

II BIEG FLAGI

2 maja 2014 r.
dystans: 10 km

| Msc | Nazwisko | Imię | Nr start. | Miasto | Klub | Msc w kat. | Służby mundurowe | Czas brutto | Czas Netto |
|-----|--------------|----------------|-----------|------------------|--------------------------|------------|------------------|-------------|------------|
| 1 | JABŁOŃSKI | ARTUR | 309 | WARSZAWA | Szczególnie DziewCZYNY | M30 \ 1 | | 0:31:12 | 0:31:12 |
| 2 | POLAK | SEBASTIAN | 138 | Warszawa | KB ACTIVESPORTS WARSZA | M30 \ 2 | | 0:32:19 | 0:32:19 |
| 3 | STOKOWIEC | MARCIN | 599 | KIELCE | KKL KIELCE | M30 \ 3 | | 0:32:24 | 0:32:24 |
| 4 | RUSINIAK | RAFAŁ | 324 | CIECHANOWIEC | ENTRE.PL TEAM | M20 \ 1 | | 0:32:38 | 0:32:38 |
| 5 | KOZŁOWSKI | GRZEGORZ | 178 | SOCHACZEW | AZS AWF WARSZAWA | M20 \ 2 | służby mundurowe | 0:33:50 | 0:33:50 |
| 6 | MAJOS | ARKADIUSZ | 181 | LEGIONOWO | CS&II ZEGRZE | M30 \ 4 | służby mundurowe | 0:34:09 | 0:34:09 |
| 7 | MOŹDŻONEK | ANDRZEJ | 187 | SIENNICA | WSPEC. | M30 \ 5 | służby mundurowe | 0:34:15 | 0:34:15 |
| 8 | LIPIEC | SEBASTIAN | 534 | MIŃSK MAZOWIECKI | JW 1131 MIŃSK MAZOWIECKI | M30 \ 6 | służby mundurowe | 0:34:30 | 0:34:27 |
| 9 | WIJATA | PIOTR | 507 | GIELNIÓW | JW 4938 RADOM | M30 \ 7 | służby mundurowe | 0:34:41 | 0:34:41 |
| 10 | KAROLKIEWICZ | DANIEL | 321 | DROHICZYN | ENTRE.PL TEAM | M20 \ 3 | | 0:34:49 | 0:34:49 |
| 11 | LAMPARSKI | ZBIGNIEW | 495 | MIŃSK MAZOWIECKI | MKB DREPTAK | M20 \ 4 | | 0:35:03 | 0:35:03 |
| 12 | KLAKUS | MARIUSZ | 574 | | SGSP | M20 \ 5 | służby mundurowe | 0:35:22 | 0:35:22 |
| 13 | GARDENER | JACEK | 252 | WARSZAWA | JACEKBIEGA RUNNING TEAM | M40 \ 1 | | 0:35:30 | 0:35:30 |
| 14 | PIOTROWSKI | MACIEJ | 597 | WARSZAWA | GEO RUNNING TEAM | M30 \ 8 | | 0:35:31 | 0:35:31 |
| 15 | BABIK | FILIP | 401 | WARSZAWA | | M20 \ 6 | | 0:35:33 | 0:35:33 |
| 16 | KUCIEJCZYK | HENRYK | 697 | | | M50 \ 1 | | 0:35:34 | 0:35:33 |
| 17 | IGNATOWICZ | ANDRZEJ | 606 | WARSZAWA | TRUCHT TARCHOMIN TEAM | M40 \ 2 | | 0:35:38 | 0:35:38 |
| 18 | KOWALSKI | ADRIAN | 156 | KAMPINOS | KM AKTYWNI SOCHACZEW | M20 \ 7 | | 0:35:48 | 0:35:46 |
| 19 | MĄDRACH | PIOTR | 101 | WARSZAWA | JACEKBIEGA RUNNING TEAM | M30 \ 9 | | 0:35:50 | 0:35:50 |
| 20 | KRED | HUBERT MOHAMED | 323 | WARSZAWA | ENTRE.PL TEAM | M20 \ 8 | | 0:35:53 | 0:35:53 |
| 21 | CICHACKI | SYLWESTER | 325 | WARSZAWA | MORT | M20 \ 9 | | 0:36:01 | 0:36:01 |
| 22 | DZIDOWSKI | ALEKSANDER | 35 | ZAWIERCIE | | M30 \ 10 | | 0:36:04 | 0:36:04 |
| 23 | ROGAŁA | PATRYK | 584 | | SGSP | M20 \ 10 | służby mundurowe | 0:36:11 | 0:36:00 |
| 24 | ORZEŁ | MICHAŁ | 636 | WARSZAWA | ENTRE.PL TEAM | M30 \ 11 | | 0:36:19 | 0:36:19 |
| 25 | KONRAD | ARTUR | 37 | ZAWIERCIE | | M30 \ 12 | | 0:36:41 | 0:36:41 |
| 26 | WAŚIK | ARKADIUSZ | 591 | | ŻW | M30 \ 13 | służby mundurowe | 0:36:58 | 0:36:57 |
| 27 | MAZUR | MAREK | 183 | PIASECZNO | RCZPI | M40 \ 3 | służby mundurowe | 0:37:01 | 0:37:00 |
| 28 | MARZEC | ZBIGNIEW | 632 | PIASECZNO | ZBYLOMANIA | M20 \ 11 | | 0:37:23 | 0:37:23 |
| 29 | NOWOCIEŃ | JACEK | 451 | PODKOWA LEŚNA | GLKS NADARZYN | M50 \ 2 | | 0:37:28 | 0:37:28 |
| 30 | DRABCZYK | SZYMON | 443 | WARSZAWA | | M50 \ 3 | | 0:37:36 | 0:37:36 |
| 31 | ŻUKIEWICZ | PIOTR | 368 | BŁONIE | LKS OLYMP BŁONIE | M20 \ 12 | | 0:37:38 | 0:37:32 |
| 32 | NIEDŹWIEDŹ | PAWEŁ | 299 | WYSZKÓW | K.Ż. SPINAKER | M30 \ 14 | | 0:37:44 | 0:37:43 |
| 33 | LEŚNIAK | ADAM | 247 | HALINÓW | BYLEDOBIEC ANIN | M40 \ 4 | | 0:37:52 | 0:37:51 |
| 34 | RYBKA | PATRYK | 556 | OTWOCK | | M20 \ 13 | | 0:37:56 | 0:37:55 |
| 35 | LENGIEWICZ | JAKUB | 644 | WARSZAWA | | M30 \ 15 | | 0:37:57 | 0:37:56 |
| 36 | KOWALCZYK | MICHAŁ | 400 | RADOM | JACEKBIEGA RUNNING TEAM | M20 \ 14 | | 0:38:02 | 0:38:02 |

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| 37 | KNYCHAS | DAREK | 89 | WARSZAWA | KB ERGO | M40 \ 5 | | 0:38:03 | 0:38:02 |
| 38 | BIĄŁOŻYŃSKI | MARCIN | 111 | WARSZAWA | REMBERTÓW TEAM | M30 \ 16 | slużby mundurowe | 0:38:03 | 0:38:01 |
| 39 | KOŚCIK | JAKUB | 318 | WARSZAWA | | M20 \ 15 | | 0:38:09 | 0:38:06 |
| 40 | WOJCIECHOWSKI | SEBASTIAN | 553 | WARSZAWA | SEBIUSH.BLOGSPOT.COM | M30 \ 17 | | 0:38:17 | 0:38:17 |
| 41 | KOSECKI | JAROSŁAW | 685 | | | M40 \ 6 | slużby mundurowe | 0:38:18 | 0:38:17 |
| 42 | POCHYLSKI | ŁUKASZ | 265 | RADOM | JW 4938 | M30 \ 18 | slużby mundurowe | 0:38:19 | 0:38:15 |
| 43 | WIECZOREK | PAWEŁ | 266 | WARSZAWA | CSŁII ZEGRZE | M20 \ 16 | slużby mundurowe | 0:38:19 | 0:38:16 |
| 44 | KĄCKI | PAWEŁ | 34 | WARSZAWA | KB ACTIVESPORTS WARSZA | M30 \ 19 | | 0:38:27 | 0:38:24 |
| 45 | TKACZYK | ADAM | 431 | WARSZAWA | | M20 \ 17 | | 0:38:40 | 0:38:40 |
| 46 | ŁĘCKA | AGNIESZKA | 253 | GOLUB-DOBRZYŃ | JACEKBIEGA RUNNING TEAM | K20 \ 1 | | 0:38:42 | 0:38:42 |
| 47 | KOBIĄŁKA | KONRAD | 661 | WARSZAWA | OKS SŁUZEW | M30 \ 20 | | 0:38:52 | 0:38:50 |
| 48 | POLAK | ILONA | 287 | WARSZAWA | KB GALERIA WARSZAWA | K30 \ 1 | | 0:38:58 | 0:38:55 |
| 49 | MIODUSZEWSKI | MARIUSZ | 656 | | DOWÓDZTWO GARNIZONU \ | M30 \ 21 | slużby mundurowe | 0:39:12 | 0:39:09 |
| 50 | POTAPCZUK | ŁUKASZ | 481 | WARSZAWA | - | M20 \ 18 | | 0:39:14 | 0:39:08 |
| 51 | DWORAKOWSKI | SŁAWOMIR | 564 | | ŻW | M20 \ 19 | slużby mundurowe | 0:39:17 | 0:39:16 |
| 52 | MICHALAK | MICHAŁ | 579 | | ŻW | M40 \ 7 | slużby mundurowe | 0:39:24 | 0:39:21 |
| 53 | KACPURA | PIOTR | 337 | RADOM | JW 4938 RADOM | M30 \ 22 | slużby mundurowe | 0:39:32 | 0:39:16 |
| 54 | KUREK | WOJCIECH | 496 | KWIDZYN | 1 BAZA LOTNICTWA TRANSF | M20 \ 20 | slużby mundurowe | 0:39:37 | 0:39:19 |
| 55 | NOWAK | DAWID | 582 | | SGSP | M20 \ 21 | slużby mundurowe | 0:39:54 | 0:39:44 |
| 56 | MIESZKOWSKI | RADEK | 173 | | PIASTÓW | M40 \ | slużby mundurowe | 0:39:55 | |
| 57 | PECZSZ | JAKUB | 493 | WARSZAWA | KWW GCH | M30 \ 23 | | 0:39:57 | 0:39:54 |
| 58 | BABULA | JAROSŁAW | 228 | WARSZAWA | SYGMA BANK | M30 \ 24 | | 0:40:01 | 0:39:59 |
| 59 | JURZYK | PIOTR | 571 | | SGSP | M20 \ 22 | slużby mundurowe | 0:40:07 | 0:39:58 |
| 60 | BUKALSKI | PRZEMYSŁAW | 454 | MAZOWSZANY | UKS TECHNIK RADOM | M20 \ 23 | | 0:40:09 | 0:40:09 |
| 61 | KALINOWSKI | RADOSŁAW | 573 | | SGSP | M20 \ 24 | slużby mundurowe | 0:40:14 | 0:40:04 |
| 62 | SAWCZENKO | ANDRZEJ | 452 | WOŁOMIN | TEAM NUTRILITE | M50 \ 4 | | 0:40:15 | 0:40:14 |
| 63 | MICHALSKI | ROBERT | 158 | WOŁOMIN | NOCNE PIŁOWANIE AGRYKO | M30 \ 25 | | 0:40:20 | 0:40:15 |
| 64 | KSIĄŻYK | MARCIN | 188 | SEROCK | SEROCK BIEGA Z HOTELEM | M30 \ 26 | slużby mundurowe | 0:40:24 | 0:39:51 |
| 65 | DĘBSKI | DARIUSZ | 704 | | | M40 \ 8 | | 0:40:25 | 0:40:24 |
| 66 | KACPRZAK | MARIUSZ | 572 | | SGSP | M20 \ 25 | slużby mundurowe | 0:40:31 | 0:40:22 |
| 67 | WOJTAN | ROBERT | 643 | ZĄBKI | PKO BANK POLSKI | M40 \ 9 | | 0:40:33 | 0:40:26 |
| 68 | CZYŻOWSKI | MAREK | 423 | MIŃSK MAZOWIECKI | ZSZ NR 2 MIŃSK MAZOWIEC | M30 \ 27 | | 0:40:34 | 0:40:27 |
| 69 | DĄBROWSKI | KRZYSZTOF | 524 | RADZYMIN | ACCELERATE | M60 \ 1 | | 0:40:38 | 0:40:37 |
| 70 | KOSTRZEWSKA | JUSTYNA | 322 | WARSZAWA | ENTRE.PL TEAM | K30 \ 2 | | 0:40:41 | 0:40:41 |
| 71 | LESZCZYŃSKI | RAFAŁ | 577 | | ŻW | M20 \ 26 | slużby mundurowe | 0:40:47 | 0:40:44 |
| 72 | DOMAGAŁA | JAROSŁAW | 517 | WARSZAWA | BBL BIEGAMBOLUBIE | M40 \ 10 | | 0:40:49 | 0:40:42 |
| 73 | KIERZKOWSKI | MATEUSZ | 296 | GARWOLIN | | M20 \ 27 | | 0:40:53 | 0:40:43 |
| 74 | PAWLAK | KRZYSZTOF | 583 | | SGSP | M20 \ 28 | slużby mundurowe | 0:40:56 | 0:40:42 |
| 75 | MURAWSKI | MARIUSZ | 581 | | ŻW | M30 \ 28 | slużby mundurowe | 0:40:57 | 0:40:55 |
| 76 | SWEKLEJ | PAWEŁ | 653 | WARSZAWA | WSB CYTADELA | M30 \ 29 | slużby mundurowe | 0:41:03 | 0:40:55 |
| 77 | KACZANOWSKA | MONIKA | 652 | MINSK MAZ | JW1131 | K20 \ 2 | slużby mundurowe | 0:41:06 | 0:41:03 |
| 78 | KUĆ | MAREK | 224 | WARSZAWA | | M30 \ 30 | | 0:41:13 | 0:41:03 |
| 79 | ŚWIERCZ | JACEK | 245 | WARSZAWA | BYLEDOBIEC ANIN | M40 \ 11 | | 0:41:18 | 0:41:16 |

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| 80 | KOCHANOWSKI | MACIEJ | 667 | WARSZAWA | | M30 \ 31 | | 0:41:18 | 0:41:15 |
| 81 | MACIEJCZUK | ŁUKASZ | 356 | WARSZAWA | | M20 \ 29 | | 0:41:30 | 0:41:05 |
| 82 | SUEGIEDA | MICHAŁ | 586 | | ŻW | M20 \ 30 | slużby mundurowe | 0:41:32 | 0:41:29 |
| 83 | KACZOROWSKI | MARCIN | 31 | RYBIE | RUNNERS | M20 \ 31 | | 0:41:38 | 0:41:13 |
| 84 | KARCZEWSKI | PAWEŁ | 438 | WARSZAWA | MIEJSKA WYSYŁKA TEAM | M20 \ 32 | | 0:41:40 | 0:41:23 |
| 85 | ZALEWSKI | ANDRZEJ | 500 | WARSZAWA | TEAM NUTRILITE | M50 \ 5 | | 0:41:41 | 0:41:39 |
| 86 | JAROSIEWICZ | DAMIAN | 570 | | ŻW | M30 \ 32 | slużby mundurowe | 0:41:46 | 0:41:42 |
| 87 | ZAJĄC | ADAM | 218 | WARSZAWA | #NAME? | M40 \ 12 | | 0:41:49 | 0:41:44 |
| 88 | ZAWISTOWSKI | PIOTR | 408 | WARSZAWA | T-MOBILE RUNNING TEAM | M20 \ 33 | | 0:41:54 | 0:41:54 |
| 89 | BAJOREK | JACEK | 216 | WYSZKÓW | GRUPA BIEGOWA CHTMO | M30 \ 33 | | 0:41:58 | 0:41:54 |
| 90 | ŁUKASZEWSKI | WITOLD | 297 | RADZIWIŁŁÓW MAZOWIECKI | | M40 \ 13 | slużby mundurowe | 0:41:59 | 0:41:54 |
| 91 | BARZYC | ADRIAN | 626 | SOCHACZEW | BRAK | M20 \ 34 | | 0:42:02 | 0:41:37 |
| 92 | ZAWADA | RAFAŁ | 251 | WARSZAWA | KIZIA MIZIA TEAM | M40 \ 14 | | 0:42:04 | 0:41:31 |
| 93 | ARTYSZUK | MIROSLAW | 166 | WARSZAWA | | M50 \ 6 | slużby mundurowe | 0:42:07 | 0:42:00 |
| 94 | PIĄTEK | BOGDAN | 165 | Zielonka | LECHICI ZIELONKA | M60 \ 2 | | 0:42:10 | 0:42:04 |
| 95 | KIERZNOWSKI | ADRIAN | 205 | LEGIONOWO | THE BRAND | M20 \ 35 | slużby mundurowe | 0:42:14 | 0:42:10 |
| 96 | BRODOWSKI | ŁUKASZ | 3 | LEGIONOWO | THE BRAND | M20 \ 36 | | 0:42:14 | 0:42:10 |
| 97 | KAMIEŃ | DOROTA | 445 | WARSZAWA | AWF WARSZAWA | K40 \ 1 | | 0:42:17 | 0:42:06 |
| 98 | ROSKOWSKI | WOJCIECH | 448 | WARSZAWA | | M50 \ 7 | | 0:42:20 | 0:42:09 |
| 99 | CHUDAWSKI | BARTŁOMIEJ | 554 | WARSZAWA | RUN EUROSOF | M30 \ 34 | | 0:42:22 | 0:42:11 |
| 100 | BARAN | ZENON | 112 | WARSZAWA | KB ACTIVE SPORTS WARSZAWA | M50 \ 8 | | 0:42:23 | 00:42:13 |
| 101 | STAŚKIEWICZ | TOMASZ | 44 | WARSZAWA | AKS POLONIA WARSZAWA | M30 \ 35 | | 0:42:23 | 0:42:12 |
| 102 | PUCHALSKI | FILIP | 482 | WARSZAWA | | M20 \ 37 | | 0:42:24 | 0:42:19 |
| 103 | MOCZULSKI | MARCIN | 687 | | | M30 \ 36 | | 0:42:37 | 0:42:35 |
| 104 | PUCZYŁOWSKA | KATARZYNA | 660 | OLECKO | 1BPANC | K20 \ 3 | slużby mundurowe | 0:42:40 | 0:42:36 |
| 105 | KORZONKOWSKI | ZBIGNIEW | 537 | WARSZAWA | ENTRE.PL TEAM | M60 \ 3 | | 0:42:40 | 0:42:36 |
| 106 | SZEWCHYKOWSKA | ANNA | 440 | WARSZAWA | | K30 \ 3 | | 0:42:41 | 0:42:33 |
| 107 | BOREK | PATRYK | 270 | RZECZNIÓW | JW 4938 | M20 \ 38 | slużby mundurowe | 0:42:43 | 0:42:27 |
| 108 | OLĘDZKI | SŁAWOMIR | 184 | WARSZAWA | TRUCHT TARCHOMIN TEAM | M40 \ 15 | slużby mundurowe | 0:42:48 | 0:42:36 |
| 109 | JUDKA | WŁADYSŁAW | 22 | MIŃSK MAZOWIECKI | MKB DREPTAK | M50 \ 9 | slużby mundurowe | 0:42:51 | 0:42:44 |
| 110 | KOT | BARTŁOMIEJ | 575 | | SZKOŁA GŁÓWNA SŁUŻBY P | M20 \ 39 | slużby mundurowe | 0:43:02 | 0:42:50 |
| 111 | HASIEC | CEZARY | 77 | WARSZAWA | | M40 \ 16 | | 0:43:05 | 0:42:43 |
| 112 | NETCZUK | TOMASZ | 666 | MIEDZYRZEC PODLASKI | BENEFIT SYSTEMS RUNNING | M20 \ 40 | | 0:43:06 | 0:42:58 |
| 113 | KUCHARSKA | KAMILA | 42 | WARSZAWA | WOJSKOWY INSTYTUT MED | K30 \ 4 | | 0:43:06 | 0:43:02 |
| 114 | SIWIK | PAWEŁ | 92 | WOŁOMIN | ZADYSZKA WOŁOMIN | M20 \ 41 | | 0:43:08 | 0:42:56 |
| 115 | STEFAŃSKI | ZBIGNIEW | 235 | WARSZAWA | | M40 \ 17 | | 0:43:13 | 0:43:09 |
| 116 | MAŁKIEWICZ | MICHAŁ | 199 | WARSZAWA | 17 WIELKOPOLSKA BRYGAD | M20 \ 42 | slużby mundurowe | 0:43:14 | 0:42:52 |
| 117 | KALINOWSKI | PAWEŁ | 387 | ŁOMIANKI | TRINERGY TEAM | M30 \ 37 | | 0:43:14 | 0:42:51 |
| 118 | GRZELCZYK | PIOTR | 241 | ZĄBKI | ZĄBKI | M30 \ 38 | | 0:43:16 | 0:42:47 |
| 119 | RASZEWSKI | PIOTR | 56 | WARSZAWA | | M30 \ 39 | | 0:43:16 | 0:43:07 |
| 120 | PAWŁAK | DARIUSZ | 525 | WARSZAWA | INTERNETOWA RUNNERS | M40 \ 18 | | 0:43:17 | 0:42:53 |
| 121 | ZARADZKI | PIOTR | 107 | MARKI | | M30 \ 40 | slużby mundurowe | 0:43:18 | 0:42:46 |
| 122 | KURCEWICZ | DARIUSZ | 43 | WARSZAWA | KREATORREKLAMY | M40 \ 19 | | 0:43:19 | 0:43:08 |

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| 123 | ŁOSIEWICZ | ANDRZEJ | 353 | WARSZAWA | | M30 \ 41 | | 0:43:19 | 0:43:12 |
| 124 | WIELGOSZ | FILIP | 62 | GARWOLIN | TRUCHTACZ.PL | M20 \ 43 | | 0:43:24 | 0:42:51 |
| 125 | JURKOWSKA | JAGODA | 310 | WARSZAWA | SZCZEGÓLNICIE DZIEWCZYNY | K30 \ 5 | | 0:43:26 | 0:43:25 |
| 126 | CELMEROWSKA | MARTA | 292 | MAJDAN | | K20 \ 4 | | 0:43:30 | 0:42:50 |
| 127 | WIŚNIEWSKI | PIOTREK | 17 | RADZIKÓW | RUMAKI | M40 \ 20 | | 0:43:33 | 0:43:01 |
| 128 | ŚWISTAK | ANNA | 409 | WARSZAWA | KB JOGGER NOWY DWÓR M | K20 \ 5 | | 0:43:35 | 0:43:31 |
| 129 | TUNIEWICZ | CEZARY | 355 | MOSTY | AZIM RUNNING TEAM | M20 \ 44 | | 0:43:36 | 0:43:18 |
| 130 | MAZUREK | MARCIN | 621 | WARSZAWA | | M30 \ 42 | | 0:43:36 | 0:43:17 |
| 131 | LACH | ROBERT | 264 | JESIONKA | | M40 \ 21 | sluzyby mundurowe | 0:43:37 | 0:43:30 |
| 132 | | | | | | | | | |
| 133 | SZYSZKOWSKI | WŁODZIMIERZ | 430 | WARSZAWA | DUKE NUKEM PRINCE OF W | M40 \ 22 | | 0:43:38 | 0:43:34 |
| 134 | MASŁOWSKI | JERZY | 286 | MARKI | | M50 \ 10 | | 0:43:41 | 0:43:35 |
| 135 | WIECZOREK | MARCIN | 84 | ŁĄCZANY | NIEZRZESZONY | M30 \ 43 | sluzyby mundurowe | 0:43:43 | 0:43:24 |
| 136 | PACHNIK | PIOTR | 499 | WARSZAWA | | M30 \ 44 | | 0:43:44 | 0:43:36 |
| 137 | GÓRSKI | JAN | 115 | OTRĘBUSY | KUBUŚ PUCHATEK | M20 \ 45 | | 0:43:44 | 0:43:44 |
| 138 | ANTONKIEWICZ | PAWEŁ | 200 | MIŃSK MAZOWIECKI | WSPEC. | M30 \ 45 | sluzyby mundurowe | 0:43:45 | 0:43:36 |
| 139 | SOCHA | JAKUB | 585 | | SGSP | M20 \ 46 | sluzyby mundurowe | 0:43:46 | 0:43:36 |
| 140 | DOMAŃSKI | TOMASZ | 562 | | SGSP | M20 \ 47 | sluzyby mundurowe | 0:43:47 | 0:43:34 |
| 141 | GOŁĘBIEWSKI | MARCIN | 565 | | SGSP | M20 \ 48 | sluzyby mundurowe | 0:43:47 | 0:43:33 |
| 142 | BIAŁAS | MACIEJ | 559 | | SGSP | M20 \ 49 | sluzyby mundurowe | 0:43:47 | 0:43:36 |
| 143 | SZLACHTA | GRZEGORZ | 640 | WOŁOMIN | | M20 \ 50 | | 00:43:48 | 0:43:32 |
| 144 | RYBKA | MATEUSZ | 522 | OTWOCK | | M20 \ 51 | | 0:43:51 | 0:43:50 |
| 145 | GRABOWSKA-TOFEL | SARA | 151 | WARSZAWA | REMBERTÓW TEAM | K20 \ 6 | | 0:43:51 | 0:43:36 |
| 146 | BREMER | GRACJAN | 531 | WARSZAWA | | M40 \ 23 | | 0:44:00 | 0:43:53 |
| 147 | ŚWIERCZ | IWONA | 244 | WARSZAWA | BYLEDOBIEC ANIN | K40 \ 2 | | 0:44:03 | 0:44:00 |
| 148 | SŁOMKA | PAWEŁ | 645 | WARSZAWA | | M20 \ 52 | | 0:44:07 | 0:43:57 |
| 149 | MITUŁA | ŁUKASZ | 268 | WARSZAWA | WOJSKOWA SEKCJA BIEGO | M20 \ 53 | sluzyby mundurowe | 0:44:07 | 0:43:56 |
| 150 | MŁODOŻENIEC | JACEK | 641 | WARSZAWA | REMBERTOW TEAM | M40 \ 24 | | 0:44:11 | 0:44:04 |
| 151 | WIELOCHA | RADOSŁAW | 630 | GRÓJEC | 1 OREL | M30 \ 46 | sluzyby mundurowe | 0:44:11 | 0:43:56 |
| 152 | LEWANDOWSKI | ŁUKASZ | 162 | MYSIADŁO | | M30 \ 47 | | 0:44:11 | 0:43:48 |
| 153 | SZCZEPAŃSKI | ŁUKASZ | 141 | Warszawa | TEAM ASA - BIEGIEM PO ZDF | M30 \ 48 | sluzyby mundurowe | 0:44:12 | 0:43:48 |
| 154 | DZIEKAŃSKI | MIKOŁAJ | 12 | WARSZAWA | RUNOFILE | M20 \ 54 | | 0:44:13 | 0:43:24 |
| 155 | ISASI-KURAN | AGATA | 373 | MARKI | BILBAO | K30 \ 6 | | 0:44:16 | 0:43:58 |
| 156 | GARUS | JAROSŁAW | 32 | WARSZAWA | | M30 \ 49 | sluzyby mundurowe | 0:44:18 | 0:44:11 |
| 157 | KORYCKI | KAROL | 484 | NOWY DWÓR MAZOWIECKI | | M20 \ 55 | sluzyby mundurowe | 0:44:19 | 0:43:33 |
| 158 | RAWICKI | MAREK | 683 | | | M30 \ 50 | | 0:44:19 | 0:43:58 |
| 159 | BAĆMAGA | MAREK | 95 | WARSZAWA | | M20 \ 56 | | 0:44:20 | 0:44:07 |
| 160 | RZECZKOWSKI | GRZEGORZ | 357 | WARSZAWA | POLITYKA.PL | M30 \ 51 | | 0:44:21 | 0:43:55 |
| 161 | GAŁCZYŃSKI | WOJCIECH | 304 | WARSZAWA | | M40 \ 25 | | 0:44:21 | 0:43:57 |
| 162 | CHODNIEWICZ | MICHAŁ | 75 | WARSZAWA | | M30 \ 52 | | 0:44:22 | 0:44:15 |
| 163 | PIOTROWSKA | ALICJA | 598 | WARSZAWA | GEO RUNNING TEAM | K30 \ 7 | | 0:44:22 | 0:44:19 |
| 164 | NARTOWSKI | JAN | 690 | | | M50 \ 11 | | 0:44:25 | 0:44:22 |
| 165 | ŻDANUK | WOJCIECH | 488 | LEBORK | | M30 \ 53 | | 0:44:27 | 0:44:17 |

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| 166 | OPOWICZ | MARZENA | 702 | | | K50 \ 1 | | 0:44:30 | 0:44:27 |
| 167 | SUWALD | ANDRZEJ | 603 | WARSZAWA | JACEKBIEGA RUNNING TEAM | M50 \ 12 | | 0:44:32 | 0:44:26 |
| 168 | GODLEWSKI | KRZYSZTOF | 533 | ZEGRZE | CSŁII ZEGRZE | M20 \ 57 | slużby mundurowe | 0:44:35 | 0:44:03 |
| 169 | DAWICZEWSKI | TOMASZ | 421 | GRÓJEC | BIEGAM BO LUBIĘ - GRÓJEC | M30 \ 54 | | 0:44:40 | 0:44:29 |
| 170 | TOMCZUK-KUZKA | KATARZYNA | 51 | WARSZAWA | | K30 \ 8 | | 0:44:46 | 0:44:45 |
| 171 | WÓJCIK | PIOTR | 378 | WARSZAWA | | M30 \ 55 | | 0:44:47 | 0:44:23 |
| 172 | SOCJUSZ | MACIEJ | 679 | | | M30 \ 56 | | 0:44:50 | 0:44:46 |
| 173 | PAWLAK | KAMIL | 681 | | | M20 \ 58 | | 0:44:51 | 0:44:45 |
| 174 | ŁUKASIAK | HUBERT | 663 | | | M20 \ 59 | | 0:44:55 | 0:44:26 |
| 175 | JAMROZY | RYSZARD | 686 | IŃSKO | ŁOBESKI KLUB BIEGACZ „TF | M50 \ 13 | | 0:44:58 | 0:44:50 |
| 176 | SUCHOCKI | KONRAD | 390 | TŁUSZCZ | BRAK | M20 \ 60 | | 0:44:58 | 0:44:46 |
| 177 | POLIT | MATEUSZ | 41 | MIŃSK MAZOWIECKI | KINO KULTURA | M20 \ 61 | | 0:44:58 | 0:44:38 |
| 178 | SZKÓŁKA | ROBERT | 177 | CHOTOMÓW | GRUPA BIEGOWA CHTMO | M40 \ 26 | slużby mundurowe | 0:45:01 | 0:44:43 |
| 179 | MIERZEJEWSKI | MARIUSZ | 190 | WARSZAWA | SSH SZ RP | M40 \ 27 | slużby mundurowe | 0:45:02 | 0:44:34 |
| 180 | SIEMIŃSKI | TOMEK | 64 | TRUSKAW | | M40 \ 28 | | 0:45:04 | 0:44:36 |
| 181 | TABER | KONRAD | 113 | BRWINÓW | STO-NOGI MILANÓWEK | M20 \ 62 | | 0:45:06 | 0:45:05 |
| 182 | BRZOZOWSKI | ANDRZEJ | 384 | ZAMOŚĆ | WKZ | M60 \ 4 | | 0:45:07 | 0:45:05 |
| 183 | WEINTRIT | PIOTR | 395 | GDYNIA | | M20 \ 63 | | 0:45:09 | 0:45:09 |
| 184 | TABER | JERZY | 696 | | | M40 \ 29 | | 0:45:09 | 0:45:08 |
| 185 | MALISZEWSKI | CEZARY | 282 | WARSZAWA | DENAT WARSZAWA | M50 \ 14 | | 0:45:11 | 0:44:35 |
| 186 | ZBROWSKI | MICHAŁ | 207 | NOWA WIEŚ WARSZAWSKA | BIEGNĘ, ŻEBY BARTEK MÓG | M30 \ 57 | | 0:45:11 | 0:44:55 |
| 187 | HALAT | ANDRZEJ | 219 | WARSZAWA | | M30 \ 58 | | 0:45:13 | 0:44:34 |
| 188 | JĘDRYCHA | MARIUSZ | 331 | SKIERNIEWICE | DOWÓDZTWO GARNIZONU \ | M40 \ 30 | slużby mundurowe | 0:45:13 | 0:44:51 |
| 189 | CHOJNACKI | LESZEK | 413 | WARSZAWA | ADP | M40 \ 31 | | 0:45:21 | 0:44:36 |
| 190 | DEONIZIAK | KAROL | 160 | WARSZAWA | | M20 \ 64 | | 0:45:22 | 0:44:48 |
| 191 | ADAMKIEWICZ | MIROSLAW | 133 | SOCHACZEW | KM AKTYWNI SOCHACZEW | M40 \ 32 | | 0:45:25 | 0:45:18 |
| 192 | RUBIN-SZYMAŃSKI | ŁUKASZ RYSZARD | 175 | WARSZAWA WOLA | COLLEGIUM MASOVIENSE W | M20 \ 65 | slużby mundurowe | 0:45:30 | 0:45:07 |
| 193 | SZŁĄZAK | BEATA | 587 | | ŻANDARMERIA WOJSKOWA | K20 \ 7 | slużby mundurowe | 0:45:33 | 0:45:31 |
| 194 | KOWAL | KONRAD | 73 | WARSZAWA | | M30 \ 59 | | 0:45:37 | 0:45:24 |
| 195 | LISZKA | MACIEJ | 21 | WARSZAWA | | M20 \ 66 | | 0:45:43 | 0:45:16 |
| 196 | PSUJ | KAMIL | 664 | LUBLIN | BENEFIT SYSTEMS RUNNING | M30 \ 60 | | 0:45:43 | 0:45:35 |
| 197 | GWIAZDA | WIESŁAW | 182 | CHOTOMÓW | RCZPI | M50 \ 15 | slużby mundurowe | 0:45:47 | 0:45:30 |
| 198 | MILANOWSKI | MICHAŁ | 450 | BIAŁYSTOK | | M20 \ 67 | | 0:45:49 | 0:45:26 |
| 199 | CHILCZUK | PIOTR | 383 | WARSZAWA | | M20 \ 68 | | 0:45:53 | 0:45:35 |
| 200 | BURY | PAWEŁ | 396 | JÓZEFOSŁAW | T-MOBILE RUNNING TEAM | M30 \ 61 | | 0:45:58 | 0:45:45 |
| 201 | BIERNACKI | PIOTR | 425 | PIASECZNO | CRAZY RACING TEAM | M30 \ 62 | | 0:45:59 | 0:45:32 |
| 202 | DZIUBECKI | MACIEJ | 463 | WARSZAWA | AKS POLONIA WARSZAWA | M30 \ 63 | | 0:46:01 | 0:45:53 |
| 203 | WAGNER | JOLANTA | 615 | WARSZAWA | | K40 \ 3 | | 0:46:02 | 0:45:53 |
| 204 | ROJEK | RAFAŁ | 246 | WARSZAWA | REMBRIDGE | M30 \ 64 | | 0:46:05 | 0:45:39 |
| 205 | GRABOŃ | RADEK | 120 | WARSZAWA | ONEDLL | M30 \ 65 | | 0:46:05 | 0:45:48 |
| 206 | SROCZYŃSKI | MARCIN | 295 | PIASECZNO | EURO TRADE PLUS | M30 \ 66 | | 0:46:06 | 0:45:32 |
| 207 | ŚMIGIELSKI | ROBERT | 249 | ZIELONKA | LECHICI ZIELONKA | M40 \ 33 | | 0:46:12 | 0:45:43 |
| 208 | SKONIECZNY | ANDRZEJ | 88 | WARSZAWA | | M40 \ 34 | slużby mundurowe | 0:46:14 | 0:45:46 |

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| 209 | CZUBAKOWSKI | SŁAWOMIR | 172 | WARSZAWA | GOŚLAW BIEGA | M50 \ 16 | | 0:46:15 | 0:46:06 |
| 210 | BURDZY | WIESŁAW | 290 | LEGIONOWO | WOJSKO POLSKIE | M40 \ 35 | slużby mundurowe | 0:46:16 | 0:46:09 |
| 211 | WASILEWSKI | ROBERT | 103 | WARSZAWA | WSB CYTADELA | M40 \ 36 | slużby mundurowe | 0:46:17 | 0:46:01 |
| 212 | DUCZKOWSKI | DAMIAN | 619 | BYDGOSZCZ | | M20 \ 69 | | 0:46:19 | 0:45:59 |
| 213 | ROSTKOWSKI | ŁUKASZ | 61 | WARSZAWA | STOWARZYSZENIE `DAĆ SIE | M20 \ 70 | | 0:46:21 | 0:46:11 |
| 214 | MANKIEWICZ | RAFAŁ | 414 | WARSZAWA | | M40 \ 37 | | 0:46:25 | 0:45:55 |
| 215 | KOMOREK | TOMASZ | 460 | WARSZAWA | FITBACK.PL | M20 \ 71 | | 0:46:28 | 0:45:36 |
| 216 | KISIELIŃSKI | WOJCIECH | 455 | LEGIONOWO | | M40 \ 38 | | 0:46:30 | 0:45:58 |
| 217 | SŁAWIŃSKI | PIOTR | 527 | WARSZAWA | - | M30 \ 67 | | 0:46:30 | 0:45:56 |
| 218 | BIERNAT | ROBERT | 375 | GRODZISK MAZOWIECKI | | M40 \ 39 | | 0:46:30 | 0:46:09 |
| 219 | FIEDORUK | PIOTR | 509 | WARSZAWA | WOJSKOWA AKADEMIA TEC | M50 \ 17 | slużby mundurowe | 0:46:34 | 0:46:19 |
| 220 | SKALSKI | PIOTR | 419 | WARSZAWA | | M40 \ 40 | | 0:46:38 | 0:46:24 |
| 221 | ŚWIERCZ | PAWEŁ | 402 | WARSZAWA | | M30 \ 68 | | 0:46:38 | 0:46:23 |
| 222 | BARTCZAK | ROBERT | 68 | WARSZAWA | - | M40 \ 41 | | 0:46:40 | 0:46:14 |
| 223 | MAKOSA | NORBERT | 398 | PIONKI | - | M20 \ 72 | | 0:46:40 | 0:46:23 |
| 224 | FILIPEK | MATEUSZ | 284 | WARSZAWA | | M20 \ 73 | | 0:46:42 | 0:46:14 |
| 225 | ZDUNEK | MARIUSZ | 305 | WARSZAWA | ROXY | M30 \ 69 | | 0:46:47 | 0:46:14 |
| 226 | FURMANIAK | JOANNA | 623 | WARSZAWA | | K20 \ 8 | | 0:46:49 | 0:46:36 |
| 227 | BYDŁOS | DAREK | 215 | WARSZAWA | WTT | M40 \ 42 | | 0:46:56 | 0:46:40 |
| 228 | GAWĘDA | RENATA | 319 | WARSZAWA | ENTRE.PL TEAM | K50 \ 2 | | 0:46:56 | 0:46:40 |
| 229 | BILIŃSKI | WOJCIECH | 551 | KOŁOBRZEG | POLITOLOG TEAM | M30 \ 70 | | 0:46:58 | 0:46:38 |
| 230 | KĘPIŃSKI | CEZARY | 93 | WIĄZOWNA | AAA | M30 \ 71 | | 0:47:01 | 0:46:57 |
| 231 | PASIERBIŃSKI | PIOTR | 613 | KANIE | TRISFERA PRUSZKÓW | M40 \ 43 | | 0:47:06 | 0:46:44 |
| 232 | GABRYŚ | ALEKSANDER | 352 | WARSZAWA | EY | M30 \ 72 | | 0:47:07 | 0:47:02 |
| 233 | DUBIECKI | MARIUSZ | 365 | WARSZAWA | TEAM ASA - BIEGIEM PO ZDF | M40 \ 44 | | 0:47:09 | 0:46:48 |
| 234 | OBSOWSKA | ALEKSANDRA | 540 | ŻYRARDÓW | | K20 \ 9 | | 0:47:09 | 0:46:38 |
| 235 | KACPERSKI | KAMIL | 4 | RASZYN | RUNNERS | M20 \ 74 | | 0:47:10 | 0:46:44 |
| 236 | JAREMEK | ROBERT | 344 | WARSZAWA | BIEGAM NA TARCHOMINIE | M30 \ 73 | | 0:47:11 | 0:46:21 |
| 237 | DZIERŻANOWSKI | KAJETAN | 132 | WARSZAWA | CAVE RUNNER | M20 \ 75 | | 0:47:11 | 0:46:12 |
| 238 | BANASIAK | PIOTR | 329 | WARSZAWA | NKS POD WEZWANIEM DOBI | M40 \ 45 | | 0:47:14 | 0:47:01 |
| 239 | GĄTARZ | JANUSZ | 370 | WARSZAWA | J@J | M30 \ 74 | | 0:47:14 | 0:46:22 |
| 240 | DUCZKOWSKI | ŁUKASZ | 620 | SOPOT | | M30 \ 75 | | 0:47:16 | 0:46:55 |
| 241 | ŚCIBOR | MARIAN | 189 | LEGIONOWO | SEROCK BIEGA Z HOTELEM | M40 \ 46 | slużby mundurowe | 0:47:16 | 0:46:51 |
| 242 | BRODOWSKI | JACEK | 330 | ZEGRZE | CSŁII ZEGRZE | M40 \ 47 | slużby mundurowe | 0:47:16 | 0:46:51 |
| 243 | KOŁODZIEJCZYK | TOMASZ | 388 | WARSZAWA | | M40 \ 48 | | 0:47:19 | 0:46:42 |
| 244 | KRAWCZYK | WOJTEK | 349 | WARSZAWA | RWE | M40 \ 49 | | 0:47:19 | 0:47:01 |
| 245 | KOWALSKI | DAMIAN | 359 | KAMPINOS | KM AKTYWNI SOCHACZEW | M20 \ 76 | | 0:47:20 | 0:46:39 |
| 246 | SZYMAŃSKI | MICHAŁ | 677 | | | M40 \ 50 | | 0:47:21 | 0:46:43 |
| 247 | ADAMCZYK | PAWEŁ | 30 | RYBIE | RUNNERS | M20 \ 77 | | 0:47:22 | 0:46:56 |
| 248 | JASIŃSKI | FILIP | 473 | WARSZAWA | | M30 \ 76 | | 0:47:22 | 0:47:03 |
| 249 | PIETRZAK | DARIUSZ | 479 | WARSZAWA | | M40 \ 51 | | 0:47:23 | 0:46:45 |
| 250 | OLSZOWSKI | KRZYSZTOF | 692 | | | M30 \ 77 | | 0:47:24 | 0:46:42 |
| 251 | BRODOWSKA | MAŁGORZATA | 148 | ŁAJSKI | THE BRAND | K20 \ 10 | | 0:47:25 | 0:47:19 |

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| 252 | BIELA | WOJCIECH | 222 | WARSZAWA | HADAPT TEAM | M30 \ 78 | | 0:47:27 | 0:47:10 |
| 253 | ROSTKOWSKI | BARTOSZ | 406 | WARSZAWA | | M30 \ 79 | | 0:47:31 | 0:46:55 |
| 254 | JESINOWICZ | BRONISŁAW | 47 | WARSZAWA | CENTRUM SYMULACJI I KOM | M50 \ 18 | | 0:47:36 | 0:47:22 |
| 255 | SZCZEPAŃSKI | ADAM | 226 | MILANÓWEK | | M30 \ 80 | | 0:47:36 | 0:46:57 |
| 256 | PIETRZYK | SŁAWEK | 468 | WARSZAWA | KB-REBUS.PL | M40 \ 52 | | 0:47:40 | 0:47:22 |
| 257 | FRANK | MICHAŁ | 506 | LEGIONOWO | WOJSKO POLSKIE | M30 \ 81 | slużby mundurowe | 0:47:41 | 0:46:24 |
| 258 | PARADOWSKI | KRZYSZTOF | 397 | PRUSZKÓW | | M30 \ 82 | | 0:47:41 | 0:47:23 |
| 259 | KRAJEWSKI | PRZEMYSŁAW | 54 | WARSZAWA | | M40 \ 53 | | 0:47:46 | 0:47:23 |
| 260 | KRZEŚNIAK | PAWEŁ | 594 | KOZIENICE | | M20 \ 78 | | 0:47:50 | 0:47:37 |
| 261 | WITKOWSKA | KATARZYNA | 405 | WARSZAWA | | K20 \ 11 | | 0:47:51 | 0:47:24 |
| 262 | ZINKIEWICZ | KAROL | 159 | WARSZAWA | | M20 \ 79 | | 0:47:52 | 0:47:16 |
| 263 | LUBIENIECKI | ARTUR | 512 | MIŃSK MAZOWIECKI | ŚCIEŻKA BIEGOWA POLE MC | M30 \ 83 | slużby mundurowe | 0:47:54 | 0:47:50 |
| 264 | SZELĄG | TOMASZ | 63 | MIŃSK MAZOWIECKI | MKB DREPTAK | M40 \ 54 | slużby mundurowe | 0:47:54 | 0:47:50 |
| 265 | SZADKOWSKA | EWELINA | 474 | HOLMFIRTH | MELTHAM AC | K20 \ 12 | | 0:47:55 | 0:47:19 |
| 266 | WYCISŁOWSKI | KRZYSZTOF | 650 | MIŃSK MAZOWIECKI | MKB DREPTAK | M60 \ 5 | | 0:47:59 | 0:47:53 |
| 267 | KOŚCIELNY | GRZEGORZ | 257 | LEGIONOWO | WOJSKO POLSKIE | M40 \ 55 | slużby mundurowe | 0:48:04 | 0:47:55 |
| 268 | URBALA | PIOTR | 263 | WARSZAWA | WOJSKO POLSKIE | M40 \ 56 | slużby mundurowe | 0:48:04 | 0:47:31 |
| 269 | KOZIELSKI | PAWEŁ | 427 | WARSZAWA | MINISTERSTWO ROLNICTWA/ | M30 \ 84 | | 0:48:06 | 0:47:55 |
| 270 | KOSMAŁA | DARIUSZ | 129 | WARSZAWA | AON WARSZAWA | M50 \ 19 | | 0:48:10 | 0:47:59 |
| 271 | SOCHA | PAWEŁ | 150 | ZĄBKI | 12TRI.PL | M20 \ 80 | | 0:48:13 | 0:46:54 |
| 272 | BOSEK | ROBERT | 602 | WARSZAWA | | M30 \ 85 | | 0:48:14 | 0:48:06 |
| 273 | SAMEREK | PAWEŁ | 25 | WARSZAWA | ESMEDIA | M30 \ 86 | | 0:48:16 | 0:47:46 |
| 274 | FRYDRYCHOWICZ | MICHAŁ | 464 | WARSZAWA | | M30 \ 87 | | 0:48:21 | 0:47:36 |
| 275 | KŁOS | ZBIGNIEW | 65 | PIASTÓW | TAK SOBIE BIEGAM | M50 \ 20 | | 0:48:23 | 0:48:18 |
| 276 | URBAŃSKI | MICHAŁ | 600 | ŁĘCZYCA | | M30 \ 88 | slużby mundurowe | 0:48:24 | 0:48:17 |
| 277 | MANIECKA | AGNIESZKA | 100 | WARSZAWA | JACEKBIEGA RUNNING TEAM | K20 \ 13 | | 0:48:24 | 0:48:12 |
| 278 | KRAWCZYŃSKI | JACEK | 38 | RADZIEJOWICE/SŁABOMIEF | MARATONY POLSKIE TEAM | M60 \ 6 | | 0:48:27 | 0:48:11 |
| 279 | ADAMKIEWICZ | MICHAŁ | 134 | SOCHACZEW | KM AKTYWNI SOCHACZEW | M20 \ 81 | | 0:48:29 | 0:48:19 |
| 280 | MIESZKOWSKI | MACIEJ | 40 | DZIEKANÓW LEŚNY | | M40 \ 57 | | 0:48:31 | 0:48:29 |
| 281 | KRZYŻEWSKI | ADAM | 74 | KONSTANCIN-JEZIORNA | - | M20 \ 82 | | 0:48:31 | 0:47:54 |
| 282 | MAGDA | KRZYSZTOF | 618 | SEROCK | | M20 \ 83 | | 0:48:33 | 0:48:14 |
| 283 | SZERLING | PAWEŁ | 516 | RADOM | TRIFIT.PL | M20 \ 84 | slużby mundurowe | 0:48:33 | 0:47:46 |
| 284 | OCHOCKI | MICHAŁ | 487 | SULEJÓWEK | PZU SPORT TEAM | M30 \ 89 | | 0:48:38 | 0:48:30 |
| 285 | SAWICKI | MIKOŁAJ | 688 | | | M30 \ 90 | | 0:48:42 | 0:48:09 |
| 286 | BRYLEWSKI | TOMASZ | 261 | WARSZAWA | WOJSKO POLSKIE | M40 \ 58 | slużby mundurowe | 0:48:43 | 0:48:10 |
| 287 | GRZYBOWSKI | DARIUSZ | 124 | GRÓJEC | NIEZRZESZONY | M40 \ 59 | | 0:48:45 | 0:48:09 |
| 288 | ŁABUDA | ANDRZEJ | 462 | WARSZAWA | | M20 \ 85 | | 0:48:45 | 0:48:22 |
| 289 | PAWŁOWSKA | KATARZYNA | 601 | WARSZAWA | ALETEMPO | K30 \ 9 | | 0:48:47 | 0:48:23 |
| 290 | CIACH | PIOTR | 657 | | BATALION DOWODZENIA DC | M30 \ 91 | slużby mundurowe | 0:48:47 | 0:48:04 |
| 291 | HULANICKI | ANDRZEJ | 557 | WARSZAWA | GOGGLE PAE TEAM | M50 \ 21 | | 0:48:48 | 0:48:39 |
| 292 | SYGOCKI | KONRAD | 254 | WARSZAWA | WOJSKOWA AKADEMIA TEC | M30 \ 92 | slużby mundurowe | 0:48:51 | 0:48:27 |
| 293 | NIEŚCIORUK | MIROSŁAW | 121 | ŁOMIANKI | WARM RT | M50 \ 22 | | 0:48:53 | 0:48:41 |
| 294 | CHAJĘCKI | MATEUSZ | 135 | WARSZAWA | | M20 \ 86 | | 0:48:56 | 0:48:27 |

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| 295 | WARDAL | CEZARY | 346 | WARSZAWA | | M20 \ 87 | | 0:48:57 | 0:48:35 |
| 296 | KASKA-ŁOBODOWSKA | EWELINA | 519 | SIENNICA | SIENNICA | K30 \ 10 | | 0:48:58 | 0:48:51 |
| 297 | PRUS-MROCZKOWSKI | MACIEJ | 511 | ZAKRZEW | JW 4938 | M30 \ 93 | slużby mundurowe | 0:49:06 | 0:48:19 |
| 298 | PIEKUT | ANDRZEJ | 274 | NOWY DWÓR MAZOWIECKI | KB JOGGER | M50 \ 23 | | 0:49:07 | 0:48:48 |
| 299 | DRESZKO | PRZEMYSŁAW | 658 | | BATALION DOWODZENIA DC | M20 \ 88 | slużby mundurowe | 0:49:08 | 0:48:24 |
| 300 | DAMPC | MARIUSZ | 169 | WARSZAWA | | M20 \ 89 | | 0:49:08 | 0:48:21 |
| 301 | KOLASA | ANDRZEJ | 11 | WARSZAWA-WESOŁA | KLUB J.SŁOWACKIEGO | M60 \ 7 | | 0:49:08 | 0:48:55 |
| 302 | AMBROZIK | KLAUDIA | 699 | | | K20 \ 14 | | 0:49:10 | 0:49:01 |
| 303 | GLIŃSKI | PAWEŁ | 208 | ZĄBKI | | M30 \ 94 | | 0:49:12 | 0:48:22 |
| 304 | ZABIELEWICZ | MARIUSZ | 543 | WARSZAWA | | M20 \ 90 | | 0:49:15 | 0:48:46 |
| 305 | SZTEJNERT | JAKUB | 167 | SKIERDY | | M40 \ 60 | | 0:49:15 | 0:48:34 |
| 306 | OLEŃDZKI | KAMIL | 347 | BIĄŁYSTOK | PĘDZIWIATR BIAŁYSTOK | M20 \ 91 | | 0:49:16 | 0:48:52 |
| 307 | SZEWCZYK | RAFAŁ | 70 | OLSZTYN | | M40 \ 61 | | 0:49:21 | 0:49:21 |
| 308 | SAWCZENKO | GRZEGORZ | 536 | WOŁOMIN | 10 WARSZAWSKI PÓŁK SAM | M20 \ 92 | slużby mundurowe | 0:49:23 | 0:49:01 |
| 309 | STAWICKI | KAMIL | 441 | WARSZAWA | BIEGAM NA TARCHOMINIE | M30 \ 95 | | 0:49:25 | 0:48:36 |
| 310 | JAKÓBIAK | HUBERT | 521 | RADOM | | M20 \ 93 | | 0:49:25 | 0:48:37 |
| 311 | RYŻKOWSKI | MARIUSZ | 376 | SIEDLCE | | M30 \ 96 | | 0:49:29 | 0:49:06 |
| 312 | REMBOWSKA | JOANNA | 705 | | | K20 \ 15 | | 0:49:31 | 0:48:54 |
| 313 | KOSTRZEWA | DARIUSZ | 341 | SANDOMIERZ | | M20 \ 94 | | 0:49:32 | 0:49:01 |
| 314 | MACIEJA | MARIUSZ | 157 | WARSZAWA | ATGAMES | M20 \ 95 | | 0:49:36 | 0:49:01 |
| 315 | GONTARZ | MATEUSZ | 648 | ŁÓDŹ | INTRUM RUNNING TEAM | M20 \ 96 | | 0:49:38 | 0:49:03 |
| 316 | PIETKA | MARTA | 449 | WARSAW | | K30 \ 11 | | 0:49:38 | 0:49:02 |
| 317 | KRZYŻEWSKI | MICHAŁ | 126 | KONSTANCIN-JEZIORNA | | M20 \ 97 | | 0:49:41 | 0:49:03 |
| 318 | BARYŻEWSKI | REMIGIUSZ | 225 | WARSZAWA | 12TRI.PL | M20 \ 98 | | 0:49:50 | 0:49:17 |
| 319 | BUKOWSKI | JANUSZ | 693 | WARSZAWA | GAZOWNIA WARSZAWSKA/S | M50 \ 24 | | 0:49:52 | 0:49:52 |
| 320 | ŻURAWSKI | PAWEŁ | 176 | WARSZAWA | LENIWCE TEAM | M30 \ 97 | slużby mundurowe | 0:49:54 | 0:49:41 |
| 321 | JASKÓŁKA-PRUSZCZYŃSKA | RENATA | 15 | WARSZAWA | | K30 \ 12 | | 0:49:55 | 0:49:39 |
| 322 | TOBIS | PAWEŁ | 342 | WARSZAWA | TRINERGY TEAM | M40 \ 62 | | 0:49:56 | 0:49:42 |
| 323 | WASILEWSKI | LECH | 367 | WARSZAWA | BRAK | M60 \ 8 | | 0:49:57 | 0:49:42 |
| 324 | KORNIAK | MARIOLA | 223 | WARSZAWA | | K20 \ 16 | | 0:49:59 | 0:49:45 |
| 325 | TOFEL | MATEUSZ | 515 | ŻUROMIN | REMBERTÓW TEAM | M20 \ 99 | | 0:50:01 | 0:49:47 |
| 326 | SIEMIŃSKI | SŁAWOMIR | 505 | SIERADZ | ODDZIAŁ ZABEZPIECZENIA - | M30 \ 98 | slużby mundurowe | 0:50:08 | 0:49:47 |
| 327 | KARPIŃSKI | KRZYSZTOF | 238 | WARSZAWA | | M30 \ 99 | | 0:50:08 | 0:49:21 |
| 328 | KUCIŃSKI | ANDRZEJ | 523 | WARSZAWA | LASEK BIELAŃSKI TEAM | M50 \ 25 | | 0:50:09 | 0:50:00 |
| 329 | ZAJKO | ZBIGNIEW | 684 | | | M40 \ 63 | | 0:50:10 | 0:50:05 |
| 330 | WOYNOWSKI | ROBERT | 170 | KLAUDYN | | M40 \ 64 | | 0:50:11 | 0:49:42 |
| 331 | BUBROWSKI | MARIUSZ | 9 | ŁOMIANKI | | M40 \ 65 | | 0:50:12 | 0:49:51 |
| 332 | MACHNACKI | MICHAŁ | 377 | LEGIONOWO | GRUPA BIEGOWA CHTMO | M30 \ 100 | | 0:50:14 | 0:49:41 |
| 333 | SKOMAROWSKA | BARBARA | 149 | LEGIONOWO | 2189 | K20 \ 17 | slużby mundurowe | 0:50:18 | 0:49:43 |
| 334 | HELMAN | JAROSŁAW | 695 | | | M30 \ 101 | | 0:50:19 | 0:49:26 |
| 335 | ZWIERZYŃSKA | MAŁGORZATA | 614 | WARSZAWA | | K20 \ 18 | | 0:50:19 | 0:50:00 |
| 336 | GERSZEWSKA | MARINA | 477 | RASZYN | | K20 \ 19 | | 0:50:21 | 0:49:53 |

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| 337 | ORYCH | JACEK | 66 | MARKI | MARKI TEAM | M30 \ 102 | | 0:50:23 | 0:49:56 |
| 338 | BEJDA | PAWEŁ | 90 | ZĄBKI | THE BRAND | M40 \ 66 | | 0:50:25 | 0:50:19 |
| 339 | STREICHER | PIOTR | 701 | | | M20 \ 100 | | 0:50:25 | 0:49:50 |
| 340 | ROSŁONIEC | ALBERT | 338 | PRZYBYSZEW | 1 OREL | M30 \ 103 | slużby mundurowe | 0:50:26 | 0:50:11 |
| 341 | KAROLAK | MAGDA | 53 | WARSZAWA | | K30 \ 13 | | 0:50:27 | 0:50:03 |
| 342 | GROCHOWSKI | MARIUSZ | 417 | WARSZAWA | - | M40 \ 67 | | 0:50:30 | 0:50:18 |
| 343 | GRABOWSKI | PIOTR | 152 | WARSZAWA | REMBERTÓW TEAM | M40 \ 68 | | 0:50:30 | 0:50:15 |
| 344 | BAK | MACIEJ | 457 | WARSZAWA | KB ORANGE POLSKA / NIGH | M40 \ 69 | | 0:50:30 | 0:50:10 |
| 345 | KUŁAKOWSKI | PIOTR | 435 | KONSTANCIN-JEZIORNA | CZŁAPACZE | M50 \ 26 | | 0:50:31 | 0:50:00 |
| 346 | ODOLCZYK | JOANNA | 703 | | | K40 \ 4 | | 0:50:35 | 0:50:24 |
| 347 | SZCZEPKOWSKI | PAWEŁ | 492 | WARSZAWA | ARTEQUIPMENT | M50 \ 27 | | 0:50:37 | 0:50:22 |
| 348 | ŚPIEWAK | KRZYSZTOF | 311 | WARSZAWA | | M40 \ 70 | | 0:50:42 | 0:50:07 |
| 349 | KOŚNIK | ANDRZEJ | 83 | MIŃSK MAZOWIECKI | NIEZRZESZONY | M50 \ 28 | | 0:50:45 | 0:50:38 |
| 350 | JÓZWIK | ROBERT | 161 | Warszawa | ENERG TEAM | M30 \ 104 | | 0:50:47 | 0:50:41 |
| 351 | TURCZYŃSKA | MONIKA | 55 | WARSZAWA | | K40 \ 5 | | 0:50:48 | 0:50:25 |
| 352 | BYLINIAK | MONIKA | 87 | WARSZAWA | ORTOREH TEAM | K30 \ 14 | | 0:50:49 | 0:50:27 |
| 353 | ZARZYCKA | MONIKA | 153 | NOWY DWÓR MAZOWIECKI | KB JOGGER NOWY DWÓR M | K20 \ 20 | | 0:50:50 | 0:50:28 |
| 354 | POŁASKI | LESZEK | 96 | WARSZAWA | | M60 \ 9 | | 0:50:54 | 0:50:31 |
| 355 | HENZEL | MACIEJ | 203 | WARSZAWA | ATTACK AVIONICS | M40 \ 71 | slużby mundurowe | 0:50:58 | 0:50:18 |
| 356 | MISZEWSKI | MICHAŁ M. | 122 | WARSZAWA | NIGHT RUNNERS | M30 \ 105 | | 0:51:01 | 0:50:11 |
| 357 | KRAWCZYK | KONRAD | 439 | ŻELECHÓW | | M20 \ 101 | | 0:51:02 | 0:50:16 |
| 358 | SZYMAŃSKA-KOPCIŃSKA | EWA | 418 | MIŃSK MAZOWIECKI | MKB DREPTAK | K30 \ 15 | | 0:51:02 | 0:50:56 |
| 359 | JASIŃSKI | KRZYSZTOF | 616 | ŻELECHÓW | | M40 \ 72 | | 0:51:03 | 0:50:48 |
| 360 | ŻUCHOWSKI | PIOTR | 110 | WARSZAWA | | M40 \ 73 | | 0:51:04 | 0:50:49 |
| 361 | BIENIAS | MARIOLA | 459 | WARSZAWA | AKADEMIA PRZYSZŁOŚCI I S | K20 \ 21 | | 0:51:05 | 0:50:39 |
| 362 | TULEJ | BOŻENA | 343 | MIŃSK MAZOWIECKI | MKB DREPTAK | K50 \ 3 | | 0:51:06 | 0:51:01 |
| 363 | KWIATKOWSKA | ANTONINA | 276 | WARSZAWA | | K20 \ 22 | | 0:51:08 | 0:50:40 |
| 364 | JONCZYK | EMILIA | 631 | WARSZAWA | TRZYMAJ4ME | K40 \ 6 | | 0:51:14 | 0:51:09 |
| 365 | GRZEJDZIAK | IGOR | 678 | | | M40 \ 74 | | 0:51:18 | 0:49:56 |
| 366 | PIETRANIK | PAWEŁ | 82 | PRUSZKÓW | NIGHT RUNNERS | M20 \ 102 | | 0:51:19 | 0:50:29 |
| 367 | REMIENIEWICZ | SEBASTIAN | 256 | WARSZAWA | | M20 \ 103 | | 0:51:22 | 0:51:13 |
| 368 | JANKOWSKI | RAFAŁ | 109 | WARSZAWA | | M30 \ 106 | | 0:51:25 | 0:50:57 |
| 369 | GAŁECKI | PIOTR | 691 | | | M30 \ 107 | | 0:51:27 | 0:50:45 |
| 370 | BRAKOWIECKI | WOJCIECH | 13 | LUBLIN | | M40 \ 75 | | 0:51:27 | 0:50:48 |
| 371 | SZAJKOWSKA | EWA | 140 | WARSZAWA | | K40 \ 7 | | 0:51:29 | 0:50:43 |
| 372 | NIEDBAŁ | ROBERT | 514 | ŁASK | 31 BATALION RADIOTECHNIKI | M30 \ 108 | slużby mundurowe | 0:51:33 | 0:51:00 |
| 373 | WTOREK | MIROSLAW | 192 | WARSZAWA | | M50 \ 29 | slużby mundurowe | 0:51:39 | 0:51:36 |
| 374 | FURMAN | ARTUR | 541 | WARSZAWA | - | M20 \ 104 | | 0:51:40 | 0:51:01 |
| 375 | BIAŁOKOZ | ALFRED | 461 | WARSZAWA | | M50 \ 30 | | 0:51:42 | 0:51:01 |
| 376 | SAWA | ALBERT | 647 | RADOM | SGSP | M20 \ 105 | slużby mundurowe | 0:51:47 | 0:51:33 |
| 377 | ŁUKASIK | MAREK | 578 | | KRP WAWA V | M30 \ 109 | slużby mundurowe | 0:51:47 | 0:51:05 |
| 378 | OGONEK | MAGDALENA | 498 | WARSZAWA | | K30 \ 16 | | 0:51:50 | 0:51:13 |

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| 379 | GARDZIEJCZYK | DANIEL | 547 | BIAŁYSTOK | | M30 \ 110 | | 0:51:57 | 0:51:07 |
| 380 | TUREK | ANNA | 278 | WARSZAWA | TRUCHTACZ.PL | K20 \ 23 | | 0:52:00 | 0:51:26 |
| 381 | KARWOWSKI | ARKADIUSZ | 639 | ŁUKÓW | | M50 \ 31 | | 0:52:04 | 0:52:01 |
| 382 | GIL | WOJCIECH | 118 | WARSZAWA | | M40 \ 76 | | 0:52:05 | 0:51:40 |
| 383 | DRZEWIECKI | PIOTR | 186 | ZEGRZE | CSŁII ZEGRZE | M40 \ 77 | slużby mundurowe | 0:52:05 | 0:51:33 |
| 384 | NYKAZA | ANIA | 610 | LEGIONOWO | | K30 \ 17 | | 0:52:06 | 0:51:29 |
| 385 | KRYSIAK | ROBERT | 164 | ZABORÓW-BORZĘCIN MAŁY | | M40 \ 78 | slużby mundurowe | 0:52:06 | 0:51:43 |
| 386 | MURILLO | XAVI | 58 | WARSZAWA | | M30 \ 111 | | 0:52:07 | 0:51:20 |
| 387 | FURMANKIEWICZ | PAWEŁ | 269 | RADOM | JW 4938 | M20 \ 106 | slużby mundurowe | 0:52:08 | 0:51:50 |
| 388 | NORWA | MICHAŁ | 542 | WARSZAWA | | M20 \ 107 | | 0:52:10 | 0:52:05 |
| 389 | SZYMURA | JÓZEF | 407 | TARNOWSKIE GÓRY | | M50 \ 32 | | 0:52:13 | 0:51:23 |
| 390 | KRAUZOWICZ | MARCIN | 76 | WARSZAWA | | M40 \ 79 | | 0:52:13 | 0:51:51 |
| 391 | DUBIECKA | AGNIESZKA | 364 | WARSZAWA | ASA BIEGIEM PO ZDROWIE | K40 \ 8 | | 0:52:14 | 0:51:54 |
| 392 | SADZA | DOMINIK | 528 | WARSZAWA | | M20 \ 108 | | 0:52:15 | 0:51:48 |
| 393 | PASTERNAK | ANETA | 1 | WARSZAWA | NIGHT RUNNERS | K20 \ 24 | | 0:52:18 | 0:51:36 |
| 394 | BIELAK | LECH | 560 | | KOMENDA REJONOWA POLI | M40 \ 80 | slużby mundurowe | 0:52:19 | 0:51:37 |
| 395 | WASIL | MIROSLAW | 590 | | KRP WAWA V | M30 \ 112 | slużby mundurowe | 0:52:19 | 0:51:37 |
| 396 | GRUDEK | WIESŁAW | 567 | | KRP WAWA V | M40 \ 81 | slużby mundurowe | 0:52:19 | 0:51:35 |
| 397 | MICHALCZYK | ŁUKASZ | 580 | | KRP WAWA V | M20 \ 109 | slużby mundurowe | 0:52:19 | 0:51:36 |
| 398 | HUZA | JANUSZ | 569 | | KRP WAWA V | M30 \ 113 | slużby mundurowe | 0:52:19 | 0:51:36 |
| 399 | TRACZYK | GRZEGORZ | 588 | | KRP WAWA V | M30 \ 114 | slużby mundurowe | 0:52:19 | 0:51:37 |
| 400 | GRUDEK | PRZEMYSŁAW | 566 | | KRP WAWA V | M30 \ 115 | slużby mundurowe | 0:52:19 | 0:51:36 |
| 401 | HULANICKA | IRINA | 558 | WARSZAWA | GOGGLE PAE TEAM | K50 \ 4 | | 0:52:21 | 0:52:13 |
| 402 | EWERTOWSKI | PIOTR | 16 | MARKI | MARKI TEAM | M40 \ 82 | | 0:52:22 | 0:51:52 |
| 403 | GRZELEC | MICHAŁ | 568 | | KRP WAWA V | M40 \ 83 | slużby mundurowe | 0:52:26 | 0:51:46 |
| 404 | KUCZYŃSKI | IGOR | 483 | WARSZAWA | | M40 \ 84 | | 0:52:32 | 0:51:55 |
| 405 | CIEMIŃSKI | KRZYSZTOF | 232 | WARSZAWA | | M40 \ 85 | | 0:52:34 | 0:52:16 |
| 406 | SZYGALSKI | PIOTR | 444 | WARSZAWA | | M40 \ 86 | | 0:52:39 | 0:52:20 |
| 407 | G. | ILONA | 708 | | | M30 \ 116 | | 0:52:39 | 0:52:24 |
| 408 | NOWAKOWSKI | CZESLAW | 99 | WARSZAWA | | M60 \ 10 | | 0:52:41 | 0:52:25 |
| 409 | NIEDZIAŁEK | JOANNA | 119 | WARSZAWA | | K20 \ 25 | | 0:52:43 | 0:51:56 |
| 410 | KRAWCZYK | ALEKSANDRA | 23 | WARSZAWA | | K30 \ 18 | | 0:52:44 | 0:52:18 |
| 411 | SKROK | TOMASZ | 497 | WARSZAWA | NIGHT RUNNERS | M40 \ 87 | | 0:52:45 | 0:51:55 |
| 412 | PACHOWSKI | MARCIN | 432 | WARSZAWA | RANAB | M30 \ 117 | | 0:52:46 | 0:52:16 |
| 413 | WŁODARSKI | MARIUSZ | 442 | RAWA MAZOWIECKA | POMALU.DOPRZODU.COM | M40 \ 88 | | 0:52:54 | 0:52:08 |
| 414 | ŻYWEK | TERESA | 168 | WARSZAWA | | K60 \ 1 | | 0:52:56 | 0:52:43 |
| 415 | ŻURAWSKA | KATARZYNA | 59 | WARSZAWA | NIGHT RUNNERS | K30 \ 19 | | 0:52:59 | 0:52:11 |
| 416 | CIEMIŃSKA | EDYTA | 231 | WARSZAWA | | K40 \ 9 | | 0:53:04 | 0:52:46 |
| 417 | SZERLING | MACIEJ | 545 | RADOM | TRIFIT.PL | M40 \ 89 | | 0:53:05 | 0:52:17 |
| 418 | CZUPTA | HIERONIM | 180 | WARSZAWA | AON WARSZAWA | M40 \ 90 | slużby mundurowe | 0:53:08 | 0:52:39 |
| 419 | BOCHENSKI | WOJCIECH | 404 | WARSZAWA | | M40 \ 91 | | 0:53:09 | 0:52:39 |
| 420 | KRYSZKIEWICZ | TOMASZ | 391 | WARSZAWA | | M30 \ 118 | | 0:53:09 | 0:52:43 |
| 421 | CYRNY | RAFAŁ | 8 | WARSZAWA | STS MARATON | M30 \ 119 | | 0:53:11 | 0:52:46 |

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| 422 | POŁEĆ | ŁUKASZ | 609 | SOCHACZEW | KM AKTYWNI SOCHACZEW | M30 \ 120 | | 0:53:11 | 0:52:32 |
| 423 | POŁEĆ | ANDRZEJ | 608 | SOCHACZEW | KM AKTYWNI SOCHACZEW | M40 \ 92 | | 0:53:11 | 0:52:32 |
| 424 | POLAK | MARTA | 628 | WARSZAWA | | K30 \ 20 | | 0:53:13 | 0:52:48 |
| 425 | DZIUBEK | MARCIN | 675 | | | M20 \ 110 | | 0:53:13 | 0:52:47 |
| 426 | DROBEK | TOMASZ | 563 | | ŻW | M30 \ 121 | slużby mundurowe | 0:53:15 | 0:52:44 |
| 427 | POLAK | TERESA | 137 | Warszawa | KB ACTIVESPORTS WARSZA | K60 \ 2 | | 0:53:18 | 0:53:07 |
| 428 | SZEWCZYK | MARCIN | 128 | WARSZAWA | | M30 \ 122 | | 0:53:22 | 0:53:15 |
| 429 | KOMINEK | KATARZYNA | 127 | WARSZAWA | | K20 \ 26 | | 0:53:22 | 0:53:15 |
| 430 | STRACHOCKA | ANNA | 227 | WARSZAWA | ŻOLIBORZ BIEGA | K50 \ 5 | | 0:53:24 | 0:53:09 |
| 431 | JAROSZYŃSKI | PAWEŁ | 242 | GRÓJEC | NIEZRZESZONY | M40 \ 93 | | 0:53:26 | 0:52:49 |
| 432 | MIERKIEWICZ | KRZYSZTOF | 28 | WARSZAWA | MKM RUNNING | M30 \ 123 | | 0:53:29 | 0:52:43 |
| 433 | GAJDA | EWA | 123 | WARSZAWA | | K20 \ 27 | | 0:53:31 | 0:52:55 |
| 434 | SKIBNIEWSKI | GRZEGORZ | 145 | LEGIONOWO | | M30 \ 124 | | 0:53:32 | 0:53:09 |
| 435 | RODKO-DZIUBEK | KAMILA | 676 | | | K20 \ 28 | | 0:53:33 | 0:53:06 |
| 436 | TRACZYK | JAROSŁAW | 193 | WARSZAWA | | M50 \ 33 | slużby mundurowe | 0:53:33 | 0:53:23 |
| 437 | KOZŁOWSKI | TOMEK | 637 | WARSZAWA | A+A+A FAN CLUB | M40 \ 94 | | 0:53:39 | 0:52:50 |
| 438 | SADKOWSKI | TOMASZ | 81 | WARSZAWA | SGGW RUNNERS | M30 \ 125 | | 0:53:49 | 0:52:57 |
| 439 | ZAGAJEWSKA | EWA | 689 | | | K30 \ 21 | | 0:53:51 | 0:53:03 |
| 440 | WIKŁO | MARCIN | 213 | WARSZAWA | KS WILCZUR GOŁOTCZYŃNA | M20 \ 111 | | 0:53:52 | 0:53:33 |
| 441 | ŻÓŁCIŃSKI | WALDEMAR | 229 | WARSZAWA | GRUPA BIEGOWA CHTMO | M50 \ 34 | | 0:53:54 | 0:53:21 |
| 442 | PRZYBOROWSKA | DOROTA | 649 | OTWOCK | - | K30 \ 22 | | 0:53:56 | 0:53:07 |
| 443 | GÓRA | PAWEŁ | 340 | LEGIONOWO | WOJSKO POLSKIE | M50 \ 35 | slużby mundurowe | 0:54:05 | 0:53:38 |
| 444 | SPYCHAŁSKI | TOMASZ | 174 | MALBORK | 22 BAZA LOTNICTWA TAKTY | M40 \ 95 | slużby mundurowe | 0:54:09 | 0:53:35 |
| 445 | BEBŁOT | LUIZA | 526 | WARSZAWA | | K40 \ 10 | | 0:54:11 | 0:53:59 |
| 446 | NAGRABA | MONIKA | 412 | WOŁOMIN | | K20 \ 29 | | 0:54:12 | 0:53:27 |
| 447 | ZABORSKA-JÓZEFIK | IZABELA | 530 | WARSZAWA | | K40 \ 11 | | 0:54:14 | 0:54:10 |
| 448 | ELMOLA | HAMEDA | 456 | WARSZAWA | | M40 \ 96 | | 0:54:14 | 0:53:55 |
| 449 | KALINOWSKI | ARKADIUSZ | 194 | WARSZAWA | | M40 \ 97 | slużby mundurowe | 0:54:16 | 0:53:40 |
| 450 | ŚLOSAREK | MARTYNA | 627 | WARSZAWA | ACCELERATE | K30 \ 23 | | 0:54:18 | 0:54:04 |
| 451 | ZYGADŁO | PIOTR | 420 | WARSZAWA | WARSZAWA | M30 \ 126 | | 0:54:28 | 0:53:58 |
| 452 | KOMARNICKI | KAMIL | 489 | WARSZAWA | LEGION BŁONIE | M30 \ 127 | | 0:54:28 | 0:53:40 |
| 453 | NIEDŹWIECKA | EMILIA | 374 | CZARNA | | K20 \ 30 | | 0:54:30 | 0:53:45 |
| 454 | POWAŁKA | GRZEGORZ | 670 | | CROSS WARSZAWA | M50 \ 36 | | 0:54:34 | 0:54:14 |
| 455 | SYCAN | KRZYSZTOF | 671 | WARSZAWA | PKO BANK POLSKI | M40 \ 98 | | 0:54:34 | 0:54:14 |
| 456 | GIEGŻNO | PIOTR | 698 | | | M40 \ 99 | | 0:54:36 | 0:54:09 |
| 457 | ŻACZEK | PIOTR | 363 | WARSZAWA | NIEZRZESZONY | M30 \ 128 | | 0:54:38 | 0:54:14 |
| 458 | WĘGRZYŃIAK | MONIKA | 682 | | | K20 \ 31 | | 0:54:39 | 0:54:19 |
| 459 | GRONDZIK | TOMASZ | 429 | WARSZAWA | AVIVA RUNNING TEAM | M30 \ 129 | | 0:54:40 | 0:53:56 |
| 460 | PATERCZYK | ANDRZEJ | 102 | SIERADZ | | M50 \ 37 | slużby mundurowe | 0:54:44 | 0:54:15 |
| 461 | SIDWIŃSKI | MARCIN | 94 | WARSZAWA | | M30 \ 130 | | 0:54:46 | 0:54:04 |
| 462 | PIĘTERA | AGNIESZKA | 638 | WARSZAWA | | K40 \ 12 | | 0:54:46 | 0:54:34 |
| 463 | KOWALSKI | MICHAŁ | 69 | WARSZAWA | GRUPA BIEGOWA PARKRUN | M20 \ 112 | | 0:54:48 | 0:54:05 |
| 464 | ZIENKIEWICZ | AGATA | 29 | WARSZAWA | | K30 \ 24 | | 0:54:55 | 0:54:22 |

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| 465 | RASZEWSKI | JAN | 369 | WARSZAWA | ŚCIEŻKA BIEGOWA POLE MOC | M50 \ 38 | | 0:54:55 | 0:53:55 |
| 466 | PIETRZAK | MONIKA | 480 | WARSZAWA | | K40 \ 13 | | 0:54:56 | 0:54:17 |
| 467 | KARŁOWICZ | ANNA | 125 | WARSZAWA | WOLNA WOLA WARSZAWA | K60 \ 3 | | 0:54:58 | 0:54:29 |
| 468 | LEWKOWICZ | MACIEJ | 605 | BIALA PODLASKA | | M30 \ 131 | | 0:54:59 | 0:54:22 |
| 469 | LEWKOWICZ | JACEK | 617 | BIALA PODLASKA | | M20 \ 113 | | 0:54:59 | 0:54:22 |
| 470 | PIOTROWSKA | ALDONA | 470 | WARSZAWA | | K30 \ 25 | | 0:54:59 | 0:54:29 |
| 471 | SIKORSKA | MARIOLA | 85 | PIASTÓW | | K30 \ 26 | | 0:55:00 | 0:54:29 |
| 472 | GRYKO | MAJA | 458 | WARSZAWA | | K30 \ 27 | | 0:55:02 | 0:54:24 |
| 473 | SMOTRYŚ | ALICJA | 486 | WARSZAWA | | K20 \ 32 | | 0:55:11 | 0:54:47 |
| 474 | MYSTKOWSKA | MARTA | 277 | WARSZAWA | | K20 \ 33 | | 0:55:12 | 0:54:43 |
| 475 | ŁOBODOWSKI | MARCIN | 520 | SIENNICA | SIENNICA | M30 \ 132 | | 0:55:15 | 0:55:08 |
| 476 | MIĘTEK | PAWEŁ | 612 | WARSZAWA | BRAK | M30 \ 133 | | 0:55:19 | 0:54:54 |
| 477 | DŻUGANOWSKA | AGNIESZKA | 248 | WARSZAWA | | K40 \ 14 | | 0:55:20 | 0:54:50 |
| 478 | MALDIS | MAREK | 672 | WARSZAWA | NIEZRZESZONY | M60 \ 11 | | 0:55:26 | 0:55:21 |
| 479 | JEDYNAK | ADAM | 273 | WARSZAWA | WOJSKO POLSKIE | M40 \ 100 | slużby mundurowe | 0:55:31 | 0:54:56 |
| 480 | DERLACZ | RAFAŁ | 143 | DĄBROWA CHOTOMOWSKA | | M40 \ 101 | | 0:55:31 | 0:55:11 |
| 481 | BANASIEWICZ | AGATA | 210 | WARSZAWA | ZABIEGANI PO USZY | K20 \ 34 | | 0:55:32 | 0:55:06 |
| 482 | JESINOWICZ | SŁAWOMIR | 49 | WARSZAWA | BIEGAM BO MUSZĘ | M30 \ 134 | | 0:55:36 | 0:54:45 |
| 483 | MAĆZEWSKA | KLAUDIA | 234 | WARSZAWA | | K20 \ 35 | | 0:55:37 | 0:54:47 |
| 484 | ŁACHOWSKI | DARIUSZ | 307 | ZIELONKA | ALIOR RUNNING TEAM | M40 \ 102 | | 0:55:44 | 0:54:57 |
| 485 | SZWEDA-LEWANDOWSKA | ZOFIA | 312 | WARSZAWA | | K30 \ 28 | | 0:55:45 | 0:54:59 |
| 486 | GUMIŃSKI | WIESŁAW | 262 | NOWY DWÓR MAZOWIECKI | | M40 \ 103 | slużby mundurowe | 0:55:46 | 0:55:14 |
| 487 | KUŻMITOWICZ | MARLENA | 394 | WARSZAWA | | K30 \ 29 | | 0:55:47 | 0:55:22 |
| 488 | OLECH | AGNIESZKA | 362 | WARSZAWA | | K30 \ 30 | | 0:55:49 | 0:55:14 |
| 489 | MALINOWSKA | ANNA | 385 | WOŁOMIN | | K30 \ 31 | | 0:55:55 | 0:55:10 |
| 490 | MĘDREK | DARIUSZ | 191 | WARSZAWA | REMBERTÓW TEAM | M40 \ 104 | slużby mundurowe | 0:55:58 | 0:55:28 |
| 491 | KOCHAŃSKA | KATARZYNA | 345 | WARSZAWA | | K30 \ 32 | | 0:56:06 | 0:55:57 |
| 492 | KOMAR | BEATA | 303 | NOWE MIASTO NAD PILICĄ | | K40 \ 15 | | 0:56:09 | 0:55:35 |
| 493 | TORZEWSKA | AGNIESZKA | 214 | WARSZAWA | | K40 \ 16 | | 0:56:21 | 0:55:50 |
| 494 | TORZEWSKI | JANUSZ | 202 | WARSZAWA | | M40 \ 105 | slużby mundurowe | 0:56:21 | 0:55:50 |
| 495 | POSZELEŻNY | ANDRZEJ | 147 | WARSZAWA | URSUSIAKI - SUSRU TEAM | M30 \ 135 | | 0:56:23 | 0:55:38 |
| 496 | DOMAGAŁA | MONIKA | 204 | LEGIONOWO | THE BRAND | K20 \ 36 | slużby mundurowe | 0:56:23 | 0:56:22 |
| 497 | SOSZYŃSKA | MAŁGORZATA | 436 | WARSZAWA | CZŁAPACZE | K50 \ 6 | | 0:56:26 | 0:55:55 |
| 498 | DZIEKONSKI | JACEK | 546 | KONSTANCIN-JEZIORNA | KONDYCJA | M50 \ 39 | | 0:56:27 | 0:55:55 |
| 499 | KRZESIŃSKA | RENATA | 314 | WARSZAWA | | K30 \ 33 | | 0:56:31 | 0:55:57 |
| 500 | KLUSIEWICZ | MONIKA | 240 | WARSZAWA | Z BIEGANIEM MI DO TWARZY | K30 \ 34 | | 0:56:35 | 0:55:57 |
| 501 | GRZEGOREK | MAŁGORZATA | 2 | GDAŃSK | | K20 \ 37 | | 0:56:36 | 0:56:20 |
| 502 | GOSIK | JUSTYNA | 106 | WARSZAWA | | K20 \ 38 | | 0:56:43 | 0:56:00 |
| 503 | GIERAGA | JERZY | 544 | ŁOMŻA | | M60 \ 12 | | 0:56:43 | 0:56:01 |
| 504 | KOWALSKA | KATARZYNA | 433 | WARSZAWA | STARY CZŁOWIEK KOJOT | K40 \ 17 | | 0:56:45 | 0:56:05 |
| 505 | FORNALKIEWICZ | PIOTR | 198 | WARSZAWA | WOJSKOWA AKADEMIA TEC | M30 \ 136 | slużby mundurowe | 0:56:51 | 0:56:10 |
| 506 | CZYŻEWSKA | AGATA | 634 | SIEDLCE | | K40 \ 18 | | 0:56:52 | 0:56:44 |

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| 507 | KSIĘŻOPOLSKA | MAŁGORZATA | 635 | SIEDLCE | | K40 \ 19 | | 0:56:54 | 0:56:44 |
| 508 | KRAWCZYŃSKA | TINA | 39 | RADZIEJOWICE/SŁABOMIERZ | | K30 \ 35 | | 0:56:54 | 0:56:38 |
| 509 | PAŻ | ANNA | 291 | WARSZAWA | | K30 \ 36 | | 0:56:56 | 0:56:06 |
| 510 | DOMASZCZYŃSKA | ANNA | 706 | | | K20 \ 39 | | 0:56:59 | 0:56:23 |
| 511 | ZAMELEK | PAULINA | 622 | WARSZAWA | | K30 \ 37 | | 0:57:21 | 0:56:55 |
| 512 | SAS | ALDONA | 142 | PIASTÓW | | K50 \ 7 | | 0:57:22 | 0:56:54 |
| 513 | JESINOWICZ | GRAŻYNA | 48 | WARSZAWA | CENTRUM SYMULACJI I KOM | K50 \ 8 | | 0:57:22 | 0:57:09 |
| 514 | GOŁĘBIEWSKA | MAŁGORZATA | 154 | PRUSZKÓW | | K30 \ 38 | | 0:57:24 | 0:56:45 |
| 515 | MILEJ | KAROLINA | 36 | ŁOMIANKI | | K30 \ 39 | | 0:57:38 | 0:57:24 |
| 516 | CIUBA | PATRYCJA | 209 | WARSZAWA | | K20 \ 40 | | 0:57:38 | 0:57:25 |
| 517 | MACIEJA | MIROSLAW | 236 | PIASECZNO K.WARSZAWY | | M50 \ 40 | | 0:57:38 | 0:57:04 |
| 518 | BOGUCKA | MARTYNA | 108 | WARZSAWA | | K40 \ 20 | | 0:57:52 | 0:57:14 |
| 519 | GAWRYSZEWSKI | JAROSŁAW | 467 | WARSZAWA | | M40 \ 106 | | 0:57:55 | 0:57:11 |
| 520 | OŁTARZEWSKI | JAROSŁAW | 171 | SOCHACZEW | | M30 \ 137 | | 0:58:04 | 0:57:19 |
| 521 | DOMAŃSKI | JACEK EXPEDYT | 502 | WARSZAWA | WKS META | M70 \ 1 | | 0:58:18 | 0:58:02 |
| 522 | BIEDRZYCKI | PIOTR | 707 | | | M20 \ 114 | | 0:58:27 | 0:57:48 |
| 523 | MICHALCZYK | IWONA | 57 | WARSZAWA | DG RSZ | K40 \ 21 | | 0:58:32 | 0:57:50 |
| 524 | SAGANOWSKA | ZUZANNA | 105 | WARSZAWA | - | K20 \ 41 | | 0:58:32 | 0:57:49 |
| 525 | NIEMYJSKI | PAWEŁ | 469 | WARSZAWA | | M30 \ 138 | | 0:58:34 | 0:58:05 |
| 526 | WÓJCIK | MARCIN | 336 | RADOM | | M20 \ 115 | slużby mundurowe | 0:58:43 | 0:58:24 |
| 527 | SZOKALSKA | ALEKSANDRA | 250 | WARSZAWA | TRANCE INSIDE | K30 \ 40 | | 0:58:44 | 0:58:19 |
| 528 | JABŁKOWSKA | KAMILA | 5 | LEGIONOWO | THE BRAND | K20 \ 42 | | 0:58:47 | 0:58:46 |
| 529 | LUSAWA | MAŁGORZATA | 437 | LEGIONOWO | MIEJSKA WYSYŁKA TEAM | K20 \ 43 | | 0:58:55 | 0:58:38 |
| 530 | INEKSIAK | ZBIGNIEW | 372 | WARSZAWA-WESOŁA | | M40 \ 107 | | 0:58:56 | 0:58:48 |
| 531 | ANTCZAK | WOJCIECH | 301 | WARSZAWA | PWPW | M20 \ 116 | | 0:58:58 | 0:58:11 |
| 532 | ZEGAREK | KRZYSZTOF | 50 | WARSZAWA | | M20 \ 117 | | 0:58:58 | 0:58:06 |
| 533 | KWIECIEŃ | JACEK | 146 | MARKI | KB MARKOVIA | M50 \ 41 | | 0:58:59 | 0:58:18 |
| 534 | DUSZKIEWICZ | MACIEJ | 298 | WARSZAWA | | M30 \ 139 | | 0:59:03 | 0:58:59 |
| 535 | MIERKIEWICZ | BERNADETTA | 27 | WARSZAWA | MKM RUNNING | K20 \ 44 | | 0:59:17 | 0:58:32 |
| 536 | CZECHOWSKI | JERZY | 206 | WARSZAWA | MZA WARSZAWA | M60 \ 13 | | 0:59:24 | 0:58:46 |
| 537 | MIROSLAW- DOLECKA | IWONA | 392 | WARSZAWA | BIEGAM NA TARCHOMINIE | K40 \ 22 | | 0:59:28 | 0:59:11 |
| 538 | SZABŁOWSKI | MAREK | 668 | WARSZAWA | | M60 \ 14 | | 0:59:32 | 0:59:18 |
| 539 | DYMEL | ANDRZEJ | 555 | WARSZAWA | | M60 \ 15 | | 0:59:41 | 0:59:23 |
| 540 | SIERZPUTOWSKA | IZABELLA | 80 | MIASTKOWO | UMISIE BYLEWLIMICIE | K30 \ 41 | | 0:59:47 | 0:59:13 |
| 541 | UMIŃSKI | MICHAŁ | 79 | WARSZAWA | UMISIE BYLEWLIMICIE | M30 \ 140 | | 0:59:47 | 0:59:12 |
| 542 | PAKUŁA | TOMASZ | 230 | KRASNOBRÓD | NIEZRZESZONY | M20 \ 118 | | 0:59:52 | 0:59:31 |
| 543 | MIERZEJEWSKA | MARTYNA | 255 | WARSZAWA | 12TRI.PL | K30 \ 42 | | 0:59:52 | 0:59:18 |
| 544 | BEDNARCZYK | ZBIGNIEW | 611 | ZĄBKI | | M40 \ 108 | | 1:00:06 | 0:59:35 |
| 545 | SETNIKOWSKI | GRZEGORZ | 472 | OTWOCK | | M50 \ 42 | | 1:00:21 | 0:59:49 |
| 546 | WIADEREK | PIOTR | 24 | WARSZAWA | PĘDZĄCE ŻÓŁWIE | M20 \ 119 | | 1:00:23 | 0:59:43 |
| 547 | WIADEREK | SŁAWOMIR | 33 | WARSZAWA | PĘDZĄCE ŻÓŁWIE | M50 \ 43 | | 1:00:26 | 0:59:46 |
| 548 | WAWRZONKOWSKA | EWA | 275 | WARSZAWA | | K20 \ 45 | | 1:00:29 | 0:59:50 |
| 549 | POCHOCKA | KAROLINA | 272 | POGORZELEC | LUKASZKALA | K20 \ 46 | slużby mundurowe | 1:00:36 | 1:00:00 |

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| 550 | POCHOCKI | ŁUKASZ | 271 | ŁOCHÓW | LUKASZKALA | M30 \ 141 | służby mundurowe | 1:00:36 | 1:00:01 |
| 551 | KRAJEWSKI | MAREK | 465 | WARSZAWA | WIELKA WOLA | M30 \ 142 | | 1:00:43 | 0:59:52 |
| 552 | FESNAK | ANDRZEJ | 529 | WARSZAWA | FTS FORTIS | M50 \ 44 | | 1:01:07 | 1:00:10 |
| 553 | MUSZYŃSKI | MARCELI | 6 | WARSZAWA | DAMY RADĘ! | M20 \ 120 | | 1:01:09 | 1:00:33 |
| 554 | KAMIŃSKA | MONIKA | 7 | ŁOSICE | DAMY RADĘ! | K20 \ 47 | | 1:01:10 | 1:00:33 |
| 555 | WASIUJ | KAMIL | 78 | ŁOSICE | DAMY RADĘ! | M20 \ 121 | | 1:01:10 | 1:00:33 |
| 556 | JAMROZIK | NATALIA | 453 | WARSZAWA | | K20 \ 48 | | 1:01:10 | 1:00:27 |
| 557 | CIBA | ALEKSANDRA | 360 | WARSZAWA | BRAK | K20 \ 49 | | 1:01:47 | 1:01:05 |
| 558 | MIKICIN | MIROŚLAW | 593 | WARSZAWA | | M50 \ 45 | | 1:01:58 | 1:01:56 |
| 559 | WODYCZKO | MICHAŁ | 280 | CHOTOMÓW | | M20 \ 122 | | 1:01:59 | 1:01:25 |
| 560 | DIDIK | JOANNA | 410 | WARSZAWA | | K30 \ 43 | | 1:02:00 | 1:01:58 |
| 561 | WODYCZKO | JACEK | 279 | CHOTOMÓW | GRUPA BIEGOWA CHOTOMÓW | M40 \ 109 | | 1:02:07 | 1:01:31 |
| 562 | WRÓBLEWSKA | JOANNA | 371 | WARSZAWA | FESTIWAL BIEGOWY | K50 \ 9 | | 1:02:07 | 1:01:22 |
| 563 | WILCZYŃSKI | WALDEMAR | 680 | | | M70 \ 2 | | 1:02:13 | 1:01:49 |
| 564 | ROTKO | ADAM | 548 | POLKOWICE | | M40 \ 110 | | 1:02:34 | 1:02:12 |
| 565 | CZAJKA | WIESŁAW | 67 | KAZMIERZÓW | | M40 \ 111 | | 1:02:34 | 1:02:13 |
| 566 | JANUSZEWSKI | GRZEGORZ | 624 | WARSZAWA | WOJNOWO18 | M60 \ 16 | | 1:02:39 | 1:02:25 |
| 567 | WITKOWSKI | PIOTR | 212 | WARSZAWA | KREDYTPARK | M30 \ 143 | | 1:02:46 | 1:02:05 |
| 568 | KONCZAL | DOROTA | 700 | | | K40 \ 23 | | 1:03:04 | 1:02:21 |
| 569 | NANOWSKA | MARTA | 403 | GDAŃSK | | K30 \ 44 | | 1:03:12 | 1:02:26 |
| 570 | JANKOWSKI | KRZYSZTOF | 607 | WARSZAWA | ORANGE POLSKA | M40 \ 112 | | 1:03:14 | 1:02:36 |
| 571 | OSTROWSKA | DOMINQUE | 46 | ROMA | - | K20 \ 50 | | 1:03:23 | 1:03:04 |
| 572 | KEPSKA | BLANKA19 | 258 | WARSZAWA | | K30 \ 45 | | 1:03:30 | 1:02:57 |
| 573 | LESZCZYŃSKI | ROMAN | 366 | OSTROŁĘKA | NIEZRZESZONY | M60 \ 17 | | 1:04:16 | 1:04:09 |
| 574 | SARNECKI | JERZY | 26 | WARSZAWA | - | M60 \ 18 | | 1:04:23 | 1:03:52 |
| 575 | PINKOSZ | LESZEK | 239 | ZIELONKA | #NAME? | M50 \ 46 | | 1:04:58 | 1:04:46 |
| 576 | ŁUKSZA | WIESŁAW | 694 | | | M70 \ 3 | | 1:05:37 | 1:05:35 |
| 577 | KULBICKA | EWA, ELWIRA | 428 | WARSZAWA | BIEGACZKA Z GROT | K50 \ 10 | | 1:06:20 | 1:06:04 |
| 578 | FRYDRYCH | BOŻENA | 315 | WARSZAWA | | K50 \ 11 | | 1:09:08 | 1:08:51 |
| 579 | NADER | KAROLINA | 552 | WARSZAWA | | K20 \ 51 | | 1:09:55 | 1:09:08 |
| 580 | PUTO | ALEKSANDRA | 518 | WARSZAWA | BENEFIT SYSTEMS | K20 \ 52 | | 1:09:56 | 1:09:08 |
| 581 | SIWEK | ROBERT | 52 | WARSZAWA | | M30 \ 144 | | 1:11:50 | 1:11:50 |
| 582 | ŚRUBARSKA | AGATA | 351 | WARSZAWA | POWOLNIAK | K40 \ 24 | | 1:11:51 | 1:11:45 |
| 583 | KOLASA | BARBARA | 10 | WARSZAWA-WESOŁA | KLUB J.SŁOWACKIEGO | K50 \ 12 | | 1:12:00 | 1:12:00 |
| 584 | MADEJEK | JACEK | 211 | KRAŚNIK | ZABIEGANI PO USZY | M30 \ 145 | | 1:14:01 | 1:13:34 |
| 585 | ZIELIŃSKI | TOMASZ | 669 | WARSZAWA | ZOLIBORZ.BIEGA | M50 \ 47 | | 1:15:01 | 1:14:28 |
| 586 | GRABOWSKA | EWELINA | 629 | MAKÓW MAZOWIECKI | | K20 \ 53 | | 1:15:02 | 1:14:32 |
| 587 | MAREK | HENRYK | 316 | WARSZAWA | | M60 \ 19 | | 1:15:46 | 1:15:46 |
| 588 | WIZERT | JÓZEF | 379 | WARSZAWA | | M60 \ 20 | | 1:16:19 | 1:15:46 |