIERSZYŁOWSKI MIKOŁAJ	Poznan		POL	1971	M40	134	00:22:44	00:49:08	01:14:28	01:46:31	01:47:04		354
389	1275	BURY TOMASZ	Swarzędz		POL	1985	M30	147	00:23:21	00:51:29	01:16:24	01:46:34	01:46:43		356
390	205	JASŁOWSKI MICHAŁ	Tarnowo Podgórne		POL	1977	M40	135	00:21:11	00:47:41	01:13:08	01:46:36	01:46:45		357
391	961	KARCZEWSKI HUBERT	Gruszczyn		POL	1973	M40	136	00:23:01	00:49:20	01:14:20	01:46:37	01:46:43		358
392	230	JASŁOWSKI LEON	Tarnowo Podgórne		POL	2001	M20	49	00:21:12	00:47:43	01:13:10	01:46:38	01:46:46		359
393	777	BARTOSZEK PAWEŁ	Zalasewo		POL	1979	M40	137	00:24:55	00:52:49	01:17:35	01:46:40	01:47:24		360
394	861	KAŹMIERCZAK SŁAWOMIR	Poznań		POL	1984	M30	148	00:25:39	00:54:09	01:18:55	01:46:40	01:47:38		360
395	60	LEPIECH ANITA	Poznań	KB Maniac Poznań	POL	1983	K30	16	00:24:57	00:52:08	01:16:58	01:46:40	01:47:21	34	
396	982	LAKOMIAK ARTUR	Śrem	Runner's Power	POL	1980	M30	149	00:24:36	00:51:42	01:16:25	01:46:43	01:47:24		362
397	1158	MARACH LUKASZ	Poznań		POL	1978	M40	138	00:24:34	00:51:41	01:16:46	01:46:44			

8. Bieg Lwa - Półmaraton 18.05.2019 r.
Dystans: 21,0975km



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
401	1051	BRUDNICKI MIKOŁAJ	Rokietnica		POL	1983	M30	150	00:24:14	00:51:59	01:17:14	01:46:52	01:47:19		367
402	821	GRZYB KRZYSZTOF	Poznań	Klub Biegacza RTV Euro AGD/Smashing Papkins	POL	1979	M40	140	00:24:42	00:52:01	01:16:53	01:46:53	01:47:19		368
403	647	SUCHACKI MICHAŁ	Tarnowo Podgórne	KB SPOKO / Imperial Tobacco Polska	POL	1989	M30	151	00:25:01	00:52:32	01:17:32	01:46:56	01:47:26		369
404	212	MICHALSKI HIERONIM	KOŚCIAN	KOŚCIAN TEAM	POL	1963	M50	25	00:24:39	00:51:49	01:16:25	01:47:00	01:47:29		370
405	1222	ZYGMUNT KONRAD	Gostyn		POL	1966	M50	26	00:24:50	00:52:10	01:17:25	01:47:02	01:47:28		371
406	698	KACZMAREK PIOTR	Tarnowo Podgórne	poziom wyżej	POL	1974	M40	141	00:24:21	00:52:03	01:17:41	01:47:05	01:47:34		372
407	752	KARDAS PIOTR	Góra		POL	1971	M40	141	00:25:16	00:53:33	01:19:30	01:47:05	01:47:36		372
408	1364	GRZEGORZ WAŃDULA	POZNAŃ		POL	1981	M30	152	00:26:06	00:54:45	01:20:54	01:47:06	01:47:59		374
409	1180	MICHALAK SYLWIA	Poznań		POL	1975	K40	6	00:24:45	00:53:19	01:19:15	01:47:09	01:47:54	35	
410	1049	SOROKA PAWEŁ	Dąbrowka	Pan tu nie stał	POL	1978	M40	143	00:24:04	00:51:46	01:16:51	01:47:10	01:47:34		375
411	1253	MATUSZYN ARKADIUSZ	Poznań		POL	1990	M20	51	00:25:54	00:54:22	01:19:21	01:47:12	01:47:51		376
412	524	RÓŻAŃSKA MAGDALENA	Luboń	Bikiniary	POL	1991	K20	14	00:25:56	00:54:17	01:19:14	01:47:13	01:47:54	36	
413	1296	CJENIUCH PIOTR	Poznań		POL	1982	M30	153	00:24:45	00:51:58	01:16:53	01:47:17	01:47:44		377
414	258	ZIELIŃSKI-WRONKA DAREK	Swarzędz		POL	1970	M40	144	00:24:30	00:52:19	01:18:03	01:47:20	01:48:07		378
415	415	DYBOWSKI BARTOSZ	Góra	GENPOWER	POL	1981	M30	154	00:25:49	00:54:01	01:19:10	01:47:22	01:48:04		379
416	1140	MALINOWSKI MARCIN	Komorniki	My Life My Way	POL	1978	M40	145	00:24:24	00:51:24	01:16:36	01:47:26	01:47:54		380
417	472	BACHORZ AGNIESZKA	Kościan	Kościan Team	POL	1980	K30	17	00:24:30	00:52:32	01:18:20	01:47:31	01:48:30	37	
418	1070	JANIAK MARCIN	Poznań		POL	1985	M30	155	00:23:42	00:50:28	01:15:49	01:47:33	01:47:52		381
419	439	MYSIOR WOJCIECH	Skórczewo		POL	1976	M40	146	00:26:09	00:54:30	01:20:28	01:47:37	01:48:29		382
420	757	SOBAŃSKI ROMAN	Tarnowo Podgórne	Tarnowo Podgórne Biega	POL	1980	M30	156	00:24:45	00:52:43	01:18:22	01:47:38	01:48:30		383
421	301	MUSZYŃSKI PAWEŁ	Zalasewo	Zalasewo Zaiwania	POL	1978	M40	147	00:24:16	00:51:20	01:16:46	01:47:42	01:48:57		384
422	63	STANISLAWSKI HUBERT	Poznań		POL	1993	M20	52	00:22:39	00:48:20	01:13:32	01:47:43	01:48:11		385
423	476	KULECZKA DANIEL	Tarnowo Podgórne	Drużyna szpiku	POL	1975	M40	148	00:23:30	00:51:22	01:17:29	01:47:46	01:48:08		386
424	363	PAJAŁ MARCIN	Rokietnica		POL	1977	M40	149	00:24:30	00:52:15	01:17:50	01:47:47	01:48:35		387
425	625	ROJEWSKI BŁAŻEJ	Lubosz	Balma Team	POL	1985	M30	157	00:25:27	00:52:56	01:18:28	01:48:03	01:49:15		388
426	898	BOKUN KRZYSZTOF	Dąbrowka		POL	1983	M30	158	00:24:34	00:52:05	01:17:58	01:48:10	01:48:44		389
427	283	CHWIJAŁKOWSKI BARTOSZ	Poznań	Chwiałkowski Team	POL	1982	M30	159	00:24:30	00:52:26	01:18:38	01:48:11	01:48:51		390
428	150	LEWANDOWSKI MIROSLAW	Goleniow	Goleniow	POL	1960	M50	27	00:24:47	00:52:49	01:18:21	01:48:11	01:48:54		390
429	1189	KMIEC SŁAWOMIR	Lubasz		POL	1976	M40	150	00:24:57	00:52:31	01:17:43	01:48:12	01:48:52		392
430	273	ŚNIEGOCKI PAWEŁ	Tarnowo Podgórne	Tarnowo Podgórne Biega	POL	1978	M40	151	00:23:49	00:50:58	01:16:27	01:48:13	01:48:38		393
431	582	SÓWKA WALDEMAR	Stąjkowo	landsklep.pl	POL	1969	M50	28	00:24:24	00:52:03	01:18:03	01:48:14	01:48:58		394
432	879	MICHALSKI ROMAN	Poznań	KB Carasco	POL	1973	M40	152	00:23:06	00:50:53	01:17:07	01:48:21	01:48:39		395
433	42	TROSCZYŃSKI SEBASTIAN	Poznań	ORANGE POLSKA	POL	1977	M40	153	00:24:49	00:52:38	01:18:44	01:48:22	01:49:01		396
434	1017	BANACH ARTUR	Poznan	Biegacz	POL	1975	M40	154	00:24:18	00:52:12	01:18:14	01:48:25	01:48:38		397
435	188	LIPKA ANNA	Zielona Góra		POL	1972	K40	7	00:25:51	00:54:18	01:19:36	01:48:25	01:49:10	38	
436	1016	CIEŚLIK ANDRZEJ	GOLAŃCZ	Team Run Golańcz	POL	1985	M30	160	00:25:14	00:52:57	01:18:55	01:48:28	01:50:01		398
437	346	RATAJCZAK RAJMUND	Poznań		POL	1962	M50	29	00:24:49	00:53:07	01:18:52	01:48:31	01:49:30		399
438	1382	FOJUD PIOTR	Poznań	12 Wielkopolska Brygada Obrony Terytorialnej 124 BLP	POL	1970	M40	155	00:24:16	00:51:24	01:16:54	01:48:33	01:49:02		400
439	225	PIASKOWSKI ŁUKASZ	Plewiska	SANTANDER RUNNERS TEAM	POL	1974	M40	156	00:24:38	00:51:51	01:17:44	01:48:34	01:49:06		401
440	213	KRUSZONA ZBIGNIEW	Kostrzyn	Echo Ziemi Kostrzyńskiej	POL	1976	M40	157	00:23:56	00:51:24	01:16:55	01:48:35	01:49:03		402
441	148	LEMBICZ DARIUSZ	Pałędzie	Hydac Poznań	POL	1986	M30	161	00:25:04	00:53:05	01:19:11	01:48:35	01:49:07		402
442	226	ZAREMBA SYLWESTER	Poznań	Zmęczeni na Starcie Dobiegaw / Biofarm	POL	1981	M30	161	00:25:00	00:53:25	01:19:25	01:48:35	01:49:10		402
443	1173	MUSIELAK MACIEJ	Leszno		POL	1976	M40	158	00:24:46	00:52:50	01:18:26	01:48:36	01:48:44		405
444	387	TOMCZAK ŁUKASZ	Kaźmier		POL	1977	M40	158	00:24:46	00:52:07	01:17:50	01:48:36	01:49:01		405
445	608	LEWANDOWSKI BARTOSZ	Szamotuły	Szamotuły	POL	1992	M20	53	00:24:29	00:51:43	01:17:55	01:48:40	01:49:32		407
446	1054	JANKOWSKA BARBARA	Poznań		POL	1975	K40	8	00:25:07	00:53:16	01:19:09	01:48:42	01:49:50	39	
447	1248	MARZYŃSKA BARBARA	Poznań		POL	1961	K50	1	00:24:52	00:52:59	01:19:01	01:48:42	01:49:06	39	
448	333	SIERZANT ADRIAN	Gniezno	Wonski S-BROTHERS	POL	1989	M30	163	00:24:41	00:52:06	01:18:04	01:48:50	01:49:22		408
449	944	SKWARYŁO DARIUSZ	Kórnik	Stoczniolec Poznań	POL	1982	M30	164	00:26:18	00:55:12	01:20:36	01:48:54	01:49:38		409
450	1342	DZIERLA MARCIN	Żerków	hardcore runner	POL	1982	M30	165	00:24:05	00:51:32	01:17:16	01:48:56	01:49:18		410
451	1186	LEWICKI TOMASZ	Szreniawa	Os.Kompozytorów Szreniawa	POL	1972	M40	160	00:26:00	00:54:29	01:20:05	01:48:56	01:49:53		412
452	236	ZYCH NORBERT	Września		POL	1971	M40	161	00:24:34	00:52:27	01:18:21	01:49:02	01:49:43		412
453	1229	BRONISZ NORBERT	Zakrzewo		POL	1988	M30	166	00:23:27	00:50:43	01:16:49	01:49:04	01:49:14		413
454	113	LEWANDOWSKI RAFAŁ	Góra	Biegaw Bo Nie Lubie	POL	1982	M30	167	00:25:45	00:54:16	01:20:10	01:49:07	01:49:54		414
455	902	CHMIELEWSKI LESZEK	Poznań	FF	POL	1982	M30	168	00:24:42	00:52:37	01:18:34	01:49:09	01:49:46		415
456	416	JAKUBOWSKI MACIEJ	Szreniawa		POL	1984	M30	169	00:25:59	00:54:28	01:20:05	01:49:10	01:50:08		416
457	1291	BUDZISZEWSKA SANDRA	Wschowa	Endorfinia Wschowa	POL	1989	K30	18	00:25:52	00:54:29	01:20:13	01:49:11	01:49:41	41	
458	799	OGÓRKIEWICZ MICHAŁ	Lęczycza		POL	1974	M40	162	00:26:10	00:54:33	01:20:14	01:49:11	01:49:37		417
459	980	KOZŁOWSKI WALDEMAR	Poznań	KB DębIEC	POL	1966	M50	30	00:24:34	00:53:12	01:18:40	01:49:19	01:50:04		418
460	797	CHROSTEK DOROTA	ROKIETNICA		POL	1974	K40	9	00:26:08	00:54:29	01:20:13	01:49:20	01:49:47	42	
461	109	STOCHAJ SZYMON	POLAJEWO	MARKET OLEJNICZAK SZAMOTUŁY	POL	1975	M40	163	00:25:54	00:54:37	01:20:38	01:49:20	01:50:01		419
462	798	CHROSTEK ADAM	Rokietnica		POL	1974	M40	164	00:26:10	00:54:30	01:20:15	01:49:22	01:49:48		420
463	1044	NOWACKI MICHAŁ	Poznań		POL	1981	M30	170	00:24:22	00:52:38	01:18:59	01:49:23	01:50:46		421
464	502	STRUZIK GRZEGORZ	Poznań	Jeźyce	POL	1976	M40	165	00:25:43	00:54:23	01:20:23	01:49:24	01:50:21		422
465	370	ZARANEK BARBARA	Oborniki	kęsy team	POL	1971	K40	10	00:25:52	00:54:09	01:19:54	01:49:24	01:50:02	43	
466	1282	RUBINOWSKI SEBASTIAN	Poznań		POL	1982	M30	171	00:25:48	00:54:29	01:20:30	01:49:25	01:50:08		423
467	1109	KRZEŚNIEWSKI MARCIN	Szczecin	VIKING Bike Team	POL	1978	M40	166	00:25:27	00:53:52	01:20:32	01:49:26	01:50:17		424
468	1194	WITKOWSKI MACIEJ	Poznań		POL	1977	M40	167	00:22:52	00:50:51	01:17:22	01:49:28	01:49:41		425
469	720	ŁOZA JERZY	Poznań	Lidl Team	POL	1977	M40	168	00:24:05	00:52:28	01:18:54	01:49:29	01:50:39		426
470	274	LASAK MARIA	Poznań	HERNIK TEAM	POL	1983	K30	19	00:26:24	00:54:44	01:20:43	01:49:30	01:50:06	44	
471	673	MIELCAREK JĘDRZEJ	Poznań		POL	1993	M20	54	00:24:45	00:51:54	01:16:46	01:49:30	01:50:01		427
472	560	TALBIERZ PIOTR	Tarnowo Podgórne	Swegon Team	POL	1976	M40	169	00:26:00	00:54:24	01:20:26	01:49:30	01:50:25		427
473	253	LASTOWSKA SONIA	Poznań	Perschmann Running Team	POL	1973	K40	11	00:25:01	00:53:19	01:19:25	01:49:31	01:50:11	45	
474	1240	MYRYLÄINEN JONI	Lappeenranta	Group#3	FIN	1982	M30	172	00:26:04	00:54:41	01:20:35	01:49:32	01:50:21		429
475	642	PAJOR KRZYSZTOF	Swarzędz	KB SPOKO / Imperial Tobacco Polska	POL	1978	M40	170	00:25:59	00:54:38	01:20:42	01:49:32	01:50:15		429
476	56	ELMINOWSKI JACEK	Wągrowiec		POL	1976	M40	171	00:25:49	00:54:33	01:20:32	01:49:33	01:50:20		431
477	1360	EDYTA ANDRONIAK-NOWAK	WITNICA	KOSTRZYŃSKI KLUB KOLARSKI	POL	1982	K30	20	00:24:54	00:54:26	01:20:29	01:49:34	01:50:01	46	

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Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
481	131	BUSZKOWSKI FILIP	Gaj Wielki	Wszystkoobieganiu.pl	POL	1974	M40	172	00:25:17	00:53:39	01:19:44	01:49:38	01:50:27		434
482	776	MISTUR SZYMON	PRZYBYSZEWO	HAKUNA MATATA	POL	1983	M30	174	00:25:51	00:54:33	01:20:33	01:49:38	01:50:24		434
483	1271	CHUDY PIOTR	Skórzewo	Archery Games	POL	1981	M30	175	00:25:44	00:54:20	01:20:02	01:49:39	01:50:52		436
484	135	KASPRZYK RAFAL	Kaźmierz Wilk	ZAPRAWIENI W BOJU	POL	1974	M40	173	00:25:54	00:54:43	01:20:37	01:49:40	01:50:25		437
485	350	TOMCZAK ZBIGNIEW	Gniezno	Altom Gniezno	POL	1954	M60	4	00:25:32	00:53:49	01:19:37	01:49:45	01:50:44		437
486	1023	GWIAZDOWSKI DAWID	Poznań	Gwiazdowski Triathlon team	POL	1986	M30	176	00:25:31	00:53:55	01:19:34	01:49:44	01:50:49		439
487	1308	MROSZYŃSKI WOJCIECH	Poznań	Night Runners	POL	1989	M30	176	00:25:59	00:54:42	01:20:43	01:49:44	01:50:20		439
488	1091	WEBER KRZYSZTOF	Śrem		POL	1979	M40	174	00:25:44	00:53:57	01:19:46	01:49:44	01:50:40		439
489	251	KOPA JACEK	Luboń		POL	1976	M40	175	00:24:15	00:52:30	01:18:34	01:49:45	01:50:49		442
490	1003	KOWALSKA ROMA	Bytkowo	Rokietnica Biega	POL	1983	K30	22	00:23:35	00:52:09	01:19:33	01:49:45	01:50:10	48	
491	127	NOWAK MARIUSZ	Poznań	Night Runners	POL	1988	M30	178	00:25:59	00:54:43	01:20:44	01:49:45	01:50:20		442
492	833	RZEPKA ANNA	Siekierki Wielkie	ROMA VICTRIX	POL	1978	K40	12	00:24:54	00:53:40	01:20:18	01:49:45	01:50:21	48	
493	80	MICHALSKA AGNIESZKA	Poznań		POL	1980	K30	23	00:25:35	00:54:12	01:20:02	01:49:47	01:50:25	50	
494	182	LANGNER BASIA	Plewiska	Mamy-biegamy	POL	1984	K30	24	00:26:00	00:54:49	01:20:43	01:49:48	01:50:27	51	
495	351	CZAJKOWSKI JAROSLAW	Tarnowo Podgórne		POL	1986	M30	179	00:25:43	00:53:51	01:19:56	01:49:50	01:50:47		444
496	923	HAŁA MARTA	Tarnowo Podgórne	Tarnowo Podgórne Biega	POL	1980	K30	25	00:24:46	00:52:39	01:19:00	01:49:50	01:50:15	52	
497	1060	SMUL ANDRZEJ	Lusowo		POL	1956	M60	5	00:24:52	00:52:24	01:18:08	01:49:51	01:50:29		445
498	1340	SOSIŃSKI DAWID	Gniezno	Imperial	POL	1984	M30	180	00:25:53	00:54:08	01:20:01	01:49:51	01:50:51		445
499	883	BARAŃSKI PIOTR	Poznań	Night Runners / 213GO	POL	1968	M50	31	00:28:10	00:58:08	01:23:33	01:49:55	01:51:33		447
500	832	RZEPKA LUCJAN	Siekierki Wielkie	ROMA VICTRIX	POL	1970	M40	176	00:24:54	00:53:39	01:20:29	01:50:02	01:50:38		448
501	963	KORNEL MAJA	Szczecin		POL	1980	K30	26	00:25:54	00:54:40	01:20:49	01:50:04	01:51:05	53	
502	449	PRZYBOROWSKI MIECZYSLAW	Poznań	REMET TEAM	POL	1959	M60	6	00:24:47	00:52:52	01:19:16	01:50:04	01:50:37		449
503	736	MAĆKOWIAK RENATA	Poznań		POL	1987	K30	27	00:24:47	00:53:54	01:20:41	01:50:05	01:50:31	54	
504	1058	WARZYBOK MATEUSZ	Murwana Goślina		POL	1989	M30	181	00:26:00	00:54:43	01:20:44	01:50:06	01:50:42		450
505	35	GIERŚ ROBERT	Nowy Lubosz	Kościan TEAM	POL	1979	M40	177	00:25:21	00:53:51	01:20:11	01:50:08	01:51:39		451
506	73	KOSIOREK DAREK	Poznań		POL	1967	M50	32	00:24:45	00:52:16	01:18:35	01:50:08	01:50:34		451
507	676	BIENIEK PRZEMEK	DĄBROWA	DĄBROWA BIEGA	POL	1978	M40	178	00:24:51	00:52:36	01:19:54	01:50:12	01:50:41		453
508	790	KLAUS MACIEJ	Luboń	PROFI CENTER WIELKOPOLSKA	POL	1971	M40	179	00:23:23	00:50:18	01:17:29	01:50:13	01:50:37		454
509	854	KLIMCZAK ARKADIUSZ	TUREK	KLUB BIEGACZA RTV EURO AGD	POL	1972	M40	179	00:24:58	00:53:53	01:20:06	01:50:13	01:50:39		454
510	675	PAKULSKI ARKADIUSZ	Poznań		POL	1992	M20	56	00:23:28	00:51:24	01:18:20	01:50:14	01:50:38		456
511	712	MARTINEK MACIEJ	Poznań	NOVOL	POL	1975	M40	181	00:25:58	00:54:32	01:20:25	01:50:16	01:51:14		457
512	1175	MARECKI MARCIN	POZNAŃ	3:33 TEAM	POL	1982	M30	182	00:25:58	00:54:35	01:20:43	01:50:19	01:51:11		458
513	759	JELEŃIEWSKA BARBARA	Gorzów Wlkp.		POL	1981	K30	28	00:25:05	00:53:01	01:19:34	01:50:21	01:51:03	55	
514	66	MAJCHRZAK WANDA	Murwana Goślina	KB Katorznik Murwana Goślina	POL	1977	K40	13	00:26:51	00:55:44	01:21:26	01:50:21	01:51:23	55	
515	637	GRYTSAK IGOR	Wojnowice	Decathlon Swadzim	POL	1991	M20	57	00:24:52	00:53:10	01:19:45	01:50:22	01:50:53		459
516	266	BAŃKA BARTLOMIEJ	Poznań		POL	1994	M20	58	00:24:41	00:52:57	01:20:20	01:50:23	01:50:53		460
517	705	BULKOWSKI WALDEMAR	Brzeg	Novol	POL	1960	M50	33	00:24:55	00:53:24	01:19:51	01:50:24	01:51:50		461
518	889	ZIECIAK MICHAŁ	Stargard		POL	1984	M30	183	00:25:40	00:53:59	01:19:53	01:50:30	01:51:18		462
519	1354	EUGENIUSZ REITER	POZNAŃ		POL	1947	M70	2	00:24:13	00:51:45	01:17:33	01:50:31	01:51:44		463
520	585	CZAJKA ANNA	Tarnowo Podgórne	Schattdecorun team	POL	1984	K30	29	00:26:28	00:55:05	01:20:59	01:50:38	01:51:30	57	
521	59	WOS LUKASZ	Rakoniewice	BRAC	POL	1976	M40	182	00:23:13	00:49:39	01:15:43	01:50:40	01:51:04		464
522	1046	SADURSKI SEBASTIAN	Poznań		POL	1985	M30	184	00:24:59	00:54:21	01:20:57	01:50:44	01:51:09		465
523	388	BABIRECKI KRZYSZTOF	Głogów	FU FU FU TEAM	POL	1979	M40	183	00:24:30	00:52:34	01:19:18	01:50:47	01:51:08		466
524	754	RYGUSIŃSKI KRZYSZTOF	PRZĘMIEROWO		POL	1977	M40	184	00:24:47	00:52:09	01:18:27	01:50:49	01:52:12		467
525	548	LISIĄK PATRYK	Poznań	FRASTAŚ Poznań	POL	1975	M40	185	00:25:20	00:53:53	01:19:48	01:50:53	01:52:33		468
526	935	PIETRZAK MAREK	Zalasewo		POL	1980	M30	185	00:23:59	00:51:57	01:17:46	01:50:54	01:51:14		469
527	169	WOŹNY KRZYSZTOF	Kaźmierz	Kaźmierski Klub Morsującego Biegacza	POL	1982	M30	186	00:24:30	00:52:35	01:19:18	01:51:01	01:51:22		470
528	1330	ZIELIŃSKI KRZYSZTOF	Wronki	Wroniecki Klub Biegacza	POL	1963	M50	34	00:25:45	00:54:36	01:20:34	01:51:01	01:51:42		470
529	198	HAREMZA KINGA	Poznań	Night Runners	POL	1973	K40	14	00:25:26	00:54:09	01:20:06	01:51:03	01:51:37	58	
530	1103	TOMCZYK KAMILA	Krapkowice	Lidi Krapkowice	POL	1980	K30	30	00:25:08	00:53:52	01:20:24	01:51:08	01:51:40	59	
531	514	FŁORKIEWICZ ANNA	Szamotuły	KB Szamotuły	POL	1979	K40	15	00:25:28	00:53:52	01:20:24	01:51:10	01:51:41	60	
532	1177	STUDZIŃSKI JACEK	Poznań	Drużyna Szpiku	POL	1979	M40	186	00:23:55	00:51:53	01:19:18	01:51:11	01:51:45		472
533	1065	SZYMAŃSKI MICHAŁ	Poznań	Max	POL	1955	M60	7	00:24:00	00:52:40	01:19:07	01:51:15	01:51:38		473
534	155	GRECZKA MARCIN	Ostroróg		POL	1980	M30	187	00:26:05	00:55:40	01:21:52	01:51:16	01:51:56		474
535	1227	JĄDRZYK PIOTR	Mosina		POL	1979	M40	187	00:25:31	00:53:54	01:20:05	01:51:16	01:52:21		474
536	409	SMORAWSKA LIDIA	Tarnowo Podgórne	Tarnowo Podgórne Biega	POL	1986	K30	31	00:25:49	00:54:35	01:20:57	01:51:23	01:52:07	61	
537	383	OLZACKA AGATA	Poznań	HERNIK TEAM	POL	1982	K30	32	00:26:17	00:55:23	01:21:38	01:51:27	01:52:30	62	
538	87	ZARADNY MAREK	Dębsko	Sabinkowy Klub Sportowy)	POL	1975	M40	188	00:26:58	00:55:58	01:21:42	01:51:31	01:52:20		476
539	240	ROSÓL ROMAN	Poznań	HERNIK TEAM	POL	1970	M40	189	00:26:42	00:55:49	01:22:04	01:51:35	01:52:12		477
540	747	KARKOWSKA WIESŁAWA	Baranowo	Tarnowo Podgórne - Poziom Blżej	POL	1960	K50	2	00:25:12	00:53:56	01:20:30	01:51:37	01:52:29	63	
541	1131	KAŃDULA KLAUDIA	Poznań	Nest Team	POL	1980	K30	33	00:26:05	00:54:45	01:21:04	01:51:38	01:52:31	64	
542	550	KRÓL MICHAŁ	Skrzyńki	DEMOCO	POL	1989	M30	188	00:26:55	00:55:55	01:22:34	01:51:40	01:52:58		478
543	278	RAŚ RYSZARD, MAREK	Przeźmierowo	Eko-Wod-Kan	POL	1950	M60	8	00:24:42	00:53:23	01:20:17	01:51:41	01:52:00		479
544	940	SIP MARTA	Poznań	HERNIK TEAM	POL	1990	K20	15	00:26:46	00:55:29	01:21:52	01:51:41	01:52:18	65	
545	1268	STRUGAŁA EWA	Koziegłowy	Wataha - Łączy nas bieganie	POL	1983	K30	34	00:25:57	00:54:48	01:20:44	01:51:46	01:52:24	66	
546	1210	ROGAŁSKI MARCIN	Poznań		POL	1983	M30	189	00:25:58	00:54:42	01:20:45	01:51:48	01:52:24		480
547	567	ROGOZIŃSKI TOMASZ	Pyzdny	Swegon Team	POL	1974	M40	190	00:27:57	00:57:39	01:23:02	01:51:49	01:53:17		481
548	535	SKRZYŻCZAK WOJCIECH	KOŚCIAN	Kościan Team	POL	1994	M20	59	00:24:27	00:51:31	01:18:03	01:51:49	01:52:16		481
549	149	WIŚNIEWSKI MOCHAŁ	Duszniki		POL	1990	M20	60	00:26:41	00:55:56	01:22:10	01:51:50	01:52:46		483
550	110	PRZYWECKI LECH	Kościan	Kościan TEAM / KP PSP Rawicz	POL	1971	M40	191	00:26:43	00:55:33	01:21:45	01:51:51	01:52:56		484
551	128	FLEŃS TADEUSZ	MIEÐZYCHÓÐ	KB Wojtuś	POL	1958	M60	9	00:25:08	00:53:24	01:19:41	01:51:52	01:52:49		485
552	1233	TOMASZEWSKI GRZEGORZ	Swarzędz		POL	1983	M30	190	00:23:55	00:53:01	01:20:03	01:52:02	01:52:24		486
553	1119	WELNA MARIUSZ	Poznań		POL	1978	M40	192	00:24:43	00:52:27	01:19:13	01:52:02	01:52:29		486
554	1318	PALCZEWSKA DOMINIKA	Poznań	Night Runners	POL	1992	K20	16	00:26:21	00:55:13	01:22:08	01:52:03	01:53:04	67	
555	384	BUCZKOWSKI WOJCIECH	Piersko	LZS PIERSKO	POL	1974	M40	193	00:27:11	00:57:12	01:23:33	01:52:06	01:53:12		488
556	443	PISAŃCZYN KRZYSZTOF	Piła	COLORIS PIŁA	POL	1977	M40	193	00:25:33	00:54:02	01:20:20	01:52:06	01:53:19		488
557	343	WOJCZYŃSKI JAROSLAW	Piskawo	HANSA-FLEX	POL	1978	M40	195	00:23:23	00:51:11	01:18:07	01:52:07	01:5		

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Dystans: 21,0975km



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
561	782	PATER MARCIN	Poznań	Altom Gniezno	POL	1987	M30	193	00:24:41	00:51:54	01:18:06	01:52:12	01:52:42		494
562	217	TOMASZEWSKI PAWEŁ	Kleszczewo		POL	1988	M30	194	00:26:39	00:56:12	01:23:02	01:52:15	01:53:06		495
563	1234	KUCNER MONIKA	Kąkolewo	Alberts TEAM	POL	1971	K40	16	00:25:58	00:55:13	01:21:49	01:52:19	01:53:25	68	
564	1149	KOBUSZYŃSKI LUKASZ	Kościan		POL	1990	M20	61	00:25:32	00:53:58	01:20:23	01:52:20	01:53:24		496
565	269	KOROŃSKI TADEUSZ	Poznań	parkrun Poznań	POL	1970	M40	196	00:24:50	00:53:04	01:19:04	01:52:37	01:53:47		496
566	294	DĘBSKA-ZEŃCZAK AGNIESZKA	POZNAŃ		POL	1984	K30	35	00:26:32	00:56:42	01:23:25	01:52:29	01:52:57	69	
567	285	SKORLIŃSKI KRZYSZTOF	Kostrzyn	Echo Ziemi Kostrzyńskiej	POL	1972	M40	197	00:23:43	00:52:54	01:20:10	01:52:30	01:52:36		498
568	699	CZAJKA TADEUSZ	Tarnowo Podgórne	Poziom Wyżej	POL	1956	M60	10	00:24:40	00:53:41	01:21:01	01:52:33	01:53:15		499
569	327	GAJ SYLWESTER	Miłoszyce		POL	1973	M40	198	00:25:53	00:54:37	01:20:46	01:52:36	01:54:06		500
570	1329	NIEMYT ANDRZEJ	KOPANKI	lub wybierz z listy	POL	1992	M20	62	00:26:34	00:55:58	01:22:15	01:52:37	01:53:41		501
571	352	WOŹNIAK SZYMON	Śrem	Best Team Śrem	POL	1987	M30	195	00:25:52	00:54:40	01:21:10	01:52:37	01:53:21		501
572	170	STEINKE AGATA	Poznań		POL	1979	K40	17	00:25:34	00:54:31	01:21:36	01:52:39	01:53:18	70	
573	559	RATAJCZAK TOMASZ	Plewiska	Swegon Team	POL	1975	M40	199	00:26:42	00:55:54	01:22:18	01:52:44	01:53:39		503
574	1327	SKOKAŁSKA KATARZYNA	Kolo		POL	1992	K20	17	00:26:42	00:55:54	01:22:19	01:52:44	01:53:39	71	
575	1230	STASZAK MARIUSZ	Wierzyce	HAWLE/Wierzyce MMnZ	POL	1973	M40	200	00:25:00	00:53:56	01:19:55	01:52:45	01:54:27		504
576	911	WARGIN DAWID	Wronki	Niezrzeszony	POL	1994	M20	63	00:25:55	00:54:15	01:20:33	01:52:55	01:53:37		505
577	1000	ZWIERZDZYŃSKI JAKUB	Poznań		POL	1975	M40	201	00:24:51	00:53:47	01:21:03	01:52:59	01:53:34		506
578	216	KORPAL MONIKA	Wroclaw	Kapitan Bomba Team	POL	1985	K30	36	00:26:02	00:54:47	01:21:04	01:53:02	01:53:32	72	
579	609	KRUSZONA DANIEL	Obrzycko	Armia Krajowa	POL	1982	M30	196	00:25:09	00:54:05	01:21:20	01:53:03	01:53:57		507
580	795	KUCHARCZYK BEATA	Poznań	3:33 TEAM	POL	1989	K30	37	00:26:24	00:55:53	01:22:54	01:53:05	01:53:57	73	
581	420	MACHOWICZ JOLANTA	Gostyń		POL	1975	K40	18	00:26:00	00:55:12	01:22:20	01:53:05	01:53:41	73	
582	794	KUCHARCZYK MARCIN	Poznań	3:33 TEAM	POL	1982	M30	197	00:26:24	00:55:53	01:22:53	01:53:08	01:54:00		508
583	751	MICHALAK SŁAWOMIR	ŚREM	NIGHT RUNNERS	POL	1967	M50	36	00:24:13	00:53:12	01:20:13	01:53:22	01:53:35		508
584	1366	WALCZAK DARIUSZ	Poznań	AD NIERUCHOMOŚCI	POL	1972	M40	202	00:25:20	00:54:15	01:21:07	01:53:08	01:53:45		508
585	121	KLUPŚ MIECZYSLAW	Suchy Las		POL	1959	M60	11	00:27:42	00:57:10	01:23:35	01:53:11	01:54:15		511
586	81	SZYMKOWIAK PAWEŁ	Grodzisk Wielkopolski	Grodziski Klub Biegacza	POL	1986	M30	198	00:24:30	00:52:16	01:19:37	01:53:15	01:54:05		512
587	410	WIECZOREK MARIA	Szamotuły	Smashing Papikins / PMT	POL	1984	K30	38	00:28:04	00:57:54	01:23:29	01:53:17	01:54:27	75	
588	1370	MIESZKOWSKI PAWEŁ	Poznań	Zmęczeni już przed biegiem	POL	1968	M50	37	00:24:19	00:53:12	01:20:38	01:53:22	01:53:55		513
589	295	BAK TOMASZ	Goleniów	Rozbiegany Goleniów	POL	1984	M30	199	00:26:30	00:56:10	01:22:37	01:53:23	01:54:20		514
590	638	STOLAŚ LUKASZ	Gołowo		POL	1982	M30	200	00:26:32	00:55:48	01:22:40	01:53:24	01:54:10		515
591	393	FRĄCZEK MARCIN	Kościan	runningahead.pl	POL	1988	M30	201	00:26:28	00:55:43	01:22:23	01:53:28	01:54:13		516
592	1251	PODSADNA KLAUDIA	BUK		POL	1997	K20	18	00:26:34	00:55:47	01:22:48	01:53:31	01:54:23	76	
593	61	BEDNARSKA ANNA	poznań		POL	1986	K30	39	00:25:36	00:54:59	01:21:49	01:53:32	01:53:52	77	
594	1375	ANNA JARZĘBOWSKA	POZNAŃ	SPORTOWY TEAM ŻABKI	POL	1979	K40	19	00:25:10	00:54:24	01:21:28	01:53:35	01:54:11	78	
595	1053	WEYMANN IREK	Gołęczewo	jam	POL	1977	M40	203	00:25:54	00:54:42	01:21:29	01:53:35	01:54:18		517
596	394	DUBSKA PAULINA	Kościan Team		POL	1988	K30	40	00:26:28	00:55:43	01:22:23	01:53:37	01:54:22	79	
597	806	KORALEWSKI KRZYSZTOF	Poznań		POL	1986	M30	202	00:25:36	00:54:19	01:20:20	01:53:40	01:54:27		518
598	318	MISIORYN MICHAŁ	Baranowo	HANSA-FLEX	POL	1962	M50	38	00:26:24	00:55:34	01:22:39	01:53:42	01:54:32		519
599	483	BAK HALSZKA	Obrzycko	WA Running Team	POL	1987	K30	41	00:25:30	00:55:06	01:22:01	01:53:50	01:54:34	80	
600	1252	URBANIAK JACEK	Skórzewo	Skórzewo	POL	1972	M40	204	00:26:33	00:55:46	01:21:51	01:53:56	01:54:42		520
601	85	JÓZEFOWICZ EDYTA	Kościan	Kościan Team	POL	1974	K40	20	00:27:11	00:56:54	01:23:33	01:54:02	01:54:40	81	
602	1353	ALEKSANDRA POWIERTOWSKA	Czerwonak	Biegacze Juniora - Runners Team	POL	1977	K40	21	00:25:57	00:55:26	01:22:52	01:54:08	01:54:40	82	
603	907	BARTKOWIAK ARTUR	Ruchocice		POL	1994	M20	64	00:25:51	00:55:12	01:21:52	01:54:09	01:54:50		521
604	601	TREBECKI JACEK	Poznań	Uniwersytet Ekonomiczny w Poznaniu	POL	1970	M40	205	00:25:34	00:55:03	01:22:23	01:54:14	01:54:36		522
605	308	ANTONIAK SŁAWOMIR	Poznań	TICON	POL	1962	M50	39	00:26:36	00:55:48	01:23:09	01:54:15	01:55:44		523
606	190	SZESZUŁA MICHAŁ	Poznań	Night Runners	POL	1975	M40	206	00:25:58	00:54:42	01:21:29	01:54:18	01:54:54		524
607	1037	TUBACKI KRZYSZTOF	gniezno	brak	POL	1975	M40	207	00:24:31	00:52:18	01:19:17	01:54:25	01:55:05		525
608	829	MUCHA JERZY	Międzyrzecz	Team Ola	POL	1959	M60	12	00:25:55	00:55:01	01:22:08	01:54:29	01:54:39		526
609	839	WROCHNA PRZEMYSŁAW	Grzeblenisko		POL	1988	M30	203	00:24:02	00:55:02	01:21:34	01:54:30	01:55:02		527
610	246	CHOJNIAK WIESŁAW	Poznań		POL	1973	M40	208	00:26:10	00:55:11	01:22:34	01:54:31	01:55:34		528
611	330	ZALEWSKA DOMINIKA	Kłeko	Orki z Majorki	POL	1993	K20	19	00:25:56	00:54:53	01:21:28	01:54:32	01:55:13	83	
612	77	SAWALA ERYK	Poznań	Trance Only	POL	1999	M20	65	00:26:02	00:57:30	01:24:22	01:54:33	01:55:10		529
613	209	SAWALA SŁAWOMIR	Poznań	TRANCE ONLY	POL	1972	M40	209	00:26:02	00:57:30	01:24:19	01:54:34	01:55:11		530
614	1071	ŚWIĄTACZAK EWA	Międzyrzecz	zalatane.mcz	POL	1983	K30	42	00:27:43	00:57:31	01:24:17	01:54:36	01:55:39	84	
615	845	SZUMIŃSKA IRENA	Golina	ORANGE POLSKA	POL	1961	K50	3	00:26:22	00:55:49	01:23:04	01:54:36	01:55:24	84	
616	184	STACHOWIAK PIOTR	Poznań	Smochowice Biegają	POL	1971	M40	210	00:27:05	00:56:57	01:23:54	01:54:40	01:55:32		531
617	94	SŁABY WALDEMAR	Dąbrówka	Morsy Poznań	POL	1972	M40	211	00:24:16	00:52:23	01:20:06	01:54:41	01:55:11		532
618	781	WYGANOWSKI ANDRZEJ	Koło Brzeg	KB Wygan	POL	1945	M70	3	00:26:28	00:56:00	01:23:06	01:54:41	01:55:27		532
619	33	KACZMAREK KRZYSZTOF	Kaźmierz	BYLE DO METY	POL	1996	M20	66	00:25:58	00:55:24	01:22:53	01:54:42	01:55:19		534
620	552	PIĄTKOWSKI BARTŁOMIEJ	Inowrocław	DEMOCO	POL	1991	M20	67	00:26:54	00:56:27	01:24:13	01:54:46	01:56:05		535
621	1019	WITKOWSKA PAULINA	Szamotuły	Po prostu biegnij & zyj aktywnie	POL	1987	K30	43	00:25:56	00:55:43	01:22:54	01:54:46	01:55:42	86	
622	382	HOFMAN TOMASZ	Lusówko	Zgrupka Team	POL	1976	M40	212	00:24:37	00:51:53	01:18:58	01:54:47	01:55:16		536
623	1377	AGATA AKUSZEWSKA	PUSZCZYKOWO	TEAM KOŚCIAN	POL	1965	K50	4	00:25:54	00:55:28	01:23:02	01:54:48	01:55:34	87	
624	418	PLUCIŃSKI GRZEGORZ	Luboń	Luboński Klub Biegacza	POL	1973	M40	213	00:26:48	00:56:17	01:23:03	01:54:58	01:56:11		537
625	133	PIWECKI MACIEJ	Sady	SOSquash	POL	1976	M40	214	00:26:29	00:56:15	01:23:42	01:55:07	01:56:00		538
626	1325	DUROWICZ NATALIA	NIEPRUSZEWO		POL	1985	K30	44	00:26:27	00:57:10	01:25:01	01:55:08	01:55:53	88	
627	1380	MARCIN PIECHOCKI	GOŁAŃCZ	Team Run Gołańcz	POL	1989	M30	204	00:26:56	00:57:08	01:24:32	01:55:08	01:56:41		539
628	696	PRZYBYLSKI KRYSZTOF	Poznań	Tarnowo Podgórne Biega	POL	1981	M30	205	00:25:59	00:55:34	01:23:23	01:55:09	01:55:38		540
629	385	SOWIŃSKI JAROSŁAW	Tulce		POL	1963	M50	40	00:25:41	00:55:06	01:23:04	01:55:11	01:55:54		541
630	83	LISEWSKA ANNA	Lusówko		POL	1977	K40	22	00:25:16	00:54:28	01:22:20	01:55:12	01:56:27	89	
631	425	ZOWCZAK MACIEJ	Poznań		POL	1983	M30	206	00:23:53	00:51:44	01:20:23	01:55:12	01:56:02		542
632	1241	MEDUNA ZBIGNIEW	Poznań		POL	1973	M40	215	00:26:05	00:55:37	01:22:58	01:55:15	01:55:53		543
633	257	BUŚKIEWICZ TOMASZ	Tulce	Powers Partner	POL	1976	M40	216	00:24:26	00:53:44	01:22:22	01:55:16	01:55:48		544
634	97	SKOCZYŁAS MARTA	Poznań		POL	1976	K40	23	00:26:35	00:56:46	01:24:13	01:55:17	01:56:23	90	
635	168	CHRZANOWSKI MARCIN	Tarnowo Podgórne		POL	1982	M30	207	00:26:25	00:55:13	01:22:34	01:55:21	01:56:55		545
636	371	PAWLAK AGNIESZKA	Oborniki		POL	1986	K30	45	00:27:23	00:57:02	01:24:03	01:55:21	01:56:24	91	
637	827	WITKOWIAK MACIEJ	Luboń		POL	1978	M40	217	00:25:09	00:54:01	01:21:25	01:55:30	01:56:51		546
638	137														

8. Bieg Lwa - Półmaraton 18.05.2019 r.
Dystans: 21,0975km



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
641	764	PRZĄDKA MICHAŁ	Opalenica	Opalenicki Klub Biegacza	POL	1979	M40	218	00:25:41	00:54:28	01:21:16	01:55:42	01:57:19		548
642	1127	KUJAWSKI MICHAŁ	Rabowice	Sportowy Team Zabki	POL	1990	M20	68	00:26:58	00:56:54	01:24:15	01:55:44	01:57:17		549
643	1336	DOMAŃSKI PATRYK	Poznań	Moldy Unicorns	POL	1996	M20	69	00:26:46	00:57:14	01:25:05	01:55:45	01:56:39		550
644	1171	SIWEK ARKADIUSZ	Poznań		POL	1995	M20	69	00:25:53	00:55:19	01:23:03	01:55:45	01:56:32		550
645	988	WRÓBLEWSKI RAFAŁ	ZBĄSZYŃ		POL	1973	M40	219	00:25:43	00:54:24	01:23:27	01:55:47	01:56:44		552
646	830	KORNACKI PIOTR	Wieleń		POL	1980	M30	209	00:24:51	00:54:46	01:22:40	01:55:49	01:56:08		553
647	204	KORPAL ŁUKASZ	Wroclaw	Kapitan Bomba Team	POL	1984	M30	210	00:26:02	00:54:47	01:21:04	01:55:51	01:56:21		554
648	252	MAŁECKA AGNIESZKA	Robakowo		POL	1983	K30	47	00:25:53	00:55:12	01:23:06	01:55:53	01:56:46	94	
649	163	GRAJKOWSKI MAREK	Gniezno		POL	1965	M50	41	00:26:21	00:55:38	01:22:35	01:55:55	01:56:48		555
650	471	LUDWICZAK JAROSŁAW	Poznań	Nie	POL	1976	M40	220	00:24:54	00:53:26	01:20:36	01:55:56	01:56:38		556
651	1136	MARCINKOWSKI MICHAŁ	Lusówko		POL	1970	M40	221	00:25:53	00:54:44	01:22:05	01:55:57	01:56:42		557
652	93	CICHOCKI JERZY	Dąbrówka		POL	1976	M40	222	00:25:03	00:54:18	01:22:05	01:56:02	01:56:27		558
653	775	SIUDA MAREK	Luboń	IzMark	POL	1968	M50	42	00:26:24	00:56:24	01:23:51	01:56:04	01:56:10		559
654	779	SZAJEK-SIUDA IZABELA	Luboń	IzMark	POL	1970	K40	25	00:26:24	00:56:24	01:23:52	01:56:04	01:56:10	95	
655	788	JAMROZIK GRZEGORZ	Poznań	Moldy Unicorns	POL	1988	M30	211	00:26:47	00:57:14	01:25:04	01:56:05	01:56:59		560
656	789	KAPELA BASIA	Poznań	Moldy Unicorns	POL	1988	K30	48	00:26:48	00:57:16	01:25:06	01:56:06	01:56:59	96	
657	482	NOWAK PAWEŁ	Grodzisk Wlkp		POL	1981	M30	212	00:26:40	00:56:10	01:23:55	01:56:09	01:56:32		561
658	1013	WIŚNIEWSKA ANNA	Poznań	HERNIK TEAM	POL	1982	K30	49	00:26:17	00:55:23	01:21:38	01:56:11	01:57:14	97	
659	968	WINKOWSKA KAROLINA	Komorniki		POL	1982	K30	50	00:26:39	00:56:49	01:24:39	01:56:12	01:57:01	98	
660	284	CHWIĄŁKOWSKI HENRYK	Poznań	Chwiałkowski Team	POL	1956	M60	13	00:26:21	00:56:41	01:24:23	01:56:15	01:56:54		562
661	565	BOROWCZYK ANDRZEJ	POZNAŃ	SWEGON TEAM	POL	1976	M40	223	00:27:08	00:57:30	01:24:50	01:56:22	01:57:18		563
662	901	KAPUŚCIŃSKI ADRIAN	Poznań		POL	1989	M30	213	00:26:05	00:57:07	01:23:48	01:56:24	01:57:17		564
663	551	MUREK MARTA	POZNAN	DEMOCO	POL	1987	K30	51	00:26:51	00:56:33	01:24:25	01:56:24	01:57:45	99	
664	1224	ZAWORSKI JACEK	Poznań		POL	1965	M50	43	00:26:37	00:55:45	01:24:13	01:56:27	01:57:22		565
665	572	JAGODZIŃSKA ALEKSANDRA	Owińska	Jagoda Team	POL	1975	K40	26	00:27:53	00:58:49	01:26:18	01:56:28	01:57:51	100	
666	542	WIŚNIEWSKI ARTUR	Poznań	intro	POL	1975	M40	224	00:26:51	00:57:37	01:24:25	01:56:28	01:57:27		566
667	870	PALUSZAK ANNA	Buk	Husar Cross GYM	POL	1993	K20	20	00:26:23	00:56:20		01:56:30	01:57:18	101	
668	1307	ZYBURA RENATA	Poznań	Night Runners	POL	1977	K40	27	00:27:58	00:58:37	01:26:01	01:56:30	01:57:31	101	
669	165	SIEJEK NATALIA	Rokietnica	Powiat Poznański/Kobiety Biegają	POL	1988	K30	52	00:26:45	00:56:51	01:24:23	01:56:31	01:57:15	103	
670	228	HERNIK KRZYSZTOF	POZNAŃ	HERNIK TEAM	POL	1966	M50	44	00:26:44	00:55:48	01:22:03	01:56:32	01:57:10		567
671	785	KURCZYŃSKI RAFAŁ	Poznań	Rufa	POL	1977	M40	225	00:26:31	00:55:55	01:23:40	01:56:34	01:57:10		568
672	1270	GOLUSIŃSKA ALICJA	Poznań	Demiurg	POL	1988	K30	53	00:25:44	00:56:12	01:24:12	01:56:35	01:57:07	104	
673	358	MARCIK AGNIESZKA	Poznań	Night Runners	POL	1976	K40	28	00:27:58	00:58:37	01:26:03	01:56:35	01:57:36	104	
674	814	KOWALCZYK BOGDAN	Warszawa		POL	1962	M50	45	00:26:20	00:56:43	01:24:39	01:56:39	01:57:28		569
675	517	GINTER ŁUKASZ	Poznań	Zgrupka Team	POL	1993	M20	71	00:24:43	00:52:05	01:23:23	01:56:40	01:57:10		570
676	826	FOKSOVICZ WOJCIECH	Poznań		POL	1979	M40	226	00:26:14	00:56:12	01:23:32	01:56:42	01:57:57		571
677	841	WOJCIECHOWSKI MARIUSZ	Września	KB INTREX Poznań	POL	1984	M30	214	00:27:21	00:57:29	01:24:57	01:56:48	01:57:56		572
678	1273	MAZUREK PIOTR	Bytkowo	Bytkowo Runners Team	POL	1998	M20	72	00:26:44	00:57:20	01:25:05	01:56:51	01:57:41		573
679	1281	WIERCIOCH BARTOSZ	Poznań		POL	1978	M40	227	00:26:19	00:56:21	01:23:44	01:56:51	01:57:38		573
680	404	WOŚ KLAUDIA	Stęszew	DrużynaM	POL	1995	K20	21	00:28:01	00:59:00	01:27:25	01:57:03	01:58:15	106	
681	486	KWIATKOWSKA ZUZANNA	Poznań	Ciastki.pz / I-Sport	POL	1993	K20	22	00:27:01	00:57:17	01:25:09	01:57:06	01:57:59	107	
682	125	PREJS KAMIL	Przeźmierowo		POL	1975	M40	228	00:27:02	00:57:47	01:26:01	01:57:06	01:57:52		575
683	1141	PRZEWOŹNY KRZYSZTOF	Buk		POL	1968	M50	46	00:26:57	00:56:51	01:24:13	01:57:06	01:58:24		575
684	302	WACHOWIAK RAFAŁ	Kościan	Kościan Team	POL	1973	M40	229	00:25:17	00:53:56	01:21:05	01:57:13	01:58:33		577
685	1160	ŁUCZAK TOMASZ	Kaźmierz	Brygada Rumcajsja Rojbera	POL	1969	M50	47	00:27:17	00:57:43	01:25:39	01:57:13	01:58:51		577
686	722	KUŚ MICHAŁ	Psary	Lubię burpees'y	POL	1984	M30	215	00:27:52	01:00:10	01:28:19	01:57:15	01:58:15		579
687	589	MIADZIŃKO ŁUKASZ	Poznań	Poznań Maraton Team	POL	1980	M30	215	00:28:09	00:58:23	01:25:33	01:57:15	01:58:25		579
688	994	BUKOWSKI PIOTR	Gorzów Wielkopolski		POL	1963	M50	48	00:26:17	00:56:35	01:24:54	01:57:17	01:57:59		581
689	1371	PAULA KINCEL	LESZNO		POL	1976	K40	29	00:27:54	00:58:21	01:26:02	01:57:17	01:57:41	108	
690	1334	ROSZYK ADAM	Poznań		POL	1992	M20	73	00:28:25	00:59:27	01:26:27	01:57:19	01:58:27		582
691	1372	TOMASZ ROWIŃSKI	PROMNICE	COSTA BLANCA	POL	1976	M40	230	00:28:08	00:58:56	01:26:02	01:57:21	01:58:19		583
692	761	WALIGÓRSKI WALDEMAR	Poznań	Diamant Pro Sport/Biegańce	POL	1979	M40	231	00:28:16	00:59:12	01:27:01	01:57:22	01:58:28		584
693	1243	HELLER ERNEST	Sędziny		POL	1997	M20	74	00:28:04	00:58:29	01:26:23	01:57:23	01:58:34		585
694	621	KLESZCZ MARIAN	Sędziny	Balma Team	POL	1961	M50	49	00:28:02	00:58:29	01:26:22	01:57:24	01:58:35		586
695	622	KLESZCZ SZYMON	Sędziny	Balma Team	POL	1995	M20	75	00:28:04	00:58:30	01:26:23	01:57:24	01:58:34		586
696	1257	ZDUNIEWICZ MARCIN	Poznań		POL	1978	M40	232	00:24:24	00:53:09	01:21:14	01:57:24	01:57:55		586
697	1098	PIECHNIK MARIA	Trzemeszno		POL	1981	K30	54	00:25:45	00:55:48	01:23:55	01:57:25	01:58:15	109	
698	282	RATAJCZAK TOMASZ	Poznań	Rataj Killaz Boss	POL	1980	M30	217	00:26:09	00:56:41	01:24:27	01:57:28	01:58:21		589
699	762	ŁUCZAK JAKUB	Kaźmierz	Brygada Rumcajsja Rojbera	POL	1994	M20	76	00:27:17	00:57:43	01:25:39	01:57:28	01:59:06		589
700	306	GIDASZEWSKA JOLANTA	Leszno	Nessi Kolorowa Drużyna	POL	1977	K40	30	00:26:39	00:57:23	01:25:07	01:57:36	01:58:26	110	
701	674	OKRIAK SZYMON	Batorowo	Kimball	POL	1981	M30	218	00:28:11	00:59:11	01:26:39	01:57:36	01:58:38		591
702	610	DĘBOWSKI WALDEMAR	Kaźmierz		POL	1984	M30	219	00:27:11	00:58:02	01:25:20	01:57:39	01:59:19		592
703	978	SZCZUDŁO SKORUPSKA EMILIA	Dachowa		POL	1992	K20	23	00:24:57	00:54:49	01:23:09	01:57:42	01:58:08	111	
704	328	JASIK WOJCIECH	Gniezno	Orki z Majorki	POL	1993	M20	77	00:27:17	00:57:52	01:26:02	01:57:43	01:58:24		593
705	952	KRYSZTOFIAK KRZYSZTOF	Poznań		POL	1990	M20	77	00:28:10	00:58:50	01:26:33	01:57:43	01:58:45		593
706	1358	KUBIAK RAFAŁ	Poznan		POL	1974	M40	233	00:28:09	00:59:09	01:27:41	01:57:43	01:58:46		593
707	786	MICHTA EMILIA	Rokietnica		POL	1974	K40	31	00:28:05	00:58:13	01:25:35	01:57:43	01:58:44	112	
708	521	MANTYK KATARZYNA	Oborniki	SKS Oborniki	POL	1982	K30	55	00:26:20	00:57:22	01:25:22	01:57:45	01:58:21	113	
709	141	ŁAWIDA MARIAN	Ostroróg		POL	1976	M40	234	00:26:04	00:55:39	01:21:51	01:57:47	01:58:28		596
710	1346	LOBA DAMIAN	Poznań	Świerczewo Run	POL	1969	M50	50	00:26:24	00:57:07	01:25:11	01:57:48	01:58:45		597
711	1170	CZARNKOWSKA ANNA	Robakowo	MENAS	POL	1986	K30	56	00:27:09	00:58:14	01:25:57	01:57:49	01:58:49	114	
712	231	BRZOSKA KATARZYNA	Poznań		POL	1975	K40	32	00:27:22	00:58:23	01:26:21	01:57:50	01:58:48	115	
713	322	LASAK KRZYSZTOF	Poznań	HERNIK TEAM	POL	1979	M40	235	00:26:24	00:55:43	01:24:04	01:57:50	01:58:27		598
714	157	MICHALSKI ŁUKASZ	Plewiska	WOODRUN	POL	1983	M30	220	00:25:55	00:54:45	01:23:37	01:57:50	01:58:28		598
715	92	PRZYBYSZEWSKA DOMINIKA	Poznań	Świerczewo Run	POL	1989	K30	57	00:26:39	00:57:03	01:25:28	01:57:50	01:58:29	115	
716	1376	ARTUR WINKEL	POZNAŃ		POL	1982	M30	221	00:27:44	00:58:03	01:25:39	01:57:52	01:59:26		600
717	1142	CZOSZYK-KAWALA OLGA	Poznań	Świerczewo Run	POL	1980	K30	58	00:26:39	00:57:03	01:25:28	01:57:54	01:58:33	117	
718	874	BRYCHCZYŃSKI KRYSZTOF	Poznań	HERNIK TEAM	POL	1980	M30	22							

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Dystans: 21,0975km



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
721	838	RYBARSKI RAFAŁ	Murwana Goślina	Murwana Goślina	POL	1970	M40	238	01:23:44	00:55:00		01:58:15	01:59:02		604
722	1272	NOWACZYK HANNA	Poznań		POL	1991	K20	24	00:26:15	00:57:22	01:26:21	01:58:16	01:58:16	118	
723	1232	GUZENDA DAWID	Poznań	Aktywny Ostrzeszów	POL	1980	M30	223	00:25:15	00:56:35	01:26:06	01:58:18	01:58:58		605
724	1107	FOBKE FELIKS	Gdynia	Lidl & Fighting Bikers Gdynia	POL	1989	M30	224	00:24:41	00:51:57	01:20:31	01:58:25	01:58:55		606
725	588	KULUS JAKUB	Tarnowo Podgórne	Tarnowo Podgórne Biega	POL	1983	M30	225	00:27:50	00:59:07	01:26:51	01:58:26	02:00:03		607
726	824	POCIECHA DARIUSZ	Gaj Mały	MAA	POL	1970	M40	239	00:25:47	00:56:22	01:24:49	01:58:42	01:58:56		608
727	391	BAJER MIKOŁAJ	Poznań	Tarnowo Podgórne Biega	POL	1982	M30	226	00:25:48	00:56:26	01:24:40	01:58:43	01:59:59		609
728	1134	GRUCHALA-FURMANIUK ALDONA	Poznań	SPEED FREAKS	POL	1981	K30	59	00:28:17	00:59:32	01:27:41	01:58:46	01:59:48	119	
729	583	MISIUN JOANNA	Olśztyn	Schattdecor	POL	1987	K30	60	00:26:43	00:58:01	01:26:26	01:58:47	01:59:39	120	
730	126	ZDANOWSKI MARIAN	Poznań		POL	1956	M60	14	00:24:46	00:56:40	01:26:36	01:58:47	01:59:21		610
731	1066	ORCHOWSKA ZUZANNA	Poznań		POL	1992	K20	25	00:26:02	00:56:13	01:25:06	01:58:48	01:59:54	121	
732	1228	JAŃCZAK ALEKSANDRA	Zbąszczyń		POL	1997	K20	26	00:28:12	00:58:54	01:26:44	01:58:49	01:59:47	122	
733	518	PLEWA NATALIA	Oborniki		POL	1982	K30	61	00:26:55	00:57:55	01:26:11	01:58:49	01:59:25	122	
734	803	MADRZAK KAROLINA	POZNAŃ	POWIAT POZNAŃSKI	POL	1979	K40	33	00:27:09	00:57:59	01:26:16	01:58:50	01:59:34	124	
735	419	LEŚNY MARCIN	Gniezno		POL	1979	M40	240	00:28:17	00:59:13	01:27:22	01:58:51	01:59:53		611
736	1193	BINIĄŚ PAWEŁ	Poznań		POL	1981	M30	227	00:28:07	00:59:32	01:27:56	01:58:54	02:00:20		612
737	1009	REZLEWICZ KAROL	Poznań	MMKR	POL	1985	M30	227	00:27:38	00:58:25	01:27:01	01:58:54	02:00:20		612
738	220	ZBORALSKI MICHAŁ	POZNAŃ		POL	1975	M40	241	00:28:20	00:59:31	01:27:36	01:58:54	02:00:05		612
739	529	ZBORALSKA JOANNA	POZNAŃ		POL	1976	K40	34	00:28:21	00:59:31	01:27:37	01:58:55	02:00:05	125	
740	309	STRZELCZYK PAULINA	Śmigiel	Nessi Kolorowa Drużyna	POL	1985	K30	62	00:26:39	00:57:24	01:25:07	01:58:56	01:59:46	126	
741	470	DONAT ROBERT	Kalisz	Pratt&Whitney Kalisz	POL	1985	M30	229	00:28:01	00:59:01	01:27:33	01:58:57	02:00:09		615
742	132	SOBKOWIAK MACIEJ	Poznań	Anonimowi Biegacze	POL	1980	M30	230	00:28:03	00:58:48		01:58:58	02:00:32		616
743	222	KACZMAREK TOMASZ	Zalasewo	KLAS Szpot Swarzędz	POL	1979	M40	242	00:28:17	00:59:15	01:27:02	01:59:00	02:00:05		617
744	1163	CHOMAŃSKI JAN	Strzałkowo	Strzałkowska Grupa Biegowa Sokół	POL	1960	M50	51	00:25:38	00:55:07	01:24:13	01:59:01	02:00:33		618
745	532	GRUŻLEWSKI ZBIGNIEW	Jankowice	Jankowice	POL	1983	M30	231	00:25:12	00:55:46	01:25:09	01:59:03	02:00:29		619
746	984	WOGA ANDRZEJ	Poznań	KB DęBIEC	POL	1965	M50	52	00:26:12	00:57:20	01:25:46	01:59:03	01:59:48		619
747	453	LIBEREK-GRAJEWSKA KATARZYNA	Tarnowo Podgórne	itelligence	POL	1975	K40	35	00:28:09	00:59:10	01:27:42	01:59:05	02:00:08	127	
748	39	SAJNA PIOTR	Poznań		POL	1988	M30	232	00:26:14	00:56:56	01:25:47	01:59:07	01:59:47		621
749	160	SOBKOWIAK RADOŚLAW	Tarnowo Podgórne	Run for IT	POL	1983	M30	232	00:28:03	00:58:47	01:26:42	01:59:07	02:00:11		621
750	193	WOJCIECHOWSKI JAKUB	Przeźmierowo	ST Runners	POL	1985	M30	232	00:26:15	00:56:57	01:25:14	01:59:07	02:00:26		621
751	433	KWIATKOWSKI TOMASZ	Środa Wielkopolska	Polonia Środa	POL	1986	M30	235	00:27:04	00:58:53	01:26:43	01:59:08	02:00:02		624
752	783	OLCZAK BOGUMIŁ	Poznań		POL	1984	M30	235	00:27:43	00:58:47	01:27:13	01:59:08	02:00:41		624
753	288	SOBKOWIAK PRZEMYSŁAW	Poznań	brak	POL	1977	M40	243	00:28:05	00:58:48	01:26:43	01:59:08	02:00:11		624
754	1239	KURASZKIEWICZ RAFAŁ	Plewiska	Plewiska	POL	1982	M30	237	00:26:36	00:56:59	01:25:44	01:59:09	01:59:41		627
755	1105	GRZESIAK PATRYK	Zyrardów	Drużyna Orzecha Żyrardów	POL	1978	M40	244	00:24:45	00:52:52	01:22:36	01:59:14	01:59:40		628
756	441	ZIELIŃSKI MACIEJ	Poznan	Włda Biega	POL	1973	M40	244	00:27:41	00:58:53	01:26:54	01:59:14	02:00:22		628
757	760	MAY RADOŚLAW	Ceradz Kościelny		POL	1975	M40	246	00:25:15	00:56:48	01:25:16	01:59:18	01:59:59		630
758	556	PLUTA ARTUR	Plewiska	Democo Team	POL	1970	M40	246	00:27:53	00:58:55	01:27:11	01:59:18	02:00:39		630
759	915	KIN ANNA	Rzgów		POL	1997	K20	27	00:28:05	00:59:14	01:27:32	01:59:19	02:00:34	128	
760	872	FIAŁKOWSKI PIOTR	Poznań	Dzikie Bobry	POL	1982	M30	238	00:28:09	00:59:01	01:27:10	01:59:20	02:00:18		632
761	485	OSTWAŁD MACIEJ	Rumianek		POL	1964	M50	53	00:28:08	00:59:13	01:27:39	01:59:21	02:00:27		633
762	665	KOSSOWSKI MARIUSZ	Poznań	Piątkowo na Biegowo	POL	1974	M40	248	00:28:02	00:59:03	01:27:28	01:59:22	02:00:31		634
763	938	MENDEL BARTOSZ	Rokietnica	ROKIETNICA BIEGA	POL	1973	M40	249	00:27:22	00:57:39	01:25:55	01:59:23	02:00:46		635
764	842	BACHORZ MILENA	Lusówko		POL	1984	K30	63	00:28:00	00:59:07	01:27:35	01:59:24	02:00:39	129	
765	137	KOMOROWSKI STEFAN	Lusówko		POL	1950	M60	15	00:26:36	00:57:18	01:25:55	01:59:24	01:59:59		636
766	1343	RÓŻAŃSKI PIOTR	Poznań	DRUŻYNA SZPIKU	POL	1994	M20	79	00:28:09	00:59:10	01:27:42	01:59:25	02:00:27		637
767	928	OLEJNICZAK KRZYSZTOF	Gostyń	AGROZIÓŁKOWO	POL	1967	M50	54	00:26:52	00:58:22	01:26:21	01:59:32	02:01:11		638
768	129	MAKOWSKI MIKOŁAJ	Korniki		POL	1974	M40	250	00:27:53	00:58:39	01:27:16	01:59:34	02:00:57		639
769	361	PIGLA MICHAŁ	Kaźmierz	Pikuś :)	POL	1981	M30	239	00:27:57	00:59:09	01:27:30	01:59:34	02:00:52		639
770	569	FRONCZAK ROBERT	Poznań	GEN Gaz Energia	POL	1964	M50	55	00:27:46	00:58:43	01:27:21	01:59:35	02:00:42		641
771	324	OWCZARCZAK MONIKA	Poznań		POL	1984	K30	64	00:28:01	00:59:11	01:27:31	01:59:35	02:00:52	130	
772	360	PIGLA MAJA	Tarnowo Podgórne		POL	1982	K30	64	00:28:01	00:59:11	01:27:31	01:59:35	02:00:52	130	
773	455	STACHOWIAK KRZYSZTOF	Poznań		POL	1976	M40	251	00:25:43	00:55:29	01:24:41	01:59:37	01:59:48		642
774	510	KEMPKA DAWID	Góra		POL	1977	M40	252	00:26:28	00:57:41	01:25:28	01:59:39	02:00:19		643
775	571	BIELEŃ AGNIESZKA	Poznań	MUJAY RUNNING TEAM	POL	1986	K30	66	00:28:15	00:59:17	01:27:23	01:59:40	02:00:35	132	
776	114	JAGIEŁŁO RAFAŁ	Sady	-	POL	1974	M40	253	00:28:07	00:59:21	01:28:00	01:59:40	02:01:02		644
777	1188	DOBROWOLSKI ROBERT	Tarnowo Podgórne		POL	1974	M40	254	00:26:00	00:55:18	01:24:44	01:59:50	02:00:26		645
778	855	WOJCIECHOWSKI JAKUB	Poznań	TREE PHARMA	POL	1968	M50	56	00:26:18	00:56:58	01:25:59	01:59:51	02:00:44		646
779	214	GOCYLA DAREK	Poznań	DARZYBÓRUNNER-ska	POL	1966	M50	57	00:26:01	00:57:01	01:25:41	01:59:53	02:00:51		647
780	359	KNOPP KRZYSZTOF	Poznań	Knopp Krzysztof	POL	1994	M20	80	00:27:17	00:58:48	01:26:48	01:59:53	02:00:41		647
781	1100	PAUKSZTA ALEKSANDRA	Poznań		POL	1992	K20	28	00:27:04	00:57:52	01:26:42	01:59:53	02:00:36	133	
782	108	LEHNHARDT WIESŁAW	Poznan		POL	1970	M40	255	00:28:09	00:59:09	01:27:42	01:59:54	02:00:58		649
783	1269	KASPRZYK PIOTR	Poznań	Kibole w biegu	POL	1984	M30	240	00:26:31	00:56:13	01:24:35	01:59:55	02:00:49		650
784	1014	PARUS ARKADIUSZ	Skórzewo		POL	1974	M40	256	00:26:49	00:58:25	01:27:19	01:59:55	02:00:48		650
785	1059	GIELDA ADAM	ŚREM	12 Wielkopolska Brygada Obrony Terytorialnej 124 BLP	POL	1971	M40	257	00:24:22	00:58:30	01:27:53	01:59:56	02:00:25		652
786	793	GRZEGORZEWSKA MAGDALENA	Szamotuły	Madzia	POL	1983	K30	67	00:27:09	00:58:57	01:28:05	01:59:56	02:00:39	134	
787	871	WŁKOWIAK TOMASZ	Luboń	Adrunaline Team	POL	1984	M30	241	00:25:21	00:55:09	01:24:10	01:59:56	02:00:35		652
788	1333	ŻYCHOWSKI PIOTR	Tarnowo Podgórne		POL	1978	M40	257	00:26:35	00:56:41	01:24:53	01:59:56	02:00:43		652
789	317	SZCZOTKA MARIUSZ	Mrowino		POL	1980	M30	242	00:27:19	00:57:32	01:25:51	01:59:57	02:01:24		655
790	1309	WOŹNIAK ŁUKASZ	Poznań	Night Runners	POL	1981	M30	242	00:28:10	00:59:11	01:27:43	01:59:57	02:00:58		655
791	921	CZERWIŃSKI MICHAŁ	Gniezno	TriDarko	POL	1989	M30	244	00:26:44	00:57:24	01:25:58	01:59:58	02:00:41		657
792	1031	SMOROWIŃSKI SEBASTIAN	Golanice	Szoguny Krzycko Wielkie	POL	1990	M20	81	00:28:09	00:59:11	01:27:40	01:59:59	02:01:05		658
793	1310	SZCZĘŚNIAK ŁUKASZ	Poznań	Night Runners	POL	1981	M30	245	00:28:10	00:59:11	01:27:48	01:59:59	02:01:00		658
794	345	LEONARSKA MAŁGORZATA	Warszawa		POL	1987	K30	68	00:27:08	00:57:46	01:26:29	02:00:01	02:00:43	135	
795	1008	CEGIELSKI MARCIN	Poznań		POL	1983	M30	246	00:27:38	00:58:25	01:27:00	02:00:04	02:01:30		660
796	561	LESZCZYŃSKI KACPER	Poznań	Swegon Team	POL	1993	M20	82	00:23:58	00:53:55	01:22:31	02:00:08	02:00:25		661
797	630	JANASIK MICHAŁ	Przeźmierowo	Team Decathlon	POL	1997	M20	83	00:28:22	00:59:25	01:27:53	02:00:10	02:		

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Dystans: 21,0975km



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
801	195	MARCINKIEWICZ LUKASZ	Poznań	12 Wielkopolska Brygada Obrony Terytorialnej	POL	1989	M30	248	00:27:06	00:57:32	01:26:21	02:00:19	02:01:13		665
802	1356	MACIEJ GRZESIAK	Dąbrowka		POL	1975	M40	260	00:27:27	00:58:25	01:26:45	02:00:23	02:01:12		666
803	178	WILCZYŃSKA AGNIESZKA	Poznań	nesthorn	POL	1979	K40	36	00:26:36	00:58:04	01:27:09	02:00:23	02:01:02	137	
804	684	HOGAN LUKASZ	Grodzisk Wielkopolski		POL	1986	M30	249	00:27:48	00:59:03	01:27:30	02:00:24	02:01:23		667
805	461	MUCHAJER DAWID	Poznań	CSWLąd	POL	1978	M40	261	00:27:52	00:59:13	01:29:08	02:00:25	02:01:31		668
806	811	GRZYBOWSKA KAROLINA	czemnin		POL	1978	K40	37	00:27:49	00:58:29	01:27:09	02:00:26	02:01:45	138	
807	1088	BOROWIEC KAROL	Daszewice	2.SLT	POL	1977	M40	262	00:27:03	00:57:54	01:26:05	02:00:27	02:01:27		669
808	1235	CZAPRACKI MIKOŁAJ	Nowy Tomysł		POL	1994	M20	84	00:28:08	00:59:15	01:27:40	02:00:30	02:01:35		670
809	1359	KAZIMIERZ OKONEK	Gorzów Wlkp.		POL	1949	M70	4	00:25:04	00:53:43	01:22:23	02:00:32	02:01:15		671
810	1191	ADAMIAK STANISŁAW	Poznań	Poznań	POL	1957	M60	16	00:23:35	00:52:32	01:20:52	02:00:33	02:00:56		672
811	875	SOBKOWIAK DAMIAN	Sędzinko		POL	1981	M30	250	00:28:07	00:59:57	01:28:00	02:00:33	02:02:05		673
812	224	SZYMAŃSKI PAWEŁ	Leszno	MUAY RUNNING TEAM	POL	1980	M30	251	00:26:48	00:58:32	01:26:34	02:00:37	02:02:06		674
813	636	PRZYBYŁ WAWRZYNIEC	Poznań	Decathlon Swadzim	POL	1992	M20	85	00:23:06	00:48:45	01:14:13	02:00:39	02:00:55		675
814	179	JARZYŃSKI MARCIN	Oborniki		POL	1974	M40	263	00:26:25	00:56:40	01:25:10	02:00:40	02:01:39		676
815	626	KACZMAREK KRZYSZTOF	Kaźmierz	BALMA TEAM	POL	1976	M40	263	00:27:10	00:58:40	01:27:22	02:00:40	02:01:31		676
816	1300	DYLEWSKI ANDRZEJ	Poznań		POL	1961	M50	58	00:27:39	00:58:34	01:27:23	02:00:41	02:02:09		678
817	307	SZWARGOT MARTA	Kaźmierz	Tarnowo Podgórne Biega	POL	1988	K30	70	00:27:07	00:58:15	01:27:19	02:00:44	02:01:09	139	
818	314	PYZALSKI PRZEMYSŁAW	Przeźmierowo		POL	1971	M40	265	00:24:55	00:54:08	01:22:45	02:00:49	02:01:42		679
819	105	STRZELECKA MONIKA	Sierosław		POL	1974	K40	38	00:28:09	00:59:18	01:27:41	02:00:49	02:01:53	140	
820	372	ZERKO MARCIN	Oborniki		POL	1980	M30	252	00:27:46	00:58:50	01:27:46	02:00:52	02:01:55		680
821	847	PRZYBYŁ SYLWESTER	Kaźmierz	KAZMIERZ	POL	1972	M40	266	00:27:54	00:58:50	01:27:18	02:00:55	02:02:00		681
822	957	ANTKOWIAK MIROSLAW	Krosno Odrzańskie		POL	1964	M50	59	00:27:11	00:58:21	01:27:31	02:00:57	02:02:14		682
823	1157	ZYFFERT ANNA	Luboń		POL	1984	K30	71	00:27:18	00:58:23	01:27:16	02:01:03	02:01:49	141	
824	1244	ADAMCZYK ANGELA	Pniewy	Aktywnie w Pniewach	POL	1978	K40	39	00:29:13	01:01:34	01:30:04	02:01:31	02:02:44	142	
825	1352	AGNIESZKA HEJNE	Dąbrowka		POL	1982	K30	72	00:26:27	00:57:47	01:27:07	02:01:32	02:01:58	143	
826	1047	SOROKA EWA	Dąbrowka	Pan tu nie stał	POL	1985	K30	73	00:28:06	00:59:49	01:28:26	02:01:35	02:01:59	144	
827	1345	HOFFMANN FILIP	Poznań	Migdau	POL	1985	M30	253	00:27:25	00:58:04	01:26:51	02:01:36	02:03:05		683
828	1113	ADAMSKI MICHAŁ	Skwierzyna	For Run Team	POL	1993	M20	86	00:28:24	00:58:46	01:26:54	02:01:37	02:03:01		684
829	850	KLIKS DARIUSZ	Poznań	Zmęczeni już przed biegiem	POL	1970	M40	267	00:27:26	00:58:47	01:26:39	02:01:38	02:03:02		685
830	474	STARUCH MARIUSZ	Poznań	biegamy bo lubię	POL	1980	M30	254	00:25:29	00:56:42	01:27:00	02:01:38	02:02:13		685
831	896	STANISZEWSKA EWA	Ceradz Kościelny		POL	1994	K20	29	00:26:20	00:57:47	01:26:33	02:01:39	02:02:27	145	
832	554	HALAS ADRIAN	Rostworowo	DEMOCO	POL	1980	M30	255	00:28:08	00:59:21	01:28:01	02:01:41	02:03:03		687
833	1010	CZAPRAŃSKA ANGELIKA	Pniewy	Aktywnie w Pniewach	POL	1985	K30	74	00:29:12	01:01:33	01:30:03	02:01:42	02:02:56	146	
834	1337	SZMYT AGNIESZKA	Pniewy	Aktywnie w Pniewach	POL	1983	K30	75	00:29:13	01:01:35	01:30:04	02:01:45	02:02:58	147	
835	1320	NOWAK KAMILA	Daszewice		POL	1993	K20	30	00:27:49	00:59:25	01:28:22	02:01:55	02:02:54	148	
836	1331	MASERAK SEBASTIAN	Rabowice		POL	1979	M40	268	00:26:42	00:58:10	01:27:07	02:01:56	02:03:29		688
837	171	MATUSZEK TOMASZ	Pawłowice		POL	1979	M40	269	00:25:25	00:57:31	01:26:16	02:01:57	02:02:46		689
838	1035	GANDECKA BEATA	Międzyrzecz	zalatane.mcz	POL	1974	K40	40	00:27:46	00:59:10	01:28:19	02:01:58	02:03:00	149	
839	413	KUROWSKI BOGDAN	Wronki	BK Wronki	POL	1949	M70	5	00:28:09	00:59:14	01:27:43	02:01:59	02:03:07		690
840	929	BINKOWSKA MAGDALENA	Poznań		POL	1984	K30	76	00:27:18	00:58:24	01:27:24	02:02:03	02:02:49	150	
841	1237	SZYMONIAK ARTUR	Poznań		POL	1982	M30	256	00:26:13	00:57:48	01:27:05	02:02:07	02:02:55		691
842	954	ZAWISNA-WOJCIECHOWSKA JUSTYNA	Swarzędz		POL	1977	K40	41	00:27:38	00:58:50	01:27:40	02:02:07	02:03:16	151	
843	103	ZOWCZAK DOROTA	Komorniki	Rawa Team	POL	1983	K30	77	00:27:41	00:59:08	01:28:01	02:02:08	02:02:58	152	
844	1202	MIRKA RAFAŁ	Poznań	Costa Blanca	POL	1977	M40	270	00:28:10	00:58:59	01:27:29	02:02:16	02:03:12		692
845	411	PAWLAK MILENA	Przedaw		POL	1987	K30	78	00:27:34	00:58:41	01:28:06	02:02:23	02:03:26	153	
846	600	GORYNIA MARCIN	Poznań	KB UE POZNAŃ	POL	1983	M30	257	00:28:48	00:57:47	01:25:47	02:02:29	02:03:49		693
847	1174	TRZEPACZ ADRIAN	Bydgoszcz	RunPoland.org TEAM	POL	1992	M20	87	00:29:59	01:01:56	01:29:40	02:02:30	02:04:01		694
848	635	PRZYBYSZ ARTUR	Poznań	Biegaj po Endorfiny / Decathlon Franowo	POL	1993	M20	88	00:27:06	00:58:06	01:27:07	02:02:33	02:03:12		695
849	629	JAGIELLO ALBERT	Golina	Decathlon Swadzim	POL	1990	M20	89	00:27:08	00:58:07	01:27:08	02:02:34	02:03:12		696
850	64	MUSIAŁ ANNA	Poznań	DBL	POL	1991	K20	31	00:28:22	00:59:28	01:28:26	02:02:42	02:03:39	154	
851	1288	KACPRZYCKI TOMASZ	Poznań	Drużyna Biegowa Lecha Poznań	POL	1986	M30	258	00:28:11	01:00:32	01:29:12	02:02:44	02:04:00		697
852	355	KRYNICKI ANDRZEJ	Przeźmierowo		POL	1970	M40	271	00:24:34	00:56:34	01:26:09	02:02:53	02:03:24		698
853	1143	BARTECKA EWELINA	Roźnowo	Kuna Kowanowko	POL	1982	K30	79	00:29:39	01:01:32	01:30:25	02:02:57	02:04:27	155	
854	1015	JAGIELKA MARCIN	Przeźmierowo	Kuna Kowanowko	POL	1977	M40	272	00:29:39	01:01:32	01:30:25	02:02:57	02:04:27		699
855	1259	NOWAK MAREK	Poznań	Arcybiskupie Seminarium Duchowne Poznań	POL	1994	M20	90	00:26:36	00:58:46	01:28:02	02:02:57	02:04:20		699
856	452	PRUCHNIEWSKA AGNIESZKA	Rokietnica	Rokietnica Biega	POL	1978	K40	42	00:27:53	00:59:13	01:29:08	02:02:58	02:04:04	156	
857	894	LURA DARIUSZ	Kaźmierz		POL	1977	M40	273	00:26:53	00:57:24	01:26:44	02:03:01	02:04:07		701
858	631	KWASIUŁ WJCIECH	Poznań	Decathlon Swadzim	POL	1989	M30	259	00:29:35	01:01:37	01:30:24	02:03:02	02:04:37		702
859	376	BIAŁCZYK JAROSŁAW	Szamotoły		POL	1979	M40	274	00:28:32	01:00:41	01:30:07	02:03:11	02:04:39		703
860	398	KUDLIŃSKA MARLENA	Przyborowo	Bukowski Klub Biegacza	POL	1987	K30	80	00:28:31	01:00:42	01:30:07	02:03:11	02:04:39	157	
861	1132	JABŁOŃSKI JAKUB	Poznań	#delifnkiTeam / My TRI team	POL	1981	M30	260	00:28:15	01:00:25	01:29:49	02:03:13	02:04:26		704
862	1292	JABŁOŃSKA ANNA	Poznań	MyTriTeam	POL	1981	K30	81	00:28:16	01:00:26	01:29:50	02:03:14	02:04:26	158	
863	227	KOLASIŃSKI ANDRZEJ	Poznań	Świerczewo Run	POL	1976	M40	275	00:26:24	00:57:09	01:27:46	02:03:16	02:04:13		705
864	1287	KOZŁOWSKA ZANETA	Babiak		POL	1985	K30	82	00:28:17	00:59:56	01:28:32	02:03:21	02:04:09	159	
865	672	ADAMCZYK GRZEGORZ	Rokietnica	Kimball Electronics Poland	POL	1989	M30	261	00:30:44	01:03:18	01:31:59	02:03:31	02:05:03		706
866	912	LUKASZEWSKI LUKASZ	Śrem		POL	1978	M40	276	00:28:10	00:59:17	01:28:16	02:03:35	02:04:43		707
867	255	BEDNAREK ANETA	Poznań	Kobiety Biegają	POL	1977	K40	43	00:27:14	00:58:36	01:28:29	02:03:39	02:04:55	160	
868	796	WEINERT ARTUR	Śrem	Runner's Power Śrem	POL	1982	M30	262				02:03:48	02:03:48		708
869	489	RAKOWSKI PIOTR	P		POL	1962	M50	60	00:28:18	01:00:45	01:29:55	02:03:50	02:04:58		709
870	804	BARANOWSKI FILIP	Poznań		POL	1976	M40	277	00:27:15	00:58:35	01:28:13	02:03:52	02:04:47		710
871	663	BUDZICHOWSKA OLA	GÓRA k / Tarnowo Podgórne	Kimball Electronics Poland	POL	1976	K40	44	00:28:09	01:00:31	01:29:56	02:03:56	02:04:17	161	
872	534	KASZUBIAK ANNA	Poznań	Poznań	POL	1983	K30	83	00:28:24	00:59:53	01:29:35	02:03:57	02:04:51		162
873	1211	SMYKAJ RADOSŁAW	Poznań		POL	1982	M30	263	00:29:51	01:02:42	01:31:23	02:04:01	02:05:11		711
874	520	CIESZYŃSKI JAROSŁAW	Poznań		POL	1972	M40	278	00:28:02	00:59:03	01:27:53	02:04:06	02:05:16		712
875	1203	HRYSZKIEWICZ ANDRZEJ	Poznań		POL	1987	M30	264	00:29:51	01:02:43	01:31:23	02:04:11	02:05:21		713
876	1293	BARDZIŃSKI BARTOSZ	Poznań	Art team pegaz Teatr Wielki	POL	1969	M50	61	00:25:33	00:55:44	01:26:02	02:04:43	02:05:12		714
877	584	WOŹNIAK MARIUSZ	Poznań	Woźniaki	POL	1973	M40	279	00:26:29	00:58:04	01:28:53	02:04:53	02:05:45		715
878	1285														

8. Bieg Lwa - Półmaraton 18.05.2019 r.
Dystans: 21,0975km



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
881	1089	BOROWIEC KINGA	Daszewice	Sexy mamas	POL	1982	K30	84	00:27:09	00:59:15	01:29:47	02:05:16	02:06:16	164	
882	1082	SZYMAŃSKI PAWEŁ	Kaźmierz	SP SKRZYDŁA	POL	1984	M30	265	00:28:50	01:01:17	01:31:07	02:05:33	02:06:40		718
883	1081	PIECHOCKI MARCIN	Poznań		POL	1973	M40	280	00:28:50	01:01:03	01:31:07	02:05:34	02:06:41		719
884	1362	ROBERT MARCINIAK	Poznań		POL	1977	M40	281	00:26:42	00:56:41	01:24:44	02:05:37	02:06:23		720
885	931	MYTNIK MARCIN	Poznań	Stocznowiec Poznań	POL	1977	M40	282	00:26:18	00:56:43	01:27:17	02:05:39	02:06:23		721
886	296	SIENNICKI MIKOŁAJ	Poznań		POL	1974	M40	283	00:30:43	01:03:30	01:32:34	02:05:41	02:07:16		722
887	286	RUSINEK MIROSLAW	Tarnowo Podgórne		POL	1979	M40	284	00:26:42	00:58:01	01:28:20	02:05:58	02:07:05		723
888	697	SOBAŃSKA PAULINA	Tarnowo Podgórne	Tarnowo Podgórne Biega	POL	1982	K30	85	00:28:22	00:59:56	01:30:10	02:06:01	02:06:56	165	
889	235	SOWIŃSKA ANETTA	Gorzów Wielkopolski	BBL	POL	1974	K40	45	00:28:03	00:59:59	01:30:11	02:06:07	02:06:50	166	
890	645	JANKOWSKI KRYSZTIAN	Łagiewniki	KB SPOKO/Imperial Tobacco Polska	POL	1980	M30	266	00:26:36	00:57:07	01:28:18	02:06:20	02:07:46		724
891	791	KUBICKI PIOTR	Kościan	Dziki Zgon Kościan	POL	1986	M30	267	00:28:23	01:00:43	01:31:05	02:06:21	02:07:46		725
892	55	MAĆKOWIAK AGNIESZKA	Poznań	Anonimowi Biegacze	POL	1987	K30	86	00:27:51	01:00:42	01:31:02	02:06:32	02:07:50	167	
893	211	PAJĄK MONIKA	Skórzewo	Mamy-Biegamy	POL	1982	K30	86	00:27:59	00:59:14	01:29:35	02:06:32	02:07:18	167	
894	156	TARGOŃSKI SŁAWOMIR	Zalasewo		POL	1980	M30	268	00:29:09	01:02:06	01:32:28	02:06:38	02:07:26		726
895	334	MACYSZYN DANIEL	Poznań	Night Runners	POL	1976	M40	285	00:28:59	01:01:40	01:31:45	02:06:46	02:07:48		727
896	1279	BARCZYKOWSKI GRZEGORZ	Poznań		POL	1975	M40	286	00:25:40	00:56:40	01:26:49	02:06:55	02:07:40		728
897	604	ŚNIEGOCKA MAGDALENA	Tarnowo Podgórne	Tarnowo Podgórne Biega/Swegon Team	POL	1979	K40	46				02:06:55	02:06:55	169	
898	1006	TARCZYŃSKI TOMASZ	Poznań		POL	1982	M30	269	00:27:18	01:00:08	01:30:53	02:07:03	02:07:37		729
899	247	MICKIEWICZ ADAM	Trzcianka	Wolff	POL	1969	M50	62	00:29:51	01:03:18	01:32:40	02:07:09	02:08:37		730
900	1226	WOJCIECHOWSKI MAREK	Gniezno	Night Runners Gniezno	POL	1960	M50	63	00:26:23	00:59:05	01:30:44	02:07:10	02:08:11		731
901	541	BILLER IZA	Kobylniki		POL	1980	K30	88	00:29:35	01:02:48	01:32:30	02:07:14	02:08:26	170	
902	1289	GROENWALD DARIUSZ	Pokczyno	ISKRA Pokzyno	POL	1971	M40	287	00:28:05	00:59:49	01:31:03	02:07:17	02:08:27		732
903	1153	ADAMOWSKI TOMASZ	Wagrowiec		POL	1982	M30	270	00:28:20	00:59:43	01:28:38	02:07:22	02:08:24		733
904	323	NOWAKOWSKA OLA	Radziejów	Anonimowi Biegacze	POL	1994	K20	33	00:28:30	01:01:55	01:32:43	02:07:42	02:08:45	171	
905	525	ZAJĄC GRZEGORZ	SANOK	pozytywnie Zabiegani Sanok	POL	1973	M40	288	00:28:11	00:59:15	01:32:00	02:07:52	02:08:54		734
906	1258	MACHOWIAK WOJCIECH	Krzywiń		POL	1965	M50	64	00:27:45	00:58:38	01:28:10	02:07:59	02:08:55		735
907	487	RYBSKI MAREK	Obrzycko	T.P.Z.O Obrzycko	POL	1958	M60	17	00:29:06	01:01:58	01:32:52	02:07:59	02:09:11		735
908	1383	BUĆKO KAROLINA	Kiekrz	Tarnowo Podgórne Biega	POL	1973	K40	47	00:27:27	00:59:42	01:31:25	02:08:25	02:09:09	172	
909	1361	BARTŁOMIEJ MAGALEWSKI	WITNICA	NAGA-NET	POL	1990	M20	93	00:31:47	01:05:48	01:35:31	02:08:30	02:10:02		737
910	379	WALCZAK ŁUKASZ	Łusowo	OSP Łusowo	POL	1983	M30	271	00:28:12	00:59:20	01:29:26	02:08:36	02:09:37		738
911	462	PONCZYLIUSZ ARTUR	Kiekrz		POL	1975	M40	289	00:30:11	01:04:01	01:34:42	02:08:44	02:10:03		739
912	513	KOSTRZYŃSKA EWA	Szamotuły	KB Szamotuły	POL	1974	K40	48	01:31:35	01:01:02		02:08:47	02:09:18	173	
913	1328	HEWUSZ ARKADIUSZ	Brenno	Poland running team	POL	1978	M40	290	00:28:20	01:00:38	01:30:44	02:08:51	02:10:02		740
914	293	MENSFELD ZANETA	BUK	WOJTEKS	POL	1983	K30	89	00:28:13	01:00:30	01:31:22	02:09:13	02:10:30	174	
915	1206	POŁUCH DAREK	Poznań		POL	1987	M30	272	00:30:09	01:05:35	01:36:04	02:09:13	02:10:46		741
916	651	JANICKI ADRIAN	Kaźmierz	KB SPOKO / Imperial Tobacco Polska	POL	1990	M20	94	00:27:19	01:00:21	01:30:55	02:09:16	02:10:04		742
917	1214	ŚLIWIŃSKA URSZULA	Gorzów Wlkp.	Dziki Dziki Gorzów	POL	1981	K30	90	00:27:28	00:58:38	01:29:50	02:09:21	02:10:25	175	
918	1341	STARZAK ARKADIUSZ	Pniewy	Aktywnie w Pniewach	POL	1986	M30	273	00:30:26	01:03:43	01:34:29	02:09:23	02:10:37		743
919	664	BUDZYŃSKI PAWEŁ	Tarnowo Podgórne		POL	1984	M30	274	00:28:08	01:01:00	01:32:26	02:09:24	02:10:35		744
920	1365	KATARZYNA REMBACZ	PNIEWY	AKTYWNI W PNIOWACH	POL	1988	K30	91	00:29:14	01:01:35	01:30:56	02:09:28	02:10:41	176	
921	632	MUCHA NATALIA	Gniezno	Decathlon	POL	1995	K20	34	00:27:38	01:00:00	01:31:32	02:09:34	02:10:06	177	
922	248	BEDNAREK ARKADIUSZ	Poznań	Murowana Goślina Biega / Night Runners	POL	1977	M40	291	00:31:13	01:04:40	01:34:26	02:09:41	02:11:00		745
923	1250	WACHOWIAK KINGA	PNIEWY		POL	1980	K30	92	00:29:13	01:01:34	01:30:56	02:09:47	02:11:00	178	
924	1223	WASILEWSKA MAGDALENA	Radzewice		POL	1988	K30	93	00:28:24	01:01:28	01:32:50	02:09:55	02:10:50	179	
925	964	CHYROWSKA MALGORZATA	Kiekrz	Kibolski KS	POL	1974	K40	49	00:28:06	01:01:36	01:33:01	02:09:56	02:10:23	180	
926	337	CZARNECKA AGNIESZKA	Kostrzyn		POL	1989	K30	94	00:29:56	01:03:26	01:34:20	02:10:03	02:11:18	181	
927	547	DĄBROWSKI MACIEJ	Luboń		POL	1992	M20	95	00:29:06	01:02:02	01:33:04	02:10:10	02:11:27		746
928	864	KĘBŁOWSKI JÓZEF	Poznań	Wataha-łączy nas bieganie	POL	1956	M60	18	00:29:55	01:03:35	01:34:10	02:10:13	02:11:25		747
929	667	WOŹNIAK DARIA	Kaźmierz		POL	1995	K20	35	00:29:06	01:01:56	01:33:04	02:10:13	02:11:30	182	
930	678	ŚLĄZAK MONIKA	Poznań		POL	1977	K40	50	00:27:37	01:01:24	01:33:07	02:10:19	02:10:49	183	
931	1213	PRUSIMSKA MONIKA	Cerekwica		POL	1975	K40	51	00:28:32	01:02:12	01:33:33	02:10:20	02:11:35	184	
932	1041	PAWŁOWSKI WOJTEK	Czemiejewo	Czemiejewo Biega	POL	1986	M30	275	00:28:11	01:01:30	01:32:48	02:10:26	02:11:00		748
933	262	TOMCZAK DOROTA	Kaźmierz		POL	1979	K40	52	00:28:44	01:02:19	01:33:40	02:10:26	02:11:06	185	
934	679	NOWICKI DAWID	Poznań		POL	1986	M20	96	00:31:44	01:06:56	01:36:50	02:10:33	02:12:08		749
935	1178	MASŁOWSKI KRZYSZTOF	Poznań	Kibole w biegu	POL	1997	M30	276	00:25:59	00:59:36	01:32:04	02:10:34	02:11:09	750	
936	668	WILAK FILIP	Poznań		POL	1997	M20	97	00:31:44	01:06:56	01:36:50	02:10:35	02:12:10		751
937	530	MARCINIAK KATARZYNA	Poznań		POL	1980	K30	95	00:29:52	01:03:17	01:34:24	02:10:53	02:12:02	186	
938	1379	AGATA POL	GOLAŃCZ	Team Run Golańcz	POL	1992	K20	36	00:27:27	01:01:16	01:32:49	02:11:08	02:12:41	187	
939	1256	DEKOWSKI MARCIN	Wagrowiec		POL	1982	M30	277	00:28:27	01:01:01	01:32:58	02:11:19	02:12:13		752
940	633	KĄKOLEWSKA IGA	Młodasko	Decathlon Swadzim Team	POL	1996	K20	37	00:29:39	01:03:36	01:34:58	02:11:19	02:12:35	188	
941	241	KĄKOLEWSKA ELŻBIETA	Młodasko		POL	1973	K40	53	00:29:39	01:03:41	01:34:57	02:11:25	02:12:41	189	
942	397	BOMBOLA BOGUMIL	Tarnowo Podgome		POL	1972	M40	292	00:26:48	00:58:28	01:30:38	02:11:27	02:12:25		753
943	1225	KACZMAREK AGATA	Poznań	Nest Team	POL	1973	K40	54	00:29:36	01:03:04	01:34:37	02:11:32	02:12:25	190	
944	956	JANICKA-TOMIAK ELIZA	Sulechów		POL	1973	K40	55	00:29:18	01:04:02	01:35:54	02:11:34	02:12:31	191	
945	1373	MACIEJ DOROŻAŁA	GOLECZEWO	COSTA BLANCA	POL	1974	M40	293	00:28:10	00:59:26	01:31:10	02:11:38	02:12:34		754
946	237	TOMCZAK DANUTA JADWIGA	Kościan	Kościan Team	POL	1957	K60	1	00:30:57	01:04:47	01:35:56	02:11:44	02:13:09	192	
947	887	HERTMANOWSKI TOMASZ	Kościan	Kościan Team	POL	1970	M40	294	00:30:56	01:04:46	01:35:55	02:11:47	02:13:12		755
948	1063	BUŚKO BARTOSZ	Kaźmierz	Biegam z bratem :)	POL	1983	M30	278	00:31:55	01:07:14	01:38:03	02:11:51	02:13:22		756
949	933	SATKIEWICZ KRZYSZTOF	Mrowino		POL	1977	M40	295	00:30:39	01:04:40	01:35:50	02:11:59	02:13:28		757
950	726	MATERNA BEATA	Piekary Śląskie	Lecymy Durś	POL	1981	K30	96	00:27:32	01:01:52	01:34:30	02:12:00	02:12:59	193	
951	579	KELAR ŁUKASZ	Skórzewo	Novol	POL	1974	M40	296	00:30:33	01:03:36	01:34:08	02:12:06	02:13:20		758
952	1078	STANEK DOMINIKA	Bukówiec Gómy		POL	1993	K20	38	00:30:39	01:04:12	01:35:11	02:12:12	02:13:19	194	
953	574	GRZESIAK JAKUB	Poznań		POL	1972	M40	297	00:30:48	01:02:32	01:32:24	02:12:16	02:13:39		759
954	753	WITT KRZYSZTOF	Radzyny		POL	1987	M30	279	00:30:38	01:03:57	01:36:01	02:12:19	02:13:38		760
955	357	KAMYSZEK PAWEŁ	Poznań		POL	1987	M30	280	00:31:49	01:07:09	01:38:55	02:12:28	02:13:54		761
956	1124	ODZIOMEK SEBASTIAN	Ruda Śląska		POL	1974	M40	298	00:27:45	01:00:17	01:32:24	02:12:44	02:14:19		762
957	76	TEPPER MIKOŁAJ	Poznań	Night Runners	POL	1991	M20	98	00:30:06	01:03:26	01:34:49	02:12:56	02:14:30		763
958	332	WOJCIECH WILKOWSKI	Poznań												

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Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
961	438	JASINOWSKA EMILIA	Międzychód		POL	1952	K60	2	00:28:42	01:02:51	01:34:32	02:13:02	02:14:07	195	
962	183	KORYTOWSKI ANDRZEJ	Poznań		POL	1972	M40	300	00:30:20	01:05:58	01:38:14	02:13:03	02:14:05		767
963	1050	KOPERSKA KASIA	Rokietnica		POL	1982	K30	97	00:28:15	01:01:42	01:33:57	02:13:04	02:13:31	196	
964	1363	LONGINA CHOLEWIŃSKA	WOJNOWO	HERNIK TEAM	POL	1966	K50	5	00:30:07	01:05:19	01:37:06	02:13:21	02:14:38	197	
965	913	SIOMA KATARZYNA	Krzyszkowo	Rokietnica biega	POL	1979	K40	56	00:31:53	01:07:00	01:38:34	02:13:32	02:14:56	198	
966	888	ŚRON GABRIELA	Złotniki		POL	1983	K30	98	00:30:11	01:04:50	01:36:17	02:13:41	02:15:09	199	
967	1012	ZYWERT MARTA	Poznań	Świerczewo Run	POL	1988	K30	99	00:31:55	01:08:22	01:38:47	02:13:42	02:15:07	200	
968	34	PERKOWSKI PIOTR	Tarnowo Podgórne		POL	1985	M30	282	00:29:03	01:02:09	01:34:44	02:13:48	02:14:58		768
969	176	WOJNAROWSKI MICHAŁ	Poznań	Night Runners	POL	1984	M30	282	00:31:38	01:06:58	01:38:52	02:13:48	02:15:25		768
970	465	HELBIK JOANNA	Poznań		POL	1990	K20	39	00:28:04	01:01:32	01:34:33	02:13:49	02:14:31	201	
971	289	KOMISAREK GRZEGORZ	Września		POL	1976	M40	301	00:31:49	01:06:57	01:36:56	02:13:59	02:15:26		770
972	818	KOZŁOWSKI GRZEGORZ	Tarnowo Podgórne	Krispol Active Team	POL	1961	M50	65	00:29:41	01:03:46	01:35:32	02:13:59	02:14:50		770
973	320	MALEWICZ-PEŁCZYŃSKA ALICJA	KIEKRZ	ROKIETNICA BIEGA	POL	1972	K40	57	00:29:33	01:03:56	01:36:15	02:13:59	02:15:13	202	
974	1076	DOMINIAK MONIKA	Luboń	Matki wariatki	POL	1988	K30	100	00:31:05	01:06:12	01:38:10	02:14:10	02:15:42	203	
975	1165	GIERUSZ MACIEJ	Roźnowo	Kuna Kowanówko	POL	1982	M30	284	00:31:49	01:06:35	01:38:46	02:14:11	02:15:40		772
976	1349	RZEPKA BARTOSZ	Oborniki	Kuna Kowanówko	POL	1982	M30	284	00:31:49	01:08:51	01:38:48	02:14:11	02:15:40		772
977	1146	OSSES WOJCIECH	Oborniki Roźnowo	Kuna Kowanówko	POL	1981	M30	286	00:31:49	01:06:37	01:38:47	02:14:12	02:15:41		774
978	96	ŚWIDER KRÓLIKIEWICZ JOANNA	Pniewy	Aktywnie w Pniewach	POL	1982	K30	101	00:31:18	01:06:31	01:38:22	02:14:14	02:15:27	204	
979	1030	WOŹNICZKA ANNA	Pniewy	Aktywnie w Pniewach	POL	1987	K30	101	00:31:17	01:06:30	01:38:19	02:14:14	02:15:28	204	
980	1324	KROKOWSKA MAGDALENA	Poznań	Night Runners Poznań	POL	1987	K30	103	00:31:36	01:06:56	01:38:49	02:14:16	02:15:54	206	
981	429	KOMOROWICZ ŁUKASZ	Pniewy	MUJAY RUNNING TEAM	POL	1982	M30	287	00:31:24	01:07:43	01:38:21	02:14:20	02:15:32		775
982	1068	KORPIK MARZENA	Pniewy	MUJAY RUNNING TEAM	POL	1984	K30	104	00:31:25	01:06:36	01:38:22	02:14:20	02:15:31	207	
983	737	TOMCZAK-LI ANGELIKA	suchy las		POL	1988	K30	105	00:31:52	01:06:33	01:38:41	02:14:24	02:15:49	208	
984	1201	TOMCZAK SANDRA	suchy las		POL	1993	K20	40	00:31:52	01:06:33	01:38:41	02:14:25	02:15:50	209	
985	1311	BOBROWSKA ANNA	Poznań	Night Runners / Team KGB	POL	1982	K30	106	00:32:00	01:07:19	01:39:14	02:14:27	02:15:42	210	
986	1200	RAJSKA LILIANA	Poznań	Night runners Poznań	POL	1979	K40	58	00:31:58	01:07:18	01:39:11	02:14:30	02:15:46	211	
987	375	KOŁB JAROSŁAW	skoki	OloRunner	POL	1965	M50	66	00:28:09	01:00:14	01:32:07	02:14:32	02:15:33		776
988	1185	MARCZYŃSKA MARTA ŁUCJA	Mosina	Urząd Miasta Luboń	POL	1988	K30	107	00:29:44	01:04:05	01:36:23	02:14:33	02:15:38	212	
989	531	ADAMKIEWICZ DOROTA	Trzemeszno		POL	1985	K30	108	00:31:54	01:07:08	01:38:59	02:14:37	02:15:59	213	
990	763	WYSŁUŻAL ELŻBIETA	Poznań	PKO BANK POLSKI	POL	1965	K50	6	00:30:43	01:05:29	01:37:29	02:14:42	02:15:59	214	
991	1247	KARAS JACEK	Poznań	DRUŻYNA SZPIKU / Red Runner	POL	1979	M40	302	00:30:53	01:05:17	01:37:33	02:14:56	02:16:17		777
992	1312	KOŁOCH KRZYSZTOF	Czarnków	Night Runners	POL	1994	M20	99	00:31:59	01:07:18	01:39:13	02:14:56	02:16:12		777
993	1024	PACZKA ROBERT	Leszno	Ważne Jest Tu I Teraz	POL	1964	M50	67	00:28:59	01:03:46	01:36:13	02:15:03	02:16:07		779
994	784	KRYNICKA NATALIA	Przeźmierowo		POL	1995	K20	41	00:29:59	01:04:51	01:37:30	02:15:11	02:16:24	215	
995	181	OLESEK TOMASZ	Goleniów	niezrzeszony	POL	1970	M40	303	00:31:42	01:07:18	01:39:15	02:15:40	02:16:27		780
996	234	GRYPCZYŃSKI ROBERT	Swarzędz	Kuna Kowanówko	POL	1969	M50	68	00:30:27	01:05:47	01:37:58	02:16:10	02:17:41		781
997	1255	KOŁDA HALINA	CHODZIEŻ	PCH-RUN	POL	1962	K50	7	00:29:31	01:04:31	01:37:17	02:16:13	02:17:28		216
998	734	MATUSZEWSKA JOANNA	Poznań	Dirty Sparrows	POL	1988	K30	109	00:30:04	01:05:02	01:37:19	02:16:14	02:17:13	217	
999	867	KUCHARSKA DOMINIKA	Rokietnica	Rokietnica Biega	POL	1985	K30	110	00:31:54	01:07:01	01:38:35	02:16:25	02:17:48		218
1000	991	KARŁAK MAŁGORZATA	Śrem		POL	1974	K40	59	00:31:00	01:06:26	01:39:39	02:16:29	02:17:08		219
1001	1297	CIENIUCH MARTA	Poznań		POL	1983	K30	111	00:31:00	01:06:28	01:39:39	02:16:30	02:17:09		220
1002	683	LUDWICZAK MAŁGORZATA	Napachanie		POL	1981	K30	112	00:30:32	01:04:53	01:38:12	02:16:32	02:17:42		221
1003	1025	NADOLCZAK BASTIA	Poznań		POL	1974	K40	60	00:30:18	01:05:11	01:37:47	02:16:35	02:17:59		222
1004	428	PAZIEWSKI ANDRZEJ	Kowanówko	Kuna Kowanówko	POL	1972	M40	304	00:31:48	01:06:37	01:38:46	02:16:42	02:18:12		782
1005	581	PAWLIK DANUTA	Skórzewo	Run Team	POL	1971	K40	61	00:30:08	01:05:36	01:38:34	02:16:50	02:17:42		223
1006	238	JAMBROZEK SEBASTIAN	Poznań	Drużyna Szpiku	POL	1982	M30	288	00:29:38	01:03:10	01:36:08	02:17:03	02:18:24		783
1007	70	DZIĘCIELSKA AGNIESZKA	Poznań		POL	1976	K40	62	00:30:43	01:04:57	01:37:47	02:17:10	02:18:34		224
1008	493	PAGOWSKA MAGDALENA	Wrocław		POL	1978	K40	63	00:30:04	01:05:08	01:38:21	02:17:17	02:18:22		225
1009	1086	STANEK LEONARD	Bukowiec Góry		POL	1967	M50	69	00:32:06	01:07:39	01:40:49	02:17:27	02:18:34		784
1010	143	CYPEL REMIGIUSZ	Buk	Bukowski Klub Biegacza	POL	1983	M30	289	00:32:58	01:09:11	01:41:42	02:17:29	02:18:53		785
1011	1321	KŚPAŃSKI TOMASZ	Kotunia		POL	1973	M40	305	00:29:10	01:03:06	01:36:48	02:17:36	02:19:09		786
1012	265	BIENIEK TOMASZ	Tarnowo Podgórne		POL	1989	M30	290	00:32:05	01:08:00	01:41:03	02:17:38	02:19:12		787
1013	1167	JARCZYŃSKA ANNA	Rokietnica		POL	1966	K50	8	00:28:55	01:03:20	01:36:50	02:17:56	02:18:47		226
1014	427	GRAJKOWSKI TOMASZ	Gniezno		POL	1968	M50	70	00:32:03	01:07:41	01:40:03	02:17:59	02:19:35		788
1015	685	DOMINIK CZYŁKOWSKI	Poznań		POL	1980	K30	113	00:30:14	01:04:38	01:38:42	02:18:13	02:19:38		227
1016	466	KROLIK TOMASZ	Poznan		POL	1990	M20	100	00:32:52	01:08:24	01:40:15	02:18:20	02:19:47		789
1017	166	ROSIŃSKA AGNIESZKA	Poznań	Świerczewo Run	POL	1982	K30	114	00:31:52	01:07:20	01:40:04	02:18:20	02:19:44		228
1018	146	DĄBROWSKA IZA	Poznań		POL	1977	K40	64	00:31:53	01:07:20	01:40:05	02:18:21	02:19:44		229
1019	607	FRANKOWSKA MARTA	Pamiętkowo	Drużyna Szpiku	POL	1991	K20	42	00:30:26	01:06:57	01:40:15	02:18:27	02:19:30		230
1020	932	CZERWIŃSKA AGNIESZKA	Krotoszyn	Night Runners	POL	1982	K30	115	00:29:17	01:04:17	01:36:58	02:18:34	02:20:01		231
1021	522	NOWAK ANDRZEJ	Parkowo		POL	1968	M50	71	00:29:49	01:04:34	01:37:38	02:18:43	02:19:22		790
1022	249	WRONKA MAŁGORZATA	Swarzędz		POL	1969	K50	9	00:30:43	01:06:10	01:38:54	02:18:45	02:19:56		232
1023	218	JASŁOWSKA EWA	Tarnowo Podgórne		POL	1977	K40	65	00:30:33	01:07:04	01:40:21	02:18:50	02:19:46		233
1024	185	SKOCZYŁAS MARCIN	Poznań	Drużyna Szpiku	POL	1982	M30	291	00:28:22	01:05:37	01:39:32	02:18:53	02:19:51		791
1025	84	SIUDA TOMASZ	Drwęsa	Drwęsa	POL	1975	M40	306	00:30:36	01:06:44	01:39:54	02:19:06	02:20:25		792
1026	260	OLBRYŚ PIOTR	Gruszczyn	Volkswagen Solidarność	POL	1974	M40	307	00:32:02	01:07:28	01:40:23	02:19:09	02:20:29		793
1027	405	KULIK RAFAŁ	Kiączny		POL	1983	M30	292	00:31:09	01:06:30	01:39:47	02:19:14	02:20:33		794
1028	326	PYREK IWONA	Wałcz		POL	1981	K30	116	00:28:32	01:05:10	01:39:23	02:19:24	02:20:13		234
1029	315	PYREK KRZYSZTOF	Wałcz	1 RBLog	POL	1980	M30	293	00:28:33	01:05:11	01:39:23	02:19:25	02:20:13		795
1030	153	PIECHALAK JACEK	ROKIETNICA	Kuna Kowanówko	POL	1969	M50	72	00:30:22	01:06:00	01:39:11	02:19:56	02:21:26		796
1031	1369	MARIUSZ CYBUŁKA	GRODZISK WLKP.	STAŚ BIEGA	POL	1982	M30	294	00:31:17	01:05:53	01:39:49	02:20:04	02:21:21		797
1032	905	JAGODZIŃSKA JUSTYNA	Trzemeszno	BOLT Trzemeszno	POL	1992	K20	43	00:31:54	01:11:12	01:42:45	02:20:21	02:21:43		235
1033	718	KASZTELAN ANNA	Rumianek		POL	1984	K30	117	00:31:54	01:07:09	01:40:26	02:20:28	02:21:50		236
1034	464	MRÓWKA PAULINA	Rumianek		POL	1982	K30	117	00:31:54	01:07:08	01:40:25	02:20:28	02:21:50		236
1035	118	MOSKWA KRZYSZTOF	Leszno	tak se pomyskam !	POL	1957	M60	20	00:31:41	01:06:43	01:39:11	02:20:30	02:22:10		798
1036	725	CZAPCZYK MACIEJ	Poznań		POL	1987	M30	295	00:30:07	01:05:35	01:38:45	02:20:36	02:22:10		799
1037	543	MARCINIAK - HENC ANETA	Poznań	Night Runners	POL	1974	K40	66	00:31:55	01:07:28	01:40:49	02:20:37	02:22:07		

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Dystans: 21,0975km



Mce	Nr	Nazwisko Imię	Miejscowość	Klub	Kraj	Rok	Kat	Mce kat	5km	10,5km	15,6km	Czas netto	Czas brutto	K	M
1041	297	DACHTERA-WAŁĘDZIAK IZABELA	Tarnowo Podgórne		POL	1975	K40	68	00:31:51	01:08:10	01:41:39	02:21:08	02:22:26	242	
1042	261	ROZYNEK MALGORZATA	Poznań	Night Runners	POL	1978	K40	68	00:31:51	01:08:10	01:41:39	02:21:08	02:22:26	242	
1043	403	BARELKOWSKA KATARZYNA	Poznań	Night Runners	POL	1972	K40	70	00:32:06	01:07:46	01:41:01	02:21:09	02:22:28	244	
1044	873	MAJŁOWSKA IRENA	Gorzów wielkopolski		POL	1953	K60	3	00:30:33	01:05:49	01:39:23	02:21:11	02:21:57	245	
1045	840	BANDUR GRZEGORZ	Poznań	KB MANIAC POZNAŃ	POL	1988	M30	296	00:27:00	00:57:46	01:30:24	02:21:29	02:22:12		800
1046	111	KLEWEK-RURA RENATA	Tarnowo Podgórne		POL	1981	K30	121	00:30:24	01:06:58	01:41:18	02:21:44	02:22:53	246	
1047	1348	KWASNIEWSKA KAMILA	Jeziorki		POL	1987	K30	122	00:29:05	01:07:01	01:41:15	02:21:46	02:23:00	247	
1048	1265	KRYSTKIEWICZ ŁUKASZ	Tulce	Minionki Dachsera	POL	1981	M30	297	00:31:05	01:05:47	01:39:32	02:22:22	02:23:47		801
1049	816	PIECHOCKI STANISŁAW	Pniewy	Piechocki Team	POL	1974	M40	308	00:30:29	01:06:08	01:40:39	02:22:26	02:23:35		802
1050	1110	ZIENKIEWICZ MARTA	Milanówek		POL	1977	K40	71	00:31:56	01:08:00	01:42:02	02:22:31	02:23:57	248	
1051	831	KOMOROWSKA KINGA	Manieczki	Auto-Gaz Manieczki	POL	1987	K30	123	00:30:17	01:07:14	01:41:49	02:22:58	02:24:02	249	
1052	219	ZABKO JAROSŁAW	Poznań	Drużyna Szpiku	POL	1966	M50	73	00:32:19	01:08:56	01:42:46	02:23:35	02:24:56		803
1053	232	CIOCH ALEKSANDRA	Piła	Aktywnie w Pniewach	POL	1995	K20	44	00:31:18	01:07:40	01:42:55	02:23:37	02:24:51	250	
1054	215	ROJEWSKA AGNIESZKA	Lubosz		POL	1987	K30	124	00:31:18	01:07:39	01:42:56	02:23:37	02:24:52	250	
1055	152	KUCZYŃSKA KAROLINA	Pniewy		POL	1988	K30	125	00:31:20	01:07:41	01:42:57	02:23:39	02:24:52	252	
1056	41	SICIARZ NATALIA	Poznań	Night Runners	POL	1984	K30	126	00:32:10	01:08:11	01:42:10	02:24:21	02:26:00	253	
1057	300	WRZECIAN ADAM	Poznań	Night Runners	POL	1986	M30	298	00:32:10	01:08:11	01:42:10	02:24:21	02:26:00		804
1058	264	BOROWIECKA AGNIESZKA	Poznań	Night Runners	POL	1979	K40	72	00:32:12	01:08:36	01:42:11	02:24:31	02:26:10	254	
1059	268	PRETKIEWICZ ANNA	Poznań	Night Runners	POL	1985	K30	127	00:32:11	01:08:13	01:42:12	02:24:32	02:26:10	255	
1060	311	GRZYWACZ RAFAŁ	Poznań	Night Runners Poznań	POL	1985	M30	299	00:32:11	01:08:10	01:42:10	02:24:36	02:26:15		805
1061	766	ZIĘCIAK MAREK	Stargard		POL	1956	M60	21	00:28:40	01:03:37	01:39:03	02:24:43	02:25:32		806
1062	496	JUSZCZAK DARIUSZ	Poznań		POL	1985	M30	300	00:30:32	01:07:32	01:41:26	02:24:52	02:26:04		807
1063	742	PORWICH HENRYK	Szczecin	Tarnowo Podgórne Biega	POL	1941	M70	6	00:28:46	01:03:29	01:38:32	02:24:53	02:25:49		808
1064	825	DUDEK NATALIA	Swarzędz	Impossible Is Nothing	POL	1990	K20	45	00:31:22	01:08:10	01:42:32	02:25:01	02:26:16	256	
1065	299	WAŁĘDZIAK PIOTR	Tarnowo Podgórne		POL	1981	M30	301	00:32:02	01:08:04	01:42:10	02:25:06	02:26:23		809
1066	71	GRELKA ANNA	Grodzisk Wielkopolski		POL	1988	K30	128	00:29:34	01:05:29	01:40:22	02:25:08	02:25:56	257	
1067	245	KURKOWIAK AGNIESZKA	Poznań		POL	1974	K40	73	00:31:49	01:07:11	01:42:28	02:25:21	02:26:46	258	
1068	989	ZAREMBA IRENA	Tarnowo Podgórne		POL	1984	K30	129	01:43:39	01:07:54	01:42:53	02:25:53	02:27:10	259	
1069	985	CYRSON AGATA	sady	kobiety biegają	POL	1974	K40	74	00:31:56	01:08:20	01:42:25	02:26:06	02:27:22	260	
1070	1106	CYBULLA ANNA	Gdynia		POL	1992	K20	46	00:31:59	01:09:10	01:43:48	02:26:13	02:27:32	261	
1071	456	SIBILA TOMASZ	Poznań	Radziwojaki	POL	1978	M40	309	00:33:14	01:11:28	01:46:57	02:27:20	02:28:31		810
1072	457	KOWALSKA MILENA	Poznań	Radziwojaki	POL	1979	K40	75	00:33:15	01:11:29	01:46:59	02:27:21	02:28:31	262	
1073	1147	LULKA ANDRZEJ	Warszawa		POL	1970	M40	310	00:28:33	01:03:09	01:40:41	02:27:28	02:28:42		811
1074	276	LECH ALEKSANDRA	Gniezno	Decathlon Gniezno	POL	1994	K20	47	00:30:53	01:08:30	01:44:08	02:27:46	02:28:18	263	
1075	310	KUPKA ZBIGNIEW	Śmigiel		POL	1962	M50	74	00:30:34	01:06:01	01:42:25	02:28:08	02:29:35		812
1076	701	KOBOS MARCIN	Tarnowo Podgórne	Gmina Tarnowo Podgórne	POL	1983	M30	302	00:34:30	01:13:24	01:48:00	02:28:13	02:29:45		813
1077	1344	MILEWSKA EWA	Poznan		POL	1983	K30	130	00:34:30	01:13:24	01:48:00	02:28:13	02:29:45	264	
1078	303	CHLEBOWSKA MAGDALENA	Poznań	Biegajnia Poznań	POL	1974	K40	76	00:33:58	01:12:36	01:47:59	02:28:14	02:29:53	265	
1079	38	KACZMAROWSKI GRZEGORZ	Poznań	gxka	POL	1980	M30	303	00:30:21	01:07:05	01:44:18	02:28:25	02:29:38		814
1080	78	MICHALAK TADEUSZ	POZNAŃ		POL	1978	M40	311	00:32:02	01:09:50	01:45:50	02:28:36	02:29:55		815
1081	558	ZUREK PIOTR	Powidz	Democo Running Team	POL	1986	M30	304	00:28:39	01:04:16	01:43:36	02:28:38	02:29:29		816
1082	138	ZAWADZKI JÓZEF	Poznań		POL	1949	M70	7	00:32:04	01:09:51	01:46:43	02:28:41	02:29:54		817
1083	885	GRAJEWSKA BEATA	POZNAŃ		POL	1974	K40	77	00:32:13	01:10:30	01:46:33	02:29:18	02:30:47	266	
1084	878	KRAUSE MAJA	Złotniki	On The Move	POL	1980	K30	131	00:32:12	01:10:30	01:46:33	02:29:18	02:30:47	266	
1085	1347	LOBA SYLWIA	POZNAŃ	Świerczewo Run	POL	1971	K40	78	00:31:56	01:10:47	01:46:57	02:29:27	02:30:51	268	
1086	392	RYCZAK TOMASZ	Poznań	Michalek & Marta Team	POL	1985	M30	305	00:28:00	01:09:41	01:44:39	02:29:46	02:31:21		818
1087	400	DĄBROWSKI PAWEŁ	Poznań	Night Runners	POL	1975	M40	312	00:30:08	01:08:00	01:45:49	02:29:52	02:31:10		819
1088	710	KUCHARSKA KATARZYNA	Warszawa	Rembertów Team	POL	1980	K30	132	00:32:23	01:10:26	01:46:19	02:30:06	02:31:34	269	
1089	711	SZAWRO MICHAŁ	Warszawa	REMBERTÓW TEAM	POL	1970	M40	313	00:32:24	01:10:27	01:46:19	02:30:06	02:31:34		820
1090	1042	SUCHARSKI ARKADIUSZ	Rokietnica		POL	1979	M40	314	00:28:17	01:10:17	01:45:14	02:30:21	02:31:27		821
1091	857	WALESZ JOANNA	JAW ORZNO	KB MCKIS JAW ORZNO	POL	1975	K40	79	00:32:08	01:10:42	01:46:52	02:30:21	02:31:47	270	
1092	920	NOWAK PIOTR	Lusówko	Alor Running Team	POL	1981	M30	306	00:29:38	01:07:06	01:44:40	02:30:40	02:31:47		822
1093	1249	SKIRECKA JUSTYNA	Poznań		POL	1975	K40	80	00:32:27	01:12:24	01:48:27	02:32:15	02:33:39	271	
1094	526	BICZYC 49040704976	Poznań		POL	1949	M70	8	00:32:02	01:09:57	01:46:17	02:33:03	02:34:11		823
1095	774	WOJCIECHOWSKI LESZEK	Tarnowo Podgórne	IzMark	POL	1963	M50	75	00:32:12	01:09:09	01:47:05	02:33:11	02:34:46		824
1096	809	STASZAK MATEUSZ	ZAKRZEWO		POL	1999	M20	101	00:33:19	01:12:54	01:49:26	02:33:22	02:34:38		825
1097	808	STASZAK AGNIESZKA	Zakrzewo		POL	1974	K40	81	00:33:20	01:12:55	01:49:27	02:33:23	02:34:38	272	
1098	746	STASIŃSKI STANISŁAW	Poznań	KB Maniac Poznań	POL	1944	M70	9	00:34:07	01:13:36	01:50:08	02:33:58	02:35:19		826
1099	145	KASIERSKA EWA KATARZYNA	POZNAŃ	WKB META LUBLINIEC	POL	1948	K70	1	00:34:44	01:14:54	01:52:11	02:35:28	02:37:06	273	
1100	319	NOWACKA MAGDALENA	Wielichowo		POL	1984	K30	133	00:32:39	01:12:14	01:49:00	02:36:44	02:38:02	274	
1101	884	GRZELEWSKI KAROL	Grodzisk Wilk.	STADO	POL	1977	M40	315	00:30:45	01:09:31	01:48:16	02:36:49	02:37:59		827
1102	669	RYCHLEWICZ MATYŁDA	Poznań	Drużyna szpiku	POL	1975	K40	82	00:35:45	01:17:33	01:55:28	02:39:01	02:40:23	275	
1103	1156	PRZEWOŻNA JOLANTA	Buk		POL	1975	K40	83	00:34:04	01:14:02	01:54:03	02:41:41	02:43:15	276	
1104	942	SZYMCZAK ELŻBIETA	Murwana Goślina	ILT Team	POL	1959	K60	4	00:35:35	01:17:18	01:56:07	02:42:14	02:43:48	277	
1105	1299	MATELSKA KAROLINA	Poznan		POL	1980	K30	134	00:35:32	01:18:20	01:58:01	02:43:18	02:44:42	278	
1106	539	SEKUNDA AGNIESZKA	POZNAŃ		POL	1974	K40	84	00:35:45	01:18:35	01:58:03	02:43:26	02:44:47	279	
1107	336	WOLAK JACEK	POZNAŃ	Zielona Wyspa	POL	1970	M40	316	00:35:45	01:18:34	01:58:02	02:43:26	02:44:47		828
1108	616	GORAĆCZKA JUSTYNA	Poznań	Drużyna Szpiku	POL	1990	K20	48	00:36:35	01:21:08	02:02:08	02:50:31	02:51:28	280	
1109	877	KONIECZNA JOANNA	Pysząca	Wataha Łączy nas bieganie	POL	1984	K30	135	00:36:05	01:21:23	02:03:17	02:56:42	02:58:07	281	